

# Highlands School Newsletter

24 June 2022

This week two of my favourite annual events took place at school, the year 11 BBQ and the GCSE and A level art showcase. Both events took place on Thursday. The year 11 BBQ took place after the final full cohort exam and we invited all year 11 students to spend the afternoon with us on the terrace, enjoying food and soft drinks. Students had the opportunity to sign their school shirts and lots of staff came to join the students and wish them the best for the long summer ahead of them. The GCSE and A level art exhibition took place in the art department immediately after the year 11 BBQ. Art is one of the strongest departments at Highlands with students regularly producing outstanding work. I would like to thank the art department for all the work they put into supporting our students and to congratulate students on the quality of their work.

Next week on Thursday and Friday we hold our second set of DARE days. The two days of trips and visits that we held in October were a great success and we are excited about the days that are running next week. Please carefully read the following pages so you are clear about arrangements for the trips.

Have a great weekend,

Mr McInerney  
Headteacher







## DARE Days - June 2022

### What are DARE days?

DARE days take place across four days a year, two in October and two in June. Regular lessons are suspended and all students and staff take part in trips or enrichment activities. These activities are chosen carefully to support the learning in curriculum areas or to support the development of character, teamwork and confidence. We also want them to be fun and allow our students to demonstrate the values that underpin all our work: determination, aspiration, respect and equality.

Letters have been sent home on Friday 24 June with the final details for each year group and a summary of the June days is given below.

We are particularly pleased that year 10 students will be working with Cooking Champions to help provide food support to families across the borough. Every week Cooking Champions support 200 individuals by providing essential food items. We have an opportunity to help this families by bringing in items from the list below: tinned items (meat, fish, fruit, vegetables, meals), cereal, instant coffee, oil, biscuits, long life milk.

There will be a cake sale each day at break time to support the amazing work that Cooking Champions do.

### Thursday 30th June 2022 (off site): Beech and Willow Forms

Year group and trip	Meet venue	Time	Additional equipment needed	Lunch	Return time and dismissal venue
Year 7 Beech & Willow  <b>London Zoo</b>	meeting on the green space opposite Oakwood tube station behind the bus stop.	<b>8:45am</b>	full school uniform and trainers, please bring a waterproof coat in case of rain or a cap and suncream, in case of hot weather.	Packed lunch	Dismissed from Oakwood station at <b>3:35pm</b>
Year 8 Beech & Willow  <b>Westminster to Greenwich</b>	meeting on the green space opposite Oakwood tube station behind the Bus stop.	<b>9:20am</b>	full school uniform and trainers, please bring a waterproof coat in case of rain or a cap and suncream, in case of hot weather.	Packed lunch	Dismissed from Oakwood station at <b>4:45pm</b>
Year 9 Beech & Willow  <b>Centre for Experimental Military Archaeology</b>	meeting at front of school	<b>7:45am</b>	full school uniform and trainers, please bring a waterproof coat in case of rain or a cap and suncream, in case of hot weather.	Packed lunch	Returning to school at <b>4:00pm</b>
Year 10 Beech & Willow  <b>Cuffley Camp</b>	meeting in the grounds of St Peter's church, <a href="#">Vera Ave, London N21 1RG</a>	<b>8:40am</b>	School PE Kit and trainers you are willing to possibly get muddy. Depending on weather, cap and sun cream or a waterproof coat.	Packed lunch (the venue is nut free)	Dismissed at Grange Park station on arrival This should be no later than <b>3:35pm</b>

Thursday 30th June 2022 (on site): Rowan and Oak Forms

Year group	Arrival time	Where to meet staff	Lunch	End of school day
Year 7 Rowan & Oak  <b>Music challenge</b>	8:40am	Registration in the main school hall.	Normal canteen access	Students will be dismissed at 3pm
Year 8 Rowan & Oak  <b>LAUNCHPAD – Enterprise Challenge</b>	8:40am	Registration in the canteen	Normal canteen access	Students will be dismissed at 3.15pm
Year 9 Rowan & Oak  <b>STEM Challenge - Robot Revolution</b>	8:40am	Registration on the PE lines	Normal canteen access	Students will be dismissed at 3.15pm
Year 10 Rowan & Oak  <b>Cooking Champions Challenge</b>	9:00 am	Registration on the year 10 lines	Normal canteen access	Student will be dismissed at 3pm

