



Highlands School Newsletter

14 October 2022



This week Ms Sheikh and I interviewed and appointed our head students and deputy head students for this year. These students are key members of our student leadership teams, they support the school at important events and they feed back issues and ideas to me on behalf of all our students. You can see a photograph of me with the students at the top of this page. The head students are Tyreece Green-Barban and Dina Michael. The deputy head students are Ella Joseph, Orhan Djemal, Imani Crawford, Briana Shann and Vanshi Gunesh. You can read a short welcome message from the head students on page 3

Today marked the end of the first half term's inter house competition. Willow are the champion house and will have a special celebration event at 10:30am on Wednesday morning next week. Well done to all of the students who have made the first half term of our relaunched house system such a success. We relaunched our house system because we want to foster a sense of community, belonging and fun at school. Not only has feedback from students and parents been very positive, we have seen a sharp reduction in the number of serious behaviour incidents and suspensions at school. Although not all of these behaviour improvements can be attributed to the house system, we do believe that it plays a part in making all of us feel positive and proud about being at school. For example this week two top students in year 10, Marcia and Keren, helped to pick up litter in the school yard. This earned their house points, and also made our school environment a more pleasant place to be. Next half term there are even more events at school with houses leading assemblies, fundraising at break times, taking part in the inter house quiz in assemblies and students participating in departmental competitions. At Highlands our stated goal is to provide a world class education and be an example of excellence to other schools and with our house system, we will do this.



Supporting the HPFA

The Highlands Parents & Friends Association (HPFA) is a charity that raises money for important projects at school. In the past they have paid for mini buses, the outdoor canopy area and the sixth form study centre. They will be hosting their first Music Bingo night this academic year on 18th November. It will be a fun and exciting take on the classic game of bingo, with popular songs replacing the numbers on a bingo card. We hope lots of you will attend.

To advertise this event, a financial agreement has been secured with Havilands. They have agreed to advertise the event in exchange for volunteers to accommodate an estate agent board outside their home. They will be giving the school £10 for each board. We are hoping to raise £500. Please help us by volunteering to have a board in your garden, you can do this by filling out this form: [Click here to volunteer](#)

Attendance

In my message to you last week I mentioned that students' attendance to school needs to improve. This is still the case, and I strongly encourage all parents and carers to set the expectation with their children that they attend school on time, everyday. In recognition of students with 100% attendance and to encourage other students to improve their attendance, we have introduced an attendance reward system that starts next week. Please read the information further on in this email about how this reward system will work.

C codes and internal exclusions

The vast majority of students behave exceptionally well every day and this is reflected in the thousands of achievement codes our students receive each week. We celebrate and reward students' positive behaviours through our weekly house reward systems and our half termly rewards system.

We have reviewed our sanctions for students who receive two or more C codes in any one day, for disruptive behaviours in lessons and/or around the school building. After half term we will be introducing a new escalated detention for these situations. Please read the information further on in this email about how these detentions will work.

Dates for your diaries:

Please remember that because of open evening on 17th October, school will end at 12:40pm on Monday 17th October and start at 9:55am on Tuesday 18th October.

DARE days are on Thursday 20th and Friday 21st October.

We have a two week October half term and school restarts on Monday 7th November.

Have a great weekend,

Mr McInerney



Sixth form open evening

Our Sixth Form open evening will be taking place on 16 November 2022, 5.30pm - 8.30pm. Our sixth form is amongst the highest performing in London by attainment and progress with students moving on to outstanding universities and post 18 courses.

Year 11 students and their families are invited to attend. We will ask those attending to register to attend via a registration form. This will be available on our website next week.

Please note that there will be three different sessions taking place at 5.30pm, 6.30pm and 7.30pm. If you would like to attend, you will need to register for one of the following sessions. Each session will include a 20 minute presentation by the headteacher, director of sixth form and head students, followed by a student-led tour of the school.

We are all looking forward to welcoming you to our school.

Head students



Over the last few weeks, year 13 students were given an opportunity to apply for head student roles. Mr. McInerney and I were blown away by the calibre of the applicants this year, we had 25 applicants in total and they were put through a gruelling interview process. Students gave fantastic responses and brought excellent ideas to the table as to how the school could be improved.

A massive well done to all students who now form the sixth form leadership team.

