



# Highlands School News



10th December 2021



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Instagram: @highlandssch

### FROM THE HEADTEACHER

This week was a challenging one at Highlands as an increase in COVID-19 cases (and suspected cases) started to impact our ability to keep the school fully open and we asked year 9 to work at home for two days. Asking students to work at home is a last resort and we try to employ external supply teachers where we can. We also take multiple classes in the same year group, studying the same subject, to the main hall so a subject specialist teacher can teach them all at once. However, this week it was hard to find supply teachers as many schools are short staffed, we even had one of our supply teachers call in sick on Friday. When we feel we cannot open the school I communicate with our Chair of Governors and the Director of Public Health and Director of Education at the London Borough of Enfield and we inform parents and staff. Thank you all for your support during this challenging period.

Next week we have some Christmas events at school that we are looking forward to. On Monday 13th at lunchtime is the Winter Wonderland bake sale. This is run by our students. We hope students and staff will support it. On Tuesday it is Christmas jumper day and Christmas dinner in the canteen. Further details of Christmas jumper day can be found below.

On Friday 17th December we will end term as we always do with students having special Christmas celebration assemblies and an early finish. At these assemblies students will find out who is winning the inter house competition and we will give out end of term awards. Students in years 8-13 will be dismissed at 11:50am. Students in year 7 will be released at 12:10pm.

Wishing you all a restful weekend,

**Mr McInerney**  
**Headteacher**



# Christmas Jumper Day

## Tuesday 14th December

Highlands School are always looking for active ways to participate in community events and charity fundraising. Each year we try to raise money for various charities that have been identified by the students as ones they would like to support.

This term, in line with other schools in Enfield and across the country, Highlands School will be participating in Save The Children's Christmas Jumper Day.

On Tuesday 14th December we are inviting pupils to wear a Christmas/winter themed jumper instead of their school jumper. A donation of £2 can be made to help us raise money for this fantastic charity and tutors will collect the money on the lines in the morning. We are aiming to raise as close to £1500 as possible, which is achievable if people donate and take part.

Last year we collected over £3000 for our Christmas appeal, let's hope that we can match that!

Please make sure that your child is dressed appropriately for the school day and activities they may be doing such as cooking or PE. They should also make sure that the rest of their school uniform is as normal, for example, their normal black school shoes, blazer and lanyard.

We hope that you will support the school in helping to raise money for these charities.

# STUDENTS OF THE WEEK

## YEAR 7

Emilia Huetson Varnava

Sam Alimohammadi

Ina Varbanova

## YEAR 10

Alessandro Georgiou

Mason Eldridge

Darshan Yogarajah

Beirhan Guven

## YEAR 13

Bitu Yazdanpanah

Joshua Finney

## YEAR 8

Jack Nagioff

Isla Kirkland

Skye Creary

Ivan Markovets

Georgia Georgiou

## YEAR 11

Las Bisary

Geraldine Bustamante-Parra

Anastacia Constantinou

Amelie Kirkland

Alexander Penn

Francesca Bocchetti

## YEAR 9

Benjamin Gormley

Sophie Bernasconi

Yashraj Singh

Zac Maclean

## YEAR 12

Leo John

Mary Koumouris

Emre Dervish

Elvana Gashi



# DEPARTMENTAL NEWS

## Year 8 Football

On **Friday 3rd December**, a year 8 boys football team headed to Ashmole to play a friendly game. For many of the pupils this was their first ever school game and they played exceptionally well. The result was 6-0 to Ashmole, however the togetherness, teamwork and determination to keep going was fantastic to see.

Well done to everyone who played,  
**Mr Avann**



**Player of the Match**  
**Admir B**

## YEAR 7 GIRLS' FOOTBALL

Congratulations to the Year 7 girls football team who won their third cluster tournament this week. They have won all three tournaments they have played and haven't conceded a goal! They are now in the semi finals where they will play the winners of another cluster after Christmas. Well done girls.

**Mrs Walters**



# FOOD TECHNOLOGY REPORTS

Year 8 students were asked to write a report on food waste and the possible effect Covid-19 might have had on it. Please see below some great work produced by the students.

8	Year 8 Food Technology: Healthy Eating, Resource Task	RT <sub>s</sub>
Renardo	Food Waste	

After reading the article on Covid19 and food waste, write a summary considering the following questions:

- What are your thoughts on the article?
- What is the current situation regarding food wastage?
- And in conclusion, has Covid19 changed the way your family shops or eats?
- Add some of your own illustration in the boxes.

