

27 May 2022

Today was the last day of full time teaching for our year 11 students. From Monday 6th June they will be coming into school only for study camps and exams. I want to thank the year group for the excellent way they have applied themselves to their studies so far and wish them all the best with their revision over the half term break. All of year 11 are invited to the end of exam BBQ celebration on Thursday 23rd June from 2pm-4:30pm. Students should come in their own clothes and bring their school shirts if they want them signed. We will write to year 11 parents with more details. We are also publishing details of the year 11 prom and yearbook again in today's newsletter, details can be found below.

This week the Mayor of Enfield, Cllr Sabri Ozaydin, came into school to present a prize to Nicholas Georgiades in year 8 who won an Enfield-wide competition. It was lovely to see one of our students recognised in this way, more details are below.

On page 5 of this week's newsletter is information about the HPFA wine tasting event taking place at school on Friday 10th June at 7:30pm. If you are free that evening please buy a ticket and join us, the HPFA makes a valuable contribution to our school having bought minibuses, refitted the sixth form study area and having paid for the outdoor canopy in the past.

I would like to thank all of those who responded to our parent and carer survey. If you sent in your email address for a response, we will be responding to you in due course.

Finally, I would like to wish you all a very restful half term break and we look forward to welcoming back years 7, 8, 9, 10 and 12 to full time lessons on Monday 6th June and years 11 and 13 to their study camps and exams.

Mr McNerney
Headteacher

Mayor's award

Congratulations to Nicholas Georgiades in 8OSA who was presented this week with an award and a £150 prize by the Mayor of Enfield - Cllr Sabri Ozaydin. During the lockdown he launched a competition for students to design a t-shirt in relation to covid. Below is also a copy of Nicholas' winning design, which was also used as the Mayor's Christmas card last Christmas.



Year 11 end of year celebrations

After year 11's final exam on Thursday 23rd June, we will be holding a celebratory BBQ for the year 11 students, on the school grounds. All students will have their final exam in the morning before returning to school for the event which will run from 2:00pm to 4:30pm. Further information to follow.

Year 11 prom

We are pleased to inform you that we have secured a booking at Forty Hall for the year 11 prom. We hope that this will be a joyous occasion for our year 11 students to celebrate the end of their assessments and their time at Highlands school.

- The year 11 prom will take place on 4th July 2022
- The prom will take place at Forty Hall and will begin at 19:00 and finish at 22:30.
- The cost of the prom is £40 which includes a snack buffet, photo booth, sweet stall and soft drinks.
- Please confirm your booking via parentpay in order to reserve a space

The deadline for tickets will be **Friday 17th June**.

Year 11 yearbook and hoodies

We are working with Fizz-Yearbooks, the UK's premier supplier of yearbooks, to produce our year 11 yearbook and hoodies. They are sure to be a wonderful keepsake for the students to treasure throughout the rest of their lives. The cost of a yearbook is £20 and the hoodies are £22.50. This should be purchased directly from the fizz website (details below).

<https://shop.fizz-group.co.uk/>

Our School Unique ID is: 25718YR11

You must place an order before **29 May 2022**. All orders will be delivered directly to school for you to collect. We will announce the collection date in due course.

We would like to ensure that all students have the chance to participate in our end of year events but understand that for some families funding an event of this kind can be difficult. Please contact Mrs Hutchinson hutchinsons@highlearn.uk to discuss financial support towards the prom or the purchase of the other items listed above should you require it.

Please also contact Mrs Hutchinson if you wish for your child's name/photograph to be excluded from the hoodie/yearbook, or if you have any other questions.

Year 13 leavers

Here are some of the photos taken at last week's year 13 leavers' pizza party. To mark the end of their seven years, students at Highlands school have a tradition of wearing their school uniform one more time on their last day!



Message from Ms Murdock

Well done to Beatrice Afhim and Kingston Barrow in year 7 for their creative contribution to the Enfield annual governors' conference. They provided an excellent guidance video and were consummate professionals during the filming process, arrived line perfect and patiently recorded the information, which was very well received.



