



Highlands School Newsletter

21 July 2023



Dear Parents and Carers,

Today is the final day of the 2022-23 academic year, a year that I feel has been the most successful since I became headteacher at Highlands in September 2018. Each year since 2018 we have prioritised areas of the school to change and improve and each year our school has got better. Over the past five years we have completely transformed our safeguarding and student wellbeing services, and appointed a very large team of pastoral support staff. We launched a new behaviour and rewards policy which dramatically reduced incidents of serious poor behaviour and which our students have told us has improved the school and makes them feel safer. We changed the timings of the school day to provide weekly CPD to staff and to launch Ed Extra for year 7 on Wednesday afternoons. We used the CPD time to support us as we rewrote and replanned the entire Key Stage Three curriculum and in many subjects produced booklets to support students - this took thousands of hours of work from our staff. Last year we rebranded the school and transformed the corridors and communal areas in the building and outside it, so our students have a bright, colourful and inspiring environment to learn in. Last year we also launched our DARE days; four days a year given to carefully planned trips and visits. We have also had a safeguarding inspection from Ofsted, which acknowledged the improvements we had made to Highlands.

This year started with our students achieving the best A level results in the history of our school and our GCSE results once again being amongst the best in our part of north London. In September we relaunched our house system. We did this because we have a stated goal at Highlands School, to "provide a world class educational experience for our students. In whatever we do, to be held as an example of best practice to other schools"; this is an ambitious aim and we do not always meet it, but when we evaluate the things we do as a school we hold ourselves to this high standard. Our house system was one area of the school that we knew fell short of this standard so we completely overhauled and relaunched it. The impact has been felt throughout the school; we have raised thousands of pounds for house charities, had environmental projects and assemblies on diversity and



inclusion led by students, awarded trophies for sports and quizzes and for departmental achievements and we gave dozens of students the opportunity to be house leaders. The competition culminated with Sports Day, won by Rowan and the overall championship, won by Oak, who went to Thorpe Park last week as a reward.

This year we also significantly improved our attendance, so it is much better than schools nationally and the Enfield average, putting us in the top 25% of schools nationally. We also reduced our number of suspensions significantly as behaviour further improved, so that our suspension figures are lower than schools nationally. We have not had to permanently exclude a child at Highlands in the past four years, a remarkable statistic for a London school. We had more applications from year 6 parents wanting their children to come to Highlands than any other school in Enfield.

We have made all of these changes and done all of this work because the leaders, governors and staff at Highlands want your children to go to the best school and receive the best education. However, we acknowledge that we are not perfect, and things do sometimes go wrong, and that kids are kids and sometimes they misbehave, and we appreciate your support when we have to work with families with issues around poor behaviour, or concerns and complaints about other issues at school. We welcome feedback and we act on it where appropriate.

Our journey of school improvement has only been possible with the support of the Highlands School Governing Body, led by our Chair of Governors, Matt Miller, MBE, and through the relentless hard work of our staff. This year, some of those staff are leaving and I want to mention and thank some of them here.

Mr Larter and Mr Whelan are both leaving highlands after over ten years at the school. They are both absolute legends at Highlands, Mr Larter for his relentless optimism and pastoral care for some of our most vulnerable students, his work on transition and being the face of Highlands to students joining us in year 6, and his commitment to expeditions, Duke of Edinburgh and our ski trips. Mr Whelan for his long term leadership of the arts faculty, the development of the politics department and, more recently, for setting up Wednesday afternoon Ed Extra and our DARE Days. The hundreds of hours of Ed Extra activities and DARE Days that take place each year are a result of his work. I wish them both much luck in their new schools.



Mr J Larter



Mr M Whelan



Ms M Phillips

Ms Phillips is also leaving Highlands this summer, to take over as the headteacher of a school in east London. No one has done more over the past four years to improve our school than Ms Phillips. Much of the work she does happens behind the scenes, making sure our safeguarding systems and processes are effective, and that behaviour at school is good. She has also worked on improving our provision for SEN students, taught citizenship and led on the development of our stay safe curriculum. I spoke with some sixth formers recently and one of them spoke of how safe students feel at school, compared to when they were in years 7 and 8, and how much the school feels like a welcoming and safe space for students who might be at risk of bullying, for reasons of gender, ethnicity, faith, sexuality or for any other reason. Those words from our sixth formers are as good a legacy as any departing deputy

head could ask for and I want to thank Ms Phillips for her work and wish her all the best in her new role.

