



Highlands School Newsletter

26 May 2023



Dear Parents and Carers,

As you will read in the newsletter below we presented our students with a wide range of awards and rewards this week. We give out certificates for students who have achieved very high numbers of achievement points, to members of our clubs and societies and to Beech House, for winning the inter house competition for the previous term.

Today is the final day of the half term and I would like to wish all members of the school community a very restful break. We look forward to welcoming students back to school on Monday 5th June. Don't forget that from that day onwards, students can wear our summer polo shirt if they wish (details below).

Dates for your diary:

- Monday 5th June: first day of new half term
- Thursday 29th and Friday 30th June: DARE Days 3 and 4
- Wednesday 5th July: Sports Day
- Thursday 13th July: summer music concert
- Friday 21st July: end of term and end of the academic year

Have a great weekend,

Mr McInerney, Headteacher



House competition weekly results

The winner this week is the house of **the student with the most achievement points this year so far.**

Well done to Arabella for being the first student to pass the 1,000 achievement point mark and for winning this week's reward for her house Oak. Go Arabella!

Position	Forename	Surname	Form	House	Points
1	Arabella	Mumba	8ODC	O	1003
2	Tyrae	Best-Daley	9BJC	B	921
3	Aaliyah	Udahemuka	9BJC	B	913
4	Luke	Smith	9WDD	W	875
5	Evie	Whitbread	9WDD	W	860

Top students in year 7:

Forename	Surname	Form	House	Points
Oliver	Dhillon	7OAC	O	666
Tyanna	Ferreira	7OAC	O	618
Aiden	Adeoye	7WMP	W	611
Warren	Kelly	7OAC	O	594
Taylor	Berndes	7OAC	O	572
Ceren	Turkkorur	7OAC	O	569
Adalane	Angate	7OAC	O	568
Max	Rich	7OAC	O	557
Dennis	Erdogan	7OAC	O	544
Samaah	Abbas	7WMP	W	535

Top students in year 8:

Forename	Surname	Form	House	Points
Arabella	Mumba	8ODC	O	1003
Radhika	Parmar	8ODC	O	827
Ruby	Magrun	8BYC	B	802
Gabrielle	Russell	8BYC	B	794
Luke	Shearman	8ODC	O	784
Melisa	Spahia	8BYC	B	782
Taraneh	Kheradmandi	8BYC	B	758
Joseph	Smyth	8BYC	B	752
Kaitlyn-Marie	Ewan	8OSM	O	752
Hugh	Murphy	8BYC	B	748



Top students in year 9:

Forename	Surname	Form	House	Points
Tyrae	Best-Daley	9BJC	B	921
Aaliyah	Udahemuka	9BJC	B	913
Luke	Smith	9WDD	W	875
Evie	Whitbread	9WDD	W	860
Emma	Simon	9BJC	B	854
Daniel	Malaj	9BJC	B	851
Skye	Creary	9WDD	W	835
Alfie	Horn	9WDD	W	822
Nataniel	De Almeida	9WDD	W	821
Wolfram	Butler	9WDD	W	799

Top students in year 10:

Forename	Surname	Form	House	Points
Benjamin	Gormley	10BJT	B	544
Arda	Aslan	10OMK	O	542
Sophie	Bernasconi	10BJT	B	539
Rakibe	Halili	10BRD	B	535
Prue	Musah	10RTS	R	499
Alkeo	Xhamxhiu	10OMK	O	468
Elaine	Ho	10WKM	W	467
Tamer	Tarik	10WKM	W	463
Yagmur	Olcay	10OEF	O	454
Beckham	Tahsen	10RTS	R	453

Top students in year 11:

Forename	Surname	Form	House	Points
Beirhan	Guyen	11WLM	W	578
Eneida	Luganskyte	11OPR	O	550
Daniel	Drysdale	11WLM	W	509
Jack	Young	11OPR	O	502
Raphael	Richter	11BSP	B	496
Andy	Dishnica	11WLM	W	462
Alexandros	Savva	11OPR	O	454
Alessandro	Georgiou	11WTA	W	445
Ethan	Strickland	11WLM	W	441
Ellie-May	Bailey	11RGA	R	439



Top students in year 12:

Forename	Surname	Form	House	Points
Emily	Muncaster	12OKA	O	167
Rayaan	Kaderia	12BAG	B	154
Rachel	Lok	12BLR	B	144
Alexia	Kyriakou	12WBS	W	143
Hollie	Burkett	12OSQ	O	137
Deniz	Yamansef	12WBS	W	133
Iona	Garrard	12RSL	R	132
Aisling	Brennan	12WBS	W	129
Kristiana	Alexandrou	12RDS	R	122
Louise	Georgiou	12OSQ	O	109

Top students in year 13:

Forename	Surname	Form	House	Points
Paolo	Saturnino	13WMA	W	122
Ilayda	Duzgun	13OAL	O	99
Robert	Timis	13OAL	O	95
Oliver	Cook	13WMA	W	95
Laveen	Omar	13OES	O	89
Mihaela	Grosu	13BTD	B	80
Clara	Eboue	13RJB	R	76
Ethan	Rees	13OES	O	75
Athena	Luxton	13RJB	R	74
Ayse	Altinay	13OES	O	73



Beech half term house winners!

Congratulations Beech on a fantastic victory, you have been crowned house champions for this half term. Well done to all of the Beech students and staff who worked extremely hard to earn those vital house points, earning them a well deserved treat this week.

Go Beech!



House bake sales

After the great success of our house bake sales in the autumn term, we will be holding some more next term to help raise money for our chosen charities. Don't forget to add these dates to your calendar. Start practising those baking skills! Who will raise the most money this time?

- Tuesday 20th June- Willow bake sale
- Thursday 22nd June- Oak bake sale
- Tuesday 27th June- Rowan bake sale
- Wednesday 28th June- Beech bake sale



DARE Achievement awards

We are proud to announce that hundreds of students were awarded rewards certificates for their achievements last term and this term. Students were awarded the Bronze, Silver, Gold, Platinum and Headteacher awards for their hard work throughout the term and we are delighted to reward them for their efforts.

Congratulations to all the students who received certificates, we hope you continue to strive for excellence throughout your time here at Highlands and we look forward to seeing your continued success in the future.





Athlete of the week - former Highlands student excels in America

It brings us immense joy to share the incredible journey of one of our former students - Oliver Francis, who moved to America two years ago and has since become a true star on the Shorecrest football team and helping the Chargers win a state title the past two seasons.

Shorecrest Preparatory School welcomed Oliver right away, and the track and field coaches recruited him for discus, a sport he had no experience in. His head coach described him as always being 'positive' and 'has that great energy to give everything he had'.

His dedication, skill, and hard work have not only earned him a place in the team but also the title of 'Athlete of the Week'.

We extend our warmest congratulations to Oliver for his well deserved recognition. We will continue to cheer him on as he continues to make waves on the track and football field! Well done Oliver.



