



# Highlands School Newsletter

04 October 2024



Photo: Year 7 inter house football winners

Dear parents and carers,

This week the inter house football tournaments kicked off with our year 7s taking to the field on Wednesday afternoon. Oak won the girls' trophy and Willow the boys'. Well done to all the students who participated and thank you to the staff who organised and supported the event.

In other sporting news, we had a win for our under 16 boys' team in the Enfield Cup this week. Our girls' under 16 team have been entered in the England school national cup this year, so will be playing against the best teams from across all the schools in England. They won their first match 9-0 against Bishop Challoner Catholic School in Tower Hamlets. They are now through to the last 64 of the tournament and only six games from the final. We wish them and all our teams good luck!

We wrote to you on Monday to tell you that we would hold a lockdown practice this week on Tuesday morning. It is important that all schools have measures in place in case there is a reason to partially or fully lock down the school. The drill was a success and our students were impeccably behaved throughout.

Have a great weekend,  
Mr McInerney, Headteacher

Key dates for this half term:

- Thursday 10th October: DARE Day 1
- Friday 11th October: DARE Day 2
- Monday 14th October: early finish for open evening (students leave at 12:40pm)
- Tuesday 15th October: late start following open evening (students arrive at 11:20am)
- Friday 18th October: final day of half term (two week half term holiday commences)
- Monday 4th November: first day of new half term (students return to school)



## Highlands Parents and Friends Association - AGM 10th October and officer vacancies

The HPFA's annual general meeting will be held at 6:30 pm on Thursday 10th October at Highlands School. At the AGM, we will seek to re-elect the officers that wish to re-stand and elect new officers. We will also review the treasurer's report and approve the accounts for the year. We would encourage you to attend.

There are currently four HPFA officers, the chair, secretary, treasurer and publicity officer. We would welcome applications for any of these roles.

The current secretary and publicity officer will be standing down at the AGM and will not seek re-election. We are also creating two new officer roles, a co-chair, and a donations officer. We would particularly welcome applications for these roles to enable the HPFA to continue its important work.

If you wish to stand for election, please do drop the HPFA a line letting them know which role you are interested in and why. The HPFA are happy to speak to any potential applicants if helpful, and would ensure a smooth handover. Please see the [link](#) to the job descriptions.

The HPFA is a friendly group who do their best to help one another in their efforts for the school. Our email address is [HPFA.eventtickets@gmail.com](mailto:HPFA.eventtickets@gmail.com).

## Headteacher awards

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award. An award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the headteacher award is proudly presented to the following students.

- **Lilah Jones, Lucas Griffiths-Er, Katie Bucknor, Aaliyah Lascelles, Giulia Dumitrescu, Isaac Jones, Harrison Sykes and Beckham Tahsen:** Awarded for completing BSL Level 1.







## U16 girls National Cup

Highlands entered the year 10 and 11 girls into the U16 National Cup this year to challenge them after winning the Middlesex Cup three years in a row. They demonstrated their true determination and skill from start to finish beating Bishop Challoner Catholic School comfortably 9-0. Shekkinah Gitu was on fire scoring five goals with a further two goals from Elisia Huetson-Varnava and a goal each from Millie Hueston-Varnava and Eliz Savva-Faruk. We now wait to see who we will draw in the third round. Seven more games to become National Champions! Well done girls.



Mrs Hutchinson

## Year 7 inter house art competition

This week's art house competition was a vibrant showcase of creativity, as students crafted flashcards highlighting the eight elements of art. Each entry was a testament to the talent and creative flair of our year 7 students. Congratulations to Amber Pierides, whose exceptional design (bottom right) and presentation secured her the win, earning valuable points for Oak House.

1st: Amber Pierides 7OSB, 2nd place- Skye Hawkins 7RAC and 4th place- Jemimah Cherotich 7BMS





## Year 7 inter house football competition

This week marked the excitement of the year 7 inter house football competition, the first of the year! The games were filled with energy and skill, culminating in an intense final where the girls Oak team triumphed over Willow 2-0. Meanwhile, the Willow boys showcased their talent, also defeating Beech 2-0 to secure additional points for their house. It was a fantastic kickoff to the inter house events



Year 7 girls inter house results: **1st: Oak, 2nd: Willow, 3rd: Rowan and 4th: Beech**



Year 7 boys inter house results: **1st: Willow, 2nd: Beech, 3rd: Rowan and 4th: Oak**





## Chicago Teen - School production 2025

We're excited to announce our new school production, *Chicago Teen*, coming this June 2025! This is a fantastic opportunity for all students to get involved, whether you have previous experience or not.