Mrs Sheikh



A message from our head students



My name is Tyreece Green-Barban and it is a pleasure to be appointed to the role of head student. I am currently studying A level Mathematics, Economics and Computer science.

I would like to thank Mr. McInerney and Mrs Sheikh for believing in me and allowing me to have this prestigious role. I hope to demonstrate my leadership skills within the school community. I believe that this is the perfect role for me as I have drive, determination, my persistent work ethic and excellent communication skills with teachers and peers, which are necessary skills to be able to change this school for the better. When you hand good people possibility, they do great things. Let's take our school to the greater height of success.



I'm Dina Michael and I am currently in year 13 studying Politics, English literature and PE at A level. I applied for the role of head student because I believed that I could make a positive difference to the school, educationally and environmentally. To make the school an even better place, I would like to implement quiet study areas for younger students in the school and raise money for recycling bins to make the school greener. I am honoured to be selected as Head Student, and I will do my best to make a positive impact to the school.



House competition weekly results

This week's overall house leader:

	Positive points	Negative Points	Points
Rowan	5942	-222	5720
Willow	5827	-278	5549
Beech	5495	-236	5259
Oak	4939	-220	4719

This half term's overall winner: well done to Willow!

	Points
Willow	38535
Beech	34403
Oak	33428
Rowan	32775

Top students in year 7:

Forename	Surname	Form	House	Points
Aiden	Adeoye	7WMP	W	116
Annika	Trivedi	7WSS	W	115
Danish	Farooq	7WMP	W	111
Sindi	Shaban	7WSS	W	111
Azat	Secgin	7WSS	W	110
Marianna	Pallikaros	7WMP	W	104
Mollie	Abrahams	7WSS	W	104
Nnaemeka	Onukaogu	7WSS	W	104
George	Efstratiou	7WSS	W	104
Ardil	Kalayci	7WMP	W	102
Ozan	Orman	7WSS	W	102
Lucian	Hayden	7WSS	W	102
Jahansingh	Jacques	7WSS	W	102



Top students in year 8:

Forename	Surname	Form	House	Points
Arabella	Mumba	8ODC	O	177
Amanda	Kabagaya	8WAJ	W	170
Diana	Tangestani	8ODC	O	164
Emiliano	Vizitiu	8BYC	B	154
Liya	Ali	8BTB	B	153
Nathan	Mortimer	8ODC	O	151
Christina	Hajilambi	8WAJ	W	151
Elis	Cristovao	8WAJ	W	150
Lois	Anosike	8WAJ	W	149
Radhika	Parmar	8ODC	O	148

Top students in year 9:

Forename	Surname	Form	House	Points
Kamilah	Abib	9RRS	R	194
Skye	Creary	9WDD	W	190
Daniel	Malaj	9BJC	B	186
Tailizandra	Blana	9RRS	R	180
Georgia	Georgiou	9WDD	W	178
Alfie	Horn	9WDD	W	172
Mariah	Brooks	9RNC	R	170
Rozerin	Bozdog	9WDD	W	170
Luke	Smith	9WDD	W	169
Tyrae	Best-Daley	9BJC	B	166

Top students in year 10:

Forename	Surname	Form	House	Points
Katie	Bucknor	10RTS	R	157
Elaine	Ho	10WKM	W	145
Yagmur	Olcay	10OEF	O	131
Dea	Kambo	10WMT	W	128
Benjamin	Gormley	10BJT	B	127
Beckham	Tahsen	10RTS	R	124
Chijindu	Onukaogu	10RTS	R	123
Ella	Kufeji	10WKM	W	122
Baran	Kaygisiz	10RTS	R	121
Lydia	Wright	10OMK	O	120
Athanasios	Aristidou	10WKM	W	120



Top students in year 11:

Forename	Surname	Form	House	Points
Raphael	Richter	11BSP	B	175
Harrison	Douglas	11BSP	B	166
Beirhan	Guven	11WLM	W	161
Alessandro	Georgiou	11WTA	W	154
Andy	Dishnica	11WLM	W	147
Elle	Mills	11RGA	R	145
Ahura	Sedaghat	11BSP	B	143
Joshua	Mensah	11WLM	W	142
Melisa	Ince	11WTA	W	136
Eneida	Luganskyte	11OPR	O	134

