



Highlands School Newsletter

9 December 2022



The main piece of news we are announcing today is the launch of our new school uniform; you can see an image of some of our students wearing it above. We have created a video and a brochure to explain why we have introduced a new uniform, why we think it is an improvement on our old one and how we will support any families who request financial assistance with purchasing new items. All this information can be accessed on the next page of this newsletter.

Today I announced the winner of the weekly, half termly and overall inter house competitions. Beech were successful on all fronts, narrowly ahead of Willow and Rowan. There's all to play for as we move into term two in January!

We held our annual Christmas jumper day and Christmas dinner on Thursday this week, thanks to all students and staff for their support. We also finished our house bake sales which raised, in total, over £1,250 for charities. Our relaunched house system is transforming the day to day experience of school and also raising money for good causes.

Please note that we have an early finish next Friday for the end of term, students will be released at 11:45am.

Dates for your diary:

- End of term: Friday 16th December (students released at 11:45am)
- First day of term: Tuesday 3rd January 2023
- Year 11 parent and carer evening: Wednesday 11th January 2023

Have a great weekend,

Mr McInerney, Headteacher



New Highlands School uniform

In September 2023 Highlands will launch a new school uniform.

Our new uniform not only looks great, it is cheaper than the old one, more environmentally friendly (it is made of recycled materials) and is gender neutral.

The uniform will be worn by the students who join us in year 7 in September 2023 and by the students currently in years 7, 8 and 9. The current year 10 students will keep the old uniform when they join year 11.

The school has set aside money to buy items of the new uniform for families who request it. We will not allow any families to be financially disadvantaged by having to buy new uniform items for September 2023.

We started the process of reviewing our uniform when, as Highlands School approached its 20th anniversary in 2020, the governors felt it would be a good time, with school leaders, to take a look at all aspects of our school and ask what we should change, what we should keep and what we should improve.

We posed these questions to students, parents and carers, staff, governors and even members of the public who live near our school. We learned a lot about perceptions of Highlands.

Overall, there was a feeling that the school's identity was closely linked to the school setting, surrounded by trees and parkland. The colour green was popular, as was the acorn, the school logo. However, there was a view that the uniform was a bit dated and items, particularly the blazer, was expensive when compared with other schools.

This September we launched our new school logo, new logos for each of our houses and a new green colour scheme. We have fantastic new artwork and banners around the school building reflecting the modern, dynamic and successful school we are. The next phase of this work is updating our uniform.

We are delighted and excited to share our new uniform with families and the school community and we look forward to seeing students wearing it in September 2023.

[Click here](#) to read our new school uniform brochure for more information.

[Click here](#) to view our new school uniform video.

A special thank you to Arabella Mumba in year 8, Faye Etuazim, Beatrice Findlay, Elias Xenophontos and Abiola Babalola in year 7, who were exemplary students for the new uniform launch.



House competition weekly results

This week's overall house winner:

	Beech	Oak	Rowan	Willow
Positive points this week	4611	4154	3942	4568
Negative points	-319	-370	-204	-316
Points overall	4292	3784	3738	4252

This half term's overall winner:

Half term	Beech	Oak	Rowan	Willow
Positive points this half term	20460	20511	19570	19844
Negative points	-1255	-1408	-903	-1374
Points overall	19205	19103	18667	18470
KS4 girls football	3000	4000	1000	2000
Y8 boys football	2000	1000	4000	3000
Y7 quiz	3000	2000	1000	4000
Y8 quiz	4000	1000	2000	3000
Y9 quiz	3000	1000	4000	2000
Y10 quiz	3000	2000	4000	1000
Year 10 boys football	3000	2000	4000	1000
Year 8 girls football	1000	2000	3000	4000
Bake sales	3501	2903	3051	3089
KS3 student leaders	1700	2000	1500	1500
Total	46406	39006	46218	43059

Well done to Beech house who have won this term's house competition. All Beech students will enjoy a special celebration next Wednesday.



