



Highlands School Newsletter

01 December 2023



Dear parents and carers,

Each Christmas our facilities management team, Pinnacle, asks for our support to raise money for charity. This year they asked our staff and students to bring non-perishable goods for a local food bank. The Highlands family stepped up and lots of items have already been donated. A special mention to Ms McCalmont's year 11 form who brought in more items than any other form in the school. We will continue collecting all the way to the end of term for this good cause.

A tradition at Highlands is that year 7 students are invited to submit designs for the school's Christmas card. This year the winning entry was designed by Tiah Patel in Rowan. You can see the design below. I would like to thank all the students who took the time to submit entries.

For the first time this year, Willow were the weekly inter house champions and this is down to Nea Petritaj in year 8 getting more achievement points than any other student at Highlands over the past week - well done Nea! And well done Willow!

Finally this week I would like to highlight the performance of a brand new sports team at Highlands. Last year, students asked us to facilitate basketball training and basketball teams. We are always keen to respond to student voice and improve the school, so we recruited a professional basketball coach from the Enfield Scorpions team. From this, a year 11 team was formed (you can see their photo on page 8. They played their first two matches this week. They lost both, but in the spirit of the school's DARE value, determination, they will not be giving up. In years to come when we become as successful in basketball as we are in football, netball, athletics and other sports, we will acknowledge the work this team did to get it all started.



A reminder of important dates for your diaries:

- Monday 4th December: winter music concert 6.30 pm
- Wednesday 13th December: year 9 parent and carer evening
- Monday 18th December: Highlands Winter Wonderland event
- Wednesday 20th December: end of term (half day)
- Monday 8th January: start of spring term

Have a great weekend,
Mr McInerney, Headteacher

House competition weekly results

The winning house this week is the house with **the student with the highest achievement points over the last week at school**. Well done Nea, you are the top student this week, so Willow are the winners of this week's competition.

Forename	Surname	Form	House	Points
Nea	Petritaj	8WNK	W	55
Luke	Shearman	9ODC	O	54
Zehra	Besler	9WJQ	W	51
Maria	Csaki	8WNK	W	51
Giles	Obeng	8BAM	B	51
Anaiya	Dhaliwal	8WNK	W	50
Alexandra	Roszkowska	8WNK	W	50
Grace	Mangala	8WNK	W	49

House bake sales

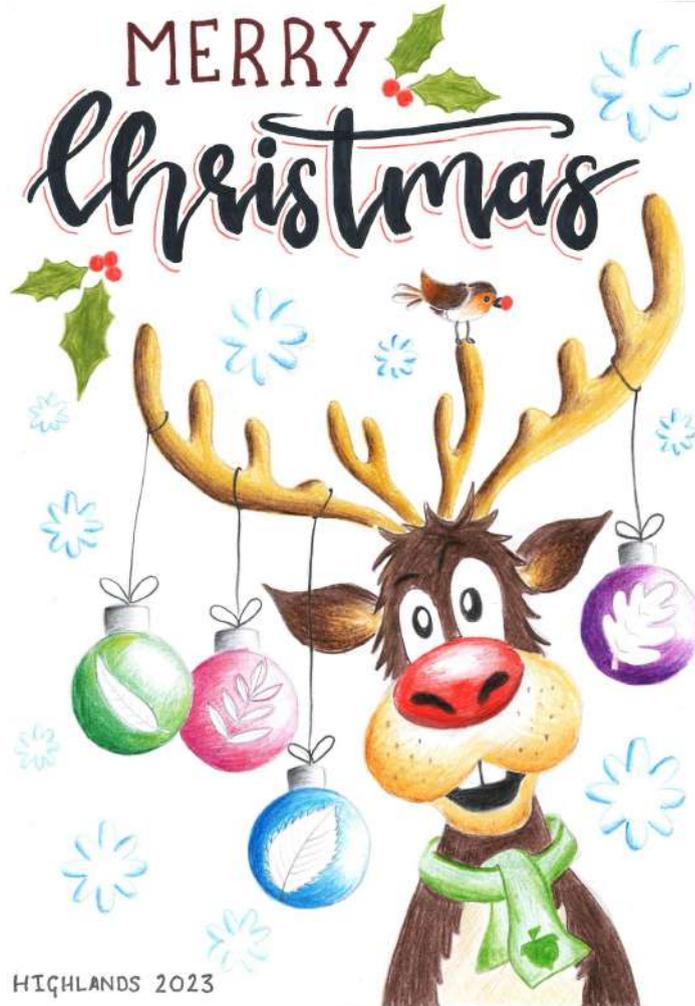
The **Rowan** and **Willow** bake sales will take place on **Tuesday 5th** and **Thursday 7th December**. Please ensure donations of cakes are brought to reception at 8.30 a.m. on the day of the sales, with the student's name on, so we can allocate house points. Those students who are randomly chosen to help on the day will be contacted by Mrs Czupich the day before. Thank you all in advance for supporting us in this charity fundraising event.