My thoughts on the article are that they are showing the development of people thoughts and acts. The food wastage has been lowered since it's becoming harder to go to shops so instead of throwing their food they are saving it. It also has stopped the food wastage in my family. My situation of food wastage had become very easy. Covid-19 has change my ~~own~~ Families way of eating. We either eat all of it or save it. More of my thoughts on this article are that they are showing the development that Covid-19 had on food wastage. This article is also a signal to stop this food ~~wasting~~ wastage problem and join in the ~~own~~ help. NOW people are also making their own food and better their cooking skills are enhancing. They are also cooking for their family.




Renardo Dervishaj



8	Year 8 Food Technology: Healthy Eating, Resource Task	RT <sub>s</sub>
	Food Waste	

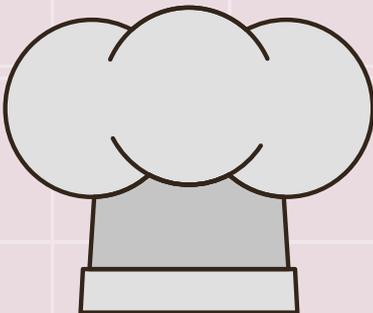
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- What are your thoughts on the article?
- What is the current situation regarding food wastage?
- And in conclusion, has Covid19 changed the way your family shops or eats?
- Add some of your own illustration in the boxes.

My thoughts on that Covid-19 actually helped and gave a positive impact on the wastage of food in the community. At the start of the virus, things were going downhill as many people started to 'panic buy' and many jobs were taken for granted. So as a result of people panic buying many foods they had bought started to go to waste and it was going out of date. However, there was a public polling with 2000 people in it and there was a general impact to the question "Has Covid-19 has changed their eating habits?" This led to 43% saying that they are throwing away much less food and 51% say that they are planning to eat much more carefully. I would say 43% are saying that they are buying much fewer takeaway as they are worried about 'cost compensation'. I think that it's better as less food would go to waste because in takeaway you don't know how much food you would get. In conclusion, I think the pandemic significantly helped with food waste.




Ellia Saat



8	Year 8 Food Technology: Healthy Eating, Resource Task	RT <sub>s</sub>
	Food Waste	

After reading the article on Covid19 and food waste, write a summary considering the following questions:

- What are your thoughts on the article?
- What is the current situation regarding food wastage?
- And in conclusion, has Covid19 changed the way your family shops or eats?
- Add some of your own illustration in the boxes.

My thoughts on this article are that Covid-19 has changed a lot people's eating habits. Since Covid-19 appear restaurants closed down and people use spending more time at home. 43% of people said that they are worried about the extra cost of providing food for their household. The rises to 58% of those aged 35-44 and 54% of those aged 25-34. The 47% of people are enjoying cooking and spending time with their families, some of them are saying that they improved their cooking skills. Also 48% are throwing away less food and they are using the leftovers for dinner. Now only 29% are buying takeaway and going to restaurant (after they opened them). Covid-19 has created a massive shock to the way households value food and is likely to lead to some new behaviours some of which could cut food waste.




Tailizandra Blana



# CHEMISTRY IN ACTION CONFERENCE

Year 12 Chemistry students attended the Chemistry in Action Conference on 29th November. A few of the students wrote a review on the conference which is shown below.

## What's it all about?

The trip was a visit to The Emmanuel Centre where our school and multiple others were invited to join a series of Chemistry in Action lectures. These lectures were full of information about modern day technologies, such as nanotechnology and its recent origin. It also contained vital information about the COVID-19 vaccine and its distribution around the world, including shortages, technological issues and transportation.

## Lectures and interactive talks:

Throughout the day we had multiple lectures and interactive talks. These consisted of fascinating topics such as the properties of water, vaccines and medicine and the treating of human immunodeficiency virus (HIV) with antiretroviral therapy (ART), and tips on how to succeed in exams. These talks were performed by multiple professors from universities around the country. Throughout the lectures, we had a chance to answer questions on the topic interactively and check our understanding.

## Conclusion:

In conclusion the day to the Emmanuel centre was great and full of enthusiastic chats and lectures such as the origin of anaesthetics from fever tree bark. It helped in the understanding of topics further and it also gave us an insight on how to study efficiently and effectively as well as how questions should be answered in exams and looking for key information in questions. There were also many intriguing practicals that showed us the properties of water, explaining why ice floats on liquid water, and the flammability of hydrogen gas; relating to over a century ago with the Hindenburg blimp disaster in Germany. Overall, the trip was an interesting and amazing experience.