Top students in year 7:

Forename	Surname	Form	House	Points
Oliver	Dhillon	7OAC	O	287
Aiden	Adeoye	7WMP	W	270
Chloe	Shi	7WMP	W	236
Annika	Trivedi	7WSS	W	234
Nea	Petritaj	7WSS	W	231
Beatrice	Findlay	7BAM	B	228
Sena	Oguz	7WSS	W	228
Anaiya	Dhaliwal	7WSS	W	227
Nnaemeka	Onukaogu	7WSS	W	225
Samaah	Abbas	7WMP	W	223

Top students in year 8:

Forename	Surname	Form	House	Points
Arabella	Mumba	8ODC	O	364
Ruby	Magrun	8BYC	B	341
Gabrielle	Russell	8BYC	B	338
Melisa	Spahia	8BYC	B	333
Sadie	Baker	8BYC	B	320
Luke	Shearman	8ODC	O	320
Joseph	Smyth	8BYC	B	313
Hugh	Murphy	8BYC	B	313
Taraneh	Kheradmandi	8BYC	B	309
Kalia	Sibomana	8BYC	B	308



Top students in year 9:

Forename	Surname	Form	House	Points
Kamilah	Abib	9RRS	R	390
Skye	Creary	9WDD	W	376
Daniel	Malaj	9BJC	B	368
Tailizandra	Blana	9RRS	R	356
Tyrae	Best-Daley	9BJC	B	347
Evie	Whitbread	9WDD	W	347
Georgia	Georgiou	9WDD	W	347
Alfie	Horn	9WDD	W	340
Nataniel	De Almeida	9WDD	W	339
Aaliyah	Udahemuka	9BJC	B	338

Top students in year 10:

Forename	Surname	Form	House	Points
Elaine	Ho	10WKM	W	252
Prue	Musah	10RTS	R	241
Katie	Bucknor	10RTS	R	240
Benjamin	Gormley	10BJT	B	239
Yagmur	Olcay	10OEF	O	234
Arda	Aslan	10OMK	O	234
Athanasios	Aristidou	10WKM	W	228
Beckham	Tahsen	10RTS	R	226
Sophie	Bernasconi	10BJT	B	223
Baran	Kaygisiz	10RTS	R	219

Top students in year 11:

Forename	Surname	Form	House	Points
Eneida	Luganskyte	11OPR	O	295
Beirhan	Guyen	11WLM	W	270
Raphael	Richter	11BSP	B	267
Elle	Mills	11RGA	R	254
Harrison	Douglas	11BSP	B	246
Daniel	Drysdale	11WLM	W	244
Alessandro	Georgiou	11WTA	W	244
Ahura	Sedaghat	11BSP	B	241
Andy	Dishnica	11WLM	W	235
Callum	Grant	11OPR	O	231



Top students in year 12:

Forename	Surname	Form	House	Points
Deniz	Yamansef	12WBS	W	64
Rayaan	Kaderia	12BAG	B	59
Rachel	Lok	12BLR	B	59
Freddie	Trathen	12RSL	R	59
Aristotelis	Balla	12BLR	B	58
Emily	Muncaster	12OKA	O	58
Alexia	Kyriakou	12WBS	W	54
Maria	Shikunta	12BAG	B	51
Eleanor	Dagger	12OSQ	O	50
Iona	Garrard	12RSL	R	50

Top students in year 13:

Forename	Surname	Form	House	Points
Paolo	Saturnino	13WMA	W	63
Robert	Timis	13OAL	O	54
Ilayda	Duzgun	13OAL	O	54
Ethan	Rees	13OES	O	54
Marco	Chrysostomou	13OAL	O	51
Serena	Pia	13OAL	O	50
Briana	Shann	13BTD	B	49
Ella	Joseph	13BTD	B	47
Ayse	Altinay	13OES	O	47
Oliver	Cook	13WMA	W	46



Willow bake sale

The Willow bake sale took place this week where selected Willow students worked hard to raise as much money as possible for their chosen charity.

