



Highlands School Newsletter

10 January 2025



Dear parents and carers,

It was a great pleasure to welcome back all our students from their Christmas break this week. We held assemblies welcoming students back to school and outlining the events coming up in the next half term. In today's year 11 assembly we also held our 'Great Debate', when students argued for and against the principle of legalising assisted dying, and then voted as a year group. I was in the debate for its entirety and was very impressed with the quality of the arguments put forward by the eight speakers and by the focus and good conduct of the audience. Special thanks also go to Ms Shah and Ms Lloyd for organising the topic and event.

We have lots of events coming up this half term, listed below. I would like to draw particular attention to the year 11 mock exam results event taking place on Tuesday 14th January and then year 11 parents' evening on 15th. At the Tuesday event at school, we will be giving students in year 11 their mock exam results and explaining the best way for them to revise and be successful in their upcoming GCSEs. On Wednesday, online, at parents' evening, subject teachers can discuss those results with parents, carers and students. Families of students in year 11 should attend both events as they are very important.



Finally, we are writing to parents of students in year 8, 9, 10, 11 and 12 shortly to let them know about our next set of international expeditions, to Morocco in October 2025 and eSwatini (formerly Swaziland) in October 2026. Please read the letters carefully and, if you think that your children may want to attend the trips, come to the information evening we will be holding at school at 6pm on Thursday 23rd January.

Have a great, if chilly, weekend,

Mr McInerney,
Headteacher.

Key dates for this half term:

- Tuesday 14th January: year 11 mock exam results and intervention evening for year 11 parents
- Wednesday 15th January: year 11 parents' evening
- Wednesday 22nd January: year 8 parents' evening
- Thursday 23rd January: 6pm, Morocco and eSwatini launch meeting
- Wednesday 5th February: year 9 options evening
- Thursday 6th February: late start following year 9 options evening (students at school by 11:20)
- Friday 14th February: final day of half term
- Monday 24th February: students return to school

Save the Date: HPFA Quiz Night on Friday 14th March

Our very own headteacher, Mr McInerney will be the quizmaster for the evening! The evening will no doubt prove to be a fun, family-friendly and competitive event!

Tickets are £5.00 and will be on sale via Parent Pay as from Monday 13th January. Food and drinks will be on sale by the HPFA, you are welcome to bring your own nibbles but any alcohol will be subject to a corkage charge.

Please encourage your family and friends to come along for a fun evening, please note that tables are up to a maximum of 8 people and children need to be over the age of 5 to attend.

HPFA



TATE Britain - GCSE and A Level art trip

The art GCSE and A level students visited TATE Britain where they had the opportunity to explore the works of renowned artists such as Chris Ofili, David Hockney, Alvaro Barrington, Henry Moore, John William Waterhouse, and the Morris family.

The students displayed exemplary behaviour throughout the trip, engaging deeply with the artworks and showing a genuine interest in the historical and contemporary pieces on display. Their enthusiasm and insightful discussions demonstrated their passion for art, making the experience both enjoyable and enriching for all involved.





Highlands School features in the Enfield Independent

Highlands School has been featured in the Enfield Independent following its recent Ofsted inspection, where it achieved 'Outstanding' ratings across all five assessed categories: quality of education, behaviour and attitudes, personal development, leadership and management, and sixth form provision.

We are very proud of this accomplishment as it reflects the school's commitment to excellence in providing high-quality education and fostering a supportive environment for its students. Read the article [here](#).



Honour boards

Each year, the honour boards at the school are updated in a tradition that marks the achievements of the past year. The names of the newly appointed strand leads, house captains, house champions, and head students are added to the boards, ensuring that their leadership and excellence are remembered for years to come.

It's a meaningful moment that celebrates both tradition and the continued legacy of student leadership.





Year 11 boys football quarter finals

On Wednesday 8th January, the year 11 boys' football team traveled to Lea Valley to play their Enfield Cup quarter final. After a nervous start, Highlands earned a 2-1 lead at the break. With a flurry of second half goals and a late goal scored by Lea Valley, the final score was 5-3 to Highlands.

Goalscorers: Carey K (3) and Max G (2).