**Luke Adamou**

On Tuesday 29th November, Year 12 A level Chemistry students attended the 'Chemistry in Action' event. As one of the many aspiring students who attended, the experience was motivational as we were shown the many routes that Chemistry A level has to offer. There were a plethora of speakers, each with a unique message. One of my favourite speakers was Dr Jamie Gallagher, who represented his heritage by wearing a kilt and also explained the chemistry and physics in nano-technology. My favourite message was from Professor Andrea Sella, who presented us with a speech about how ice may be familiar to us but is so 'strange' that it breaks almost every rule in the textbooks. His speech was named 'Strange Ice' and detailed the importance of ice and warned us of the effects of climate change on ice. Sella ended the event by explaining the significance of our votes, who we vote for and the effect it will have on our planet. The event was inspiring and a day to remember.

**Hana Cali**

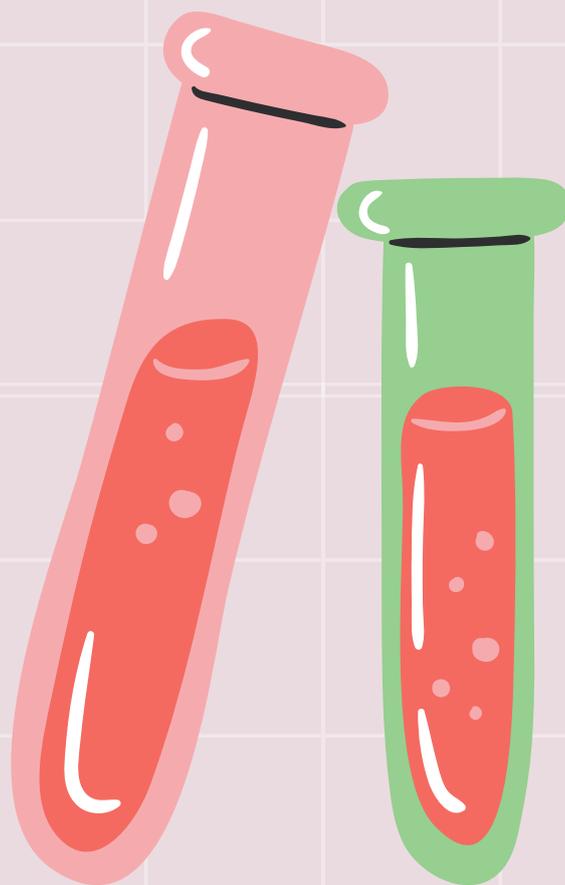
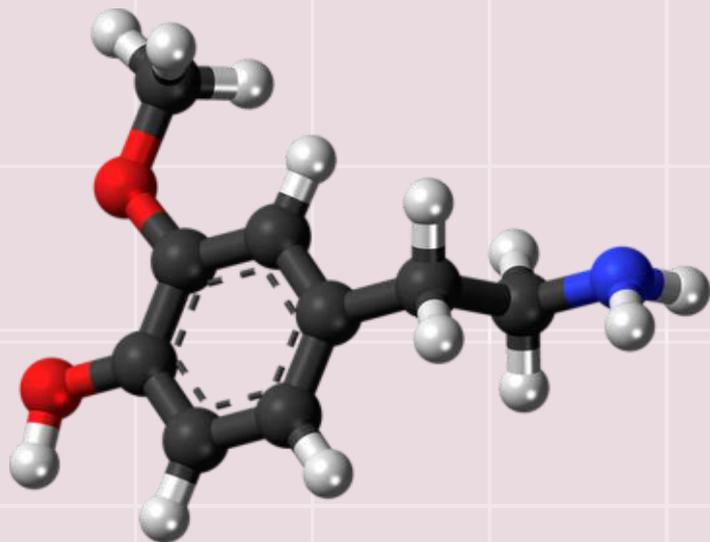
# CHEMISTRY IN ACTION CONFERENCE

'Chemistry In Action' was a brilliant experience allowing us to enjoy a range of lectures based on interesting aspects of chemistry. Lecturers from notorious universities (e.g. UCL) presented fascinating presentations regarding real world events and issues such as transportation of vaccines and nanotechnology. An AQA examiner also came in giving useful facts and tricks to use for upcoming tests which everyone found practical. Attending such lectures is valuable for mentioning on your UCAS application and CVs. It was an overall great experience, enriching our education and receiving thought provoking ideas.