Art department

Last term, Year 7 art students were learning about Medieval Art and Architecture. They worked very hard on their gargoyle designs which they produced both in tone and with harmonious colours. They went on to produce some wonderful clay models of gargoyles which we will post on here once they are out of the kiln. Keep up the good work year 7!



Please support the HPFA in this fundraising event, tickets are available now on Parentpay.

The HPFA presents:

Wine Tasting Evening Friday 10th June '22 @ 7.30pm

Highlands very own Mr Swanton, a highly qualified sommelier will host the evening! He will provide expert advice on the making, tasting and food pairings on a selection of fine Spanish wines.

Come along, bring your friends and have a fun, relaxing evening, all whilst supporting your school!

Tickets only £20 pp and includes tasting of up to 8 Spanish wines and a 'food' sharing platter of Spanish cheese and charcuterie.

Please purchase tickets in advance-
on parent pay by Sunday 4th June.

Can you shop on Amazon Smile to help fundraise for your school?



- It's **simple to shop** on Amazon Smile and it **raises funds for the HPFA**.
- **Amazon Smile donates 0.5%** of the purchase price of eligible products to the HPFA.
- It's the **same products and prices** and experience as shopping on the main Amazon site.



- To **sign up for Amazon Smile**, visit www.smile.amazon.co.uk.
- To **shop at Amazon Smile**, simply visit www.smile.amazon.co.uk on your computer, mobile or tablet.



- Search for '**Highlands Parents and Friends Association**' in the '**pick your own charity**' search bar on the right-hand side of the screen.
- **Click to accept us as your chosen charity** and you're ready to start shopping!



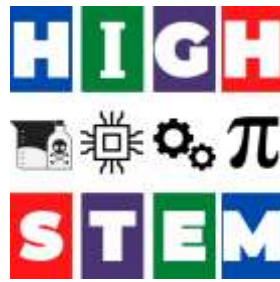
The Highlands Parents and Friends Association is a registered charity (no. 1160888) and aims to raise funds to benefit Highlands School pupils.

- If you have **any questions or need further help** in accessing Amazon smile, please get in touch at HPFA.eventtickets@gmail.com