Sixth Form induction day

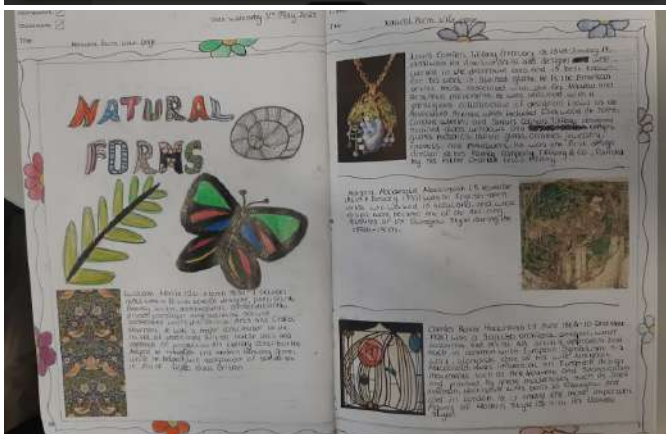
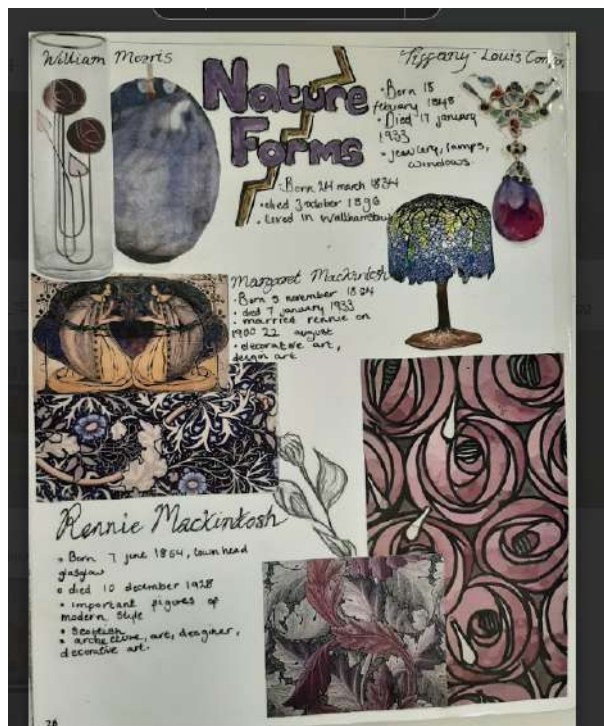
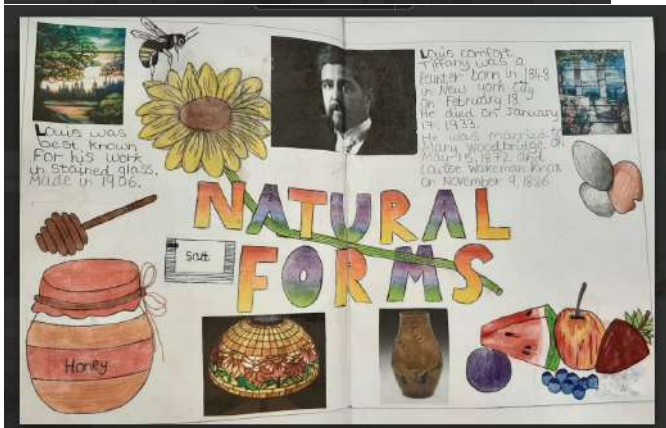
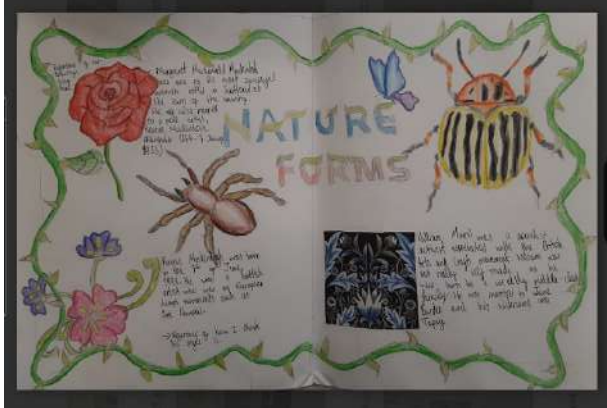
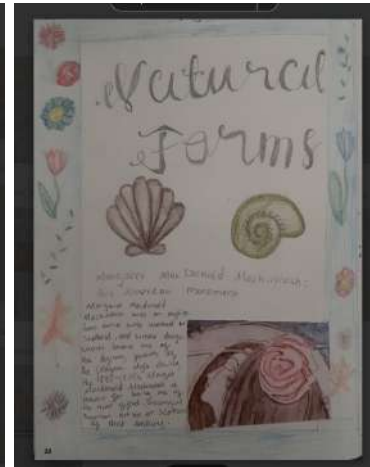
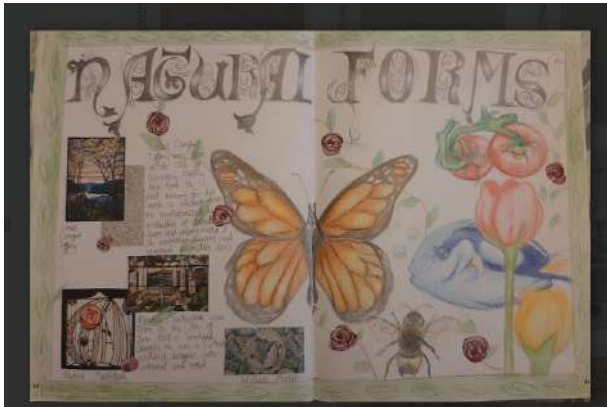
There will be a sixth form induction day for all the year 11 internal applicants on **21st June**. A gentle reminder to all parents/carers who received an invite, to complete the Google form confirming if their child is able to attend the event.