Next year our work will commence with its usual vigour, starting with our online information evenings for families in all year groups; details are below, please make sure you attend. Next year we are also extending our Ed Extra programme into year 8 on Wednesday afternoons; further improving an extra curricular offer we believe is truly exceptional. We launch our new school uniform (more details below). We welcome two new members of staff to our leadership team, Ms Holly Youlden and Ms Lisa McGlasson. And we will maintain our focus on constantly improving the quality of curriculum and teaching, behaviour, safeguarding, and our extra curricular offer.

Have a wonderful summer, to those coming in on results days I will see you then, and to everyone else, I look forward to seeing you in September 2023.

Dates for the start of the new academic year:

- Friday 1st September: induction day for new year 7
- Monday 4th September: induction day for new year 7 and 12
- Tuesday 5th September: years 8, 9, 10, 11, 13 (welcome back assemblies and tutor time)
- Wednesday 6th September: all lessons resume for all year groups

Mr McInerney,
Headteacher



Information for the new academic year

Term dates

Please click [here](#) to view the full academic year 2023-24 term dates.

Arrangements for students returning to school

Friday 1st September: Year 7 only. Details have been sent to families.
 Monday 4th September: Year 7 and year 12 only. Details have been sent to families.
 Tuesday 5th September: Induction for all other students, see table below.
 Wednesday 6th September: Normal teaching commences for all year groups.

Arrangements for Tuesday 5th September. Lunch will not be served at school although year 7 students will be able to purchase a snack at breaktime.

| Year group | Arrival/line up | Assembly | Tutor time | Departure |
|------------|-----------------|------------------|---------------|-----------|
| 7 | 8.30 | Induction day 3. | | 1.00 |
| 8 | 8.30 | 8.40 - 9.10 | 9.15 - 10.30 | 10.30 |
| 9 | 9.00 | 9.15 - 9.45 | 9.45 - 11.00 | 11.00 |
| 10 | 9.40 | 9.50 - 10.20 | 10.20 - 11.40 | 11.40 |
| 11 | 10.15 | 10.25 - 10.55 | 10.55 - 12.15 | 12.15 |
| 13 | 10.50 | 11.00 - 11.30 | 11.30 - 1.00 | 1.00 |

Staffing update - pastoral teams from September 2022

| Year group | Head of year | Behaviour mentor | Assistant headteacher | Deputy head |
|------------|--------------|-------------------------------------|-----------------------|-------------|
| 7 | Ms Berrill | Ms Forshaw | Ms Jeynes | Ms Lloyd |
| 8 | Mr Savvides | Ms Patricia Brown | Ms Husseyin | Ms Lloyd |
| 9 | Ms Halstead | Mr O'Doherty | Ms McGlasson | Mr Hurst |
| 10 | Ms Halstead | Mr Annunziato | Ms Hutchinson | Mr Hurst |
| 11 | Mr Joseph | Ms O'Sullivan | Ms Hutchinson | Mr Hurst |
| 12 | Ms Halil | Ms Gunning - assistant head of year | Ms Youlden | Ms Lloyd |
| 13 | Ms Sheikh | | | |



Parent information webinars

We will be holding parent and carer information webinars in September to make sure parents and carers are aware of the priorities for the upcoming year for each year group. Please make a note of these times in your diaries. We will send links to the meetings soon. Students are encouraged to watch along with parents and carers.

| | |
|---------------------|--------------------------------|
| Years 9, 10 and 11. | Tuesday 5th September 6:00pm |
| Years 12 and 13. | Wednesday 6th September 6:00pm |
| Years 7 and 8. | Thursday 7th September 6:00pm |

Reading for pleasure programme

Highlands School is committed to providing students with the opportunity to read high quality literature. Engaging with such literature not only supports students' learning in English, but across the curriculum as a whole. It also plays an important role in fostering a life-long love of reading.

It is for this reason that the English department has published its list of suggested reading (see below). These books have been carefully selected in order to supplement the department's literature based curriculum as well books that are read to students during form time. Please do contact the school should you have any questions or concerns. If you would like financial support please contact get.reading.books@highlearn.uk for more information.