Top students in year 12:

Forename	Surname	Form	House	Points
Freddie	Trathen	12RSL	R	42
Deniz	Yamansef	12WBS	W	42
Maria	Shikunta	12BAG	B	35
Emily	Muncaster	12OKA	O	35
Alexia	Kyriakou	12WBS	W	35
Eleanor	Dagger	12OSQ	O	32
Iona	Garrard	12RSL	R	32
Alexis	Kosta	12BLR	B	31
Alessandro	Solari	12OKA	O	31
Ellie	Nicolaou	12OKA	O	31
Daisy	Peterson - Keith	12OSQ	O	31
Alex	Stelmach	12RDS	R	31
Joseph	Bolger	12RSL	R	31



Top students in year 13:

Name	Forename	Form	House	Points
Tai	Ashley Fraser	13BTD	B	36
Robert	Timis	13OAL	O	36
Briana	Shann	13BTD	B	35
Marco	Chrysostomou	13OAL	O	35
Ilayda	Duzgun	13OAL	O	34
Ella	Joseph	13BTD	B	33
Leo	John	13OAL	O	33
Hannan	Cali	13BTD	B	32
Alara	Yarkan	13BTD	B	31
Paolo	Saturnino	13WMA	W	31

House captains

On Monday we welcomed our new cohort of house captains by hosting a ‘meet and greet’ between our senior leaders and them. This gave the captains a chance to introduce themselves to each other, eat some cake and share their ideas and thoughts about how we could make our school even better.

We are delighted to have appointed over 35 house captains across all four houses and look forward to working with them this year on addressing our collective school priorities- equality and diversity, sport, performance, the environment, wellbeing and social action.





Inter house football competition

On Thursday lunchtime the inter house football finals took place. In the first lunch, the year 11 boys semi-finalists, Willow and Oak battled it out on the astroturf to see who would be crowned inter house football champions. Both teams played extremely well but Willow were the better team, beating Oak 1-0. Well done Willow!



Goal scorers: Willow:(Jayden Koy)

Rowan and Beech played for third and fourth positions. Rowan beat Beech 3-1, taking third position.
Goal scorers: Rowan: (Karan Singh, Yotuel Rosales, Rayan Dimitrov) Beech: (Baran Cambaz)

In the last lunch, the year 9 girls final took place. Both Beech and Willow played extremely well. A tight game left both teams level in a 1-1 draw. Beech managed to steal victory after beating Willow in a penalty shoot-out. Well done Beech!





Goal scorers: Beech: (Shekhinah GITU) Willow: (Elisia Huetson-Varnava)

Rowan finished third in the play-off against Oak, beating them 4-0. Goal scorers: Rowan: (Darcey(3) Kamillah)

Netball

The year 9 and 10 netball teams have played a number of netball league games over the last couple of weeks. Last week both the year 9 and year 10 teams beat Winchmore 3-2 and 6-1 respectively. The year 10 girls continued their winning streak, beating Edmonton County 5-1.

This week, the year 9 team unfortunately lost to Heron Hall, however, a triumphant 16-0 win over Heron Hall by the undefeated year 10 team, means they are through to the final round of the league next week. Well done to all the players, everyone at Highlands wishes the year 10 team the best of luck.



Year 10 and senior netball tournaments

On Wednesday 12th October the year 10 and senior teams took part in the annual borough netball tournaments at Latymer.

The senior team was made up of a mixture of year 11-13 girls who were playing together for the first time. They played some really good netball to beat St Ignatius and Kingsmead but unfortunately lost to St Anne's and Latymer.

Off the back of some great form in the league competition, the year 10 team beat Southgate, St John's and a very strong Enfield County team to make it to the final where they played Latymer. The girls played some excellent netball in the rain, to be crowned borough champions! Well done girls, we are very proud of you.



Mrs Walters



U13 girls' football Middlesex Cup first round



The year 7 and 8 girls played their first round of the Middlesex Cup against our local rivals Wren Academy. From start to finish the girls dominated the whole game winning comfortably 8-0 with three goals from Millie Huetson-Varnava, three goals from Hannah Cullen on her debut, one goal from Naomi Clark and another from Sienna Margolis - also on her debut. They will now go on to play Winchmore in the second round. Well done girls!