amazonsmile

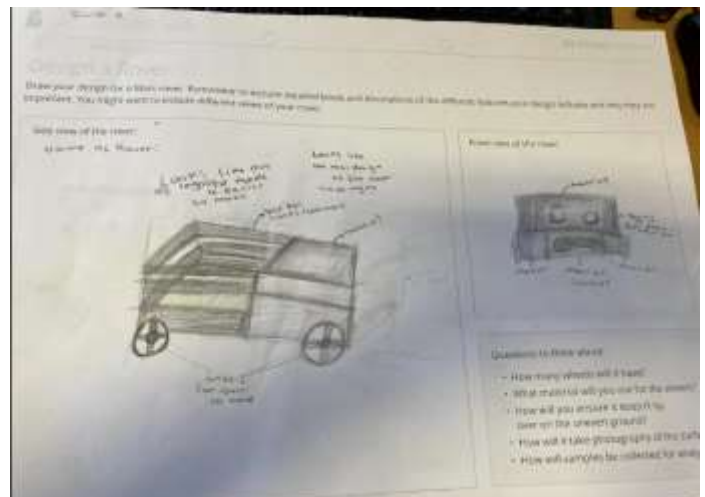
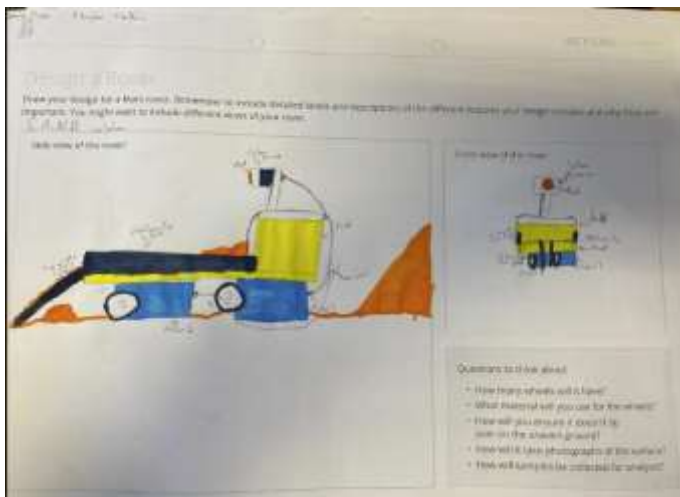
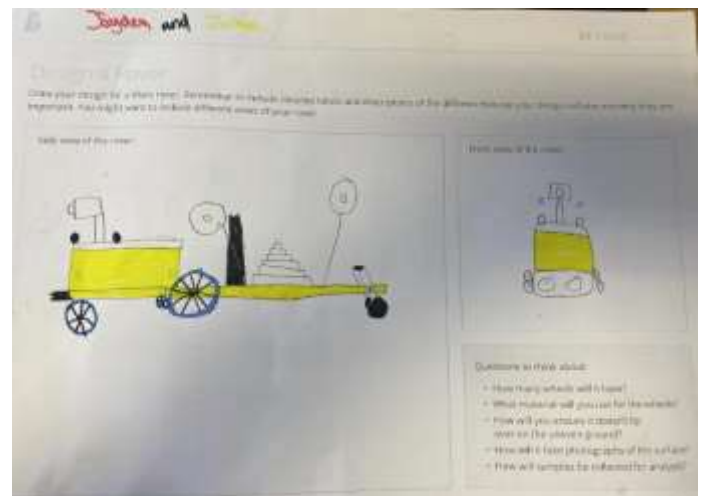
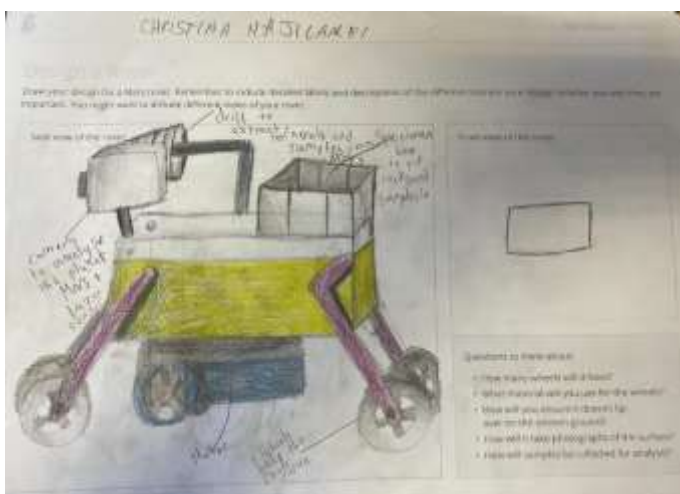
You shop. Amazon gives.

Dr Len's STEM announcements



This term's new lego robotics challenge - design a Mars exploration rover

We have a new year 7 lego robotics team this term and their challenge is to design a Mars exploration rover. Each group has been working hard to think about what requirements their Mars rover needs to successfully land on Mars, explore the planet and collect samples. Here are some of the amazing designs from our pupils in working progress.



Congratulations to Constantinos Socratous - our Earth Day 2022 poster winner!