Please see the last two pages of this letter for the recommended reading lists.

[Year 7](#)

[Year 8](#)

[Year 9](#)

[Years 10-11](#)

School uniform

From 1st September students in years 7-10 will be wearing the new school uniform which includes the following:

- Black school shoes (please see below for more detail).
- Black socks or plain black tights.
- Plain black kilt skirt or plain black trousers (no jean style or chinos).
- White school shirt or open neck blouse (long or short sleeved).
- Summer polo shirt can be worn in the summer term only (optional).
- Green blazer (with school badge).
- V-neck green jumper (optional).
- School tie (if wearing a buttoned up school shirt).
- Students are required to wear their lanyard at all times when in the classrooms and when moving around the building.



- Single ear stud per ear in each ear. No piercings other than the ear.
- Religious symbols (if required) must be worn inside a blouse/shirt.
- Headscarves worn for religious reasons should be black/green.
- Blazers must always be worn when moving around the school building, unless otherwise advised by the headteacher.

This picture sets out what shoes should be worn to school.



Recycling old uniforms

Highlands School is dedicated to fostering a culture of recycling and sustainability. Therefore, we have installed a recycle bin, conveniently located within the school premises, near the bike lockers. This will provide a hassle-free way to donate your old uniform items. Simply drop off any items you no longer need, including clothing, bedding, handbags, soft toys, and more. Remember to ensure that the items are clean and in a decent condition so they can be put to good use once again.

Year 11 uniform

Year 11s should continue to wear their current uniform. This includes:

- Plain green skirt (Highlands School has a bespoke green school skirt that can be bought from our school uniform stockists) or plain black trousers (no jeans style trousers, no jeggings, no tight trousers, no chinos).
- White buttoned up school shirt or open neck blouse (long or short sleeved). A tie must be worn with a buttoned up shirt.
- Green blazer (with school badge).
- V-neck green jumper (optional).



- School tie with house colour (if wearing a buttoned up school shirt).
- Black socks or plain black tights.
- Black smart school shoes. No trainers, no pumps, no canvas shoes, no boots, no high tops. The only Kickers that can be worn are the shoe style Kickers shown in the acceptable section below.

If year 11 students grow out of their uniforms and require new items they will need to buy and wear items of the new uniform.

Students are also expected to follow these uniform rules:

- Trousers must be a traditional tailored style. Tight/stretch style trousers or jeans-related are not permitted.
- Skirts must be worn of modest length, just above the knee.
- Blazer sleeves must not be rolled up.
- Shirts should be fully buttoned and tucked into trousers.
- Ties must be neatly knotted and worn to the waist.
- Visible t-shirts under the white school shirt are not permitted (a white non visible t-shirt is permitted).
- Hats and caps should not be worn, unless for religious purposes.
- Headscarves worn for religious reasons should be black or green.
- Only plain black trouser belts are permitted.
- Hats, hoodies and any other non-uniform items or outdoor garments must not be worn in the building at any time.
- Blazers must always be worn when moving around the school building unless otherwise advised by the headteacher.
- Shoes with brightly/different coloured laces are not permitted (only black permitted).

Face masks

Please be aware that students will not be allowed to wear face masks from 1st September 2023. Please feel free to contact your child's head of year if this will cause your child any concern.

Hair, make-up and jewellery

- Subtle make-up may be worn. Subtle make-up means foundation or face powder.
- Eye make-up, fake eyelashes, lipstick and lip gloss are not permitted.
- Jewellery is not permitted apart from one stud earring in each ear. Religious symbols (if required) can be worn on a chain inside a blouse/shirt. No rings, bracelets or non-religious chains are permitted.
- Nose studs or nose rings are not permitted.
- Extreme hair styles, brightly coloured hair (e.g. pink, blue, green), shavings, and tracks (including eyebrows) are not permitted. Dyed hair should be a natural colour and style.
- Nail extensions or coloured nail varnish are not permitted.



PE kit

Students in years 7-11 should wear their PE kit to schools on the days that they have PE.