Year 7 'Natural form' artwork

Feast your eyes on these stunning title page creations inspired by the theme 'Natural form'. Our year 7 students captured the essence of natural forms with their extraordinary artwork. From delicate flowers to creepy crawlies, their creativity knows no bounds.





Year 9 ceramic vessels

Our talented year 9 students drew inspiration from the renowned architects Antoni Gaudi and Friedensreich Hundertwasser to create stunning ceramic vessels. Students handbuilt these impressive vessels with the coiling or slabbing technique, and used coloured slip to decorate them. Well done year 9s, they are truly beautiful.





Robotics Coding Club Winners

Last term, the year 7 lego coders were given the challenge to create, build and code an eco-friendly transportation robot.

The competition was tight making it a difficult decision to reach, as all the designs were exceptionally creative and innovative. All students demonstrated great teamwork and built on lots of new skills. After delivering their presentation and demonstrating their robot, they clearly met all the outcomes in the project brief, including a pre-recorded commercial.



A decision was made that all the students were winners and were presented with certificates and their prizes. Well done!





British Science Week - Winners presentation

The winners of British Science Week competitions were presented with their certificates and prizes this week. Well done to you all, what a fantastic achievement!



Matilda Gant, 9OAB, Sumiya Mohamed, 9RRS, Lucy Lord, 9RNC, Mohammed Sheikh, 8RTC, Daniel Horea, 8RKH, Ermioni Tsantikou, 8OSM



Sindi Shaban, 7WSS, Isabel Antoniou, 7BAM, Mehmet Hassan, 7OFD



Free Data Science and AI Programme - The Brilliant Club & The Alan Turing Institute

A fantastic opportunity for **year 12 students**. The Brilliant Club will be partnering with The Alan Turing Institute to run a series of Data Science and Artificial Intelligence weeks taking place over the following dates.

- 24th - 28th July
- 7th - 11th August
- 21st - 25th August

Through an exciting programme of practical learning, activities and challenges, participants will get hands-on experience supported by experts in the field and be introduced to the huge range of study and career options in data science and AI, including the intelligence agencies and defence. The Turing Summer Experience is supported by the UK's intelligence agencies MI5, GCHQ and SIS MI6 and the Ministry of Defence (the Defence AI Centre and DSTL).

Participants will receive financial support for travel to the venue and a free breakfast and lunch each day.

[Click here](#) to find out more about the project.

To apply, students should complete [the application form](#) as soon as possible and before the final deadline at 9am on Monday 3rd July.

The Turing Summer Experience

Find out more about how the UK intelligence agencies and defence organisations use data science and artificial intelligence to help keep the country safe

Three weeks to choose from across July and August 2023; ages 16-17 years

Free breakfast and lunch supplied. Support with travel expenses will be provided

Experts and guest speaker panels

Teamwork and challenges

Data understanding and critical thinking

Why attend?

- Solve problems with other likeminded young people with hands-on application of learnt skills
- Visit Bletchley Park, famous for being the top-secret home of World War Two codebreakers
- Learn how to collaborate using online tools such as GitHub
- Get advice about future study and work opportunities and how to talk about your experience on a job application
- Find out about the wide range of career paths in the sector, including in defence and security

[Apply now](#)

In partnership with:



The Brilliant Club



DAIC
DEFENCE AI CENTRE



dstl
The Science Centre



GCHQ



SECURITY SERVICE
MI5



SECRET INTELLIGENCE SERVICE
MI6



Empowering future NHS workers

A weekend packed with opportunities for students in all year groups considering a career in nursing, midwifery, or allied healthcare.

Virtual Get into Nursing Conference

Saturday 3rd June 9:30am - 12:30pm

Students are invited to the virtual Get into Nursing conference, where they will gain insight on how to enter the nursing profession. Crucial topics will be covered such as personal statements, applications, interviews, securing work experience, and what it's truly like to be a nurse.

[Get into Nursing Conference registration link](#)

Virtual Get into Midwifery Conference

Saturday 3rd June 2pm - 5pm

Chief Midwife Mentor Tanya will be hosting the Virtual Get into Midwifery Conference, sharing her own experiences as a midwife and offering tailored advice to aspiring midwives on personal statements, applications, interviews, and gaining relevant work experience.

