



# Highlands School Newsletter

07 October 2022

Dear Parents and Carers,

This week the first inter house sports competitions started at Highlands with the semi finals of the inter house football competition. The boys in year 11 played and so did the girls in year 9. You can see the results of the matches and an update on this week's inter house competition on the following pages. Well done to Oak who have won the weekly competition for the first time. Only Beech have yet to win one of the weekly competitions this term.

I would like to remind parents and carers about the importance of good attendance. We want our attendance at school to be exceptional and, particularly in year 11, it is too low at the moment. Please make sure that students are coming to school if they possibly can. Every missed day is valuable missed learning.

Please remember that because of open evening on 17th October, school will end at 12:40pm on Monday 17th October and start at 9:55am on Tuesday 18th October.

DARE days are on Thursday 20th and Friday 21st October.

Have a great weekend,

**Mr McInerney**



## Inter house football competition

On Thursday lunchtime we held our first inter house football competition. The year 11 boys teams battled it out in the semi finals, in the first lunch and year 9 girls teams in the last lunch. You can see the winning houses in the photos below:

### Year 11 boys



### Beech 2 - 8 Oak

Goal scorers: Beech: (Jordan, Nico) Oak: (Regan(2), Max(2), Tom K(2), Harry C, Deron)

### Willow 1 - 1 Rowan (Willow won 3 - 2 on penalties)

Goal scorers: Willow: (Zachary) Rowan: (Harry)

### Year 9 girls



### Rowan 2 - 3 Beech

Goal scorers: Rowan: (Rosie, Darcey) Beech: (Shekhinah(3))

### Willow 4 - 0 Oak

Goal scorers: Willow: (Elisia(3), Emily)





## House competition weekly results

This week's overall house leader:

	Positive points	Negative Points	Points for applications	Total points
<b>Oak</b>	6420	-265	4800	10955
<b>Willow</b>	6825	-270	3200	9755
<b>Beech</b>	6096	-326	3600	9370
<b>Rowan</b>	5293	-222	2800	7871

Top students in year 7:

Forename	Surname	Form	House	Points
Annika	Trivedi	7WSS	W	102
Jahansingh	Jacques	7WSS	W	97
Danish	Farooq	7WMP	W	94
George	Efstratiou	7WSS	W	91
Owen	Smith	7WSS	W	91
Azat	Secgin	7WSS	W	90
Nurullah	Ozdemir	7WSS	W	89
Sindi	Shaban	7WSS	W	88
Aalycia	Udahemuka	7WSS	W	88
Marianna	Pallikaros	7WMP	W	87

Top students in year 8:

Forename	Surname	Form	House	Points
Diana	Tangestani	8ODC	O	150
Amanda	Kabagaya	8WAJ	W	148
Arabella	Mumba	8ODC	O	146
Christina	Hajilambi	8WAJ	W	135
Nathan	Mortimer	8ODC	O	132
Lois	Anosike	8WAJ	W	132
Elis	Cristovao	8WAJ	W	131
Radhika	Parmar	8ODC	O	129
Bana	Tahsen	8BTB	B	127
Emiliano	Vizitiu	8BYC	B	127



### Top students in year 9:

Forename	Surname	Form	House	Points
Skye	Creary	9WDD	W	160
Tailizandra	Blana	9RRS	R	146
Daniel	Malaj	9BJC	B	145
Georgia	Georgiou	9WDD	W	145
Kai	Seon	9WDD	W	144
Jack	Trautner	9WDD	W	143
Elaina	Fitzgerald	9WDD	W	142
Rozerin	Bozdag	9WDD	W	141
Luke	Smith	9WDD	W	138
Mariah	Brooks	9RNC	R	137

### Top students in year 10:

Forename	Surname	Form	House	Points
Katie	Bucknor	10RTS	R	136
Yagmur	Olcay	10OEF	O	111
Chijindu	Onukaogu	10RTS	R	107
Mika	King	10OEF	O	104
Benjamin	Gormley	10BJT	B	103
Elaine	Ho	10WKM	W	103
Beckham	Tahsen	10RTS	R	102
Connie	Wakeford	10WMT	W	102
Ella	Kufeji	10WKM	W	101
Mia	Rosen	10OMK	O	98
Dea	Kambo	10WMT	W	98

### Top students in year 11:

Forename	Surname	Form	House	Points
Harrison	Douglas	11BSP	B	140
Raphael	Richter	11BSP	B	135
Beirhan	Guyen	11WLM	W	135
Alessandro	Georgiou	11WTA	W	128
Andy	Dishnica	11WLM	W	124
Quincy	Abnett Boothe	11WTA	W	121
Joshua	Mensah	11WLM	W	120
Ahura	Sedaghat	11BSP	B	119
Melisa	Ince	11WTA	W	117
Elle	Mills	11RGA	R	116