The bake sale generated £308.98. Congratulations and well done to all those students and staff involved in coordinating the event.





Weekly 100% attendance winners

Each week, all students who have had 100% attendance for the week, will be entered into a draw to win a £10 voucher. One student will be drawn to win a £30 voucher. Here are this week's winners:

Year 7 weekly winners: <ol style="list-style-type: none">1. Elizabeth Nlewedim2. Kyle Hendricks3. Olivia Anastasiades4. Mya Calica5. Amalia Lamarca6. Ez Rangel Patrizzi7. Kourosch Salehi8. Adem Ucar-Batili9. Thomas West10. James Lindsey	Year 8 weekly winners: <ol style="list-style-type: none">1. Elliz Arkin2. Sofia Bazurto Alvear3. Daniel Boztas4. Thomas Constantinou5. Yesim Hussein6. Anastasi Kyriacou7. Isabella Savage8. Havin Uludag9. Owen White
Year 9 weekly winners: <ol style="list-style-type: none">1. Rozerin Bozdag2. Darcy Dundridge3. Eliz Hodger4. Sufyaan Kaderia5. Agatha Kyprianides6. Daniel Malaj7. Emre Mistiki8. Emily Palkowska9. Nick Agyeman-Duah10. Joao Do Nascimento	Year 10 weekly winners: <ol style="list-style-type: none">1. Rain Kurt2. Ayoub Massfih3. Igor Kusz4. Isabella Burt5. Alex Hunt6. Rio Martin-Perez7. Lola Matthews8. Lana Rushton9. Aydun Salih10. Spyros Yiallourous
Year 11 weekly winners: <ol style="list-style-type: none">1. Shayla Mayers2. Ami Ellwood3. Eneida Luganskyte4. Ally Griffith5. Kyrian Keliris6. Sami Alvis7. Emelina Kourreta8. Kyreese Stoute9. Daniel Drysdale10. Adora Nwokeji	Winner of the £30 voucher: Kerem Albayrak (year 8)



Under 13s girls Middlesex Cup football



A massive well done to the girls who participated in the last 16 of the Middlesex Cup on Tuesday against Winchmore School. From start to finish the girls displayed excellent football skills outplaying their opponents. They went on to beat Winchmore comfortably 10 - 0, well done to all the players.

Antonia Charalambous, Nicole Kozinos, Izzy Cruden, Naomi Clark, Amelie Hon, Lily Howard, Faye Etuazim, Cecily Dickinson, Millie Heutson-Varnava (4), Amelia Nicolou, Hannah Cullen (3), Sienna Margolis (2), Eliz Savva-Faruk (1).

The girls will now face Alexandra Park in the quarter final of the Middlesex Cup. Good luck to you all.

Mrs Hutchinson

Ed Extra spring term

All parents and carers would have received an email on Monday 5th December asking all year 7 students to complete a sign up form for their spring term Ed Extra club.

The deadline to complete the sign up form is Friday 9th December at 4pm.

This term's final Ed Extra session will take place on Wednesday 14th December.

Ed Extra will start after the Christmas break on Wednesday 4th January. Your child will be informed of their new Ed Extra club for the spring term on Wednesday 4th January.

Ed Extra Team



It's beginning to look a lot like Christmas...