[Get into Midwifery Conference registration link](#)

Virtual Allied Healthcare work experience

Sunday 4th June 10am - 5pm

The next session for the NHS Healthcare work experience programme launches on Sunday 4th June. A strong record of work experience is essential for all applications to healthcare careers, including nursing, midwifery, paramedicine, occupational therapy, radiography, and many more.

[Work experience registration link](#)

Students can attend a Get into Nursing or Midwifery Conference AND enrol on the next NHS Healthcare Work Experience session for £15, [click here](#) to register.

Tickets for each conference are £10, and every work experience session is £10. If students wish to attend a conference and enrol on the work experience session, choosing the bundle above saves £5.

Dr Len



Summer polo shirts

From Monday 5th June until the last day of the summer term on Friday 21st July, students can wear our new Highlands School summer polo shirt.

- The summer polo shirt was added to our school uniform following feedback from students that they wanted a lighter and more comfortable summer shirt option.
- The summer polo shirt can only be worn after May half term and until the end of the summer term.
- The summer polo shirt is optional.
- Only the Highlands School polo shirt, purchased from the school uniform shops, can be worn. No other types of polo shirts are permitted.
- Students who wear the summer polo shirt do not have to wear a school jumper or a blazer, but may do so if they wish.
- Students who choose not to wear the summer polo shirt must wear the usual school uniform (shirt, blazer, tie with collared shirts).



the early bird catches the worm

Early Bird DISCOUNT

online at www.smithsschoolwear.co.uk

Smiths schoolwear



This is your **last chance** for an online discount this Summer.

We don't want our customers to put themselves through the stress of the last minute uniform rush and miss out on savings. Parents are busy people, so we're offering an Early Bird Discount to work around your lifestyles. No matter when or where, you can place an order and save money at the same time.

By ordering between 1st and 30th June, you're ready for September in good time and you're **saving 10%** if you spend a minimum of £25. On top of this, we offer free delivery on all orders over £65 and next day delivery. Click and collect in store, and click and collect from some school offices.



If you're worried about buying early, please be assured we have an **100 day exchange policy**.

Be prepared and beat the queues so you have more time to enjoy those summer moments we've all been looking forward to. **The early bird catches the worm - will you?**

USE CODE
EARLYBIRD10
VALID 1ST JUNE 2023 - 30TH JUNE 2023





Our Voice - Meet the SEND Heads Parents' Conference

Our Voice are pleased to announce that booking is now open for the most important event of the year – the **Meet the SEND Heads Parents' Conference** which will take place at Green Towers Community Centre on Thursday 22nd June from 9.30 am to 2 pm.



This face-to-face event offers parents and carers a unique opportunity to put any questions directly to the Heads of all the services for children and young people with special needs and disabilities (aged 0-25), living in the London Borough of Enfield.

There will be:

- A Q&A panel session with the Heads of Services from the LA and Health.
- A workshop exploring support for the mental health of children and young people with additional needs.
- Opportunity to book one-to-one appointments to discuss specific questions regarding your child.
- A 'marketplace' where you can meet representatives of Our Voice, SENDIASS, Enfield Carers Centre and SENDIASS, as well as having a chat with other parents.

[Click here](#) for more information.

[Click here](#) to book.

Dr Tsoni

Parent/carers feedback survey

Dear Parents and Carers,

Parent and carer feedback is an important part of our commitment to excellence, high standards and continued improvement. This week we are releasing our parent and carer survey, alongside a student survey that years 7-10 will complete in school and years 11-13 will be able to complete via Google Classroom in their own time.

We would be very grateful if parents and carers would take some time to complete the survey by [clicking here](#). The views of our school community matter to us so we look forward to receiving your feedback. If you experience any technical issues, please contact the school postbox@highlearn.uk
The survey will close on **Monday 5th June**.

Please note that the survey is anonymous, if you would like a response, please add your contact details and child's name in the comments box.



Our Highlands cookbook competition

As you will be aware on Friday the 3rd March we came together as a community to celebrate the Culture and heritage we have here at Highlands. It was a fantastic event and something we want to make bigger and better next year.

Feedback we had from students was that they wanted to continue acknowledging and appreciating the diverse groups we have here. We have decided that a great way to celebrate the diversity would be to create a Highlands cookbook that would be filled with family tried and tested recipes.