Players of the match: Carey K and Max Gilzean (pictured right)

The team will now play Latymer in the semi final for a place in this year's final. Go Highlands, wishing you the best of luck!

Mr Avann



Bedrock highest achievers

Bedrock have awarded the highest achievers out of years 7 and 8 for their fantastic achievements in this year's first term!

Highest Bedrock points:

- **1st:** Sienna Morgan Jones
- **2nd:** Anya Trivedi
- **3rd:** Megi Shaban

The class with the most Bedrock points: 8RJG. Congratulations to them all.





English competition winners

This week the winners of the KS3 English competition who had to write 100/300 and 500 word stories without reusing a single word, were awarded with their certificates and book vouchers.

Well done to you all.



Dancers of the week

Our dancers of the week are Jessica Smyth and Evie Ferguson for their hard work after school on their performance pieces.



Students showcase Enfield's 88 languages in London parade

Two of our students, Kristain and Angelena Kousoulou, participated in a vibrant parade to celebrate the diverse languages spoken in Enfield. This event, showcasing the borough's 88 languages, highlighted the rich cultural mosaic of the area.

The festivities ended in an awards ceremony. Ultimately the £20,000 top prize went to Lewisham but Enfield was commended for its entry.

They worked together with a number of other participants to help demonstrate the breadth of cultures in Enfield. Multi-lingual eye test charts were used along with banners and T-shirts. You can read more about the story in the [Enfield Independent](#).





Headteacher awards

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award. An award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the headteacher award is proudly presented to the following students.

- **Sibora Myftari 8WMT:** Awarded for showing consistent enthusiasm, excellent behaviour and hard work during BSL Ed-Extra, members of staff from the Deaf Base have enjoyed working with her.
- **Zoe Mathews 7BMS, Beth Rognaldsen 7RAC, Amelia Tyrimos 8OJT, Chloe-Sophia Antoniadis 8RJG, Lydia Petrogiannis 9WMP and Sena Oguz 9WNK:** Awarded for their amazing written work in the KS3 writing competition, in which students wrote 100/300 and 500 word stories without reusing a single word.
- **Peter Pieretti 13BCR:** Awarded for demonstrating exceptional dedication in securing a Degree Apprenticeship.
- **Lavin Karakuzu 12BAS and Tori Payne 12RHK:** Awarded for going above and beyond in the Highlands Winter Wonderland event, raising £130.
- **Tyler Koy 10RTC:** Awarded for assisting another student when they fell off their bike.
- **Omyur Karadzova 10BLM and Aaliyah Lascelles 8WSW:** Awarded for representing Highlands School with distinction during the Royal Opera House trip to see La Bohème, where they were filmed sharing their insights about the performance during the interval.
- **Sienna Morgan Jones 7BMS, Anya Trivedi 7BMS and Megi Shaban 7BMS:** Awarded for being the highest achievers in Bedrock for years 7 and 8.
- **Kingston Barrow 10OSM, Zehra Besler 10WJQ, Lucy Kyriacou 10RCG, Nelin Ahmet 10BLM, Diana Tangestani 10ODC, Sakina Putwa 10WJQ and James Butcher 10OSM:** Awarded for their excellent contribution in The Great Debate event at school.





School announcements

Student vaccinations

Year 9 parents have received an email about vaccinations, please complete the link in the email to consent or not consent by **Friday 17th January**.

Enrichment clubs this term

Monday	Tuesday	Wednesday	Thursday	Friday
Netball Years 9, 10, GCSE 3:15 - 4:30 Sports Hall VBE	Chess club All years Break time M6 MTU	Ed-Extra Yr 7&8 2.10-3.15pm	Arts and Crafts Yr 7-9 3.15- 4pm A7 6th formers	Lego club All years 3.15- 4pm DD3 ABR
	FemSoc Yr 10-13 3.15- 4pm Conference room Wk A ONLY MLL		Girls Football Year 7,8, 9 3:15 - 4:30 Sports Hall SHU and SWL	
	Dungeon and dragons 6th form 3.15- 4pm A5 JGO		Textile club All years 3.15- 4pm T4 RBU	
	Economy society 6th form 3.15- 4pm E1 CRY			
	Debating Society Yr 7-9 3.15-4pm H5 EFR			
	Christian faith club All years 3.15-4.15pm H6 ACH			
	Basketball All Years (boys + girls) 3:15 - 4:30 Sports Hall WED			