If you would like to be involved in this amazing opportunity, please come to one of our sign up meetings in the hall at 3.20pm on Monday 7th and Tuesday 8th October. Don't miss your chance to shine on stage!



Watch our show promo video [here](#).

## Deaf Base trip to Theatre Peckham

On October 3rd, our Deaf Base students and staff had the fantastic opportunity to attend Theatre Peckham for a BSL-interpreted and captioned performance of *Run, Rebel*. This powerful adaptation of Manjeet Mann's acclaimed novel captivated our students, allowing them to fully engage with the story through both captioning and BSL interpretation.

The play follows Amber, a young girl navigating her family's expectations and her own fears. On the running track, she discovers true freedom, as the world slows down around her and she begins to untangle the thoughts in her mind.

This production, crafted for audiences aged 11 and up, combined physical theatre with mesmerising visuals and a talented ensemble cast, creating a transformative experience about revolution, empowerment, and courage.

It was a memorable outing for our students, and we are grateful for the opportunity to experience such an inspiring performance together!



Ms Jutila



## Year 11 boys football - Enfield Cup

### Enfield Cup: Highlands School 3-0 Chace Community

On Tuesday, Highlands' year 11 boys football team played their first round match of the Enfield Cup. In very wet conditions, they were victorious 3-0. All three goals were classy including a 25 yard thunderbolt from Rocco.

Goals: Rocco, Jake, Jordan

Assists: Jacob, Kevin

Well done to everyone who played, especially those who made their debuts. Onto the next round.



The goal scorers

Mr Avann

## Year 8 boys football

In their opening game of the season, Highlands faced a strong St. Ignatius side. Despite a promising start, Highlands struggled in the first half, ending the half 4-0 down. The second half saw an improved performance from Highlands, but St. Ignatius proved to be too strong, ultimately winning 8-1. Finley H was named player of the match for his composure on the ball and relentless effort throughout the game.

Mr Edwards

## Dancers of the week

Our dancers of the week are Emily Palkowska and Vienna Ramsey

Well done on your hard work with performing and choreographing this week.





## Lunch accounts

Please can you check your child's lunch account weekly to ensure there are enough funds in their account. The canteen prices are shown on our website. Many thanks.

## Parents' email addresses

When we send out emails to parents we get quite a few that bounce back, because the email addresses are incorrect - many of these are work email addresses, and possibly parents have moved jobs now. If you are not getting emails from us please write to [postbox@highlearn.uk](mailto:postbox@highlearn.uk) with your full name, your child's name and your new email address.

## School immunisations

On Friday 18th October the immunisation team will be at Highlands to give the Flu vaccine to students in years 7-11. The link consent is [here](#). Please complete the form to consent or not consent.

## PE Clubs timetable 2024

Monday	Tuesday	Thursday	Friday
Boys Football Years 7-9 Astro Mr Avann 3:15 - 4:30	Girls Football All Years Mr Cross/Mrs Hutchinson Astro 3:15 - 4:30	Tag Rugby Years 7-13 (boys/girls) Mr Lockwood Field 3:15 - 4:30	GCSE PE Practical Club GCSE PE students Sports Hall Mr Avann 3:15 - 4:15
	Basketball All Years (boys/girls) Mr Edwards Sports Hall 3:15 - 4:30	Netball *(starts 26th Sept') Years 7-11 Mrs Walters/Ms Berrill 3:15 - 4:30 Playground	

## How to join a PE club?

- Simply show up after school at the PE changing rooms at 3:20pm.
- You must wear your Highlands PE kit to take part.
- You must wear your school uniform to school and get changed after school in the changing rooms (unless you have a practical PE lesson on the day of your club).
- Bring any medical devices e.g., asthma pump with you.
- All clubs are for all students in the year groups stated. Year groups and clubs will change each half term.
- Inform your parents/carers that you are attending a club and your finishing time at school will be later (4:15pm or 4:30pm depending on the club).



## Black History Month

We invite you to reclaim the narratives through research into a key black individual who has pioneered the way for empowerment, education and resistance. **Deadline: 4th November 2024.** This needs to be emailed electronically to Miss Farr: [farre@highlearn.uk](mailto:farre@highlearn.uk)



### Criteria

- Choose one key black individual in history. This can be historical or recent. This can also be someone from your family or who has significance to you individually.
- Create a profile on this person
- Include their narrative and make sure to include the whole scope of their life and work.

Make sure to complete an in depth study to cover this person's narrative in as much detail as possible.