Team: Antonia Charalambous, Amelie Hon, Nicole Kozinos, Izzy Cruden, Faye Etuazim, Lily Howard, Elize Savva-Farak, Millie Huetson-Varnava, Hannah Cullen, Naomi Clark, Sienna Margolis, Xahrie Silvera, Cecily Dickinson and Amelia Nicolou.

U16 girls Middlesex Cup

On Tuesday 11th October the U16 girls' football team made of year 10 and year 11 students, played in the first round of the Middlesex Cup against Alexandra Park School. The game was very tight, finishing 4-4. Highlands then went on to win 4-2 in a nervy penalty shoot-out. A special mention to Mia Rosen who stepped in to play in goal in the second half and then went on to save two penalties in the penalty shoot-out. Well done to all the girls who played.

Year 8 football result

Following a tight game, our year 8 boys' football team lost 3-5 to Winchmore. The boys played a great game, well done to all the players.

Player of the Match: Tyler K

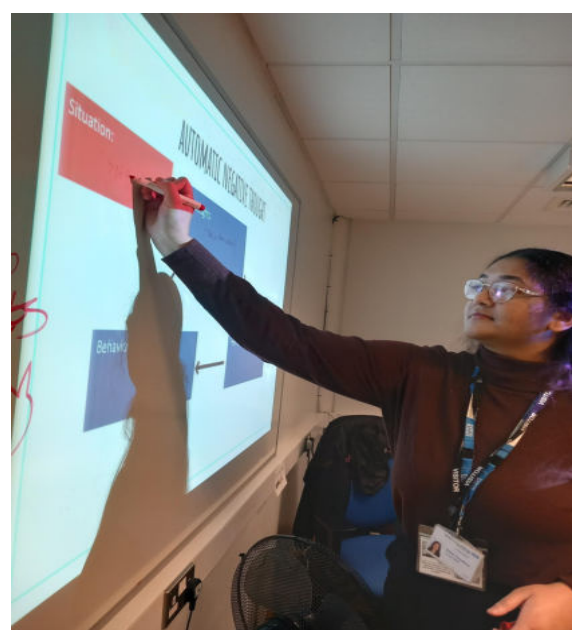
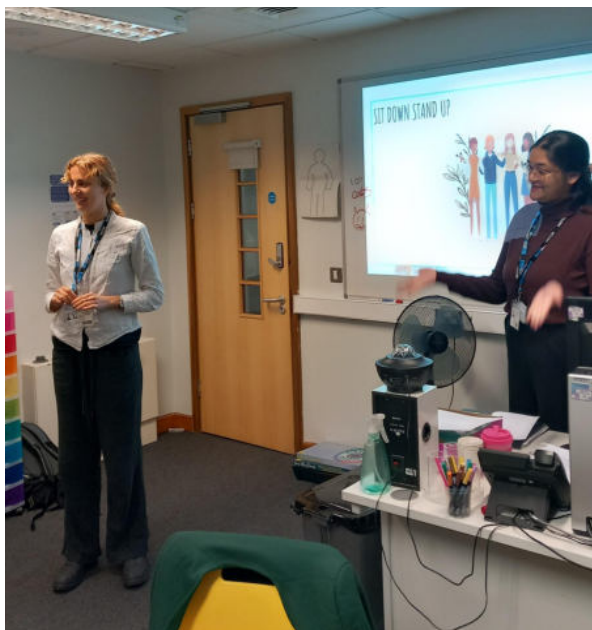
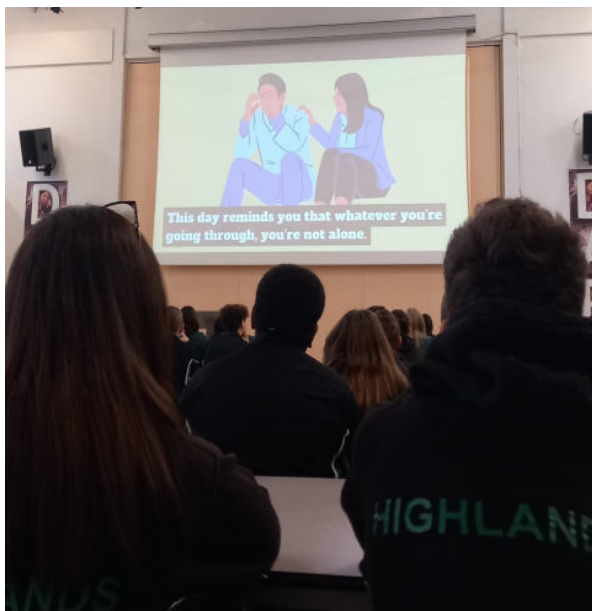
Mr Avann