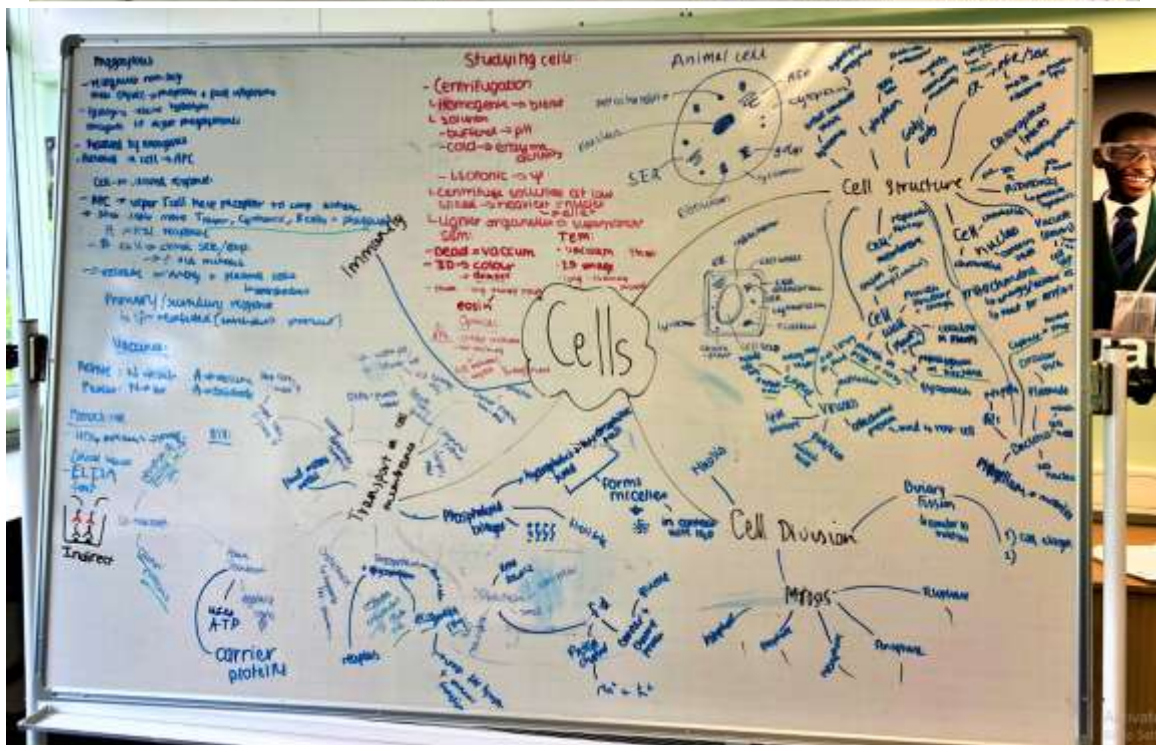
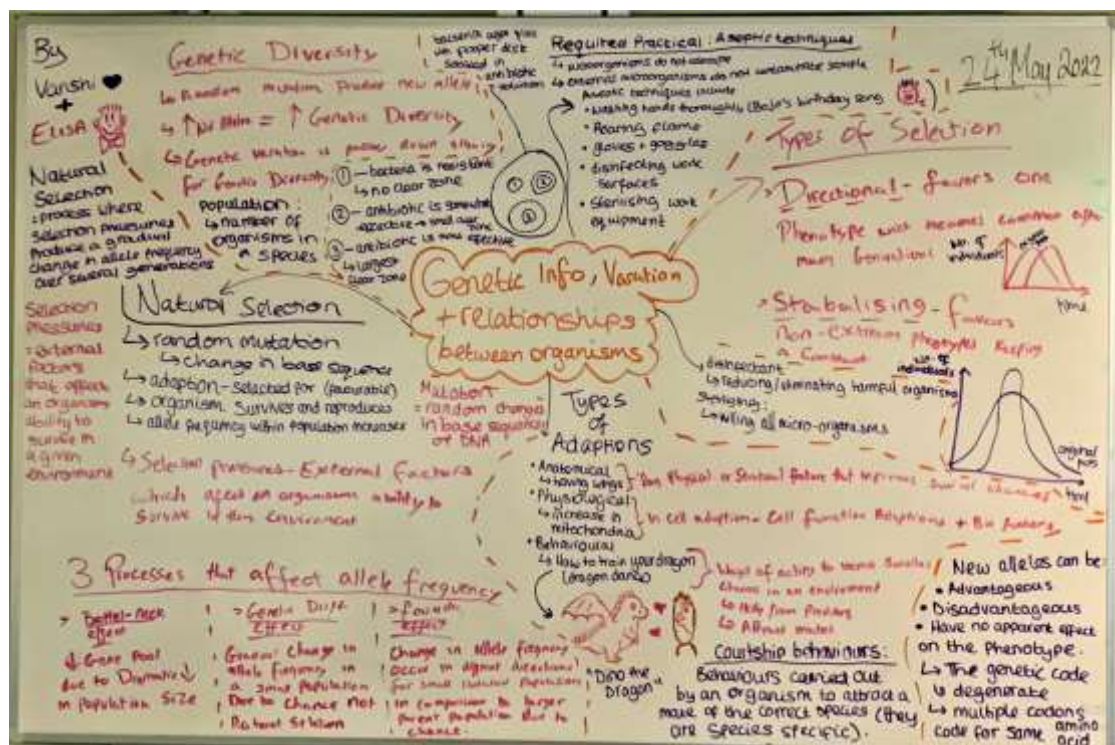
Constantinos was awarded a £25 gift voucher and Group for his thoughtful and informative Earth Day



