

Highlands School Newsletter

18 July 2025



Dear parents and carers,

All our students took part in activities outside the normal curriculum on Thursday this week. Oak house went to Thorpe Park as their reward for winning the inter house competition this year. Willow, Rowan and Beech stayed in school and took part in an activity day. Hopefully all students enjoyed the day and thank you to Ms Jeynes and all the staff who planned and helped deliver the days. I hope you will take the time to read about our Duke of Edinburgh expeditions, which are covered later in this newsletter. We are proud to have such high numbers of students doing the Duke of Edinburgh award and the bronze and silver students were out and about camping and exploring over the past week.

Although this is the final Friday newsletter of the academic year, it is not the final time we will write to you before the summer holidays. We will be producing our traditional end of year newsletter and sending it home to you on Tuesday next week. That is where you will find reminders of arrangements for the start of term, term dates for next year, and equipment and uniform reminders etc.

We are having a focus on uniform standards next year and I have asked Mr Hurst to write a section of the newsletter today, in his capacity as the deputy head in charge of behaviour and attitudes (a brief that includes uniform). Ms Husseyin prepared a video for all students to watch this morning explaining our focus on standards around uniform for next year, and I want you to be updated on the same day, so please read Mr Hurst's section of the newsletter, on page 19.

Mr McInerney, Headteacher.

Key dates for this term:

Tuesday 22nd July: End of term, half day



Thorpe Park rewards trip

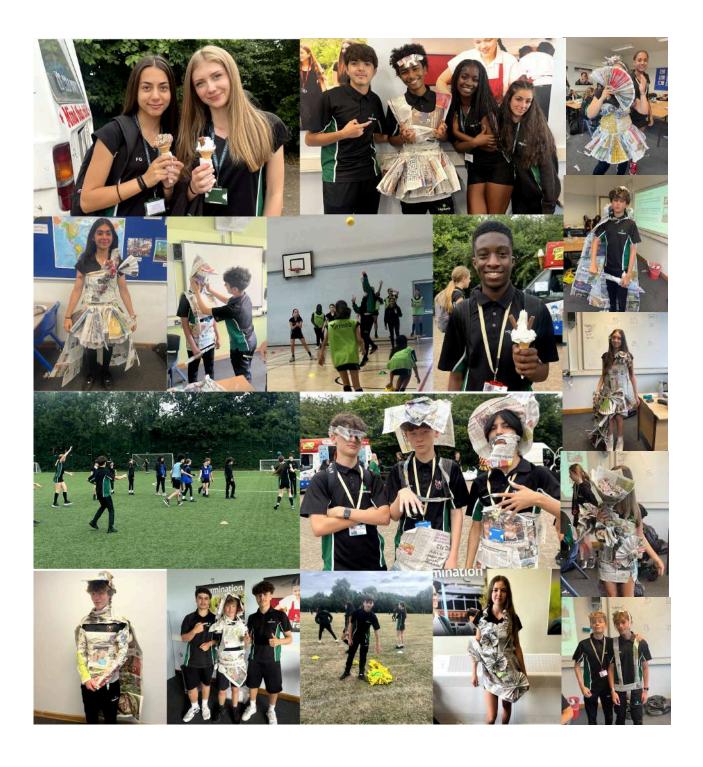
The whole of Oak House - students and staff, had a fantastic time on their well-deserved rewards trip to Thorpe Park after being crowned House Champions 2025. The day was filled with excitement, laughter, and plenty of thrilling rides. It was a brilliant way to celebrate all their hard work and dedication throughout the year. Well done, Oak!





Activity Day

While Oak House celebrated at Thorpe Park, students in Willow, Beech, and Rowan enjoyed a fun-filled activity day at school. The day included a lively quiz with Mr McInerney, creative design challenges, a variety of sporting activities and delicious ice cream. It was a great way to end the year.