World Mental Health Day

This week we celebrated world mental health day. Our fantastic mental health lead students Isabella Gormley and Eleanor Smith supported the preparation and delivery of assemblies to all year groups. The assembly focused on the importance of making mental health a number one priority. Strategies to support positive mental health and the support available to students were the primary focus of the assembly.

We also invited school wellbeing practitioners from My Young Mind Enfield (MYME), a mental health support team working across schools in Enfield to deliver special sessions on anxiety to a select group of students. Please read our special feature newsletter on [Mental Health Awareness](#)





Detention system update

As mentioned in the headteacher's message at the start of the newsletter, we have reviewed our behaviour systems for students who receive more than one C2/C3 code in a school day.

- All students who receive **two or more C2s/C3s in one day** for classroom and/or corridor behaviour will do **two detentions** after school totaling one hour and 15 minutes (this starts after half term). This will start after half term.

Detention 1) The usual 30 minute after school detention, and then also

Detention 2) A 45 minute escalated detention with a deputy headteacher on another day that week. In the detention students will discuss their behaviour with the deputy headteacher.

Here are some examples of the behaviours that will lead to students receiving two detentions.

- **Negative behaviours in lessons such as**
 - Not following instructions after a reminder of expectations
 - Disruptions to learning
 - Rudeness to staff
 - Chewing gum
 - Eating in lessons
- **Negative behaviours in the corridor or around the school building**
 - Pushing other students
 - Pushing into the lunch/break queue
 - Talking on the lines
 - Unsafe behaviour
 - Loitering (hanging around and not going to lessons)
 - Lateness to lessons
- **A mobile phone seen/heard during the school day**

If a student has an escalated detention with a deputy headteacher, parents and students will receive notification of this.

All other aspects of our behaviour policy remain the same.

Thank you for your support.

The pastoral team

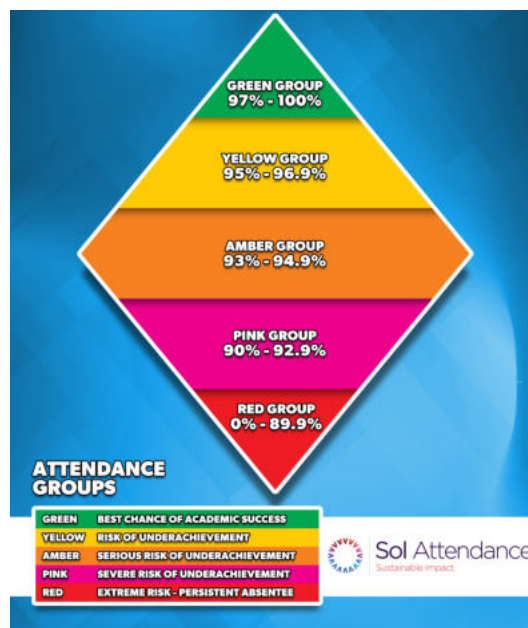


Attendance and punctuality update

Earlier in the term we shared some information with parents and carers about the importance of excellent attendance and punctuality to school, as well as some guidance on our systems and processes around attendance.

Below is our attendance diamond, which was previously shared with parents and carers. This diamond categorises attendance into colour groups to identify where a students' attendance may be of concern.

Next week you will receive a letter to inform you of the colour category for your child's current attendance percentage. We appreciate that many students have had absences due to illness, or other unavoidable circumstances. It is, however, an important part of our process to regularly communicate this information to you.



Attendance rewards programme

We are pleased to announce that from next week we will begin to recognise and reward attendance for many of our students. We are running a series of competitions to reward those who have excellent attendance, but to also offer all students the opportunity to be rewarded for improving their attendance going forward.

We will be celebrating the tutor groups with the highest attendance figures, as well as the most improved tutor group each week with achievement points that will go towards our inter-house competition.