**Sanjana Persand**

The Chemistry in action trip was very informative and insightful. The class was able to listen to multiple different lectures that talked about topics outside our curriculum, this consisted of: vaccine cold chains, how chemistry controls biology, nanotechnology, a demonstration with liquid nitrogen and many other demonstrations. We were also able to listen to an AQA chemistry examiner, who gave us access to many tips and tricks that will be useful in our A-level exams. But my favourite lecture was learning about the vaccination cold chain and Dr Asel Sartbaeva from the University of Bath explained her solution to this, using silica to create a tailored shell around the vaccine and prevent the denaturation of proteins. This trip was fascinating, and I encourage any future year 12 students to attend it.

**Orhan Djemal**



# STEM LEARNING

Nuffield Research Placements (NRPs) are engaging, real-life research or development projects, where talented Year 12 (or equivalent) students are placed at the heart of a UK host organisation.

In 2021, we supported over 1,000 students to begin their placements right across the UK working and collaborating alongside STEM or STEM-related professionals to study topics such as:

- COVID-19 misinformation on Twitter
- black hole 'top trumps'
- plant pathology to feed the world
- bioinformatic tools and breast cancer mutations
- how underground geology can support net-zero carbon emission goals.

A teacher from Bishopbriggs Academy, stated that for one of her students:

“the project gave her an opportunity she would not receive in school, this is why NRPs are important”. Click [HERE](#) to find out more.



## Students can take part in a placement at no extra cost

Travel costs are reimbursed, and the majority of eligible students also receive a £200 bursary.

Application deadlines vary by region but will fall between end of March to mid-April 2022. Find your regional coordinator [HERE](#).

## Student eligibility criteria

NRP focuses on high-attaining, motivated Year 12 or S5 students from first in family backgrounds and/or financially disadvantaged families.

Given this, we have a number of criteria that need to be met in order for students to be eligible to apply to the programme. Check eligibility criteria [HERE](#).



# ECO-SCHOOLS



## What are eco-schools?

We have recently enrolled on the Eco-Schools programme, which is designed to raise environmental awareness amongst young people and is run by environmental charity Keep Britain Tidy. Internationally, the programme is the largest educational programme in the world present in nearly 70 countries with millions of young people participating.



The Eco-Schools programme empowers pupils, raises environmental awareness, improves the school environment and can also lead to financial savings. It aims to put young people in charge of raising environmental awareness by planning and implementing environmental actions that get the whole school and its community involved.

## Year 7 Council members



**Hugh Murphy**

"Highlands has over 1600 students who have families which have friends and each and every one of us have a role to do to make sure our environment is one we care for and cherish."



**Filip Palkowski**

"It's not only the councillors who do this on their own, it everyone who should be participating and do our part"

## Year 8 Council members



**Lucy Lord**

"I have been invested in the wellbeing of our planet since I was younger and I worry about the future of our wonderful planet."



**George Kapas**

"In the dining hall, instead of wrapping everything in plastic we can use alternatives"

**Year 9 Council members**



**Parnia Yazdanpanah**

“Living in a generation with climate change being one of the most growing issues, we need to all become economically aware of how our school can contribute to a more sustainable environment.”



**Elizabeth Plume**

“Together with many people around the world, I stand for adjusting our habits and behaviours to become eco-friendly and more sustainable.”

**Year 10 Council members**



**Ria Rene Rodney**

“Overall keeping the earth healthy is important for the evolution and developments of all species including humans, and to ensure that our grandchildren can breathe clean air.”



**Benjamin James**

“As an eco council member, I would try my best to offer solutions and improvements to make the environment safer and healthier.”

**Year 11 Council members**



**Ava Wynter**

“I often dedicate time to research in depth concerning the devastating impacts of humans on the environment and the methods to reduce this.”



**Charlie Campbell**

“We can make small changes to our lifestyle where possible but ultimately I believe that time and energy would be better spent protesting for drastic social change.”

**Year 12 Council members**



**Yagmur Durgac**

“I care about the environment around me and everyone else at Highlands and I think becoming a part of this will help me take more action”



**Alan Petritaj**

“I believe that everybody should take steps to improve the health of our planet and this includes Highlands School.”