The Royal Academy of Music

The Highlands School Orchestra went on a trip to The Royal Academy of Music on Wednesday 9th July. The orchestra students joined with students from five other London-based schools to make a much larger orchestra. We rehearsed all day in our instrumental family groups and then came together to perform the following pieces of music:

- I Wish Stevie Wonder
- A Keelie Makolay Trad. Ghanaian Krobo
- The Great Gate of Kiev from Pictures at an Exhibition Composed by Modest Mussorgsky 1874

The students worked with a group called Orchestras for All who tutored the students all day and conducted the final performances. We all had a great time.

Mrs Miller



The Highlands orchestra: Iyla Shah, Gwilym Jenkins-Green, Samuel Malaj, Kosta Nicolaou, Sita Maitland-Walker, Tyanna Ferreira, Naa Shidaa Quartey, James Holly Morrison, Elena Giudice, Bibiana Edwards, Annalise Demetriou and Cooper Ireland.



USA Cuisine Day

Willow House proudly hosted USA Cuisine Day this week, bringing a flavour of America to Highlands!

Chartwells served up a delicious choice of a Philly cheese stack burger or a Smokey Joe crispy burger, both accompanied by chipotle wedges. To finish, students enjoyed a rich Mississippi mud pie for dessert.

A big thank you to Willow House and Chartwells for a tasty celebration!



English National Ballet School

We're delighted to share the fantastic news that Anna Maia Skliri in year 7 has been accepted as an associate at the English National Ballet School following a successful audition process.

Over the coming year, she will be studying ballet, character, and contemporary dance with the school - an incredible opportunity and a testament to her talent and dedication. Congratulations Anna Maia!

English National Ballet School





Year 12 Duke of Edinburgh - Silver

Last weekend, our year 12 Duke of Edinburgh Silver students completed their training expedition in Ashdown Forest.

Over three days in scorching conditions, they built on their Bronze-level skills and applied them to more challenging terrain. Their determination and resilience were clear throughout, and all students successfully passed the training. They now look ahead to their assessed expedition at the end of September.

Well done to everyone involved!



Year 10 Duke of Edinburgh - Bronze

From Monday to Wednesday this week, 77 year 10 students took part in their Bronze Duke of Edinburgh training expedition in Epping Forest.

The first day at Gilwell Park was spent learning essential expedition skills, including map reading, route planning, setting up tents, and using camping stoves.

On day two, students headed into Epping Forest, putting their new skills into practice while carrying all their kit. The final day saw them navigating a route they had planned themselves, finishing at High Beech.

The year 10s showed fantastic determination and perseverance throughout the expedition and are now preparing for their assessed expedition on 13-14 September. Well done year 10!

Mrs Walters









Year 12 Insight Day at Lloyds of London

Thirty of our year 12 students recently enjoyed an exciting Insight Day at Lloyd's of London, organised in partnership with Future First.

Lloyd's of London, located in its iconic building in the heart of the City, has been at the centre of the world's insurance market for over 300 years. Students were given a guided tour, learning about Lloyd's rich history and its unique building design, including its famous exterior lifts and striking modern architecture, which made the day even more memorable.

During the visit, students took part in one-to-one mentoring sessions with Lloyd's volunteers, exploring career pathways, building confidence, and developing CV and interview skills. The day also included practical workshops on aspirations and resilience, helping students prepare for life beyond school.

We would like to thank Future First, Lloyd's of London, and our students for making the day such a success. Students left feeling inspired, better informed about the world of work, and motivated to take their next steps with confidence.

Mrs Laurenzi





Chicago: Teen Edition - Thank you for your support

As the school year comes to a close I would like to thank everyone for their support with the school show this year which was Chicago and was performed at the Millfield Theatre over three days in June. The show was a great success and we have had some lovely feedback from all of the school stakeholders such as parents and governors, staff and students alike.

The cast included 63 students from every year group and was a real celebration of the incredible talent we have at Highlands School. The show is only a success because of the hard work and dedication that comes from the staff team and students in the cast.