We will also be running a prize draw for students who achieve 100% within a week. This will refresh each week, therefore, if a student was absent for an unavoidable reason, they will have another opportunity to be part of the draw should they attend for 100% of the following week. We hope this will encourage all students to attend school every day, but also recognises the significant number of students who have excellent attendance to school already.

How parents and carers can help

- Not booking holidays in term time - written requests must go to the headteacher before any travel arrangements are made.
- Not taking your child out of school unless in exceptional circumstances.
- Ensuring any medical appointments are booked outside of school hours where possible.
- Always contacting the school to let us know where your child is and why they are absent.
- Always encouraging your child to attend school.
- Encouraging excellent punctuality and setting good routines, as persistent lateness will affect their attendance.



Black History Month

An African Abbot in Anglo-Saxon England

To commemorate Black History Month in the United Kingdom, today we remember one of the Africans who lived in Anglo-Saxon England.

Abbot Hadrian was an African scholar in Anglo-Saxon England and was from Cyrenaica, a Roman/Byzantine province in North Africa.

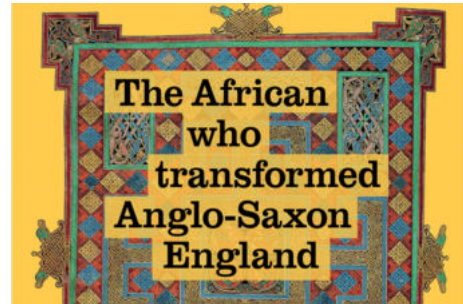
The man in question was Hadrian (d. 709), the abbot of St Peter's and St Paul's at Canterbury, who played a pivotal role in the development of church structures in what is now England.

This is nowhere more apparent when it comes to the history of the Church, especially in the person of St Hadrian – or Adrian – of Canterbury. An African by birth and abbot at the end of the 7th century, Hadrian epitomises the international, even multicultural, character of the Anglo-Saxon Church.

His multiple talents were instrumental in turning his abbey – and the wider Anglo-Saxon Church - into an intellectual and cultural powerhouse of the medieval world.

Hadrian died in 709 and was buried at his abbey where he was venerated as a saint. His relics were rediscovered during building works in 1091 and placed in a specially constructed shrine.

Ms Maple





Careers

Work experience within the legal sector is very hard to come by so we are really excited to be able to share this opportunity with you. This is for students in years 9, 10, 11, 12 and 13, taking place during half term.

brownejacobson^{LLP}

On Tuesday 25th October from 9:00am - 4:30pm, FAIRE will host an online student legal work experience day, then from 6:00pm - 7:00pm a parent / guardian session.

If you're interested in a career in the legal profession, this event will give you access to insights, knowledge, a network of contacts and career advice that you won't get anywhere else. You will hear from industry experts on all aspects of the law.

The line-up of confirmed speakers includes:

- Chris Daw QC (clients include the rich and famous)
- Sultana Tafadar QC, HSBC in-house legal team
- Laurie-Anne Power QC
- Justin Farrance (GROW Mentoring CEO and A&O Lawyer)
- Holly Moore (ITV Legal Apprentice)
- Lubna Shuja (incoming President of The Law Society)
- Browne Jacobson and the wider UK legal profession

You will receive a certificate of completion that you can add to your CV, UCAS applications and future job interviews.

Click on the following link to sign up: [The Browne Jacobson Law Work Experience](#)

Parent / guardian session

Following on from the student event, there will be a shorter parent / guardian event that will discuss different careers within the legal industry, legal apprenticeships and where to find them and a Q&A session at the end. Sign up to the parent session using the link above, where you will join the event via the same zoom link. More information will be sent to you prior to the event.

Countryside Partnerships - Virtual Work Experience Monday 24th October

Interested in learning about careers within housebuilding? The Destiny programme with Countryside will be perfect for you. This varied virtual programme will cover a range of roles within the business, including construction, quantity surveying, technical, sales, marketing, customer service and more. Please note the programme starts on 24th October and applications close on 19th October. Sign up [here](#) to register.





Are you interested in a career in Business, Accounting or Finance?

Young professionals are running a Business, Accounting and Finance Work Experience Day for students in years 9, 10, 11, 12 and 13, during the upcoming half-term holiday, Monday 24th October from 9am-5pm - virtually via Zoom.

