

## Highlands School News



19 June 2020



#### WHAT'S INSIDE

Message from the Headteacher

Celebration of students'
work

Awards & achievements

Effective study tips

Messages from staff

Notices & contacts

#### MESSAGE FROM THE HEADTEACHER

#### **WORLD REFUGEE DAY**

UN World Refugee Day is held every year on 20 June, to raise awareness of the plight of refugees across the world. Refugees usually have experienced significant loss, often of loved ones, war, loss of human rights, torture, and financial hardship. This week our special feature newsletter looks at this important day in more detail. Please take the time to read our World Refugee Day newsletter.

#### **SCHOOL REOPENING TO YEARS 12 AND 10**

At the start of this week we opened school to year 12s. We are pleased at how successful this has been. Lessons have been delivered by subject specialist teachers and students are having a meaningful learning experience at school. Social distancing measures have been observed at all times. On Monday we welcome back year 10 students. We have published our risk assessment and guidance documents. If you have not seen our plans, the key documents can be viewed by clicking this link **HERE**.

#### PASTORAL PROVISION DURING CLOSURE

To support student well being during school closure we have launched a weekly competitions programme. Each week two competitions or challenges are posted in each tutor group's Google classroom. These range from art, fitness, science, dance and photography. We encourage all students to enter the competitions and there will be gift voucher prizes for the winners in each year group. In addition to the weekly competitions, heads of year have begun to set up live Google meets for their year groups. This will give students across all year groups the opportunity to have some face to face contact with their head of year. Finally, every Wednesday, heads of year post a weekly assembly in the tutor group Google classrooms. The assembly consolidates the weekly newsletter through a presentation narrated by the head of year. We encourage all students to engage in their weekly assembly so that they are staying informed about key developments in the school and community. We hope that this range of pastoral activities will support students' wellbeing and support them in staying engaged with school.



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#### CHANGES TO REMOTE LEARNING

From the 15 June, all subjects stopped delivering new topics and started providing lessons that allow students to review previous content in preparation for an end of year assessment. These assessments will take place in the final week of term (w/c 13 July) and will be set electronically via Google classroom. The assessments will provide students with an immediate score.

Alongside developing students' revision skills, the objective of these assessments is to inform class teachers of secure key knowledge and where there may be misconceptions. We do not want students to feel anxious about the assessment, and we would like to stress that each student's results will not affect grade predictions or setting. These results will allow class teachers to best shape their planning for the next academic year and address any specific knowledge gaps.

We also recognise that we cannot guarantee or ensure all students will be completing these assessments in standardised conditions, as they would have in school. We would encourage all students to attempt these online assessments, where possible, in normal assessment conditions. This is important as it will give teachers a more accurate picture of where their focus needs to be with planning so we can best support all students going forward.

To best support the preparation for this assessment we have also reviewed the way our current lessons are being delivered. Departments have started providing audio clips to narrate over slides to assist with explaining key concepts to students. Initial feedback on the audio explanations has been very positive. If audio clips do not work, students should use Google classrooms to let their teacher know. All subjects are now offering a weekly clinic, in these online clinics students will be able to post questions to teachers, who will be able to answer them.

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#### **COMMUNICATION WITH SCHOOL**

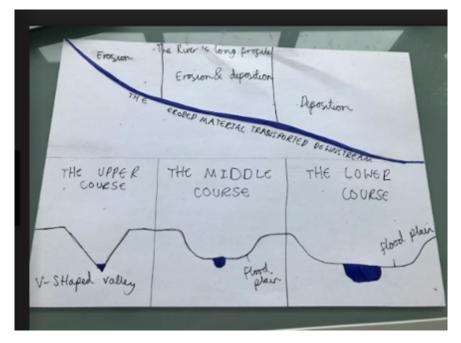
Our pastoral team (heads of year, behaviour mentors and support staff) are working throughout the closure to support the students under their care. We have two email accounts, monitored each day. These are:

For safeguarding and well-being staysafe@highlearn.uk For IT and Google support itstudent@highlearn.uk

All students have a highlearn Gmail account. Please ask your children to check this regularly as they may have emails from staff regarding school work or staff carrying out supportive welfare checks.

#### CELEBRATION OF STUDENTS' WORK

**Year 7:** Ruby has shown great consistency in her efforts. She has consistently submitted detailed, considered work that is well presented. She really takes pride in her work. Ms Junker



#### **Ruby Robinson**

At Cricklade you are more likely to not use the river for the transportation of people and supplies, as this smaller city doesn't need as much cargo, and the river would be harder to pass through than the one in London. There would also be a lot less sightseeing and tourists in Cricklade, so the river would have no use of that. Another reason is leisure. The river is a lot smaller in Cricklade, and would be much harder to swim or boat in.