**Year 13 Council members**



**Maya Szymecka**

“‘Action for us’ will be based on immersing students in easy eco-friendly actions they can take themselves, this can be bringing their own reusable water bottle, and taking part in eco-council-organised charity events.”



**Christopher Cheney**

“I would love to be able to achieve this aim by working with others to: carry out an environmental review of the school collecting data to justify what is to be decided”

# FESTIVE ANNOUNCEMENTS



Highlands Parents and Friends Association

## FESTIVE RAFFLE

Enter online:  
<https://app.galabid.com/hpfaxmasraffle>

**1st Prize -**  
 Oculus Quest 2 VR Gaming Headset

**2nd Prize -**  
 Apple AirPods 3rd Gen

**3rd Prize -**  
 Festive Food Hamper

Plus many other prizes to be won!  
 All tickets must be bought before 15 December 2021.  
 The draw will take place on 16 December 2021.

**Tickets: £2 each.**  
 For queries contact us at: [HPFA.eventtickets@gmail.com](mailto:HPFA.eventtickets@gmail.com)  
 Small Society Lottery License no: LN/202100347      HPFA Charity no. 1160888

## THE HIGHLANDS WINTER WONDERLAND

As part of their coursework, the year 12 BTEC Business students will be collaboratively setting up a Winter Wonderland Themed event in order to raise money for Starlight Children's Foundation. There will be a variety of activities including Tombola, Beat the Snowman and a winter wonderland themed photo booth along with festive treats including candy canes, hot chocolate cones, gingerbread men, panettone and many more.

**This event will take place on Monday 13th December, 2021 and will be located in the main hall during lunch. Students should bring small amounts of change to spend on the stalls.**

### Starlight Children's Foundation:

Starlight uses the power of play to make the experience of illness and treatment better for children and their families. Their passion takes them to the bedsides of some of the most poorly children in the UK. In hospital, often without hope of leaving. Starlight create moments of escape from the difficult reality which seriously ill children find themselves in. To delight and distract. To entertain and enlighten. But, most of all, to restore a smile to their faces. Making moments of light when the day is at its darkest



## CHRISTMAS CARD COMPETITION WINNERS

Our headteacher, Mr McInerney met with the winners of the Christmas card competition this week to congratulate them in person. You can see the winners on the right (from right to left) in 3rd place, Daniella Ursache, 7ODC, in 2nd place, Francesca Georgiou, 7WAJ and our winner, Olivia Aristodemou, 7RVT.



## Winter Variety Show Friday 3rd December

I am delighted to report that the Winter Variety Show performance on Friday 3rd December was a massive success. We had 130 people come and watch and support the show and witness the fantastic acts and talents of the Highlands School community.

A big thank you goes out to our HPFA team for organising refreshments and also to the staff who helped to organise the event. Ms Maple created the fantastic programs, Miss Ryder did a great job as stage manager and Ms Charles and Ms Deb-Biswas played a vital role in supporting backstage. Mr Martin did a great job with the sound and lights as usual, and we are grateful for his experience.

A special thanks goes to the staff in our legendary Hearing Impaired Base who supported our hearing impaired students with their participation in the show.

We are only able to put on shows like this when students participate in clubs. Please encourage your child to sign up for the music after school clubs which are currently as follows:

**Samba drumming - Tuesday**

**Choir - Thursday**

**Orchestra - Friday**

**Guitar club - various days and times throughout the week by pre arranged appointment.**

Please contact the school if you require more information about the clubs.

We look forward to seeing you at the GCSE recital evening in March.

**Miss Brown, Mrs Miller and Miss Cazeau**



# CHRISTMAS MENU

SERVED IN THE CANTEEN ON  
TUESDAY 14TH DECEMBER

## Menu



Roast Breast of Turkey  
Or  
Vegetable and Cranberry Slice

Served with:

Roast Potatoes Broccoli and Carrots  
Gravy

Dessert:

Steamed Chocolate Sponge and Custard  
Winter Berry Eton Mess Muffin



# NOTICES

REMEMBER!




**JULIAN CAMPBELL FOUNDATION JOINS ENFIELD**

**HOLIDAY ACTIVITIES FOOD PROGRAM**

\* FREE DRAMA WORKSHOPS \*  
LIMITED SPACES!