PE clubs timetable

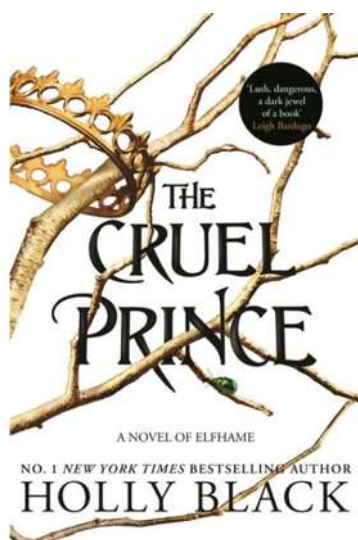
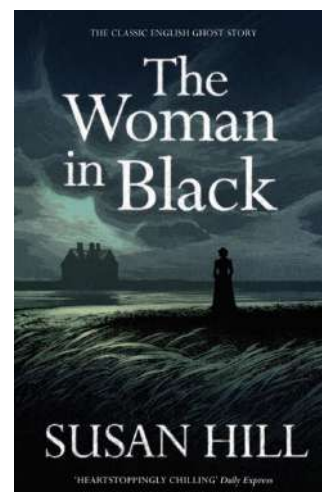
Monday	Tuesday	Thursday	Friday
Netball Years 9, 10, GCSE Sports Hall Ms Berrill 3:15 - 4:30	Basketball All Years (boys + girls) Mr Edwards Sports Hall 3:15 - 4:30	A Level PE intervention Year 13 SL6 Mr Avann 3:15 - 4pm	GCSE PE Practical Club GCSE PE 2nd year students Sports Hall Mr Avann 3:15 - 4:15
		GCSE PE Theory Intervention 2nd year students PE4 Mrs Hutchinson/Mrs Walters 3:15 - 4pm	
		Girls Football Year 7, 8, 9 Mrs Walters/Mrs Hutchinson 3:15 - 4:30 Sports Hall	

Highlands book of the month - January

Recommended read for KS3: **The Woman in Black** by **Susan Hill**

Arthur Kipps, a junior solicitor, is summoned to attend the funeral of Mrs Alice Drablow, the house's sole inhabitant, unaware of the tragic secrets which lie hidden behind the shuttered windows.

It is not until he glimpses a wasted young woman, dressed all in black, at the funeral, that a creeping sense of unease begins to take hold, a feeling deepened by the reluctance of the locals to talk of the woman in black - and her terrible purpose.



Recommended read for KS4: **The Cruel Prince** by **Holly Black**

One terrible morning, Jude and her sisters see their parents murdered in front of them. The terrifying assassin abducts all three girls to the world of Faerie, where Jude is installed in the royal court but mocked and tormented by the Faerie royalty for being mortal.

As Jude grows older, she realises that she will need to take part in the dangerous deceptions of the fey to ever truly belong. But the stairway to power is fraught with shadows and betrayal. And looming over all is the infuriating, arrogant and charismatic Prince Cardan.



House weekly winners

This week's winner is the house with the highest achievement points minus concerns points.
Congratulations **Rowan**!

	Beech	Oak	Rowan	Willow
Positive Points	8,376	8,170	9,175	7,555
Negative points	-247	-155	-229	-261
Points overall	8,129	8,015	8,946	7,294

Top students in year 7

Forename	Surname	Form	House	Points
Francesca	McNeil	7RKM	R	52
Idil	Bozkurt	7RKM	R	51
Orinthia	Goonan	7RKM	R	51
Levi	Xhetani	7RAC	R	50
Morgan	Nash	7RAC	R	49
Ruby	Newton	7RKM	R	49
Daiana	Aybar Ortega	7RAC	R	48
Isabella	Kasamias	7RAC	R	48
Lewis	Price	7RAC	R	48
Helin	Yaman	7RAC	R	48

Top students in year 8:

Forename	Surname	Form	House	Points
Jangra	Jangra	8OJT	O	56
Antoniou	Antoniou	8OJT	O	53
Bauluck	Bauluck	8OJT	O	52
Defreitas	Defreitas	8OJT	O	50
Coneywood	Coneywood	8OJT	O	48
Hashemi	Hashemi	8BEF	B	46
Akpinar	Akpinar	8WMT	W	45
Hassan	Hassan	8OJT	O	45
Lascelles	Lascelles	8WSW	W	45
Mehmet	Mehmet	8OJT	O	45
Taheny	Taheny	8OJT	O	45

**Top students in year 9:**

Forename	Surname	Form	House	Points
Abel	Kalaj	9WMP	W	53
Ethan	Martindale	9RBW	R	46
Marianna	Pallikaros	9WMP	W	45
Austin	Kavanagh	9RCX	R	43
Panayiotis	Palamaras	9RCX	R	43
Leyla	Suleyman	9RBW	R	43
Emily	Newton	9RBW	R	42
Maria	Vassiliou	9ORD	O	42
Anthony	Angeli	9WNK	W	41
Ruby	Knight	9RCX	R	41
Marcus	Marfici	9WMP	W	41
Tishaan	Patel	9WMP	W	41

Top students in year 10:

Forename	Surname	Form	House	Points
James	Cooper-Dobson	10BYC	B	60
James	Simon	10BLM	B	48
Nathan	Mortimer	10ODC	O	47
Gabrielle	Russell	10BYC	B	47
Claudia	Poyiadzis	10ODC	O	45
Hugh	Murphy	10BYC	B	44
Adem	Bimici	10BLM	B	43
Elyscia	Lazarides	10BLM	B	43
Joseph	Smyth	10BYC	B	42
Nihar	Vaidya	10BLM	B	42

**Top students in year 11:**

Forename	Surname	Form	House	Points
Batuhan	Duran	11OKK	O	54
Carey	Kirton	11BJC	B	52
Elaina	Fitzgerald	11WDD	W	47
Ada	Almaz	11BJC	B	41
Paula	Shehu	11BJC	B	41
Marilena	Bello	11RNC	R	38
Rozerin	Bozdag	11WDD	W	38
Sheryce	Crow	11BJC	B	38
Henry	Hanlon	11WDD	W	38
Iasmina	Iacobut	11WDD	W	38
George	Kapas	11OKK	O	38

Top students in year 12:

Forename	Surname	Form	House	Points
Alicia	Seewooruttun	12BTD	B	29
Bradley	Mbaloula	12WDS	W	27
Berat	Bilmec	12WAD	W	26
Rhea	Mehta	12RJB	R	26
Jason	Oladeji	12RJB	R	26
Elias	Osafo	12BAS	B	26
Wunfai Alex	Lo	12BTD	B	25
Jessica	Champion	12OES	O	24
Muhammad	Farooq	12WAD	W	24
Toprak	Palali	12WDS	W	24
Alkeo	Xhamxhiu	12OAT	O	24

Top students in year 13:

Forename	Surname	Form	House	Points
Ethan	Morgan	13RCW	R	28
Daniel	Drysdale	13WTA	W	24
Tyler	Macdonald	13BJT	B	24
Caden	O'Brien	13WTA	W	24
Raphael	Richter	13WTA	W	24
Marcos	Golec	13WTA	W	20
Jannaya	Jiagge-Takyi	13WTA	W	20
Zack	Williams	13WTA	W	20
Alexandros	Savva	13BCR	B	19



For those aged 11-17 years old

CHILDREN & YOUNG PERSONS SERVICES

FRIDAY NIGHT YOUTH CLUB

6:45pm - 8:45pm
TERM TIME

Alan Pullinger Centre
1 John Bradshaw Road
Southgate
N14 6BT

FUN & CREATIVE ACTIVITIES PLUS TRIPS IN THE HALF TERM
FIFA tournaments, chill out zone, creative arts, multi-sports, music sessions, computer room, team games and much much more...

www.ecyps.org.uk
Email: carinaecyps@gmail.com

family lives

Co-parenting with care

Creating a positive environment for children

This programme is specifically for parents who are separated or divorced and needing support to improve their co-parenting of a child/ren living in Enfield. This is a valuable opportunity to enhance relationships and strengthen co-parenting skills. Both parents are welcome to attend.