House Christmas card competition

Well done to Tiah Patel 7RJG who has won this year's Christmas card competition. Her design blew the judges away and will be printed as Highlands' official Christmas card for 2023. Well done Tiah.

Also a big well done to Oliver Mere 7ODM whose design came second and Ziliana Jonczyk 7OJT who came 3rd.



1st: Tiah Patel 7RJG



2nd: Oliver Mere 7ODM



3rd: Ziliana Jonczyk 7OJT



Festive foodbank

Pinnacle Group and Highlands School have joined together to run a festive foodbank. Together we have been collecting food items for families who are struggling this Christmas. Thank you to everyone who has donated so far, the donations box can be found in the main reception. This week we ran a house competition to see which form group could collect the most tins/donations. Well done to the winning form group 11RKM who kindly donated 60 items this week to the foodbank.



FESTIVE FOOD BANK

Pinnacle Group and Highlands School are joining together this Christmas.

With rising fuel and food costs, we would like to be able to provide basic and luxury food items for families who are struggling this Christmas. Christmas will be difficult for many, so Pinnacle and Highlands are joining together this year by running a Festive Food Bank, as part of Pinnacle Group's Environment Social Governance Programme.

Please drop off donations in the donation box in reception until 21st December

Pinnacle Group will deliver all items donated on a fortnightly basis directly to the charities. We are grateful for your support.

Items that can be included are:

- UHT milk
- Tinned meat (hot dogs, meatballs etc.)
- Tinned fish
- Tinned fruit
- Sponge/rice puddings
- Coffee (small jars)
- Long-life juice
- Pasta sauce
- Tinned veg (potatoes, carrots, green beans, tomatoes)
- Tinned meals (spaghetti, chicken/veg curries)
- Tinned soup
- Jam and spreads

Please drop off donations to the donation box found in the main reception.

Thanking you all in advance for your generosity.





HPFA festive raffle

The HPFA's festive raffle opens today and closes at 12 pm on 18th December. There are some fantastic top prizes to be won. Tickets are £2 each or 3 for £5 and can be purchased [here](#). All funds raised will support Highlands School children. The HPFA hopes that this year's raffle will be a big success! For more information, please see below.

HPFA Charity no 1160888

Festive Raffle

AMAZING TOP PRIZES

First Prize: £150 CASH

Second Prize: £100 CASH

Third Prize: £50 CASH

BUY YOUR TICKETS @

[https://app.galabid.com](https://app.galabid.com/hpfafestiveraffle23)

[/hpfafestiveraffle23](https://app.galabid.com/hpfafestiveraffle23)

£2 per ticket or

3 tickets for £5

Raffles closes at 12 pm
18th December

Small society lottery no: LN/202200525

Contact us: HPFAeventtickets@gmail.com



HPFA
Highlands Primary School & Parents Association



It's beginning to look a lot like Christmas!

Here are some wonderful Christmas events and treats to look forward to this term!

Highlands School Winter Showcase: Monday 4th December 6.30pm.

A great way to end this term with a night full of pure talent and entertainment. Tickets are available to buy via ParentPay.

Christmas lunch: Thursday 14th December

A wonderful, warm Christmas lunch will be served in the canteen. See the menu below.

Christmas jumper day: Thursday 14th December

All money raised will go to this year's joint house charity which is [Cooking Champions](#).

All students wearing a Christmas jumper should bring in £1.00 to donate towards the joint charity. The rest of the normal school uniform should be worn including student blazers. School shirts must be worn under the Christmas jumpers.





The Highlands Winter Wonderland 2023

We are thrilled to announce the exciting initiative undertaken by our year 12 BTEC Business students as part of their Unit 4 Event Management module. They are gearing up for the much-anticipated Highlands Winter Wonderland event, which promises to be a spectacular affair! What makes this event even more special, is that all proceeds will go to our school's chosen charity, "Cooking Champions."





Sixth form and leadership collaboration

Our head students and deputy head students meet with Mr McInerney and Ms Youlden on a weekly basis to discuss any student concerns or feedback from the sixth formers. This week our student leadership team met with Ms Youlden to discuss uniform, student lanyards, changes to the sixth form area and organising more trips for the sixth formers.