All PE kit items must be Highlands School specific items and not branded or generic sportswear. Students are expected to only wear a full PE kit that has been purchased from our suppliers Lyons or Smiths schoolwear shops. The PE kit includes:

- Highlands school PE hoodie.
- Highlands school PE t-shirt.
- Highlands rugby shirt (optional).
- Highlands School black tracksuit bottoms.
- Highlands black shorts/black skirt/skort.
- Highlands black sports leggings.
- Highlands School black rugby socks outdoor lessons or plain white socks for indoor lessons.
- Shin pads (optional).
- Non-marking trainers.

Football boots for lessons on the field (winter period only, optional).

Incorrect uniform process

- Students who arrive at school without the proper uniform will be offered a spare uniform or parents and carers will be contacted to request that they bring the correct uniform to school for their child.
- Students in incorrect uniform will receive a detention, unless the parent or carer has notified the pastoral team in advance of any unavoidable issues with their child's uniform.
- Students in incorrect uniform may also not be allowed in circulation until they are in the correct uniform.
- Any requests for reasonable adjustments to our uniform policy should be put in writing to the headteacher.

Equipment

All students are expected to carry their everyday equipment in a bag of suitable size.

Students should bring a pencil case, which should include the following items:

- 30cm ruler
- 2 HB Pencils
- Pens (Black/blue and green)
- Eraser
- Sharpener
- Protractor
- Compass
- Colouring pencils
- Scientific calculator



Year 7 students will be provided with a whiteboard, whiteboard pen and rubber at the start of term. They should bring these to school every day. All other students should bring their existing whiteboard, pen and rubber with them every day.

Students should also bring their reading book (see above) and planner with them to school every day.

Reminder of timings of the school day

| Mondays, Tuesdays, Thursdays, Fridays | | Wednesdays | |
|--|---|--|---|
| The school gates open at 8:20am. Students are expected to arrive by 8:30am. Students not in school by 8:30am are late. | | | |
| AM Reg | 8:40am | AM Reg and PSHE time. | 8:40am |
| P1 | 9:00am | | 9:00am |
| P2 | 10:05am | P2 | 10:05am |
| Break | 11:10am | Break | 11:10am |
| P3 | 11:35am | P3 | 11:35am |
| P4 / lunch* | 12:40pm Y10+11 lunch 1:10pm Y7 lunch 1:40 pm Y8+9 lunch | P4 / lunch* | 12:40pm Y10+11 lunch 1:10pm Y7 lunch 1:40 pm Y8+9 lunch |
| P5 | 2:10pm | PM registration / end of day / Ed-Extra activities | 2:10pm |
| End of day | 3:15pm | Staff CPD | 2:30pm |
| | | End of staff CPD | 4:30pm |

*Period 4 is divided into three half hour sections. Year groups are taught for two of them and have their lunch during the other.

Behaviour policy

There will be no changes to our behaviour systems next year. Below is a summary of key aspects of our behaviour systems. These will be explained further during our webinars.



Detentions

- Detentions take place Monday - Friday from 3:15pm for 30 minutes, for students issued with a C2 or C3 that day or after the 1.30pm cut off point the day before,
- Students who fail to attend their detention will be required to serve a longer detention of 40 minutes the following day.
- Students who receive more than one C2 in one day will receive a deputy headteacher detention where they will be given the opportunity to reflect upon how to improve upon their behaviour. Deputy headteacher detentions will last for 45 minutes, from 3:15 - 4:00.

Morning routines

- The gate opens at 8.20am and students are expected at their line up point by 8.30am. Students who arrive at the gate after 8.30am will be marked late (exceptions made where a parent/carer has made the school aware of a lateness or there is a known issue on the local roads).
- All students in years 7-10 line up on their line-up points.
- Year 11 students are not required to line up in the mornings. Instead, upon arrival at school in the morning, year 11 will go to our canteen. This procedure is in place in recognition of their maturity and to prepare students for being in the sixth form in the following year. Staff will use this time each morning to ensure year 11 are in the correct school uniform and ready for learning.
- Year 7-11 students will attend a daily 20min tutor time session from 8.40am.

Safeguarding

Safeguarding information can be found on our [website](#).



Duke of Edinburgh bronze expedition

On Monday to Wednesday this week, 55 year 10 students completed the training for their bronze expedition. Day 1 was spent at Herts Young Mariners base learning essential expedition skills. They learnt how to put up a tent, how to use a map, how to plan a route and how to cook on a Trangia. They also spent some time learning to navigate in the Lea Valley.