Highlands have enjoyed a fun, festive week full of Christmas delights. Our Christmas tree is now up and sitting beautifully in the school entrance. With thanks to Pinnacle, our facilities management provider for donating this. Students and staff enjoyed a spectacular Christmas lunch prepared by the fabulous Chartwells school caterers and the school also raised money for charity by having a Christmas jumper day where both staff and students were encouraged to wear Christmas jumpers in exchange for a £1





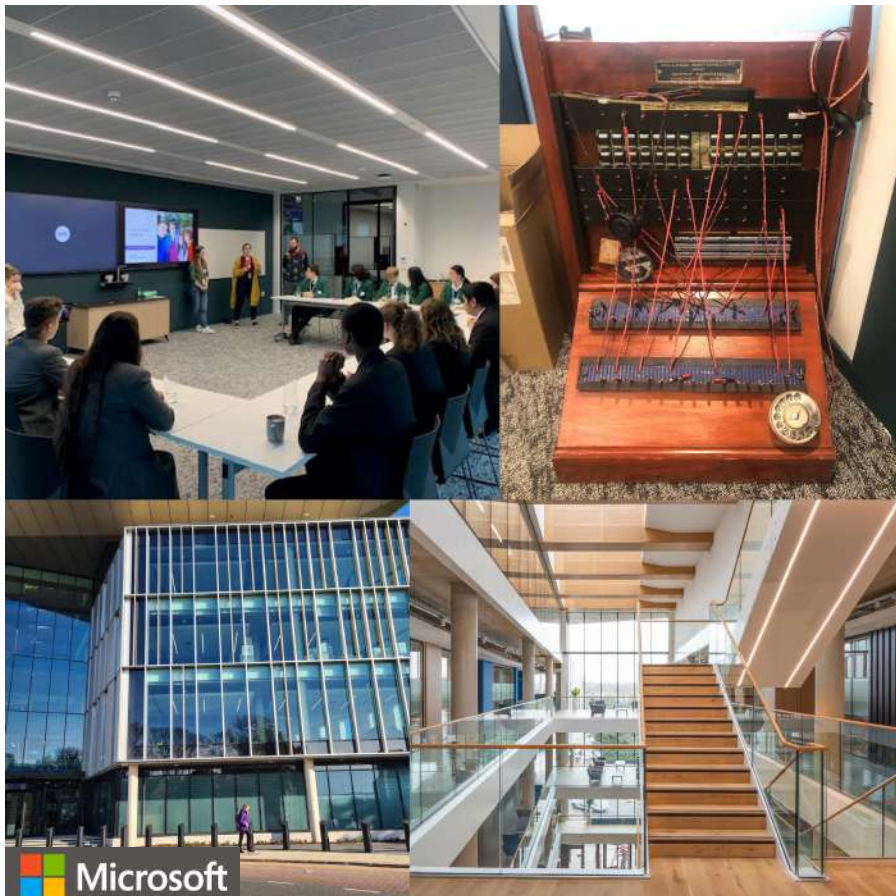
Microsoft outreach day



Students: Suleyman Tunc, Alex Lo, Charlie Dowle, Megha Pithia and Elaine Ho.

Last Friday, a small group of year 10 students attended an outreach day at the newly built, global headquarters of Microsoft, in Enfield Town, who have acquired Metaswitch Networks to boost Microsoft's range of offerings for the telecommunications industry as it moves to 5G technology.

Students participated in a talk from software engineers, to learn about their career journey and what their roles entail. They also took part in an interactive demo including testing-based puzzles. This was followed by a tour of the five-storey building, which provides a modern workspace for cutting edge software development, including a rooftop conference centre, full-height atrium, collaboration workspaces, quiet rooms and game rooms. The day ended with workshops in Interview techniques, creating CVs and cover letters.





NHS Careers untapped

Are you interested in a career in the NHS?

The NHS will be running three webinars showcasing lesser-known careers in healthcare, focusing on corporate roles.



The series of webinars will cover a variety of careers including facilities, radiography and project management to name a few! Working for the NHS doesn't mean you have to be a doctor or nurse, and the aim of this event is to show you how other careers contribute to the wonderful healthcare service.