I think desalination is a good idea as it provides many people with water, so it's now drinkable!

Last week was child safety week and Isaac Mooney from year 7 produced this piece on how he would help someone having a seizure. Mr Larter



#### CELEBRATION OF STUDENTS' WORK

Year 12 Product Design were asked to watch a video on sketching techniques and try to have a go at presenting them on an ideas sheet based on 'The Kettle'. Some really great ideas from Joe Penn below. Well done!



# Highlands School Activities competitions summer 2020



Well done to the hundreds of students who entered last week's and this week's competitions. The responses have been fantastic!

From **Monday 22 June** we're launching two new fun activities for you to try. Your head of year will post these on Monday for you on the Google classroom platform. One is a dance routine and the other a photography competition.

If you want to submit evidence of your activity then you can upload it onto Google classroom. Remember the best 3 entries for each activity per year group will win a £5 love2shop voucher which you'll receive in the post with a congratulations letter.

Winners names will be published in the newsletter and on our social media accounts.



## **HEADTEACHER AWARDS**



**HEADTEACHER'S AWARD** 

Channa Timungwa (Year 8)



**HEADTEACHER'S AWARD** 

Adem Fadil (Year 9)



**HEADTEACHER'S AWARD** 

William Gutierrez-Ramirez (Year 9)



**HEADTEACHER'S AWARDS** 

Shania Kizito (Year 9)







**HEADTEACHER'S AWARD** 

Millie Islam (Year 10)

#### **HEADTEACHER'S AWARD**

Anastasi Chasapis (Year 11)



#### **HEADTEACHER'S AWARD**

Ellie Andreou (Year 12)



# GOAL ACHIEVED







100%

### **ACHIEVEMENT AWARDS**



#### YEAR 8 CREATIVE WRITING



#### **YEAR 10 CREATIVE WRITING**





#### **YEAR 8 SPORTS COMPETITION**



## YEAR 10 FITNESS COMPETITION WINNER





#### **EFFECTIVE STUDY TIPS**

Well done to the many Highlands students who have been working so hard and very independently since lockdown. Having met such a difficult challenge with such maturity and diligence makes us all very proud and clearly shows the commitment Highlands students have towards their studies. We'd like to further support you by giving practical study tips in the newsletter to further consolidate your knowledge and learning.

#### TIP # 3 Organising your study materials

When studying you will face many words and you may be used to seeing text like this:

Sometimes we come across books which look like this and that is appropriate - like a novel you may study in English. However, for studying purposes, it is best for you to change the look of the text so that you can find information easily.

#### STAGE 1: CUT



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# An over-long title of a seat, resembling etganing sith Subspace side of a seat committee etganing sith Subspace side of the seat of the space of the seat of the seat of the other side of the space of the seat of the seat of the other side of the seat of the seat of the seat of the other side of the seat of the seat of the seat of the other side of the seat of the seat of the seat of the other side of the seat of the seat of the seat of the other side of the seat of the seat of the other side of the seat of the seat of the other side of the seat of the seat of the other side of the seat of the other side of the seat of the other side of the other side

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#### Some ways you can cut information is to:

- Move into columns.
- Cut out unnecessary words.
- Reduce paragraph length and any irrelevant information.

Try doing this with your notes to make them more visually appealing and relevant.

#### STAGE 2: CHUNK

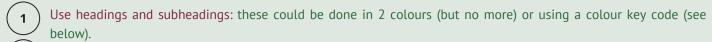






Next, think about how to separate and divide information into smaller chunks. Here is the same text, but this time it has been chunked.

#### Some ways in which you can chunk information is to:







Add bullet points: Include bullet pointed lists of key information at the end of a page to summarise the most important points.

#### STAGE 3: RESTRAIN

## Some ways in which you can "restrain" information is to:

- Have no background.
- Have colours as a key.
- Short titles.
- Separate important information.
- Make it look clear.







Finally, remember that your enormous brain has a huge amount of information to deal with every second, from all your senses, memories and immediate thoughts. This is called your working memory and it only has a limited space. All of these strategies help reduce the load on your working memory. The final way is by reducing the amount of information you present to your working memory at once. **The golden rule: less is more.** 

#### Try these dual coding strategies with:



- Exam revision notes.
- Creating notes from textbooks.
- Developing revision pages from important pages in exercise books.

Article information source: From Oliver Caviglioli's presentation to EdBrum 2018, entitled "Dual Coding"

#### Mr Couzin



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Dear students,

We know being home (in sometimes tight quarters) is tough on everyone, so now is the time to dig deep and be kind. Be kind to your little brother and your older sister. Help them understand the technology they might need for school. Set the table and do the dishes. I hope you lift people up. Please call or text someone (a friend, your grandparent, or a cousin) to say hi. Knowing people are out there thinking of them can make all the difference in the world.