PLEASE BOOK ON OUR WEBSITE AT  
[WWW.JULIANCAMPBELLFOUNDATION.ORG](http://WWW.JULIANCAMPBELLFOUNDATION.ORG)

Saturday 18th & Sunday 19th December  
10am - 2pm @  
Woodpecker Hall Academy, Edmonton,  
N9 8DR

Monday 20th & Tuesday 21st  
December 10am - 2pm  
@ Kingsmead School,  
Enfield  
EN1 1YQ

This programme is only available for families in receipt of benefits related free School Meals in the Enfield Borough

For more information please email  
[info@juliancampbellfoundation.org](mailto:info@juliancampbellfoundation.org)




## Medicine consent form

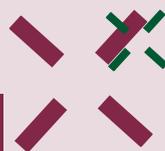
Dear parents/carers,

Please fill out our new [medicine consent form](#) for any future medical requirements for your child. This **only** needs to be completed should your child require medication.

Your child is to bring the medicine straight to the medical room once the form has been completed.

There should be one form completed for each medicine.

Many thanks,  
Highlands School



## COVID-19 update

This week we have been notified of the following positive cases. We wish everyone a very speedy recovery.

3 x year 7	2 x year 11
3 x year 8	2 x year 12
9 x year 9	3 x year 13
3 x year 10	5 members of staff

Please continue to ensure students test twice weekly from home. Masks must be worn in communal areas.

Please can you register all results using this [link](#) but you only need to report positive results to the school via the postbox email [postbox@highlearn.uk](mailto:postbox@highlearn.uk).



# NOTICES



## Behaviour update

As Christmas approaches, we would like to say thank you and well done to the students for their exemplary behaviour in school and their fantastic attitudes to learning. It has been a great term, and we are proud of everything our students have achieved. Our behaviour policy is at the core of everything we do at Highlands, not only has it contributed to excellent behaviour in lessons and uninterrupted learning, it offers the opportunity for praise and reward. This term our students have been rewarded with thousands of achievement points for a variety of reasons from excellent attitudes to learning, to acts of kindness. We look forward to seeing students' continued success next term.

**Please could we also take this opportunity to remind students of the following:**

**Lanyards** - students are expected to wear lanyards at all times, if a new lanyard is required they are available to purchase via parentpay and may be collected from the school office.

**Blazers**- please ensure your child is wearing their blazers to school. Students are required to wear blazers in and around the school building.

**Equipment** - please ensure that your child returns to school in January fully equipped with:

- **planner**
- **mini whiteboard and whiteboard pen**
- **a full pencil case (black/ blue/ green pens, pencil, ruler, rubber, glue stick, math set).**
- **Please let your child's head of year know if support is required purchasing equipment items.**

**Arrival time at school** - a gentle reminder that students are expected to arrive on site by 8:30am (gates open at 8:20). Students are late if they arrive after 8:35.

**PE kit** - students should continue to wear PE kit on days they are timetabled for a PE practical. Please ensure that your child is wearing a full PE kit.



Thank you for your continued support of the school's behaviour policy.



## Extra curricular Clubs

As a school we are delighted to offer a range of extra curricular clubs to give our students additional opportunities to lead an active and healthy lifestyle. Consequently, if your child would like to attend these extra curricular clubs we must receive parental/carer consent. These extra curricular clubs take place at the end of the school day.

Without your consent, your child will not be able to attend an extra curricular club. Should you wish to change the consent for your child for an extra curricular club then please inform the teacher of that club.

**Please note that a parental consent form must be filled out each half term in order for your child to attend an extracurricular club. This means if you have previously filled out a consent form for last term and your child wishes to join the same (or a new) club next term, then you must fill in a new consent form.**

Pupils should come to school in their school uniform unless they have PE on the day they also have an extra curricular club. The changing rooms will be opened at the end of the school day to allow pupils to change from their school uniform into their PE kit, should they need to use them.

Year 7 ed'extra is treated separately from the rest of the extracurricular timetable.

The deadline to sign your child up for an extracurricular club is Friday 7th January, 3pm. Clubs are based on a first come first serve basis except for clubs where the teacher may invite specific pupils. Email confirmation of your child's place at a club will be sent out as soon as possible after Friday 7th January.

Below is the timetable of the extra curricular clubs on offer from Tuesday 4th January to Friday 11th February.