This webinar is for young people aged 13-18, anyone interested in understanding careers in healthcare is free to attend. The first webinar will be on 13th December starting at 4:30pm. To register please click [here](#)

Get Active and Tuck In holiday activities programme

Enfield Council Youth Development Service are providing fantastic free activities and hot meals during the winter break. There are three holiday camps running at:



Craig Park: Mon 19 Dec - Thu 22 Dec, 11am - 3.30pm

Ponders End: Mon 19 Dec - Thu 22 Dec, 11am - 3.30pm

Croyland: Tue 20 Dec - Fri 23 Dec, 11am - 3.30pm

The four day camps are aimed at young people aged 11-16 and currently receiving free school meals (limited places for young people not on free school meals, please book now). The Camps will be packed with a range of activities to choose from such as drama, music, arts and crafts, sports and many more.



If interested, please book using this link: [GET ACTIVE](#)

Further information related to Careers, students can access the [Highlands Careers \(CEIAG\)](#), including information for parents and carers.

Jack Petchey Outstanding Achievement Award

Highlands student Joshua Lincoln was awarded the Jack Petchey Outstanding Achievement Award at Police Cadets this week. Well done Joshua, your family and everyone at Highlands School is very proud of you.





Sixth form applications

Internal applications

We are starting the process of applications to Highlands Sixth Form 2023, whereby students will need to indicate which subjects they would like to study by filling out the following form: [Highlands Sixth Form - Early indication form](#). This initial survey is to indicate subject preferences for the sixth form. Students must complete this form by **Monday 12th December**.

Please note that this is **not** the application form. On 16th January, students will meet with a member of senior staff where they can discuss their pathways. Staff will then submit students' internal application forms. Students' pathways will be discussed with reference to their predicted grades and in conjunction with the information that students provided in the internal survey. This will take place the week after the year 11 parents evening on 11th January 2023.

Please note the following dates below:

- Early indication form: deadline: **Monday 12 December 2022**
- Year 11 parent/carer evening: **Wednesday 11 January 2023**
- Year 11 sixth form progression meetings, via the school cloud, with the senior leadership team. This will include the completion of your sixth form application: **Monday 16 January 2023**
- Conditional offers are made: **April 2023**
- Induction day: **July 2023 (Date TBC)**
- GCSE results day and sixth form enrolment: **Thursday 24 August 2023**

External applications

For all external applications, please visit our [website](#) for more information and apply using the following link: [Highlands Sixth Form External Applications](#).



THE HIGHLANDS WINTER WONDERLAND

As part of their coursework, the Year 12 BTEC Business students will be collaboratively setting up a Winter Wonderland Themed event in order to raise money for The British Heart Foundation. There will be a variety of activities including Festive Cakes, biscuits, sweets and drinks and a winter wonderland themed photo booth along with festive treats.

This event will take place on **Monday 12th December, 2022** and will be located in the **main hall during lunch**. Students should bring small amounts of change to spend on the stalls.

British Heart Foundation:
We fund around £100 million of research each year into all heart and circulatory diseases and the things that cause them. Heart diseases. Stroke. Vascular dementia. Diabetes. They're all connected, and they're all under our microscope.

**Thank you for your continued support on this annual event
From Business Department**





PSHE

What are students studying next week?

The table below outlines what each year group will study in PSHE next week.

PSHE lessons Friday 16th December

Year 7	The effects of nutrition and exercise
Year 8	County lines
Year 9	Assessing risk and personal safety
Year 10	Sexism
Year 11	Extended assembly and house quiz
Year 12	Extended assembly and house quiz
Year 13	RSE: Unplanned pregnancy and choices

2022/2023		
HPFA Meeting Dates		
Date	Agenda	Time
8 Dec '22	Social Event	TBC
12 Jan '23		6 - 7pm
9 Feb '23		6 - 7pm
9 Mar '23		6 - 7pm
13 Apr '23		6 - 7pm
11 May '23		6 - 7pm
8 Jun '23		6 - 7pm
13 Jul '23	Social Event	TBC



Help fundraise money for our school

If you are shopping on Amazon for the festive season, please consider switching to Amazon Smile to raise money for the School.