**Ms Farr**

## Matilda production on sale now!

The July production of *Matilda* is now available to purchase for £7 on ParentPay, with two viewing dates to choose from (4th and 5th July). The deadline for all video purchases is **Friday 15th November**.

Don't miss the chance to enjoy this fantastic performance and keep the memories!





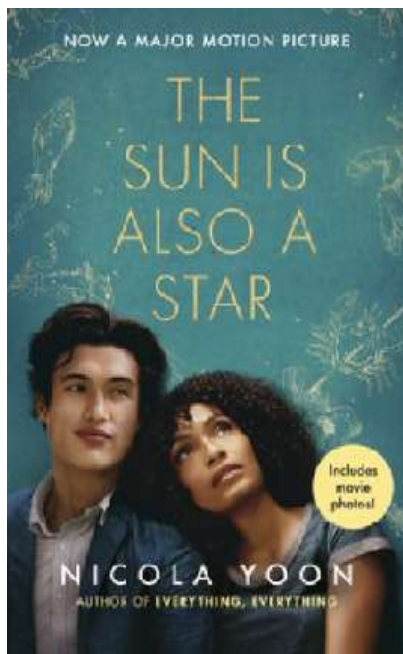
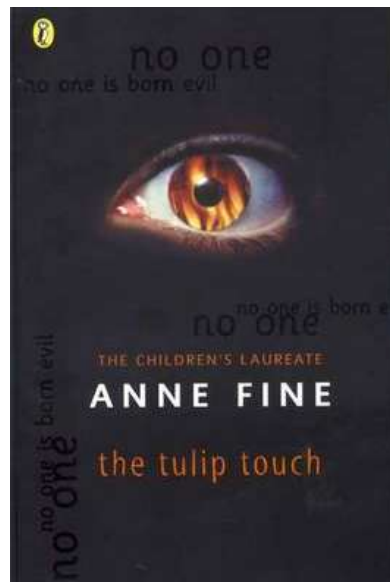


## Highlands book of the month - October

### Recommended read for KS3

#### The Tulip Touch by Anne Fine

None of this matters to Natalie who finds Tulip exciting. At first she doesn't care that other people are so upset and unnerved by Tulip's bizarre games, but as the games become increasingly sinister and dangerous, Natalie realises that Tulip is going far, much too far. Natalie could try to change things. But deep inside she knows that, once crossed, Tulip won't rest until she's won the most dangerous game of all.



### Recommended read for KS4

#### The Sun is also a Star by Nicola Yoon

Natasha: I'm a girl who believes in science and facts. Not fate. Not destiny. Or dreams that will never come true. I'm definitely not the kind of girl who meets a cute boy on a crowded New York City street and falls in love with him. Not when my family is twelve hours away from being deported to Jamaica. Falling in love with him won't be my story.

Daniel: I've always been the good son, the good student, living up to my parents' high expectations. Never the poet. Or the dreamer. But when I see her, I forget about all that. Something about Natasha makes me think that fate has something much more extraordinary in store - for both of us.

The Universe: Every moment in our lives has brought us to this single moment. A million futures lie before us. Which one will come true?



## House competition weekly results

This week's overall house winner: **highest number of achievement points minus concern codes plus the inter house football and year 7 art competition** . Well done **Oak**!

	Beech	Oak	Rowan	Willow
<b>Positive Points</b>	5,564	6,400	6,111	3,772
<b>Negative points</b>	-389	-308	-248	-526
<b>Points overall</b>	5,175	6,092	5,863	3,246
<b>Year 7 boys football</b>	3,000	1,000	2,000	4,000
<b>Year 7 girls football</b>	1,000	4,000	2,000	3,000
<b>Art house comp</b>		1,000		
<b>Total points:</b>	<b>9,175</b>	<b>12,092</b>	<b>9,863</b>	<b>10,246</b>

Here are the top students this week.