Yours faithfully,  
**PE Department**

MONDAY					
Club	Year	Staff	Time	Venue	Maximum Capacity
Girls Football	9-11	Mrs Walters / Mrs Hutchinson	3:15 - 4:15	Sports Hall	30
Debating Club	7-13	Mr Islam	3:15 - 4:15	H6	30
Art Attack	7-8	Mrs Yiangou	3:15 - 4:15	A6	15
GCSE Art Catch Up	10-11	Mrs Chrysostomou / Mrs McCalmont	3:15 - 4:15	A7	25
Music (GCSE support sessions)	<i>Invite only</i>	Mrs Miller	3:15 - 4:15	MM5	
Music (Vocals and Instrumental)	<i>By request</i>	Ms Maple	3:15 - 4:15	Practice Rooms	

THURSDAY					
Club	Year	Staff	Time	Venue	Maximum Capacity
Table Tennis	7-11	Mr Johnson	3:15 - 4:15	Sports Hall	30
Trampoline	<i>(GCSE PE invite only)</i>	Mr Avann	3:15 - 4:45	Sports Hall	
Animation	7-9	Mr Martin	3:15 - 4:15	MM7	14
Music (Rock Choir)	7-11	Mrs Miller / Ms Maple	3:15 - 4:00	MM5	Unlimited
GCSE Art Catch Up	10-11	Mrs Chrysostomou / Mrs McCalmont	3:15 - 4:15	A7	25
Christian Faith Club	7-13	Miss Chinnery	3:15 - 4:30	H3	Unlimited

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Club	Year	Staff	Time	Venue	Maximum Capacity
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GCSE Art Catch Up	10-11	Mrs Chrysostomou / Mrs McCalmont	3:15 - 4:15	A7	25
Christian Faith Club	7-13	Miss Chinnery	3:15 - 4:30	H3	Unlimited

FRIDAY					
Club	Year	Staff	Time	Venue	Maximum Capacity
Basketball (Girls)	7-10	Ms Casimir-West	3:15 - 4:15	Sports Hall	25
Music (Orchestra)	Grade 1+ Orchestral instrument only	Mr Brunori	3:15 - 4:15	MM5	35
Music (Guitar Groups)	<i>(Invite only)</i>	Mr Hawkins	3:15 - 4:15	Music Corridor	20



Safer Schools team

Enfield and Haringey Schools Policing

Date: 16<sup>th</sup> Nov 2021.

Dear Parent or Carer,

This letter covers the concerns around the use of TikTok by children.

I would like to share with you that there have been a number of incidents in various schools where school children have been posting malicious information about school staff on social media platforms such as TikTok. On occasions this has included falsely accusing staff of criminal offences involving children.

This is very distressing to staff and their families a behaviour that is not acceptable. Please may I respectfully ask you as parents and carers for us to work together to remind your child that this is a criminal offence under the Malicious Communications Act 1988:

Where a person sends a letter, electronic communication or article of any description which conveys a message which is indecent or grossly offensive, a threat or information which is false and known or believed to be false by the sender is a criminal offence.

If a child writes something about a member of school staff which is false or grossly offensive 'just as a bit of fun' or as a rumour and then posts it on social media – they do commit a criminal offence.

The child may then be at risk of permanently excluded and/or prosecution and risk of being criminalised resulting in a criminal record which will have an impact when they apply for a job in the future.

As your safer schools police team, we work hard with your school to avoid school children becoming excluded or criminalised, but sometimes where the level of harm or distressed caused is so severe we have little choice but to follow these routes.

The importance of sharing this communication with you is for us to work together to both educate and engage with you to avoid this situation.

Please speak to your child regarding the sensible use of social media. Please consider also using parental software to restrict to manage what they can access and monitor where appropriate. A guide can be found on line. I may also look to arrange one of our schools officers to host a virtual on line awareness session to assist you.

Although this letter is focusing on TikTok the content is relevant for other risks social media poses such as your child being at risk of being exploited, bullied, and groomed on line by criminal gangs.

If your child does genuinely suspect of anyone committing criminal offences then they must report this to either a senior staff member, or the police. You or your child can also confidentially access Childline 0800 1111 [childline.org.uk](http://childline.org.uk) or report crime anonymously via the Fearless website. [Fearless.org](http://Fearless.org)

If you would like to speak further about this or seek some support /education around how to safeguard your child on social media please contact us on..

[NAMailbox-SaferSchoolsNorth@met.police.uk](mailto:NAMailbox-SaferSchoolsNorth@met.police.uk) (for schools situated in Enfield.)