This event will not only give students an incredible insight into what a career in Business, Accounting or Finance can look like, but it will also give students a hands-on experience during interactive workshops and sessions. Students will receive a certificate of attendance for their CV and will also have the opportunity to win exciting prize giveaways on the day.

Some of the biggest and most influential Finance and Accounting firms will be joining, including Mazars, CIMA, Grant Thornton, PwC, KPMG and CIMA. This is going to be a hugely popular and informative event.

Application Link: [Business-Accounting-Finance-WEX](#)



Would you like to become an Enfield Youth Council member and a UK Youth Parliament member?

The 2023 Enfield Youth Elections (EYE) will be held between the **16th – 26th January 2023**. This will be a fantastic opportunity for students to take part in local democracy and to ensure they have a voice in decision making within Enfield. Enfield Council is committed to creating a lifetime of opportunity for everyone in Enfield, and an essential part of this work is to support and empower young people in the borough.

What will the elected Enfield Youth Council Members do? And why should students get involved?

Elected members are extremely important to Enfield Council. They will sit on the Enfield Youth Council which will meet monthly, working on various campaigns, projects and initiatives to make Enfield a better place for young people.

- Members will meet regularly to hold debates and plan campaigns at least three times a year locally and twice on a national level, which includes the annual debate within the Houses of Parliament in the Chamber of the House of Commons every November.
- Young people will represent the views of children and young people in Enfield at national level.

Please see the Enfield Youth Elections webpage for more information: [Enfield Youth Elections - Youth Enfield & Inspiring Young Enfield](#)

For further information related to careers, students can access [Highlands Careers \(CEIAG\)](#), which also includes information for parents and carers.



Highlands Parents & Friends Association (HPFA)

The **Highlands Parents & Friends Association (HPFA)** are delighted to be hosting their first *Music Bingo* night this academic year! It will be a fun and exciting take on the classic game of bingo, with popular songs replacing the numbers on a bingo card. We are hoping for a FULL HOUSE....

To advertise this event, a financial agreement has been secured with Havilands. They have agreed to advertise the event in exchange for volunteers to accommodate an estate agent board outside their home. They will be giving the school £10 for each board. We are hoping to raise £500. Please help us by filling out this form: [Click here to volunteer](#)

ARE YOU A BINGO FAN?

DO YOU LIKE MUSIC?

JOIN US FOR A FUN NIGHT OF MUSICAL BINGO ON 18TH NOVEMBER '22 7-9PM

TICKETS £5 AVAILABLE ON PARENT PAY! ALL ARE WELCOME!

REFRESHMENTS AVAILABLE TO PURCHASE ON THE NIGHT. YOU ARE WELCOME TO BRING YOUR OWN SNACKS!

CAN YOU ADVERTISE THIS EVENT WITH AN ESTATE AGENT BOARD? PLEASE LET THE HPFA KNOW BY EMAILING HPFA@HPFAEVENTTICKETS@GMAIL.COM ASAP

THE HPFA WILL RECEIVE £10 PER BOARD. BINGO!!!

Support the HPFA, support your school!



Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Lunch accounts

Please check your child's lunch account weekly to ensure that they have enough credit to pay for the week. If you get a reminder your child has run out of money, please credit enough to pay that deficit as well as enough to pay for lunches.

FREE: Year 10 and 11 Computing Taster Day for Girls - Weds 26 Oct

Dare to flourish

- Join staff and students from the Department of Computing to learn more about studying computer science at Imperial College London.
- Watch presentations by our world-leading female researchers, try your hand at programming in our computer labs, get to meet other girls studying computer science, and find out more about the range of careers you can pursue as a computer scientist.
- This free workshop is for school-aged pupils in Year 10 and 11 who identify as female or non-binary.
- No prior experience (or interest) in computing is required.
- You do **not** need to currently be studying computer science to apply.
- For more information and to sign up, visit your Year group Google Classroom or speak to Mr Davies.



Imperial College
London

Determination Aspiration Respect Equality



Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590





Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

 Twitter [@Highlands_sch](https://twitter.com/Highlands_sch)

 Instagram [@highlandssch](https://www.instagram.com/highlandssch)

 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands_School_Enfield)