On day 2 they were up bright and early and set off with their instructors to navigate a route that they had planned that took them up to High Beech in Epping forest.

On day 3 they put into practice all they learnt as they independently navigated a route around that area closely tracked by the staff. Walking with a heavy rucksack on in warm weather is never easy and this group showed some real grit and determination when they found it tough. Well done year 10, we are very proud of you.

A special mention must be given to Mr Larter who hangs up his walking boots as he leaves Highlands this summer. He has been an integral part of the D of E staff team over many years and we are very grateful for the many weekends he has given up and his cheery disposition which is essential on D of E.

The assessment expedition for this year 10 group takes place on Saturday 9th - Sunday 10th September. The bronze award for the new year 10 cohort will be launched in October.

Mrs Walters





School's out for the summer!

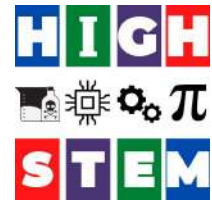
As the academic year comes to a close, our staff and students had the pleasure of enjoying some deliciously cool treats at lunchtime on Thursday. From traditional whippy ice cream to refreshing calippos, it was the perfect way to end what has been a fantastic academic year at Highlands.





Robotics Coding Club - End of term Winners

Once again as part of our enrichment programme, a new group of year 7 lego coders were given the challenge to create, build and code an eco-friendly transportation robot. After delivering their presentation and demonstrating their robot, the winners were announced in assembly and presented certificates and prizes during form time.



Well done to the winners: Sunny Morgan Jones and Marcus Marfici for outstanding teamwork and presentation skills and to the three runners up Noah Rothberg, Eren Yener, Tianyou Xu for their creativity in not only designing a robot, but characters and endless accessories. Well done to everyone else for a great effort!



HIGHLANDS SCHOOL SUMMER READING CHALLENGE 2023

Welcome to Highlands' Summer Reading Challenge!

Your mission, should you choose to accept it, is to read as many of the titles as you can during your summer break.

We have all of these books in the school library or you can access them via the 'Wheeler's eBooks' platform.

Rewards and prizes are up for grabs for completing the challenge - just visit Mrs Mehmet in the library to let her know which texts you read after summer.

Happy reading!

HIGHLANDS SCHOOL SUMMER READING CHALLENGE 2023

Book covers shown include: JODI PICOULT, WHERE THE CRAWDADS SING, EVERY THING EVERY THING, NEEDLE, CROSSING, SHORT KNIFE, Beautiful Broken Things, THE BIBLE BOY, MEN OF WORDS COLLIDED, Our Town, HEAVY BOYFRIEND, THE UPPER WORLD, THE TREE, and GHOST BOYS.



Results days information

A Level & BTEC Level 3 results - Thursday 17 August 2023, 8:30am

On Thursday 17th August the school will be open from 8.30am for students to pick up their A Level and BTEC results. Results will also be available electronically at 8am on 'student portal' (bromcomvle.com) to give students an opportunity to view their results from home and to contact universities as soon as possible, should they need to.

Once students have collected their results from the hall, members of staff will be available to offer support in the canteen. If students do not need any support following the collection of their results they will be asked to leave the site. This will include support with UCAS and results support.

UCAS Track will go live at 8:00am on results day. Here students will be able to see whether they have met the conditions of their university offer. There is a lot of information on the UCAS website, but support will be on hand with this.

Essentially, UCAS Track will show one of five outcomes:

1. Firm offer is now confirmed as a place.
2. Insurance offer is now confirmed as a place.
3. The university has not yet decided (in which case you are advised to call them).
4. A place has not been secured which means students are eligible to go into clearing. In this case students need to follow UCAS track guidance and start exploring which universities have clearing places.
5. Students have exceeded the conditions of the offer and can choose to use the 'Adjustment' process on UCAS to search for a course which has higher entry requirements than the course they have applied to.

If students are unhappy with the place they have had confirmed, they can decline the place and voluntarily go into clearing. Members of staff will be available to support during this process.

If students wish to take a gap year, they can ring or write to the university and ask them to defer the place for a year; or students can just withdraw from UCAS and re-apply in the next cycle.