Student feedback provides valuable insights. It allows a continuous cycle of improvement and empowers students, giving them a voice and contribution to their learning environment and educational journey through Highlands.



Year 11 basketball

The year 11 basketball team travelled away for the second time this week, for their second ever game as a team. After a difficult fixture against Bishop Stopford on Tuesday, Thursday's challenge was at Winchmore. The team played exceptionally well, however, missed out on the win, resulting in a final score of Winchmore 86-42 Highlands. Despite their defeat, their togetherness and determination was phenomenal. Player of the match: Louis N.





Headteacher award

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award. An award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the headteacher award is proudly presented to the following students.

- **Eve Mason 9WCM, Christina Hajilambi 9WCM and Cora Drysdale 9WJQ:** Awarded for their ongoing support in the school's library.
- **Eda Cetin 7BLR, Ada Simsek 7BLR and Eirene Palamaras 7BLR:** Awarded for consistently assisting with clearing up the year 7 lunch area.





Highlands book of the month - December

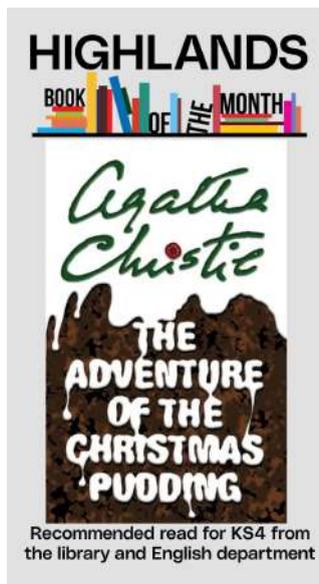
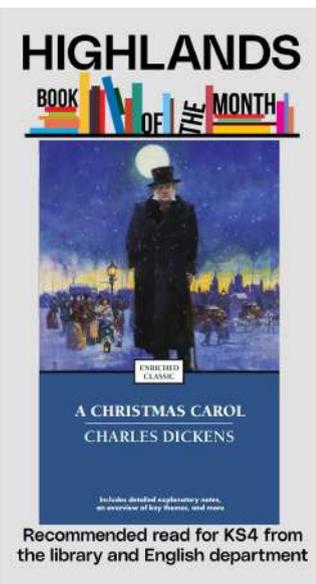
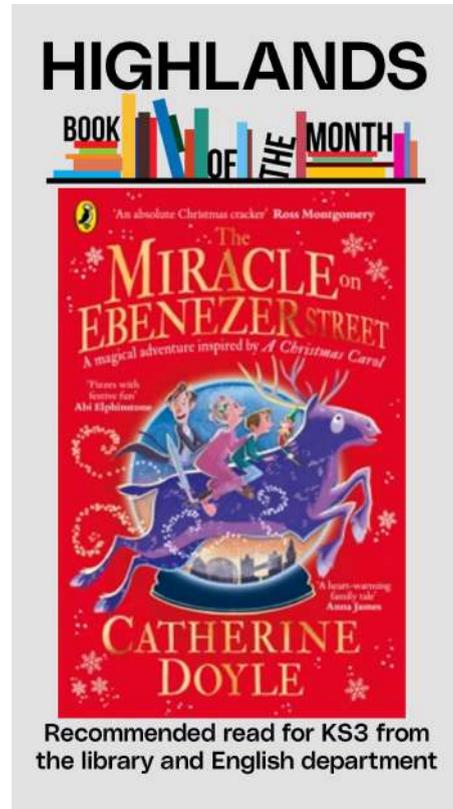
KS3: The Miracle on Ebenezer Street by Catherine Doyle

A young boy, still grieving for his mother three years after her death, finds an old snow globe that shows him and his distant father three Christmases - one each from the past, present, and future.

'Old Marley's magic was beginning to stir...' George is about to spend his third Christmas without his mum. Since she died, George's life has felt dull and grey; his dad has thrown himself into his work and has no time for family, and definitely no time for Christmas.

Then, George stumbles across Marley's Curiosity Shop. There he finds a mysterious snow globe, which – though George can't quite understand how - appears to show a scene from George's past. A Christmas in which he and his family were together, and happy...

That night, George and his dad are swept on an adventure to three Christmases - past, present, and future. With help from new friends, and just a touch of magic, can they begin living life in full colour again?



KS4: A Christmas Carol by Charles Dickens

Ebenezer Scrooge is a miserly old Skinflint. He hates everyone, Especially children. But at Christmas three ghosts come to visit him, scaring him into mending his ways and he finds as he celebrates with Bob Cratchit, Tiny Tim and their family, that geniality brings its own reward.