### Top students in year 7:

Forename	Surname	Form	House	Points
Afifa	Hakime	7BMS	B	42
Megan	Kabeja	7BMS	B	41
Alea	Kransniqi	7BMS	B	41
Arfah	Shoaib	7BMS	B	37
Sofia	Brits Keye	7BMS	B	36
Jemimah	Cherotich	7BMS	B	36
Cecilia	McClemont	7BMS	B	34
Oliver	Faulkner	7BMS	B	34
Leah	Khan	7OSB	O	34
Megi	Shaban	7BMS	B	33



### Top students in year 8:

Forename	Surname	Form	House	Points
Michael	Angeli	8RAS	R	33
Akeesa Induvari	Gurubebila vitharanage	8BEF	B	32
Florence	White	8ODM	O	32
Erlind	Cela	8RJG	R	32
Maisie	Allan	8RJG	R	31
Levi	Howard	8RJG	R	31
Betsy	Coneywood	8OJT	O	30
Jack	Clitherow	8ODM	O	29
Hasti	Zare	8ODM	O	29
Dylan	Grosu	8ODM	O	29
Tiah	Patel	8RJG	R	29
Evie	Howlett	8WSW	W	29

### Top students in year 9:

Forename	Surname	Form	House	Points
Sophia	Smith	9RBW	R	49
Zulaikha	Chaudhry	9RBW	R	47
Charlie	Bell	9RBW	R	46
Leyla	Suleyman	9RBW	R	45
Hannah	Cullen	9RBW	R	45
Kayla-Faith	Muhelele	9RBW	R	43
Azra	Demirci	9RBW	R	43
Ioanna	Bello	9RBW	R	41
Elias	Xenophontos	9RBW	R	41
Eren	Yener	9RBW	R	41

### Top students in year 10:

Forename	Surname	Form	House	Points
Sophie	Jones	10BLM	B	51
Bana	Tahsen	10BLM	B	50
Lily	Theodorou	10BLM	B	50
Constantinos	Socratous	10ODC	O	49
Elyscia	Lazarides	10BLM	B	48
Amelia	Marrison-Claffey	10BLM	B	45
Ikram	Mohamed	10BLM	B	45
Joshua	Mrozi	10BLM	B	45
Vienna	Ramsey	10RTC	R	44
Melisa	Angelova	10BLM	B	43
Luke	Michaelides	10RTC	R	43





### Top students in year 11:

Forename	Surname	Form	House	Points
Batuhan	Duran	11OKK	O	39
Moroni	Cristovao	11BJC	B	37
Abby	Reay	11OAB	O	32
Tyrae	Best-Daley	11BJC	B	30
Paula	Shehu	11BJC	B	29
Carey	Kirton	11BJC	B	27
Deniz	Gun	11WTH	W	27
Shekhinah	Gitu	11BJC	B	26
Athanasios	Ioannou	11OKK	O	26
Imogen	Ganvir	11BJC	B	25
Jujhar	Sondh	11OAB	O	25
Panos	Anastasiou	11OKK	O	25
Rocco-Star	Chambers	11WDD	W	25

### Top students in year 12:

Forename	Surname	Form	House	Points
Sherihan	Mehmet	12BTD	B	13
Tiana	Martindale	12BTD	B	12
Alesha	Okoye	12WAD	W	12
Nida	Demirkaya	12RJB	R	10
Sophie	Gerrish	12RJB	R	10

### Top students in year 13:

Forename	Surname	Form	House	Points
Ezeika	Willoughby	13OMA	O	14
Ayub	Mohamed	13RCW	R	12
Kyra	Bilsoy	13RSL	R	11
Kristian	Kousoulou	13BJT	B	10
Baden	Doggett	13OMA	O	10
Francesca	Neal	13OMA	O	10
Athanasia	Petrou	13OMA	O	10
Alexandria	Macgregor	13OMA	O	10
Jessica	Griggs	13RSL	R	10



Children in Need - 15<sup>th</sup> November 2024

# Where Oh Where is Pudsey Bear?

## North London Schools are challenging you to find Pudsey Bear!

We are raising funds for Children in Need and need to locate Pudsey before 15th November (Children in Need Day).

All you need to do is donate £5 to locate Pudsey before 15th November by scanning the link below.

When you donate, please ensure you type in the location of where you guess Pudsey is.

The winner (or closest guess) will win a Fortnum & Mason Hamper worth £300 kindly donated to North London Schools in support of our fundraising campaign.

### The facts established thus far...

Pudsey Bear appeared in 1985, and instantly transformed the Children in Need brand. Thus making Pudsey 39 Years old.

Pudsey Bear left the West Yorkshire Town of Pudsey to head to Scotland to buy a new tartan eye patch. We know he met up with his girlfriend who has a love of Musicals. Pudsey has an interest in historical buildings and Harry Potter. Pudsey's lucky number is 7.

Scan to submit your  
guess and donate!



[pinnaclegroup.co.uk](https://pinnaclegroup.co.uk)



# Help us fund raise for our school

Did you know when you sign up to **easyfundraising.org.uk** and purchase goods from shops on the **website** or **app**, **Highlands School** will earn a commission from the sale?