A number of students and their families completed a Google form which asked them to tell us about a recipe they wanted to share with the school community.

These have been collated and we are now working on making it into the cookbook..... So what next?

We would like you to design a front cover for Highlands cookbook:

It must:

- Be eye catching
- It must include the following below title somewhere on the front cover:

The Highlands Kitchen

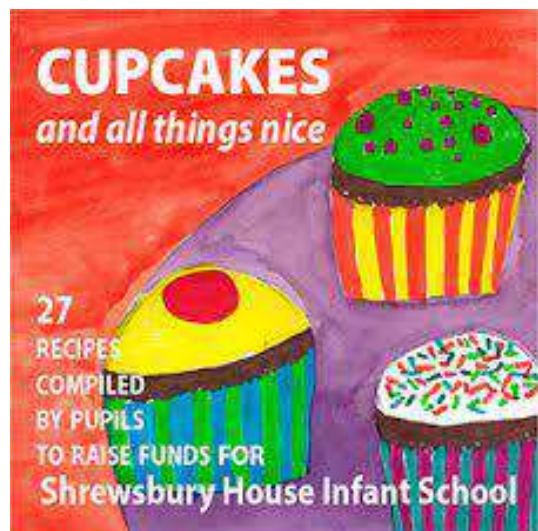
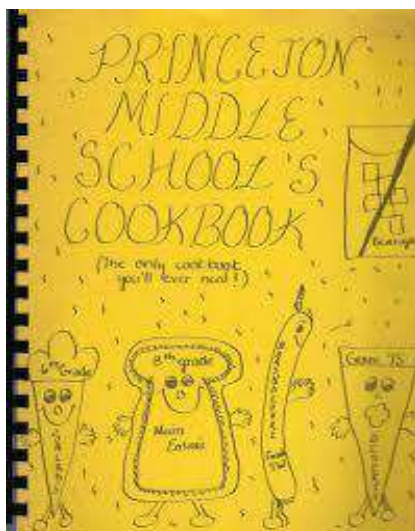
Wholesome recipes from our school community.

- It can be produced by free hand sketching and rendering /colouring in OR by using IT.
- It must be A4 size

All entries must be handed to Mrs Jeynes by Monday 5th June

All students that participate get achievement points which go towards the grand total and trip to the theme park for the winning house.

The book will be collated and sold in order to raise money for a charity close to Highlands heart - Simmons house- the joint Highlands house charity for 2023.





Highlands book of the month - June

KS3: The Blackthorn Branch by Elen Caldecott

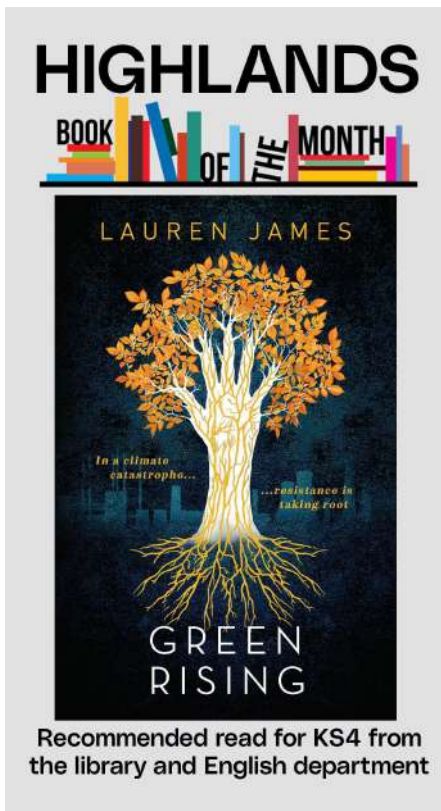
When Cassie's older brother goes missing, she discovers he has crossed over to the world of the fey and she must rescue him before he is lost forever.

Fair Folk, who tempt humans down into the dark places of the world. And Byron is tempted.

When he goes missing, Cassie and her cousin, Siân, follow his trail to an old abandoned railway tunnel which goes down and down into Annwn, the underworld. Here they find that the tylwyth teg are restless – and angry. Their leader, Gwenhidw, wants to protect Annwn from the damage humans are doing to the world. Byron is part of her plan. But Cassie won't let her big brother be part of anyone's plan.