### Top students in year 12:

Forename	Surname	Form	House	Points
Freddie	Trathen	12RSL	R	32
Alessandro	Solari	12OKA	O	31
Joseph	Bolger	12RSL	R	30
Aynur	Soyturk	12OKA	O	28
Shaynie	Griffin	12RSL	R	28
Lamisha	Hoque	12RDS	R	27
Abigail	Parris	12BAG	B	26
Emily	Muncaster	12OKA	O	25
Aristotelis	Balla	12BLR	B	24
Iona	Garrard	12RSL	R	24
Deniz	Yamasef	12WBS	W	24

### Top students in year 13:

Name	Forename	Form	House	Points
Marco	Chrysostomou	13OAL	O	33
Robert	Timis	13OAL	O	32
Leo	John	13OAL	O	31
Ilayda	Duzgun	13OAL	O	30
Alara	Yarkan	13BTD	B	29
Serena	Pia	13OAL	O	28
Ayse	Altinay	13OES	O	27
Elvana	Gashi	13RJB	R	27
Mary	Koumouris	13RJB	R	27
Edward	Burgess	13OES	O	25
Michael	Pavlou	13RJB	R	25
Andrew	Anastasiou	13WMA	W	25
Paolo	Saturnino	13WMA	W	25



## Middlesex Cup scores

Well done to all the boys who competed in the following fixtures. Unfortunate losses, but both teams played very well.

- Senior boys lost 3-1 to Latymer
- Year 11 boys lost 3-2 to Winchmore - scorers N. Anastasiou, F. Mabete.

**Mr Johnston**

## Year 7 boys rugby trials

**When:** Wednesday 12th October 2022

**Where:** On the grass field

**Times:** 2:10pm - 3:15pm (go to the field instead of your Ed Extra club)

**What to wear:** Highlands PE kit, football/rugby boots (in case the field is wet)

**How to attend:** To attend, the sign-up form must be completed. This has been sent home to all year 7 boys. Your child will only be able to attend if they have completed this form. Only students who have registered will be able to attend. If your child does not wish to take part in the rugby trials, then they must attend their Ed Extra club as normal.

## BFI London Film Festival

This week was the red carpet launch of the BFI London Film Festival, which opened with the world premier of Roald Dahl's, Matilda The Musical. Our year 10 student, Henry Wakeford worked as a cast member in the film for nine months during covid and features as a 'prefect' in the film. You can see Henry in the dance number 'School Song' with his fellow prefects when it opens in cinemas on 25th November.

Well done Henry from the year 10 team.





## Sixth form open evening

Highlands Sixth Form open evening will be taking place on 16 November 2022. More information on the event will follow soon.

## High Achievers' Evening

Oxford and Cambridge Universities, Routes into Languages and Imperial College London are all supporting Enfield High Achievers' Evening this year which will be taking place at St Ignatius College on Thursday 10 November.

Seven of our highest achieving GCSE students have been selected to attend the celebration event:

- Simrit Swatch (STEM)
- Amelie Kirkland (Linguist)
- Carys Hughes (Linguist)
- Kristiana Alexandrou
- Rayaan Kaderia
- Zeren Secgin
- Harry Theodorou

The chosen year 12 students all achieved excellent GCSEs and have the potential to gain a place to study at a Russell Group University.

There are two language awards per school that will be given by Routes into Languages for students in year 12 who have performed exceptionally well at a GCSE foreign language or asset language. There is one STEM Award per school that will be given by Imperial College London for students in year 12 who have performed exceptionally well at a GCSE in STEM subjects (science, maths, engineering and/or design and technology).

All of the students attending will receive a Certificate of Achievement from the Mayor of Enfield. The second part of the evening includes workshops for young people and parents/carers will have a Q & A session with our selected panel. Finally, there will be a careers and progression market place with representation from a wide range of universities, employers and professional bodies. Students and parents will have the opportunity to meet colleagues from these organisations, discuss opportunities and seek advice.

All students attending will have the opportunity to take part in a workshop on obtaining a place at a selective university. The workshops are run by student ambassadors from Oxford and Cambridge Universities.

**Ms Husseyin**



## Black History Month assembly

It was an absolute pleasure working with the sixth form students over the past few weeks on the Black History Month assembly. It opened up conversations about their journeys and what Black History Month meant to them. One of my takeaways from these conversations was the meaning behind 'Sunday Best' and why such importance was placed on looking presentable when going to church. One of the key messages the sixth form students wanted to relay was the importance of taking on the responsibility of researching the history; the onus being on the students to educate and learn about the history that is shared by so many at Highlands. I hope that we have started a conversation amongst the students and that this conversation is one that isn't just dedicated to one month in the year.