If you have any questions before or after results day, please email sixthform@highlearn.uk and a member of the sixth form team will be in contact. We hope to see every student on results day and we hope that the outlined system for collection gives you the confidence to attend this celebratory moment. Please note that students **only** will be allowed to collect their results on site.

[GCE AS/A Level BTEC Level 3 - Post results services](#)

Miss Husseyin



GCSE & BTEC Level 1 & 2 results - Thursday 24 August 2023

Year 11 results will be available for collection at school on 24th August 2023. Students should arrive at the following times and line up on the concourse before entering the building to collect their results.

- 10.00am Beech house
- 10.30am Willow house
- 11.00am Oak house
- 11.30am Rowan house

Students will be given an envelope containing their results and a letter letting them know whether they have a confirmed place at Highlands School's Sixth Form. Pre-ordered year books and leavers' hoodies will also be available for collection. Results will be available online later on in the day.

Year 10 students will be able to access their results via the My Child At School app from 10am. Students in year 10 should only come on site if they have accessed their result via MCAS and require the additional face-to-face support of a member of staff.

Highlands School's Sixth Form enrolment day will also take place on the 24th August from 10am. After students have collected their results they will have a progression interview with a member of SLT or the sixth form team about their next steps and enrolment. If your child is unable to enrol on that day then you will need to email the sixth form team on sixthform@highlearn.uk to advise us, so your sixth form enrolment and choices can be discussed. Year 12 students will be returning to school on Monday 4th September.

Information will be provided about the first day and induction process during the enrollment process. We appreciate that some students may prefer to open their envelopes at home so there will still be an opportunity for these students to speak to a member of staff about their sixth form decision making process the following day. For this reason, Highlands School's Sixth Form enrolment will also be taking place from 9- 10am, Friday 25th August 2023. Ms Hutchinson will also be available if students wish to speak to her.

[GCSE - post results services](#)



Allied Healthcare work experience programme

Allied healthcare NHS work experience is not always easy to find, so it is very exciting to announce that students will be able to join the virtual Allied Healthcare experience programme to gain healthcare experience from the comfort of their own homes.

This six month programme is designed to help students build an impressive portfolio for UCAS. Admissions teams for healthcare courses always notice when students go the extra mile to find out about their future careers in the NHS.

This is suitable for any career in:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

If students are not able to complete all six months before their UCAS application deadline, they will still be able to enrol in each individual session. The next session, on Sunday 6th August is on Pain Management and Mental Health. They will follow two patients: Anita and Yasmin.

Anita is a 70-year-old woman who had an osteoporotic crush fracture to her T6 about 6 weeks ago. Consulting her GP on ongoing pain, we will follow Anita's journey with physiotherapists, neurologists, nurses, speech and language therapists, and dieticians.

Yasmin, in her 30s, has been suffering from an acute manic episode over the last three weeks. Students will see how she is treated by paramedics, mental health nurses, and occupational therapists.

The NHS multidisciplinary team has a very distinct way of operating, so this is a rare opportunity for students to gain insight into how they work within their careers and across healthcare departments.

Places are £10 a session to cover administrative and technological costs. [Click here](#) to register.

Dr Len



LAMDA examinations

LAMDA examinations in Speech and Drama are offered as an optional part of the extended drama curriculum at Highlands School.

LAMDA exams are internationally recognised qualifications. They are graded according to age and experience. The highest grades (Level 3) carry UCAS points. Students can also use their LAMDA lessons and exam preparation time for the skills section of your Duke of Edinburgh award.

LAMDA examinations develop a learner's ability to:

- read easily, fluently and with good understanding.
- expand vocabulary to improve powers of self-expression.
- improve confidence in speaking and listening.
- memorise and recall information.
- work both on their own and participate as a member of a team.



Classes at Highlands are run by an external provider on a peripatetic basis and usually take place on **Wednesday afternoons** between 2:25pm and 5:30pm. Highlands School students benefit from a favourable rate of £12 per week for group classes, payable termly or monthly*. Students are taught in small groups in preparation for solo or combined examinations in acting. Tuition in other modules such as Speaking in Public and Speaking Verse and Prose are also available***. Exams take place once a year, usually in the summer term****.

We are proud of the fact that in the last three years, since LAMDA has been offered at Highlands School, over 90% of students have attained the highest grade of Distinction with the remaining students achieving high Merit.