Mrs Miller worked tirelessly with not only the vocal arrangements this year but editing the music. As always she did a sterling job and she is an absolute perfectionist. Mr Herring was working hard the whole week of the show on the headphones doing the sound cues and the level of concentration he and Mrs Miller had to use throughout the show was unmatched. Mr Cross stepped in to direct the show when Miss Cazeau



went to America and he did a sterling job, working especially hard on the courtroom scene and we are endlessly thankful. Mr Hawkins was great, always reliable backstage to help with the mics and we couldn't do the show without him. And finally Miss Godoroja, who only joined the staff at Highlands in April soon proved herself to be invaluable with rehearsals and vocal coaching and we are going to miss her now she is going to Barcelona to work as a professional opera singer for the next 12 months.

Now it is time for me to thank the cast and they showed unrivalled levels of dedication and commitment. This led to the show not just being something to be proud of, but something that went above and beyond pride. For it was trust, it was joy and it was a showcase of the best talent, the best energy, and positivity and a united creative team that just wanted to be the best it could be and I really think we achieved that.

I hope that by being involved in the show the cast and staff were able to grow as performers, as we always aim to add value to any skill set. I hope that everyone made friends and connections that will last longer than their remaining years at this school. I hope that everyone made memories that they will cherish forever and look back in years to come on what was a truly fantastic experience for all involved. I know that the above is true for me, so I hope it is true for everyone else.

Miss Brown



Chicago: Teen Edition - video production for sale

Due to a slight delay in the video production, the purchasing window for Chicago: Teen Edition has been extended until September. The new deadline to order your copy is Thursday 11th September.

Two performance dates are available to purchase on ParentPay - Thursday 26th June and Friday 27th June with each video priced at £7. All orders can be collected in September.



Chicago: Teen Edition - photos for sale

We're also pleased to announce that production photos are now available to purchase via the links below:

- Thursday 26th June 2025
- Friday 27th June 2025

Thank you for your continued support, and we hope you enjoy reliving this spectacular show!

Dancers of the week

The dancers of the week are Jorja Hodge and Darcy Smethurst in year 10 for their great work on the set phrases in their end of year exam.



Music band competition winners

Well done to all of the students who took part in the music band competition.

The entries were incredible and your talent was truly out of this world! From powerful vocals to impressive instrumentals. Great job!

Here's an audio clip from the winning bands.



Highlands School logo - a mathematical masterpiece

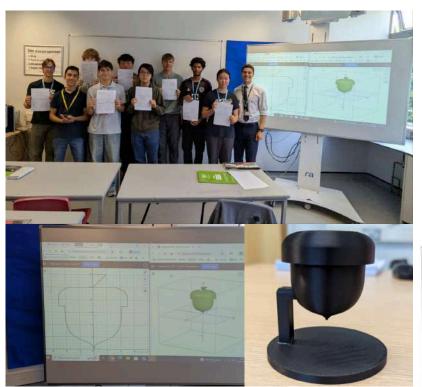
At the start of the year, year 13 further maths students at Highlands collaborated with Mr Tuton to take on a unique mathematical challenge: to construct a set of equations that would recreate the Highlands acorn logo. Their initial version featured proudly at Open Evening. This summer, the project was taken even further by the year 12 further maths class, working alongside Highlands alumni Nicholas Andreou (now studying at Imperial College London), who developed a 3D model of the design.

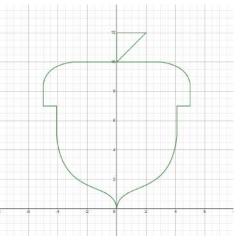
Using advanced mathematical techniques such as coordinate geometry, Bezier curves, and Gaussian elimination, students explored how A level and undergraduate-level maths could bring an image to life. They were also introduced to LaTeX via Overleaf, developing technical writing skills as they began documenting the project in a formal article.

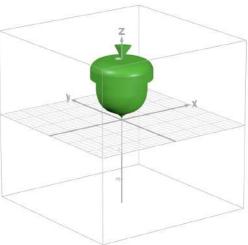
A 3D-printed version of the logo has now been produced, and there's growing excitement around turning this into a permanent school display. The work represents not only impressive academic achievement but also a fantastic opportunity for students to showcase their creativity and apply maths in the real world.

View the 2D Model

View the 3D Model









Former student and watercolour artist

We're proud to share that a former Highlands A Level art student, Abbey Miller, who achieved an A*, is now showcasing and selling her artwork locally in Winchmore Hill.