[NAmailbox-SaferSchoolsSouth@met.police.uk](mailto:NAmailbox-SaferSchoolsSouth@met.police.uk) (For schools situated in Haringey.)

Yours sincerely,

Inspector Jas Kaur.

North Area Safer Schools Policing lead.

# ED-EXTRA TIMETABLE

Here is the timetable of extra curricular activities taking place from Monday 8th November - Friday 17th December.

## MONDAY

Club	Year	Staff	Time	Venue	Maximum Capacity
Girls Football	7-8	Mrs Walters / Mrs Hutchinson	3:15 - 4:15	Sports Hall	30
MFL Film Club	7-9	Ms Jutila	3:15 - 4:15	L8	30
Art Attack	8	Mrs Yiangou	3:15 - 4:15	A6	15
GCSE Art	10-11	Mrs Chrysostomou / Mrs McCalmont	3:15 - 4:15	A7	25
Catch Up					
Music (GCSE support sessions)	<u>Invite only</u>	Mrs Miller	3:15 - 4:15	MM5	
Music (Vocals and Instrumental)	<u>By request</u>	Ms Maple	3:15 - 4:15	Practice Rooms	

## TUESDAY

Club	Year	Staff	Time	Venue	Maximum Capacity
Basketball (boys)	10-13	Mr Daludado/Mr Joseph	3:15 - 4:15	Sports Hall	30
Career Development	7-10	Ms Laurenzi	3:15 - 4:15	Library	30
Lego Club	<u>7 &amp; 8 Invitation only</u>	Mr Martin	3:15 - 4:15	MM15	12
Music (Samba)	7-11	Mr Johnson	3:15 - 4:00	MM5	15

## WEDNESDAY (ED EXTRA, Year 7 Only)

Club	Year	Staff	Time	Venue
Football	7	First Goal Football	2:20 - 3:20	Astroturf
Boxing	7	'Team Mannion'	2:20 - 3:20	Canopy Field
Rugby	7	Old Grammarians RFC	2:20 - 3:20	
Basketball	7	First Goal Football	2:20 - 3:20	Sports Hall
Netball	7	England Netball	2:20 - 3:20	Playground
Street dance	7	Worlds End Productions London	2:20 - 3:20	Dance Studio
Drama	7	Worlds End Productions London	2:20 - 3:20	Drama Studio
Film making	7	Worlds End Productions London	2:20 - 3:20	M2
Technology club	7	Ms Bull	2:20 - 3:20	DT7
Cooking	7	Mrs Stevens / Mrs Rossi	2:20 - 3:20	T6
Textiles	7	Ms O'Connell	2:20 - 3:20	T4
Girls'2World	7	Ms Charles	2:20 - 3:20	E6

## THURSDAY

Club	Year	Staff	Time	Venue	Maximum Capacity
Table Tennis	7-11	Mr Johnson	3:15 - 4:15	Sports Hall	30
Trampoline	<u>GCSE PE invite only</u>	Mr Avann	3:15 - 4:45	Sports Hall	
Animation	7-9	Mr Martin	3:15 - 4:15	MM7	14
Music (Rock Choir)	7-11	Mrs Miller / Ms Maple	3:15 - 4:00	MM5	Unlimited

## FRIDAY

Club	Year	Staff	Time	Venue	Maximum Capacity
Basketball (Girls)	10-13	Ms Casimir-West	3:15 - 4:15	Sports Hall	25
Music (Orchestra)	Grade 1+ Orchestral instrument only	Mr Brunori	3:15 - 4:15	MM5	35
Music (Guitar Groups)	<u>Invite only</u>	Mr Hawkins	3:15 - 4:15	Music Corridor	20

# SAFEGUARDING

## Safeguarding contacts:

If there is a concern about a Highlands School student, please contact the school on 020 8370 1100 or email the DSL at [staysafe@highlearn.uk](mailto:staysafe@highlearn.uk).

If the school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555.

If a student is in immediate danger, call the police on 999 straight away.

The police:  
(if you are in  
danger): 999

ChildLine  
0800 1111

kooth

Support service for  
students  
wellbeing  
([www.kooth.com](http://www.kooth.com))

Multi Agency  
Safeguarding Hub:  
0300 500 80 90

Switchboard  
LGBT+ helpline

0300 330  
0630

NSPCC

Helpline: 0808 800 5000

Barnardos

Contact: 0800 008  
7005