Sessions include

- Understanding co-parenting
- Communication skills
- Creating a co-parenting plan
- Navigating emotions
- Building a collaborative relationship
- Resources and support
- Moving forward

These 2 courses will be delivered via MS Teams, over 6 sessions on the following dates and times:

Date: Wednesday 5, 12, 26 February & 5, 12, 19 March 2025
Time: 9.30 am - 11.30 am

Date: Monday 24 February & 3, 10, 17, 24, 31 March 2025
Time: 7.00 pm to 9.00 pm

minik karderz

In partnership with
ENFIELD Council

Strengthening Families Strengthening Communities (SFSC)
Programme for Parents - Carers in Turkish

SFSC is an inclusive evidence-based parenting programme developed by the Race Equality Foundation and is designed to promote protective factors associated with good parenting and better outcomes for children in all communities.

Enfield has partnered with Minik Karderz to deliver SFSC to Turkish; Kurdish Turkish Cypriot and Bulgarian Turkish parents/carers living in Enfield.

This 13-week course will be delivered in Turkish and includes:

- Different approaches to parenting
- The process of positive discipline
- Childhood characteristics and information on developmental stages
- Importance of identity, culture, and traditions
- Improving parent-child relationship

FREE

When?: 9.30-12.30 Every Thursday from 9 January 2025 to 3 April 2025
Who is it for?: Turkish and Kurdish speaking parents of children aged birth to 18 years
Where?: Ponders End Youth and Family Hub 141 South Street Enfield EN3 4PX

Certificates will be given to everyone who completes the course/ Refreshments and light snacks will be provided / Creche is available.

How to Book?: self-referral / Referral from professionals email for referral form

Contact information: For more information, contact Sevil Kotan
Tel: 020 7923 7226 or 07792202108 E-mail: s.kotan@minikkardes.org.uk

Start for Life @minikkardes COMMUNITY FUND

Providing NHS services

We can help you with seven common conditions without needing a GP appointment

- **Sinusitis**
(adults and children aged 12 years and over)
- **Sore throat**
(adults and children aged 5 years and over)
- **Earache**
(children and young adults aged 1 year to 17 years)
- **Infected insect bite**
(adults and children aged 1 year and over)
- **Impetigo**
(adults and children aged 1 year and over)
- **Shingles**
(adults aged 18 years and over)
- **Urinary tract infection**
(women, aged 16 to 64 years)

Ask us for more information about this free* NHS service

Visit your Pharmacy First!

*NHS prescription charge rules apply where a medicine is supplied



Help us fund raise for our school

Did you know when you sign up to **easyfundraising.org.uk** and purchase goods from shops on the **website** or **app**, **Highlands School** will earn a commission from the sale?

All you have to do is search for **Highlands School Enfield** and select us as your chosen charity and shop as usual.

Highlands School Enfield

Winchmore Hill, London

£3,565.00 raised

96 supporters

Sign up and support this cause

www.easyfundraising.org.uk

GET STARTED

How to support Highlands School Enfield

- 1** Sign up
Provide us with a few details to set up your profile with easyfundraising.
- 2** Download our browser extension
Our Donation Reminder plug-in pops up automatically when you shop to let you know when a donation is available.
- 3** Track your donations
You'll be able to see how much you've raised in your account and we'll send updates on when Highlands School Enfield gets paid.

Support us through
easyfundraising



Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](https://www.futurefirsthub.org.uk) and if you have any questions please contact our Alumni Programme Manager at Future First: Tara Human – tara.human@futurefirst.org.uk

#HighlandsAlumni



Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.




Scan the QR code to join the Alumni network

12:58 5G

www.futurefirsthub.org.uk

Highlands School & Sixth Form

Highlands School

Powered by  Future First

Join your network

First name *

Last name *

Email address *





Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room. We recently sent out a [medical and allergy survey](#) to all parents - thank you to all those who have completed this - if you haven't already done so, please can this be completed as soon as possible so we can update our records.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

Urgent and other support available

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Sign Health: <https://signhealth.org.uk/contact/>


Deaf young people: <https://signhealth.org.uk/with-deaf-people/supporting-young-people/>

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

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 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands_School_Enfield)

 Threads [@Highlandssch](https://www.threads.net/@Highlandssch)

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