A great success story and a proud moment for our school community!

Check out Abbey's Instagram page.



Year 9 Form Time Champions

Well done to 9OAC, who have been crowned this term's Form Time Champions! Their enthusiasm, teamwork and consistent effort during the term has made a huge difference.

A brilliant achievement, congratulations to you all!!





Headteacher's Award

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award, an award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the Headteacher's Award is proudly presented to the following students.

- Gaby Russell 10BYC: Awarded for gaining a level 2 Distinction * on her Child development end of year exam which is 3 grades above her target grade.
- Bana Tahsen 10BLM: Awarded for gaining a level 2 Merit on her Child development end of year exam which is 2 grades above her target grade.
- Rowan Vaughan-Williams 7RKM: Awarded for exceptional enthusiasm in English and excellent reading in class.
- **Charlie Webb 70MK:** Awarded for excellent attitude and attendance to Lexia all year round.
- Liya Ali 10BLM, Aaliyah Lascelles 8WSW and Omyur Karadzhova 10BLM: Awarded for their brilliant contribution to the Deaf Awareness assemblies and for encouraging DARE values.
- Sami Osmanli 12BTD, Ariella Duodu 12RJB, Sean Ketcher 12RHK, Rhea Mehta 12RJB and Zac Maclean 12WDS: In recognition of the maturity and initiative demonstrated during work experience.
- Daniella Ioannou 7OSB and Parisia Georgiades 7OMK: Awarded for working exceptionally well in Maths
- Melisa Angelova 10BLM and Nea Petritaj 9WNK: Awarded for achieving 100% in their end of vear GCSE PE written exam.
- Nieve Pratt 7WEF, Zakariyya Ahmed 7OMK, Regan Roberts 7OMK, Leah Bernasconi 7WEF, Sophia Smith 9RBW, Gaby Ruusell 10BYC, James Butcher 10OSM and Adem Bimici 10WJQ: Awarded for working hard throughout the school year, always putting in a lot of effort and wanting to succeed. Keep this up into the next school year!
- Kunal Das 8WSW: Awarded for getting above a 900 streak on Lexia, scoring the highest out of everyone on the programme.
- Alexander Antoniou 100SM, Kingston Barrow 100SM, Vishanne Beezadhur 100SM, Dino Mason 100DC, Alfie Forshaw-Hogg 10RCG, Claudia Poyiadzis 100DC and Finley Sweeney **100DC:** Awarded for helping with the set up and take down for Ed-Extra.
- Matthew Nicolaou 90RD, Michael Angeli 8RAS, Niamh Synnott 7BAS, Yagmur Olcay 120ES, Emily Newton 9RBW, Jasmine Desai 12OAT, Suryan Mistry 7WEL, Mark Bates 7BMS, Francesca Georgiou 10WCM, Destina Kaynar 9ORD, Eleanor Smith 12OAT, Ermioni Tsantikou 10OSM, Naomi-Rose Folorunso 7WEF, Grace Zelechowski 12RHK, Yuxi Chen 9BBK, Nathan Oladeji 8WMT, Henry Plume 8WMT, Aaron Newman 10RCG, Aaron Habib 7OMK, Jacob House 7OSB, Amelia Stevens 7OSB, Dennis Erdogan 9OAC, Alex Hunt 12WDS, Ruby Wakeford 9ORD, Kingston Barrow 10OSM, Franceska Koci 10RTC, Noah Chavda 7BAS and Reuben Maple 7BAS: Awarded for helping with the HPFA Welcome Festival.
- Rhea Mehta 12RJB: Awarded for exceptional leadership qualities during Ed-Extra drama.
- Vishanne Beezadhur 100SM: Awarded for exceptional demonstration of musical talent for the HPFA Welcome Festival.
- Julia Roszkowska 10BYC, Gabriela Kusz 10BYC, Andrey Petropavlovskiy 80DM, Laia Aybar Ortega 7RKM, Adrianna Asade 7BAS, Ioanna Hoxha 7BMS, Sashvika Sathiyaseelan 7OMK,



Afifa Hakime 7BMS, Charlie Gill 9OAC, Cameron Brodie 7WEL, Rhea Mehta 12RJB and Isaac Mooney 12WDS: Awarded for consistent exemplary behaviour, helping staff and supporting fellow peers at quiet lunches during the school year.