There is now limited availability for new starters for the new academic year (23/24).

Trial lessons are available on request. To access the LAMDA brochure for more information, please [click here](#).

To register your interest or request a trial lesson, please email will@weproductions.co.uk . Please include your child's name, current year group and tutor group (e.g. *John Smith 7ABC*).

* Monthly payments of £34 per calendar month by direct debit. An online booking fee is applicable to monthly and termly payments.

***Classes for Speaking in Public and Speaking Verse and Prose are subject to uptake and may take place on different days from other classes.

****Please be aware that an additional exam entry fee is applicable

Mr McGinley



A parent-carer led programme to improve the health and wellbeing of parents and carers of children and young people with SEND

Our Voice, the parent/carers forum for Enfield, are pleased to invite parents and carers to apply to join our popular free six-week Healthy Parent Carer programme starting on the 15th September and running every Friday from 10 am to 1 pm.

This is not a parenting course, or about how you can get support for your child/young person - it is about your own wellbeing and will be run by trained facilitators who are also parent carers and understand the challenges.

If you are interested in attending the course please click on the link [here](#) to complete the short form, or scan the QR code.

Before we confirm your place, we will phone you to discuss exactly what the course entails and make sure that you want to go ahead. Therefore, if you are interested in the September/October course, we recommend you reply **by Thursday 20th July if you can**, so that we can get back to you before the School holidays start. If you don't mind being contacted during the holidays, please indicate this in your comments.

There are only a handful of places remaining on this course, but there will be additional courses in each half-a-term which we will offer to those unsuccessful in obtaining a place, or who prefer a later date.

If you would prefer to attend the programme at a later date please click the same link and indicate what your preferred timing is, and we will come back to you in due course. We will include some courses with a translator available (Turkish, Somalian or Bengali) and options to attend face-to-face or online.

Our next course will run via Zoom every Friday from 15th Sept to 20th Oct 10 am – 1 pm

Click [here](#) or scan the QR code below to let us know if you are interested in this course or one running later in the year. Please respond asap.



Future courses will run on different days of the week, and we plan to run some courses face-to-face. Let us know your preferences when you sign up.



HAF Enfield Summer 2023

24th July - 1st September

FREE* places available on Enfield's Holiday Activities and Food (HAF) programme this summer. For more information visit www.enfield.gov.uk/services/children-and-education/holiday-activity-and-food-programmes

Ages Reception to Year 11
*Free for those in receipt of benefits related free school meals

Arts & Crafts
Get Active
Free nutritious meals
Music
Day Trips
Plus much much more!

Funded by
 Department for Education

Winchmore Hill Sports Club FAMILY FUN DAY

SATURDAY 22ND JULY 2023
THE PAULIN GROUND, FORDS GROVE, N21 3ER
1PM - 7PM

A family fun day as well as 3 cricket matches to watch throughout the day followed by live music in the evening

facepaints * glitter tattoos * candyfloss & popcorn
ice-cream van * sweets in the jar * bottle caps in the jar
decoupage gifts * food stalls * bar
* inflatables * clothing stall * fastest bowler comp kit sale * and much more!

Winchmore Hill 1st XI vs Homsey CC 1st XI
Winchmore Hill 4th XI vs Highgate CC, Middx CC 4th XI
Winchmore Hill 5th XI vs Bessborough CC 4th XI

ICE CREAM
FREE ENTRY
RAFFLE PRIZES
1st - iPad
2nd - iPhone

BAR OPEN FROM 12PM
TREASURE CHEST/RAFFLE DRAW at 6.30pm
EVENING ENTERTAINMENT and BBQ from 7pm

REGISTER NOW TO AVOID DISAPPOINTMENT

GAME MASTERS

SUMMER UNI IS BACK

SUMMER UNI 2023

80+ FREE ACTIVITIES FOR YOUNG PEOPLE
FROM MON 24 JUL - 24 AUG AGE 11-19

THIS SUMMER IT'S YOUR TURN REGISTER NOW

Youth Enfield
 @Youth_Enfield #youthenfield
 Email: SUregistration@enfield.gov.uk
 Register now: www.youthenfield.taptub.co.uk/register
Funding by The Department for Education



