



# Highlands School Newsletter

11 February 2022

## From the Headteacher

This week at Highlands we held our year 11 parents evening. This event was an opportunity for families to discuss the mock GCSE grades and predicted grades that students were awarded this term. After half term we will be sharing information with students and their families about the intervention programmes that we will be putting in place to help students improve following their mock exams. We would like to encourage students in years 10, 11 and 13 to use the half term break to relax and unwind but, also, to do some revision for their upcoming exams.

The first Wednesday after half term (23rd February) is year 12 parents' evening. Year 9 parents' evening is the following Wednesday (2nd March).

I would like to remind parents and students of our expectations around wearing jewellery at school. We have noticed recently that some students are not following this aspect of our behaviour and uniform policy. At Highlands we believe that prevention is much better than and we kindly ask that parents and carers support the school in ensuring their children are following our jewellery expectations:

- Only one stud to be worn in each ear. We allow flexibility as to where in the ear this can be worn.
- No hoops or bars. The earring/s worn must be a stud.
- The only other jewellery that can be worn is a necklace / chain with a religious symbol on it.
- No other types of jewellery can be worn
- Nose and other facial jewellery is not permitted

Students who are not following these rules will be asked by a member of staff to hand in the jewellery item. This will be stored in the office and collected at the end of the day once a detention has been served.

I hope you all have a restful half term break and I look forward to welcoming students back to school on Monday 21st February.

Mr McNerney,

Headteacher



## **Student council update**

The student council has agreed to make the local charity 'Love is Kind' our chosen charity for this year. Love is Kind is a charity to support women in Enfield who have experienced domestic violence.

*#LoveIsKind*

The student council will be holding the first fundraiser for this charity on Wednesday 23rd February in the form of a bake sale. The student council is asking students to support this fundraising event by bringing in a cake (nut free) so it can be sold to students during their lunch break. Students will be able to purchase cakes on the day for £1-£2.

Please encourage your child to get involved and explore a potential love of baking over the half term! A baking session will be available after school on Tuesday 22 February, which students can sign up for if they don't have the space to bake at home.

Sign up forms and further details can be found on your child's year group class on Google classroom.

## **Year 12 Parents' evening**

Year 12 Parents' evening will be taking place on Wednesday 23rd February after the half term period. Parents need to book appointments via the school's operating system, Schoolcloud. Further details to assist with the booking process have been sent out to parents via email on Wednesday 9th February.

## **Year 11 Post-16 Pathways evening**

We warmly invite you to our Post-16 pathways evening on Monday 21 and Tuesday 22 February where year 11 students will have the opportunity to gather a better understanding of the pathways open to them when they move to post-16 education. We will also be supporting students in completing applications to Highlands School Sixth Form. Visit Schoolcloud to book your place.

## **Extra Curricular Clubs**

As a school we are delighted to offer a range of extra curricular clubs to give our students additional opportunities to lead an active and healthy lifestyle. Consequently, if your child would like to attend these extra curricular clubs we must receive parental/carers consent. These extra curricular clubs take place at the end of the school day.

Parental consent forms will be sent out this week via email. The deadline to sign your child up for an extracurricular club for after the half term break is Sunday 20th February, 6pm.

Please note that the Year 7 Ed-extra programme is treated separately from the rest of the extracurricular timetable. If your child is in year 7 and would like to take part in an extracurricular club on either Monday, Tuesday, Thursday or Friday then please complete a parental consent form for the club that they would like to take part in.

Clubs are based on a first come first serve basis except for clubs where the teacher may invite specific pupils.

Yours faithfully,  
PE Department

## Education Extra Timetable

Here is the timetable of extra curricular activities taking place from Monday 21st February to Friday 1st April.  
To attend these clubs, a parental consent form must be completed.

<b><u>Monday</u></b>					
Club	Year	Staff	Time	Venue	Maximum Capacity
GCSE PE Practical Club	10-11	Mr Avann, Mr Johnston	3:15 - 4:30	Sports Hall	
Netball	7-11	Mrs Walters / Mrs Hutchinson, Miss Berrill	3:15 - 4:30	Playground	40
Debating Club	7-13	Mr Islam	3:30 - 4:30	H6	30
Art Attack	7-8	Mrs Yiangou	3:15 - 4:30	A6	15
GCSE Art Catch Up	10-11	Mrs Chrysostomou / Mrs McCalmont	3:15 - 4:30	A7	25
Music (GCSE support sessions)	<b><u>Invite only</u></b>	Mrs Miller	3:15 - 4:15	MM5	
Music (Vocals and Instrumental)	<b><u>By request</u></b>	Ms Maple	3:15 - 4:15	Practice Rooms	

<b><u>Tuesday</u></b>					
Club	Year	Staff	Time	Venue	Maximum Capacity
Basketball (Boys)	9-13	Mr Daludado/Mr Joseph	3:15 - 4:30	Sports Hall	30
Football (Girls)	7-11	Mrs Walters, Mrs Hutchinson	3:15 - 4:30	Astro	60
Lego Club	<b><u>7 &amp; 8 Invitation only</u></b>	Mr Martin	3:15 - 4:30	MM15	12
Music (Samba)	7-11	Mr Johnston	3:15 - 4:00	MM5	15