Friday 1st July 2022 (on site): Beech and Willow

Year group	Arrival time	Where to meet staff	Lunch	End of school day
Year 7  <b>Music challenge</b>	8:40am	Registration in the main school hall	Normal canteen access	Student will be dismissed at 3pm
Year 8  <b>LAUNCHPAD – Enterprise Challenge</b>	8:40am	Registration in the canteen	Normal canteen access	Students will be dismissed at 3.15pm
Year 9  <b>STEM Challenge - Robot Revolution</b>	8:40am	Registration on the PE lines	Normal canteen access	Students will be dismissed at 3.15pm
Year 10  <b>Cooking Champions Challenge</b>	9:00 am	Registration on the year 10 lines	Normal canteen access	Student will be dismissed at 3pm

Friday 1st July 2022 (off site): Rowan/Oak

Year group and trip	Meet Point	Time	Additional equipment needed	Lunch	Return time and dismissal venue
Year 7 Rowan & Oak  <b>London Zoo</b>	meeting on the green space opposite Oakwood tube station behind the bus stop.	<b>8:45am</b>	full school uniform and trainers, please bring a waterproof coat in cast of rain or a cap and suncream, in case of hot weather	Packed lunch	Dismissed from Oakwood station at <b>3:35pm</b>
Year 8 Rowan & Oak  <b>Westminster to Greenwich</b>	meeting on the green space opposite Oakwood tube station behind the Bus stop.	<b>9:20am</b>	full school uniform and trainers, please bring a waterproof coat in case of rain or a cap and suncream, in case of hot weather	Packed lunch	Dismissed from Oakwood station at <b>4:45pm</b>
Year 9 Rowan & Oak  <b>World War 1 experience</b>  <b>Centre for Experimental Military Archaeology</b>	meeting at front of school	<b>7:45am</b>	full school uniform and trainers, please bring a waterproof coat in case of rain or a cap and suncream, in case of hot weather	Packed lunch	Returning to school at <b>4:00pm</b>
Year 10 Rowan & Oak  <b>Cuffley Camp</b>	meeting in the grounds of St Peter's church, <a href="#">Vera Ave, London N21 1RG</a>	<b>8:40am</b>	School PE Kit and trainers you are willing to possibly get muddy.  Depending on weather, cap and sun cream or a waterproof coat.	Packed lunch( the venue is nut free)	Dismissed at Grange Park station on arrival. This should be no later than <b>3:35pm</b>

## Year 11 yearbook and hoodies

We are working with Fizz-Yearbooks, the UK's premier supplier of yearbooks, to produce our year 11 yearbook and hoodies. They are sure to be a wonderful keepsake for the students to treasure throughout the rest of their lives. The cost of a yearbook is £20 and the hoodies are £22.50. This should be purchased directly from the fizz website (details below).

<https://shop.fizz-group.co.uk/>

Our School Unique ID is: 25718YR11

I have been able to extend the deadline to **26th June**. So there is still time to purchase your merchandise. All orders will be delivered directly to school for you to collect, and we will be arranging for collection to take place on results day.

We would like to ensure that all students have the chance to participate in our end of year events but understand that for some families funding an event of this kind can be difficult. Please contact Mrs Hutchinson [hutchinsons@highlearn.uk](mailto:hutchinsons@highlearn.uk) to discuss financial support towards the prom or the purchase of the other items listed above should you require it.

Please also contact Mrs Hutchinson if you wish for your child's name/photograph to be excluded from the hoodie/yearbook, or if you have any other questions.