had a tree planted in his honour by Pinnacle poster. Well done Constantinos!

Year 12 Biologists knowledge mapping and preparing for their mocks

The year 12 Biologists have been busy bees during their independent team revision sessions spreading their knowledge throughout the whiteboards of our science department and captivating and inspiring the younger year groups! I would like to acknowledge Vanshi, Elisa, Sanjana, Aashni and Amirah for their amazing knowledge maps of AS Biology content.



More amazing science videos from Mir Zahran Ali (7WAJ)

Check out Mir's amazing new content. Well done Mir and keep up the great work!

"Mir's videos on the topics below are inspiring! Here, we see an example of taking passion for a subject beyond the classroom. Mir's videos are creative, accurate and can be used by anyone with interest in the topics covered - the Science department is very proud of his work. Please support Mir by viewing his content.

Well done Mir!"

Miss Wilton, Director of Science



Here are the links to his new content!

1) Diffusion & Osmosis

<https://www.youtube.com/watch?v=2wHTovUZR1M>

2) Energy:

<https://www.youtube.com/watch?v=klxLVciQnS4&t=186s>

3) Black hole:

<https://www.youtube.com/watch?v=1kXkogofjd0>

Medicine, Dentistry and Veterinary Medicine opportunities



Become was developed by four UCL Medical Students from Black African and Black Caribbean backgrounds who want to change the low representation of students from similar backgrounds within the field of medicine.

"We started this initiative because we saw a low number of Black African and Caribbean medical students entering UCL, and we want to change that.

Target Medicine: Become

Become is a one-day event for Year 9 and 10 students of African-Caribbean descent or Mixed Black backgrounds to explore the prospect of going to university and studying medicine.



Many Black prospective students are discouraged to apply as they think medicine is not for them; but we want to show that it is indeed possible and that there is a network of medical students from similar backgrounds ready to help them here at UCL to show them what they can Become."

--Ivan Beckley, Ayo Olatunji, Abdul Elmi, and Ozzy Eboime

Why attend?

- Discover what it's like to study medicine
- Meet and network with medical professionals from a similar ethnic background
- Meet current UCL medical students and hear their experiences
- Learn about the different support and opportunities available at university
- Gain valuable advice about applying to university
- Get the chance to experience a hands-on workshops and taster session

- Make informed decisions about your future

Date & Time

Friday 24th June 2022 9:00am-5:30pm

Eligibility

To attend this event, you must be:

A prospective student from a Black African, Black Caribbean, White and Black African/Black Caribbean, or Other Black background

In Year 9 or 10, attending a non-selective state school or academy in the Greater London.

Priority will be given to applicants who are on track to meet a minimum of grade B/6 in GCSE English Language and Mathematics, and who meet our general Widening Participation [eligibility criteria](#).

Applications

Applications for Become 2022 are now open. Please note that the deadline to submit applications is Sunday 5th June 2022. Please [click here to apply](#).

For more information please contact:

E: tmenquiries@ucl.ac.uk



Medic Mentor, Dental Mentor, and Law Mentor are hosting 5 FREE LIVE VIRTUAL conferences this weekend!

Teachers are instrumental in highlighting these free opportunities to young aspiring students, so we would greatly appreciate it if you could spread the word.

ASPIRING DOCTORS

We're holding two FREE LIVE Virtual UCAS Get into Medicine Conferences on:

Saturday 28th May - 9:00am - 1:30pm

Sunday 29th May - 9:00am - 1:30pm.

Dr Kennedy and Dr Siva will lead students through the Medical application process and answer any questions they have.