It's easy, just log on and search for your chosen charity - Highlands Parents and Friends Association and shop as usual!

Can you shop on Amazon Smile to help fundraise for your school?



The Highlands Parents and Friends Association is a registered charity and aims to raise funds to benefit Highlands School pupils.

- It's **simple to shop** on Amazon Smile and it **raises money for the HPFA**.
- Amazon Smile donates 0.5% of the purchase price of eligible products to the HPFA.
- **It's the same products and prices** and experience as shopping on the main Amazon site.
- To **sign up for Amazon Smile**, visit **www.smile.amazon.co.uk**.
- To **shop at Amazon Smile**, simply visit **www.smile.amazon.co.uk** on your **computer, mobile or tablet**.
- Search for **'Highlands Parents and Friends Association'** in the **'pick your own charity'** search bar on the right-hand side of the screen.
- **Click to accept us as your chosen charity** and you're ready to start shopping!
- If you have **any questions or need further help** in accessing Amazon smile, **please get in touch with the HPFA**.



HPFA festive raffle

The HPFA presents a fabulous festive raffle! Tickets are £2 each to buy, [click here](#) to enter the raffle with the chance of winning some fantastic prizes.

Good luck!

The HPFA PRESENT A FABULOUS...

Festive Raffle

TICKETS £2 EACH ENTER ONLINE:
[HTTPS://APP.GALABID.COM/HPFACXMASRAFFLE2022](https://app.galabid.com/hpfacxmasraffle2022)

Top prizes:

- XBOX SERIES S CONSOLE
- £100 LOVE TO SHOP VOUCHER
- LUXURY FOOD AND DRINKS HAMPER
- II FALCONE INTERIOR DESIGN CONSULTATION OR VOUCHER
- BUCKLE AND VAUGHAN VOUCHER

Plus many more great prizes!

TICKET SALES CLOSE ON 14TH DECEMBER '22
 RAFFLE DRAWN ON 15TH DECEMBER '22

GOOD LUCK!

SUPPORT THE HPFA, SUPPORT YOUR SCHOOL!

SMALL LOTTERY LICENSE NO: 1N202200525



Highlands School Winter Concert - this evening - Friday 9th December!

This evening Highlands School will be putting on a Winter Concert showcasing music and dance performances by students across all year groups. Tickets are available for purchase via ParentPay or can also be purchased this evening on the door. We hope you can all make it





FOOD BANK

All welcome



Southgate Mosque Food Bank warmly welcomes **ALL** guests who need to use the food bank in the Southgate and surrounding area

WE ARE OPEN EVERY

MONDAY 10AM - 12PM

THERE IS NO NEED FOR A VOUCHER OR REFERRAL.
PLEASE BRING BAGS WITH YOU.

**SOUTHGATE HOUSE, HIGH STREET,
SOUTHGATE, N14 6BS**
(DURANTS SCHOOL ENTRANCE, OPPOSITE BARNET
& SOUTHGATE COLLEGE)



www.southgatemosque.co.uk
07709038211



SCAN ME

HAF Enfield Winter 2022

19th - 23rd December and 28th - 30th December

FREE* places available in Enfield's Holiday Activities and Food (HAF) programme this winter, visit <https://hafenfield.co.uk/> to book today or email haf@enfield.gov.uk for more information

Ages 4-16

*Free for those in receipt of benefits related free school meals

Arts & Crafts
Get Active
Free nutritious meals
Cooking
Day Trips
Plus much more!

<https://hafenfield.co.uk/>

www.enfield.gov.uk



Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.



Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Urgent and other support available

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or visit [Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline
Open 24 hours, on the phone, anytime

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX
Specialist support for under 25

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

koath

Koath is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

 Twitter [@Highlands_sch](https://twitter.com/Highlands_sch)

 Instagram [@highlandssch](https://www.instagram.com/highlandssch)

 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands_School_Enfield)