- Elis Cristovao 10WCM: Awarded for showing outstanding commitment and enthusiasm during the UKAEA Work Experience Programme 2025.
- Constantinos Socratous 100DC and George Baker 10BYC: Awarded for achieving the highest grade in the year 10 business mock exam.
- Arseniy Ermolovich 10BLM: Awarded for achieving the second highest grade in the year 10 business mock exam.
- Ioanna Hoxha 7BMS, Laia Aybar Ortega 7RKM, Alessia Koci 7WEF, Isadora Da Silva 7WEL, Fedor Nikolaitsev 7WEL, Aleyna Livan 8BEF, Andrey Petropavlovsky 8ODM, Hazal Akpinar 8WMT, Raha Hashemi 8BEF, Defne Kaynaroglu 9WNK, Navid Mohammadeghaei 9BAM and Baran Baran 100SM: Awarded for great attendance to EAL intervention throughout the year and making fantastic progress in the end of year proficiency exams.
- Iyla Shah 7WEL, Gwilym Jenkins-Green 7BAS, Samuel Malaj 9ORD, Kosta Nicolaou 7RKM, Sita Maitland-Walker 8BLR, Tyanna Ferreira 9OAC, Naa Shidaa Quartey 11WTH, James Holly Morrison 8WMT, Elena Giudice 12BAS, Bibiana Edwards 9BBK, Annalise Demetriou 12WDS and Cooper Ireland 10BLM: Awarded for their exceptional performance in the school's orchestra.
- Hus Gokpinar 7RKM, Tobey Harris 7RKM, Kosta Nicolaou 7RKM, Jaden Garcia 7RKM, Hollie Chambers 7RAC, Skye Hawkins 7RAC, Leon Spalvec 8RJG, Alara Kilic 8RAS, James Dervish 8RJG, James Mehmet 8RJG, Aarav Shah 8RJG, India Barron 9BBK, Lucie Sadler 9BBK, Isabel Antoniou 9BAM, Bibiana Edwards 9BBK, Tiah Patel 8RJG and Lara Almeida 9BBK: Awarded for winning the inter house music band competition for their year group.
- Eunique Tshiamala 10BYC: Awarded for maturely and confidently de-escalating a challenging situation.





Ed-Extra

Our year 7 and 8 students had a fantastic time during their final Ed-Extra session of the year this week! In Science Sparks, they were challenged to build the tallest and strongest bridge using only paper and tape. It was a tricky task, but they showed great creativity and determination. Well done to all!



Library Reminder: Please return books by end of term

This is a friendly reminder to return any library books you currently have by Monday, 21st July. Please place them in the blue box outside the Library.

Over the summer break, you can continue to enjoy reading and listening to books through our ePlatform, Wheelers. The app is free to download and can be accessed via the Highlands School website.

You can read anywhere – on the beach, on a plane, or wherever summer takes you!

Wishing you a relaxing and enjoyable summer – happy reading!

Mrs Mehmet



School announcements

Lost property

Please click here for a list of lost property received since the start of term. If your child has lost anything listed, or any other item, please ask them to check with the school office, as things arrive daily. All items being claimed will need to be identified by the student. Please can we also remind parents/carers to label all uniform and belongings so we can get items back to students as quickly as possible.

Highlands meal prices - September 2025

Here is a list of Highlands meal prices for September 2025.

School uniform donations

If you have spare uniform items to donate, please take them directly to Smiths Uniform Shop, as the school is no longer collecting donations.

Have Your Say - Enfield SEND Local Offer

Enfield is currently carrying out a self-evaluation of its SEND Local Offer, which includes services provided by the local authority, health, and social care. As part of this, they are gathering feedback from Enfield SEND pupils and their families to better understand their experiences and identify areas for future improvement.