UCAS GET INTO MEDICINE REGISTRATION LINK: <https://airtable.com/shr66li3bqG3ZpkPM>

Dr Alok Bahl is hosting the Insight into Medicine Conference on:

Saturday 28th May 2pm - 5:30pm

This is a great opportunity for any students hear from to 3 Doctors about their different specialities and day-to-day life as a Doctor.

INSIGHT INTO MEDICINE REGISTRATION LINK: <https://medicmentor.co.uk/insight-into-medicine-conference/>

A message from Dr Yacoobali - Get into Dentistry

Dr Yacoobali here, Chief Dental Mentor! I'm emailing to let you know about an exciting opportunity for any students interested in Dentistry!

Dental Mentor is running a FREE, live, virtual Get into Dentistry Conference on:
Sunday 29th May 2pm - 5:30pm.

Just in time for UCAS Season, this conference will guide students through everything they need to do to make their application to Dentistry stand out.

This includes:

- Application timelines
- UCAS and CV Building
- Awards and Scholarships
- Getting Dentistry Work Experience
- Dental Leadership Programmes
- Personal Statements
- Dentistry School Interviews

I'll also be joined by a recently successful applicant to Dentistry who will share their insight into what it takes to get accepted. Attendees who stay for the entire conference will be awarded a Certificate of Attendance: a fantastic addition to their UCAS Application! Students can register for the free virtual Get into Dentistry Conference on Sunday 29th May using the link below:

<https://airtable.com/shr7JL0vaCAzEYUo1>

Please note that one booking = one booking for a student and their parent/guardian.

Cameras need to be switched on and a parent/guardian must stay with the student for the duration of the conference for safeguarding purposes. The Get into Dentistry Conference will be very useful to them too!

All Dentists at the free virtual Get into Dentistry Conference will be taking any questions students or parents have about the application process or what it means to study Dentistry and work as a Dentist.

Teachers play such an important role in allowing students to make the most out of these free opportunities, so I really appreciate your support.

Kindest Regards,

Dr Safiyyah Yacoobali
Chief Mentor
Your Medic Family

NHS Allied Healthcare Work Experience

A message from the Allied Healthcare Team

Students who wish to participate in the NHS Allied Work Experience Programme on Sunday 5th June still have time to register.

Students can register individual spaces or you can register them as a group online on the following link:

<https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>

The programme is available for years

10-12 - England & Wales

S3-S5 - Scotland

11-13 - Northern Ireland

All students will be awarded with a Work Experience Certificate for participating in the day. This is something that they can include in their UCAS and Apprenticeship Applications.

The next Work Experience day is on the Sunday 5th June and will cover the following healthcare careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and language therapy
- Pharmacy!

The virtual work experience day will take place through an online portal and run LIVE from 10am-5pm, following 2 patients from their initial accidents through to recovery. Students will see them interact with a variety of healthcare professionals listed above so that they develop an understanding of the multidisciplinary team as well as insights into their own chosen career.

Students will also have the opportunity to interact with the healthcare professionals via a LIVE Chat function and polls throughout the day!

The cost to attend is £10/student per session or £45 if you book all five sessions, which is just an administrative cost to cover the set-up of individual portals, personalised certificates, safeguarding, the technology on the day, such as our servers and chat functions.

If you have any questions about the programme, please complete the following contact form:

<https://airtable.com/shrM6UPT8Z2uxx7OL> or give our team a call on 01530 417299 and we will happily get back to you with a swift response.

STEM activities/talks/exhibition announcements

Meet the scientists in person as the Summer Science Exhibition returns to central London this July

The Royal Society's Summer Science Exhibition is back in person between 6 – 10 July 2022, offering a free, interactive experience for anyone curious about the latest technological and scientific advances. Get hands-on with berry-powered solar cells, find out how you could join the hunt for unknown species in your back garden, or meet the scientists designing remote-healing technology. [Click here](#) to get more information and book a spot.



Mathematical intelligence: What we have that machines don't
Tuesday 31 May, 7.00pm – 8.30pm

There's so much talk about the threat posed by intelligent machines that it sometimes seems as though we should surrender to our robot overlords now.