Many thanks,  
Mrs Hutchinson  
Head of year 11

## Library - Book returns - 1 week to go

This is a final reminder that all books, text books and chrome books must be returned to the Library by the 30th June 2022, anything beyond this time will result in book deposits not being refunded. If your son/daughter has already returned their books, please ignore this message.



*Autumn Term Booking Now Open!*

**MUSIC CAN HELP US:**

- ✓ Manage stress
- ✓ Enhance memory
- ✓ Improve communication
- ✓ Express ourselves!

Lessons starting from only £7 (per week)

Closing date 10th July 2022 | <https://traded.enfield.gov.uk/musicstore>

## Music lessons - Autumn term

Autumn term music lessons are available for parents to book until 10th July. We would be most grateful if you could help us get all forms in and signed/ stamped by the school within enough time to send back before the closing date (email address below).

LAC and pupil premium students can apply for funding/support for music lessons.

Please see the attached flyer and be reminded the school will only pay the cost of group lessons, the pupil's parent/carer will pay the required top-up fee if they book 20-minute lessons.

Parents are able to book by visiting <https://traded.enfield.gov.uk/musicstore> and logging in to their account. EMS has FAQs providing up to date information on all their services and their friendly team are ready to help anyone having issues booking if they email [Enfieldmusicservice@enfield.gov.uk](mailto:Enfieldmusicservice@enfield.gov.uk). Music Lessons for Autumn 22 are available to book now! The closing date for bookings is 10th July – please visit the Music Store: <https://traded.enfield.gov.uk/musicstore>

Regards,  
Ms D Maple - [MapleD@highlearn.uk](mailto:MapleD@highlearn.uk)

### **Dance GCSE awards**



Congratulations to the GCSE Year 11 dancers who completed their GCSE course this week. Their final exam was Tuesday 21st June. Students returned to the studio after the exam to be presented various awards. Awards included the hardest working pupil, the highest mark for choreography, attending the most rehearsals, excellent effort, excellent creativity, excellent progress and performing skills awards. The pupils each received a certificate and an award to keep as a memento of their time studying for GCSE dance.

The GCSE dance course is an opportunity to be creative and complete choreographic tasks, whilst studying professional dance works and learning to analyse these in detail. The pupils complete four practical tasks and a written paper.

I am delighted to have been able to meet with the pupils today and send them off with a lasting memento of our time together. I wish them luck in everything they do.

Miss Brown

### **Medical consent**

If your child needs to take regular medication in school, please use the link [here](#) to give consent. All medications that are taken in school, must be stored in the medical room.

### **Charity fundraiser**

There will be a charity fundraiser on Sunday 3rd July in aid of North London hospice - this is being organised by a member of staff's family in memory of a relative.

Sunday 3rd July 2-6pm at Highlands school

There will be food, drink, bouncy castle and family fun - all are welcome to attend.



**More gargoyles by year 7 - this time in clay !**

Our Year 7 students have produced some wonderful clay gargoyles which are linked to the Mediaeval Art Project completed last term. This is just a selection of them but they all did a fantastic job.

Well done Year 7. Keep up the great work!



**Mental health**

We are continuously working hard to improve our understanding as a community of mental health to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please contact one of these numbers to seek support. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child. Please see details below on all the support available.

**Urgent mental health support - 24/7 crisis lines**

Every mental health trust in London has put in place a 24/7 crisis line for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 3000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590





### Safeguarding contacts

If there is a concern about a Highlands School student, please contact the school on 020 8370 1100 or email the DSL at [staysafe@highlearn.uk](mailto:staysafe@highlearn.uk).

If the school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555.

If a student is in immediate danger, call the police on 999 straight away.

### Helpful numbers and websites

**Childline:** 0800 1111

**NSPCC help line:** 0808 800 5000

**The police:** (if you are in danger): 999

**LGBT switchboard:** 0300 330 0630

**Kooth:** ([www.kooth.com](http://www.kooth.com)) support service for students wellbeing

**Multi Agency Safeguarding Hub:** 0300 500 80 90

**Barnardos:** 0800 008 7005

Talk to someone:

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel sad, anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you