Mrs Harbour-Cooper

To all of my students past and present,

I have missed making music in the classroom and out of the classroom with you. I hope that some of you are still practising your instruments and songs at home and I look forward to seeing you soon. In the meantime, I thought that this article <a href="HERE">HERE</a> might be worth a read to remember the importance of keeping music alive in our schools. Nearly everyone enjoys music, whether it's by listening to it, singing, or playing an instrument.

Ms Miller



> Huge Congratulations to Coshan and Duygu Ozkor for completing their reading of the Carnegie Book Award Texts. I am really proud of the extra effort you put in to doing this - well done boys! It isn't too late for you to participate, see Mrs Mehmet's email to find out more information and don't forget to let me/your English teacher know if you've done this already!

> > Mrs Selim



#### Dear students,

One of my favourite quotes is "The only person who likes change is a wet baby". First, it always makes the person I say it to smile, but it is pretty universally true. Right now, we are surfing lots of waves of change. Change can be difficult no matter why or when it happens - even if it's for a happy reason, such as getting married or going to university.

Don't worry it's all normal. Remember: "Change always comes bearing gifts" what gifts have you found in all the changes we have experienced? Take care and stay safe.

Ms Charles

Hello everyone, I hope that you are well? Well, what a strange return from maternity leave for me! I was hoping to come back to school and see all of your smiling faces, but I will have to wait for now! The good news is, so that we can spread as much joy as possible before the end of term and so that we can have an excellent end to this academic year, myself and the PE department are going to be hosting a virtual sports day! There will be loads more information next week, so keep an eye out on social media so that you can stay up to date.

Stay safe.

Miss Berrill





# NOTICES AND CONTACTS



#### IMPORTANT LIBRARY NOTICE

Following the email that was sent on 2 June 2020, we have had a number of enquiries regarding the return of textbooks. Unfortunately we cannot facilitate the return at this time due to social distancing and advice from the local authorities. Please keep your textbooks and any other books that belong to Highlands School safe until we can hopefully receive them back in September.





#### FREE SCHOOL MEAL VOUCHERS

This week we have sent a request to Edenred, the DFE provider of free school meal vouchers, to issue the next batch of free school meal vouchers. These will be for a 4 week period, i.e. from Monday 15 June to Friday 10 July and will arrive by email. Several parents have not yet cashed in some of their recent vouchers, so please ensure you do this, as the vouchers do have an expiry date. For any queries, please contact Mrs Czupich on czupichs@highlearn.uk.

#### STAY SAFE

We have a dedicated email address for students who are struggling and if you feel you need support you can send an email to staysafe@highlearn.uk where a member of staff will receive and respond to your email within 24 hours.



Alternatively, if you would like to speak to someone anonymously, you can also call or chat online with trained professionals at Childline. www.childline.org.uk



#### CHANGE OF CONTACT DETAILS

If there is any change to your contact details, e.g. you have a new mobile number or email address, or you have a change to the people who are the emergency contacts we hold on record for your child, please can you ensure that you send us an email with this information for the attention of (FAO) Ms Naomi Brand, Office Manager. This will enable us to update our records and ensure you do not miss any important emails, newsletters or messages.

postbox@highlands.enfield.sch.uk



## MUSEUMS, ART GALLERIES, ZOOS AND AQUARIUMS ARE OFFERING FREE VIRTUAL TOURS

While travel has come to a near standstill, technology is allowing you to visit almost any place on the planet in the blink of an eye. According to Google Keyword Planner, data searches for the term "virtual tour" increased seven times from 1,300 in February to almost 10,000 in March, when governments around the world began locking down countries and cities.

Why don't you broaden your horizons with some virtual tours by "walking" through some of the world's most prestigious cultural institutions. All worth a virtual visit and a useful tool for you to see how many jobs you can think of that exist in those places. Curator to caterer and artist to zookeeper.

To see some Google tours from around the world click **HERE**.







#### WOMEN IN ENGINEERING DAY

Women in Engineering Day is an international awareness campaign to raise the profile of women in engineering and focus attention on the amazing career opportunities available to girls in this exciting industry. It celebrates the outstanding achievements of women engineers throughout the world. See on the next page how you can get involved.



**INWED20 Poster Competition** is open to all with two categories:

- 11-14 year olds.
- 15-18 year olds.

The competition encourages young people to investigate sustainability in engineering. To take part you will need to create a poster with the overall theme of sustainability in engineering. Posters can be created digitally or by hand.