We kindly ask all Enfield SEND families at Highlands to take part by completing the following questionnaires:

- Parent/Carer Questionnaire
- Children/Young People's Questionnaire (easy read version)
- Children/Young People's Questionnaire

Thank you for your support in helping us strengthen SEND provision across Enfield. We wish all our families a wonderful summer!



A Level and BTEC results day - Thursday 14th August 2025

On Thursday 14th August the school will be open from 8:30am for students to pick up their A Level & BTEC results. Results will also be available electronically at 8am on 'student portal' (bromcomvle.com) to give students an opportunity to view their results from home and to contact universities as soon as possible, should they need to.

Once students have collected their results from the hall, members of staff will be available to offer support in the canteen. This will include support with UCAS and clearing. If students do not need any support following the collection of their results they will be asked to leave the site.

UCAS Track will go live at 8:00am on results day. Here students will be able to see whether they have met the conditions of their university offer. More information can be found on our website.

GCSE results day - Thursday 21st August

Year 11 results will be available for collection at school on 21st August 2025. Students should arrive at the following times and line up on the concourse before entering the building to collect their results from the canteen.

9.00am: Oak and Rowan house 9.45am: Beech and Willow house

They will be given an envelope containing their results and a letter letting them know whether they have a confirmed place at Highlands school's sixth form. Pre-ordered year books and leavers' hoodies which have not already been collected will also be available for collection. Results will be available online later on in the day.

Year 10 students will be able to access their results via the My Child At School app from 10am. Students in year 10 should only come on site if they have accessed their result via MCAS and require the additional face-to-face support of a member of staff.

Highlands school's sixth form enrolment day will also take place on the 21st August from 9am. After students have collected their results they will have a progression interview with a member of SLT or the sixth form team about their next steps and enrolment. If your child is unable to enrol on that day then you will need to email the sixth form team before the 16th July on sixthformadmissions@highlearn.uk. Year 12 students will be returning to school on Tuesday 2nd September, but information will be provided about the first day and induction process in September during the enrolment process.

More information can be found on our website.



Uniform, Jewellery and makeup update

Mr McInerney has asked me to write to you in my capacity as the deputy headteacher responsible for behaviour and attitudes at Highlands. As part of my role I am responsible for uniform, and this section of the newsletter contains some reminders about how our uniform should be worn at Highlands. It also informs you of some changes to the school uniform for September 2025.

At Highlands our uniform is central to promoting a sense of pride, belonging and professionalism across our school community. School uniforms promote equality and prevent unkindness by ensuring that students wear the same items of clothing, meaning there is less pressure on families to buy expensive or designer clothes to be worn at school. By ensuring that all students wear our school uniform, and do not wear jewellery and make up, we are able to reduce the number of distractions that may divert students' attention away from learning. We want students to pay attention to the lessons they are being taught, and not feel self-conscious about their appearance. Our uniform also encourages students to develop positive habits for life, as dressing in a professional and smart manner is important in many careers.

It is for this reason that we are always keen to take feedback from staff, students and parents on how we can improve our school uniform. In September 2023, for example, our new, more affordable school uniform was launched. I am sure you will agree that the launch of the new uniform has been a great success thanks in large part to the support of our parent and carer community. The introduction of the summer polo shirt has been particularly popular.

However, we are constantly looking to improve the uniform offered to our students. Over the past few months we have taken feedback from a range of stakeholders, including staff, governors, parents and students, on how we can further improve our uniform, and the way in which students wear their uniform. The resultant updates and reminders, which have been approved by the school governors, and which will come into effect at the start of next academic year (September 2025), are set out below.

Trousers

At Highlands we believe that we show our professionalism by wearing our trousers on the waist, and not 'sagged'. This habit is important for our school context and for the professional contexts students may work in during later life. Therefore, all students will wear their trousers on their waist in September 2025.

We ask parents to support their children in wearing their trousers around the waist by ensuring that their child's trousers fit and if necessary providing their child with a plain black belt. We also ask that parents ensure that their child's PE tracksuit trousers fit correctly around the waist.