KS4: The Adventure of the Christmas Pudding by Agatha Christie

Agatha Christie's seasonal Poirot and Marple short story collection, reissued with a striking new cover designed to appeal to the latest generation of Agatha Christie fans and book lovers.



Help us fund raise for our school

Are you busy buying gifts for the festive season?

Did you know when you sign up to easyfundraising.org.uk and purchase goods from shops on the **website** or **app**, **Highlands School** will earn a commission from the sale?

All you have to do is search for **Highlands School Enfield** and select us as your chosen charity and shop as usual.

Highlands School Enfield

Winchmore Hill, London

£3,565.00 raised

96 supporters

Sign up and support this cause

www.easyfundraising.org.uk

GET STARTED

How to support Highlands School Enfield

- 1** Sign up
Provide us with a few details to set up your profile with easyfundraising.
- 2** Download our browser extension
Our Donation Reminder plug-in pops up automatically when you shop to let you know when a donation is available.
- 3** Track your donations
You'll be able to see how much you've raised in your account and we'll send updates on when Highlands School Enfield gets paid.

Support us through
easyfundraising




FESTIVE RAFFLE

DONATIONS NEEDED

CAN YOU HELP?

The HPFA is looking for business owners to help support the HPFA's festive raffle this year.

Are you a business owner that can donate or sponsor a prize? If so, please email: hpfaeventtickets@gmail.com

We are looking for a variety of prizes such as vouchers for restaurants or shops, beauty treatments, gift cards, etc. Alternatively, a cash donation would be appreciated and put towards a prize.

We will thank all business owners who donate or sponsor a prize in our HPFA newsletter and on Instagram.

We hope to make this years raffle a great success!




HAF Enfield Winter 2023

19th December - 5th January

FREE* places available on Enfield's Holiday Activities and Food (HAF) programme this winter. For more information visit www.enfield.gov.uk/services/children-and-education/holiday-activity-and-food-programmes

*Free for those in receipt of benefits related free school meals

Ages Reception to Year 11

- Arts & Crafts
- Get Active
- Free nutritious meals
- Music
- Day Trips
- Plus much much more!

Funded by Department for Education

www.enfield.gov.uk




Christmas

Craft and Gift Market

A Christmas experience to celebrate all things seasonal.

DECEMBER 3, 2023
1:00PM - 5:00PM

Winchmore Hill Sports Club

Book a wreath making (1pm-2:45pm) or table decoration (3pm-4:45pm) class via events.WHSC@gmail.com

Find your perfect Christmas gifts, foods, drinks, crafts, music, etc.

For more information contact winchmore hill sports club - 020 8360 1271 or email events.WHSC@gmail.com

Made with PosterMyWall.com



Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](#) and if you have any questions please contact our Alumni Programme Manager at Future First: Tara Human – tara.human@futurefirst.org.uk

#HighlandsAlumni

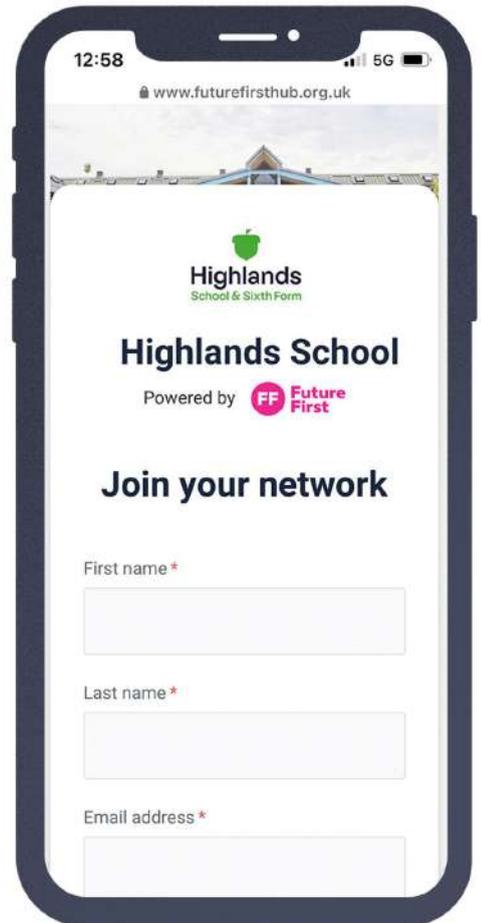


Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.





Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Urgent and other support available

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or visit [Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline
SHINE ON THE PHONE ANYTIME

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX
London Support for Young People

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

koeth

Koeth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

 [X@Highlands_sch](https://twitter.com/Highlands_sch)

 Instagram [@highlandssch](https://www.instagram.com/highlandssch)

 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands School Enfield)