All you have to do is search for **Highlands School Enfield** and select us as your chosen charity and shop as usual.

## Highlands School Enfield

📍 Winchmore Hill, London

£3,565.00 raised

96 supporters

Sign up and support this cause

[www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)

### GET STARTED

#### How to support Highlands School Enfield

- 1** Sign up  
Provide us with a few details to set up your profile with easyfundraising.
- 2** Download our browser extension  
Our Donation Reminder plug-in pops up automatically when you shop to let you know when a donation is available.
- 3** Track your donations  
You'll be able to see how much you've raised in your account and we'll send updates on when Highlands School Enfield gets paid.

Support us through  
**easyfundraising**





## Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](https://www.futurefirsthub.org.uk) and if you have any questions please contact our Alumni Programme Manager at Future First: Tara Human – [tara.human@futurefirst.org.uk](mailto:tara.human@futurefirst.org.uk)

#HighlandsAlumni



### Former student?

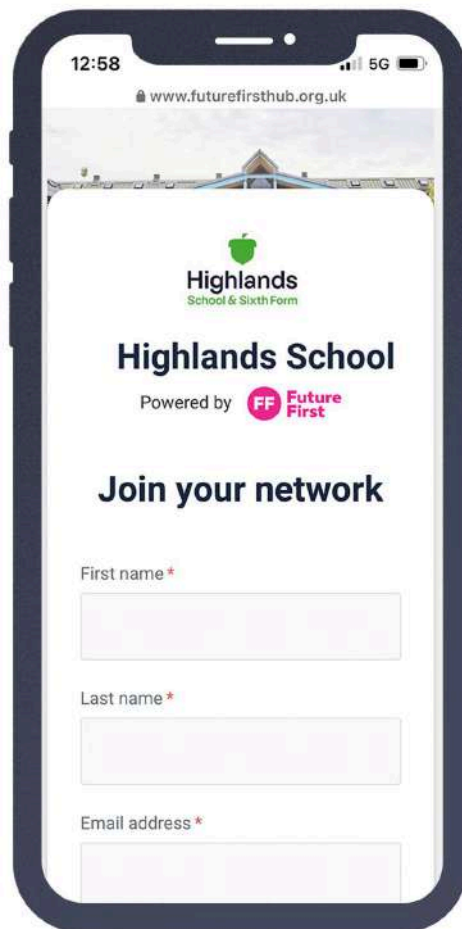
Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.



Scan the QR code to join the Alumni network




12:58 5G

www.futurefirsthub.org.uk

Highlands School & Sixth Form

Highlands School

Powered by  Future First

Join your network

First name \*

Last name \*

Email address \*





## Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room. We recently sent out a [medical and allergy survey](#) to all parents - thank you to all those who have completed this - if you haven't already done so, please can this be completed as soon as possible so we can update our records.

## Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

### Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

### Urgent and other support available

**shout 85258**

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required. Text "SHOUT" to 85258 or visit [Shout Crisis Text Line](#)

**SAMARITANS**

Samaritans 24/7 365 days a year - they are here to listen and provide support. Call: 116 123 or email: [jo@samaritans.org](mailto:jo@samaritans.org)

**Crisis Tools**

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources. Sign up for free resources [here](#)

**PAPYRUS**

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person. Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

**childline**

Childline confidential telephone counselling service for any child with a problem. Call: 0800 1111 anytime or [online chat with a counsellor](#)

**Good Thinking**

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

**THE MIX**

The Mix provides free, confidential support for young people under 25. Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

**Beat**

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder. Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

**kooth**

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



## Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at [staysafe@highlearn.uk](mailto:staysafe@highlearn.uk). This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

## Helpful numbers and websites

**Childline:** 0800 1111

**NSPCC helpline:** 0808 800 5000

**The police:** (if you are in danger): 999

**LGBT switchboard:** 0300 330 0630

**Kooth:** [www.kooth.com](http://www.kooth.com) - support service for students wellbeing

**Multi Agency Safeguarding Hub:** 0300 500 80 90

**Barnardos:** 0800 008 7005

Sign Health: <https://signhealth.org.uk/contact/>


Deaf young people: <https://signhealth.org.uk/with-deaf-people/supporting-young-people/>

## Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

 [X@Highlands\\_sch](https://twitter.com/X@Highlands_sch)

 Instagram [@highlandssch](https://www.instagram.com/highlandssch)

 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands_School_Enfield)

 Threads [@Highlandssch](https://www.threads.net/@Highlandssch)

 Facebook [Highlands School](https://www.facebook.com/Highlands_School)