But not so fast; mathematician Junaid Mubeen argues humans have the edge over machines because of a remarkable system of thought developed over the millennia – maths.

While computers may be brilliant at totting up sums, pattern-seeking and performing computation, join us for this theatre only talk as Junaid explores this fascinating world and reveals seven areas of intelligence where humans can retain a crucial edge over computers. [Click here](#) to get more information and book a spot.

STEM in ACTION events

Message from STEM in ACTION team;

Tickets are now available for our thrilling autumn programme, including four GCSE Science in Action events!

This autumn we'll explore some of the most exciting aspects of science with expert speakers from Biology, Physics and Chemistry, all keen to share their passion with your students, along with some top tips for excelling in exams.

[Just pick your date and location and reserve your students' places now!](#) We know things can change, so rest assured you'll be able to amend your booking until 28 days before the event.



Tickets are now available for our exciting autumn programme of events designed to inspire your students!

This autumn at Physics in Action we will be taking a closer look at green energy, delving into how we can make our homes more energy efficient and exploring the latest research into fusion energy. We'll also explore some fundamental physics, including the early Universe and an introduction to string theory, and we'll see how medical imaging techniques are applied to fossils.



The events will be hosted by A-Level Physics Online's Lewis Matheson, who will also offer his top tips for achieving those top grades!

[Just pick your date and location, and reserve your students' places now!](#) We know things change, so rest assured you can amend your booking until 28 days before the event.

We are delighted to announce that GCSE Maths in Action will be returning to venues in London and the Midlands this coming autumn. We will be bringing an exciting lineup of speakers to the University of Warwick on November 15th, as well as to the Emmanuel Centre in London on December 2nd.



We will explore fascinating and occasionally unexpected applications which demonstrate that continuing to study maths is important. Each day is supplemented by an examination session. [Book tickets here](#)

Next month, join cardiologist Rohin Francis for a fascinating and entertaining look at that most vital of organs, the heart.

From looking after your own, to why cardiology is clearly the best specialty (in his entirely unbiased opinion), we'll have the full low-down on the heart at Medicine in Action ONLINE!

You can join Rohin on Thursday 30th June, when he'll be joined by four more expert speakers covering the breadth of Medicine and providing exciting insights into potential career paths and tips for applying to medical school. [Book tickets here](#)



Happy STEMing and smiles!
Dr Len, STEM Leader

Student lunch accounts

It is important that you check your student's lunch account each week, to ensure that there is enough money for the week. Our catering is run by an outside company - Chartwells. If students do not have enough credit in their lunch account, the canteen would still allow them to have their lunch, but the monies owed back to Chartwells would be deducted the next time you top up their account. Please bear this in mind when adding funds to their accounts. Students can always check their lunch account balance themselves on the red machine near reception.

  the early bird catches the worm

Early Bird DISCOUNT

online at www.smithsschoolwear.co.uk

Smiths
schoolwear



This is your **last chance** for an online discount this Summer.

We don't want our customers to put themselves through the stress of the last minute uniform rush and miss out on savings. Parents are busy people, so we're offering an Early Bird Discount to work around your lifestyles. No matter when or where, you can place an order and save money at the same time.

By ordering between 1st and 30th June, you're ready for September in good time and you're **saving 10%** if you spend a minimum of £25. On top of this, we offer free delivery on all orders over £65 and next day delivery, click and collect in store, and click and collect from some school offices.

If you're worried about buying early, please be assured we have an **100 day exchange policy**.



Be prepared and beat the queues so you have more time to enjoy those summer moments we've all been looking forward to. **The early bird catches the worm - will you?**

USE CODE

EARLYBIRD10

VALID 1ST JUNE 2022 - 30TH JUNE 2022

Mental health

We are continuously working hard to improve our understanding as a community of mental health to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please contact one of these numbers to seek support. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child. Please see details below on all the support available.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590



Safeguarding contacts

If there is a concern about a Highlands School student, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk.

If the school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555.

If a student is in immediate danger, call the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC help line: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: (www.kooth.com) support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Talk to someone:

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel sad, anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you