Recommended read for KS3 from the library and English department



Recommended read for KS4 from the library and English department

KS4: Green Rising by Lauren James

A teenage girl with the power to grow plants from her fingers spearheads a teen rebellion against governments and corporations to save the Earth.

Gabrielle is a climate-change activist who shoots to fame when she becomes the first teenager to display a supernatural ability to grow plants from her skin. Hester is the millionaire daughter of an oil tycoon and the face of the family business. Theo comes from a long line of fishermen, but his parents are struggling to make ends meet.

On the face of it, the three have very little in common. Yet when Hester and Theo join Gabrielle and legions of other teenagers around the world in developing the strange new "Greenfingers" power, it becomes clear that to use their ability for good, they'll need to learn to work together. But in a time of widespread corruption and greed, there are plenty of profit-hungry organisations who want to use the "Greenfingers" for their own ends. And not everyone would like to see the Earth saved...

As they navigate first love and family expectations, can the three teenagers pull off the ultimate heist and bring about a green rising?



DARE days - payment reminders

We would like to kindly remind you that full payment for the DARE trips in June is required by the **26th May**.

We expect all students to participate as DARE days are a great opportunity for students to flourish and try new and exciting activities.

Please email daredays@highlearn.uk if you have any questions or any payment concerns regarding the DARE day trips.

Year 11 prom

We are pleased to inform you that we have secured a booking at Forty Hall for the year 11 prom. We hope that this will be a joyous occasion for our year 11 students to celebrate the end of their assessments and their time at Highlands School.

- The year 11 prom will take place on Monday 3rd July 2023
- The prom will take place at Forty Hall and will begin at 19:00 and finish at 22:30.
- The cost of the prom is £42 which includes a snack buffet, photo booth, sweet stall and soft drinks.
- Please confirm your booking via ParentPay in order to reserve a space.

The deadline to buy a prom ticket is **Friday 30th June**.

Year 11 leavers BBQ

The year 11 leavers BBQ will be taking place on Tuesday 20th June, more details to follow.

HPFA Quiz night - event cancelled

We regret to inform you that the quiz night this week was cancelled as not enough tickets were sold.

We are fortunate to have a small group of dedicated parents who give up their free time to run the HPFA to organise such events, but events such as this are reliant on support.

The HPFA will be conducting a survey in the future to gauge interest for future events. Those who have already paid for the quiz will receive a refund in due course.

Sorry for any inconvenience caused.



Highlands School Alumni

Highlands School is launching an alumni network!

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](#) and if you have any questions please contact our Alumni Programme Manager at Future First: Tara Human – tara.human@futurefirst.org.uk

#HighlandsAlumni

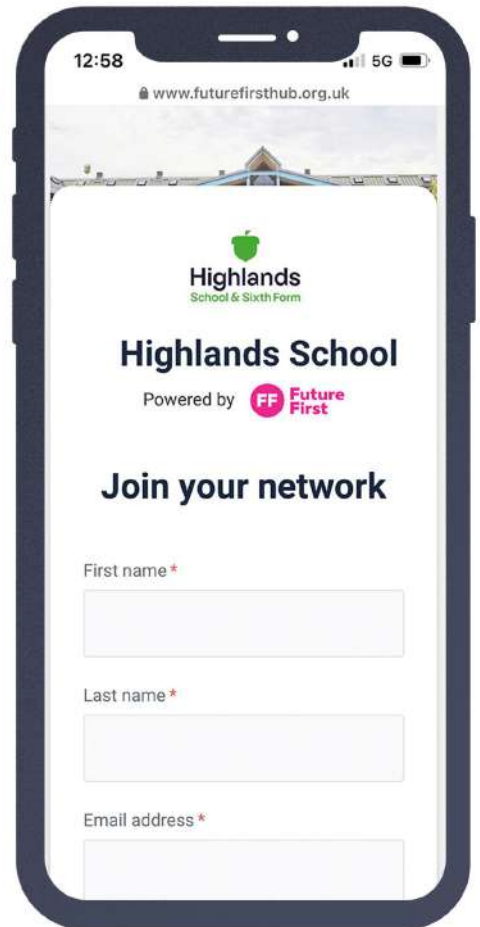


Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.





Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](#)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Urgent and other support available

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or visit [Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline
SHINE ON THE PHONE ANYTIME

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX
London Support for Young People

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

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