<b><u>Thursday</u></b>					
Club	Year	Staff	Time	Venue	Maximum Capacity

Football (Boys)	7-9	Mr Joseph/ Mr Saviddes	3:15 - 4:30	Field	60
Trampoline	( <b><u>GCSE PE invite only</u></b> )	Mr Avann	<b>3:15 - 4:45</b>	Sports Hall	
Animation	7-9	Mr Martin	3:15 - 4:30	MM7	14
Music (Rock Choir)	7-11	Mrs Miller / Ms Maple	3:15 - 4:00	MM5	Unlimited
GCSE Art Catch Up	10-11	Mrs Chrysostomou / Mrs McCalmont	3:15 - 4:30	A7	25
Christian Faith Club	7-13	Miss Chinnery	3:15 - 4:30	H3	Unlimited

Friday					
Club	Year	Staff	Time	Venue	Maximum Capacity
Basketball (Girls)	7-10	Ms Casimir-West	3:15 - 4:30	Sports Hall	25
Music (Orchestra)	Grade 1+ Orchestral instrument only	Mr Brunori	3:15 - 4:15	MM5	35
Music (Guitar Groups)	( <b><u>Invite only</u></b> )	Mr Hawkins	3:15 - 4:15	Music Corridor	20

## Ed-Extra Cooking Champions

### Celebrating Chinese New Year

This week we had a double order from The Little Things, we had to make 80 meals for their homeless outreach. The students rose to the challenge and did a fantastic job making three different dishes.

Two of the dishes were a nod to Chinese New Year, we made sweet and sour chicken and black bean pork and with the remaining meat we made a fruit chicken curry.

Some people ask us why we don't make vegetarian meals. This is because we work in partnership with other local volunteer cooks and we tend to cook the meat based meals as it can be expensive to make if the food is not donated. The homeless outreach always has vegetarian option.



### Cooking Champions

 cookingchampions
  @cookingchampions

#### Sweet and Sour Chicken

**For 4 people**

- Ingredients:** ½ tin of pineapple, 2 chicken breasts, 2 tbsp sunflower oil, 1 onion, cut into wedges, 1 red and 1 green pepper, deseeded and chopped and 1 tbsp cornflour.
- Sauce ingredients:** 1 tbsp cornflour, 300ml/10fl oz fresh pineapple juice, 2 garlic cloves, crushed, 25g/1oz fresh ginger, peeled and finely grated, 1 tbsp soy sauce, 2 tbsp white wine vinegar, 2 tbsp soft light brown sugar, 3 tbsp tomato ketchup, 1 pinch dried chilli flakes and freshly ground black pepper.

**Instructions:**

- To make the sauce, put the cornflour in a small bowl and stir in two tablespoons of the pineapple juice until smooth. Put the remaining pineapple juice in a separate bowl and stir in the garlic, ginger, soy, vinegar, sugar, ketchup and chilli flakes until thoroughly combined. Set aside.
- Heat the oil in a large non-stick frying pan or wok and stir-fry the onion and peppers for three minutes over a high heat. Coat the chicken in the cornflour and add to the pan. Stir-fry for four minutes until very lightly coloured on all sides.
- Add the pineapple and sweet and sour sauce to the pan with the chicken and bring to a simmer over a medium heat. Cook for 4-5 minutes, stirring regularly until the chicken is cooked through and the pineapple is hot.
- Stir in the cornflour and pineapple solution mixture and cook for 30-60 seconds until the sauce is thickened and glossy, turning the chicken and vegetables until nicely coated.

Source: [https://www.bbc.co.uk/food/recipes/sweet\\_and\\_sour\\_chicken\\_00397](https://www.bbc.co.uk/food/recipes/sweet_and_sour_chicken_00397)

## Year 11 Football

Last week, the year 11 football team played at the Enfield Cup with a score of 0-4 to Enfield Grammar School. A special mention to players of the match, Patrick and Gino. Well done to everyone who played and represented the school.

### Year 11 Basketball

Congratulations to the year 11 basketball team who played Chace School on Monday night. The team played well with Ronald Agyeman-Duah leading the scoring for the team to win 43-20.

### Alumni

This year has started on a high for our former students Tola Showunmi and Casey Shann! Casey Shann has signed his first professional football contract with Brighton after completing his January deadline day move from Sutton United. Tola Showunmi has also been drafted by Atlanta United FC as the 88th overall pick in the 2022 Major League Soccer SuperDraft. A big congratulations to them both!



### COVID-19 update

This week we were advised of the following COVID-19 positive cases. Please continue to encourage your child to test twice a week over half term, preferably doing one on the Sunday

	Positive cases
Year 7	4
Year 8	1
Year 9	3
Year 10	3
Year 11	5
Year 12	1
Year 13	2
Staff	3