Ms Maple has worked extremely hard with sixth form students Ella Joseph, Imani Crawford, Natalie Manyenga, Tobe Okonkwo, Maria Shikunta, Briana Shann and Tai Ashley Fraser to produce a special feature newsletter on Black History Month, please read all about celebrating Black History across the globe: [BHM special feature newsletter](#)

**Mrs Sheikh and Mrs Halil**  
**Heads of year 13 and 12**





## Highlands Parents & Friends Association (HPFA)

The **Highlands Parents & Friends Association (HPFA)** are delighted to be hosting their first *Music Bingo* night this academic year! It will be a fun and exciting take on the classic game of bingo, with popular songs replacing the numbers on a bingo card. We are hoping for a FULL HOUSE....

To advertise this event, a financial agreement has been secured with Havilands. They have agreed to advertise the event in exchange for volunteers to accommodate an estate agent board outside their home. They will be giving the school £10 for each board. We are hoping to raise £500. Please help us by filling out this form: [Click here to volunteer](#)

**ARE YOU A BINGO FAN?**

**DO YOU LIKE MUSIC?**

**JOIN US FOR A FUN NIGHT OF MUSICAL BINGO ON 18TH NOVEMBER '22 7-9PM**

**TICKETS £5 AVAILABLE ON PARENT PAY! ALL ARE WELCOME!**

**REFRESHMENTS AVAILABLE TO PURCHASE ON THE NIGHT. YOU ARE WELCOME TO BRING YOUR OWN SNACKS!**

**CAN YOU ADVERTISE THIS EVENT WITH AN ESTATE AGENT BOARD? PLEASE LET THE HPFA KNOW BY EMAILING HPFA@HPFAEVENTTICKETS@GMAIL.COM ASAP**

**THE HPFA WILL RECEIVE £10 PER BOARD. BINGO!!!**

**Support the HPFA, support your school!**



## HPA meeting dates

2022/2023		
HPFA Meeting Dates		
Date	Agenda	Time
13 Oct '22	AGM & Treasurers Report	6 - 7:30pm
10 Nov '22		6 - 7pm
8 Dec '22	Social Event	TBC
12 Jan '23		6 - 7pm
9 Feb '23		6 - 7pm
9 Mar '23		6 - 7pm
13 Apr '23		6 - 7pm
11 May '23		6 - 7pm
8 Jun '23		6 - 7pm
13 Jul '23	Social Event	TBC

## Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

## Immunisations

On Thursday 13th October, the Enfield Immunisation Team will be at Highlands to carry out the influenza vaccinations for years 7 - 9. eConsent forms have been sent out. Thank you to those who have consented.



## Next week's PSHE topics

The table below outlines what each year group will study in PSHE next week.

PSHE lessons w/b 10th October 2022

<b>Year 7</b>	Personal safety and emergency situations
<b>Year 8</b>	Addiction and managing influences
<b>Year 9</b>	RSE: Consent and the law
<b>Year 10</b>	Stress management
<b>Year 11</b>	CVs and covering letters
<b>Year 12</b>	Balancing part-time work and education
<b>Year 13</b>	Tax and deductions

## Vacancies - non teaching

<b>IT Technician</b> NJC Scale 3 (actual salary: £22,575 p.a. inc.) Required: as soon as possible	
<b>Hours</b>	Full time (36 hours x 52 weeks per year) Typical working hours are 8am - 4pm
<b>Annual leave entitlement:</b>	Between 24 and 29 days (with a significant proportion expected to be taken during school holidays).
<b>Reporting to:</b>	IT Network Manager
<a href="#">View full job description</a> and <a href="#">download support staff application form</a> More information regarding this post can be found on our website: <a href="#">Highlands School vacancies</a> Deadline for applications is: <b>9am on Monday 10th October 2022</b>	



## Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

### Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590





## Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at [staysafe@highlearn.uk](mailto:staysafe@highlearn.uk). This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

## Helpful numbers and websites

**Childline:** 0800 1111

**NSPCC helpline:** 0808 800 5000

**The police:** (if you are in danger): 999

**LGBT switchboard:** 0300 330 0630

**Kooth:** [www.kooth.com](http://www.kooth.com) - support service for students wellbeing

**Multi Agency Safeguarding Hub:** 0300 500 80 90

**Barnardos:** 0800 008 7005

## Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

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