## IDEAS/TIPS FOR THE POSTER TOPIC COULD INCLUDE BUT ARE NOT LIMITED TO:

- A sustainable engineering solution that you are particularly interested in, past, present or future.
- An idea/invention that you personally have come up with which demonstrates sustainability.
- An engineer that inspires you, and how they have demonstrated principles of sustainability in their work.

The deadline is **Friday 17th July 2020. For more information click HERE.** 

#### DISCOVERING ENGINEERING

Ever wondered what an engineer does? Could you see yourself exploring outer space, protecting the environment, designing apps, or developing cures for diseases? Engineers do all this, and more! Answer a few short questions and find out how your skills and passion could lead to an exciting job in the future.



Click **HERE** to complete the quiz.



**STEM**. It's an acronym you've probably heard. But did you know that these four letters are important for whatever you plan to do in your career?

#### WHAT ARE STEM SUBJECTS?









**MATHS** 

**STEM** subjects are important because they form the basis of a huge number of careers. Some of these jobs might be obvious like research scientist, doctor, engineer, and accountant, but others such as software developer, pilot and architect are not so obvious.

That is why it is so important to think carefully about your career plans when choosing your options. STEM subjects also give you a lot of transferable skills which you can apply in any career.

Many STEM careers need creativity as much as the analytical skills traditionally associated with STEM subjects. Most STEM roles are about coming up with solutions to problems and problem solving is often about thinking creatively or "outside the box".

Architecture is a core STEM career. Architects use complex Maths every day and yet it is one of the most creative careers out there. It is a perfect example of where Maths and creativity come together.

At the same time, STEM subjects require research, attention to detail and a critical approach which is useful in any profession or subject. This means STEM and arts/humanities subjects complement each other well at A-level, as skills gained in one can improve your approach to the other.

#### WHAT CAREERS CAN STEM SUBJECTS LEAD TO?

Here is a mix of the everyday and out-of-the-ordinary careers:

- **Space scientist:** From astronauts and rocket scientists to meteorologists and climate scientists, space scientists study the Earth's atmosphere, as well as outer space and the things in it. **Must study: Physics.**
- Doctor: General practitioners see patients locally to diagnose illnesses, while consultants specialise in an area of medicine, and surgeons carry out operations. Must study: Biology.
- **Civil Engineer:** Design the buildings, roads, bridges, and other infrastructure. **Must study: Maths.**
- **Web Developer:** Use computer programming languages to build and improve websites and online apps. **Must study: Maths.**
- Accountant: Prepare and look at companies' accounts. Looking at the money they spend and receive. Must study: Maths.



- Marine biologist: Studies sea creatures, from their behaviour and the way they interact, to the impact of humankind. Must study: Biology.
- Automotive engineer: Design and improve land vehicles like cars, lorries, and vans. Must study: Maths.
- Chemical engineer: Make and improve medicines, household products like detergents, and cosmetics, which involve the use of chemicals. Must study: Maths.
- Architect: Come up with the designs for buildings and other things in the built environment, from bridges to football stadiums. Must study: Maths.
- **Statistician:** Use information to draw conclusions about the realworld. **Must study: Maths.**



#### WHAT'S GREAT ABOUT STEM CAREERS?

Today, the UK faces a skills shortage in STEM. This is bad news for the country. If this continues there will not be enough people in fields such as engineering, medical research and even healthcare to meet our needs and keep the economy going.

The upside is it's good news for STEM graduates and apprentices as it means there are plenty of jobs available for them. STEM skills are flexible and very transferable which means you can apply them to lots of different jobs.

#### YOU CAN MAKE A DIFFERENCE

Here are just some of the ways you could make a difference by pursuing a STEM career:

- Protect wildlife as a biologist.
- Tackle global warming as a climate scientist.
- Develop new treatments for disease as a chemical engineer.
- Help treat and cure patients as a doctor or nurse.
- Develop greener ways of powering vehicles as an automotive engineer.

#### YOU CAN EARN A LOT OF MONEY

When UK Business Insider listed the ten degrees which lead to the highest-paying jobs, all of them were STEM. Civil engineering topped the list, with graduates earning an average of £45,000 per year, and Maths came in at number 10, with typical yearly earnings at around £39,000.



#### DO I HAVE TO GO UNIVERSITY?

No. Many employers are offering higher and degree apprenticeships as a way into STEM careers such as Engineering, IT and Accountancy. You will need to have A-levels in STEM subjects, but instead of studying at university you'll train in the workplace and work towards academic and vocational qualifications at the same time. Many STEM careers do require a university degree, such as doctor, nurse, research scientist, and marine biologist. Think about what you would like to do in your career so you know how STEM subjects can help you and try to choose at least one STEM subject, even if you're considering a non-STEM career.

Mrs Laurenzi - laurenzs@highlearn.uk