GET ACTIVE & TUCK IN

SUMMER PROGRAMME

AGES 11-16

Every Monday to Thursday (trips on Fridays)
CRAIG PARK 24 July - 17 August 11am-3.30pm
PONDERS END 24 July - 17 August 11am-3.30pm

SEND Specific (every Monday & Tuesday)
BELL LANE 24 July - 15 August 10am-3.30pm

Enfield Council Youth Development Services are providing fantastic free activities and hot meals during the summer holiday. There are three camps running at:

Craig Park Youth Centre 2 Lawrence Road, Edmonton N18 2HN
 Ponders End Youth Centre 141 South Street, Enfield EN3 4PX
 Bell Lane Youth Centre 6-8 Lane, Enfield EN3 5PA.

Our summer holiday camps are designed to help young people get active, introduce them to new and exciting activities, and create a fun filled experience they will remember forever.

We have loads of fun activities during the summer, such as sports, performing arts, and games to enjoy each week, alongside free trips and outings and an overnight residential stay with an end of summer BBQ.

Trips are subject to attendance and availability

HOW TO ACCESS

If you are aged between 11-16 and you are currently receiving free school meals visit Youth Enfield Positive Activities Portal to register and book on the programmes
www.youthenfield.taptub.co.uk

Interested?
 Email youthenfield@enfield.gov.uk
www.youthenfield.taptub.co.uk
 Programme is funded by Department of Education





Highlands School is launching an alumni network!

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](#) or alternatively scan the QR code below.

More information is on our [website](#) and if you have any questions please contact our Alumni Programme Manager at Future First: Tara Human – tara.human@futurefirst.org.uk

#HighlandsAlumni

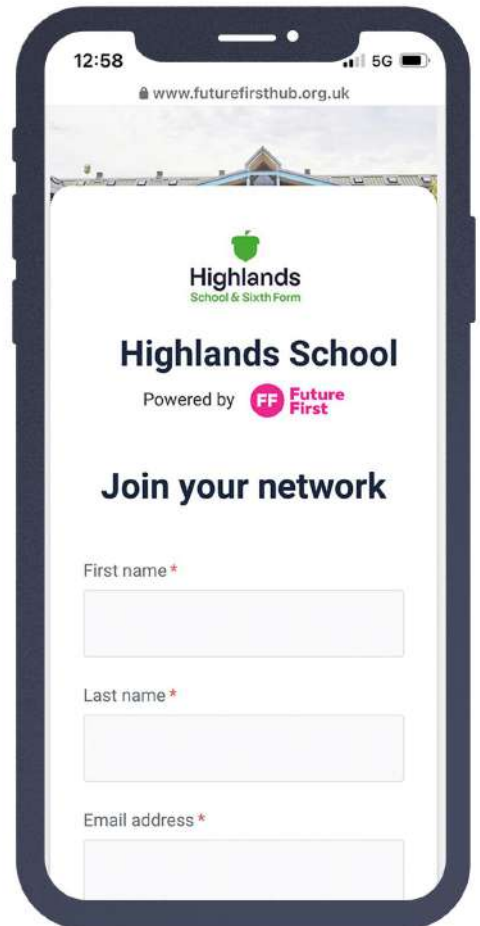


Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.



Student medical needs



If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

| Area | Boroughs covered | 24/7 crisis line number |
|----------------------|---|-------------------------|
| North West London | Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster | 0800 0234 650 |
| | Ealing, Hounslow and Hammersmith & Fulham | 0800 328 4444 |
| North Central London | Barnet, Camden, Enfield, Haringey and Islington | 0800 151 0023 |
| North East London | City & Hackney | 0800 073 0006 |
| | Newham | 0800 073 0066 |
| | Tower Hamlets | 0800 073 0003 |
| | Barking & Dagenham, Havering, Redbridge and Waltham Forest | 0300 555 1000 |
| South West London | Kingston, Merton, Richmond, Sutton and Wandsworth | 0800 028 8000 |
| South East London | Croydon, Lambeth, Lewisham and Southwark | 0800 731 2864 |
| | Bexley, Bromley and Greenwich | 0800 330 8590 |

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](#)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Urgent and other support available

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or visit [Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline
GROUP ON THE PHONE ANYTIME

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX
Supporting young people for over 25 years

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

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 Instagram [@highlandssch](https://www.instagram.com/highlandssch)

 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands School Enfield)