Students and parents have told us that they find the school trousers uncomfortable to wear during hot weather. Therefore, we are exploring the possibility of giving students the choice of wearing smart, tailored shorts during the summer term. We thank our students and parents for suggesting this improvement, and will be in contact with parents and students as soon as we have more information.



Skirts

Like many schools, Highlands School's behaviour and uniform policy sets out the length at which skirts are worn. Parents, staff and governors have asked Mr McInerney and me, as the senior leader responsible, to ensure that our policy on skirt length is being followed. This is because

At Highlands School we wear appropriate clothes, in the appropriate way for the settings in which we learn. Therefore, we ask that skirt hems are worn in line with the knee in September 2025. We ask parents to support their child in meeting this expectation by ensuring that skirts are the correct length.

I would also like to draw your attention to the fact that the school's skirts are sold in three different lengths. There are also three different trouser options, each of which can be worn in place of a skirt. We therefore hope that students will be able to find an appropriate, comfortable uniform choice.



The skirt in the picture on the left is worn correctly because it is in line with the knee. The skirt on the right is not worn correctly as it is not in line with the knee. The skirts in the photographs above are modelled by an adult.

Jewellery and makeup.

In order to ensure that our school uniform policy promotes a sense of unity, we would like to take this opportunity to remind you of our current expectations around makeup and jewellery. We request that you support the school's uniform policy by ensuring that your child does not come to school with fake nails or eyelashes, has no more than one stud earring in each ear and does not not wear anything on their wrists. Nothing should be worn around the wrist, apart from analogue or digital (not smart) watches. If students would like to wear a religious symbol then they are more than welcome to do so on a chain around their neck, with the chain worn inside the shirt or polo shirt.

PE kit

As a result of the pandemic we allowed students to wear their PE kits for the whole day, on the days that they had PE lessons, and not just for their PE lessons. This change was well-received by students



and parents. As a result, we decided to make the change permanent. However, as stated above, at Highlands students wear appropriate clothes, in the appropriate way for the settings in which we learn. This means that we have made a slight adjustment to the PE kit for 2025-2026 in order to ensure that the PE kit is appropriate for classroom-based lessons, as well as for practical PE lessons. Therefore, skorts will no longer be part of the PE kit from September 2025-2026.

The school's PE kit not only promotes a sense of belonging and equality, but also enables students to engage in a wide variety of sporting activities in a safe and comfortable way. We are keen to maintain this. Therefore, should students choose not to wear the school's branded tracksuit trousers, they will have the option to wear black, unbranded or school-branded, loose fitting shorts worn to the knee, or just above the knee.

We are aware that some of our new year 7 parents may have already purchased skorts. We have spoken to Smiths Schoolwear and Uniform4kids. Both shops have agreed that if skorts are returned unworn and with the labels still attached then a full refund will be provided.

I hope that you have found this information informative. Should you have any further questions please feel free to contact me, Mr Hurst, at postbox@highlearn.uk.

Best wishes,

Mr Hurst





DISABILITY CRICKET SHOWCASE

THURSDAY 31ST JULY 2025

ENFIELD CC MIDDLESEX D40

WHEN:

THURSDAY 31ST JULY

4PM: DOORS OPEN 5.30PM: T20 STARTS

8PM: FINISH



WHERE:

ENFIELD CRICKET CLUB

9 LINCOLN ROAD ENFIELD EN1 2RY

PARKING AVAILABLE

CELEBRATE INCLUSIVE CRICKET WITH US

SUPER 15 CRICKET ACTIVITIES FROM 4PM

RAFFLE IN THE INNINGS BREAK (MIDDLESEX SIGNED SHIRT AND TICKETS TO BE WON!)

CONTACT:

□ DAISY MEADOWCROFT

daisy.meadowcroft@middlesexccc.com























Register now: www.youthenfield.taptub.co.uk/summeruni25



My Young Mind Enfield

My Young Mind Enfield, is a project funded by the NHS, offering support to children, young people, parents, and schools within the Enfield community.

My Young Mind Enfield is offering a programme of four parent online workshops this Summer (July-August 2025). Click here for more information.

Summer 2025- Online Parent Wellbeing Workshop Programme				
Workshop	Introductory workshop on:	For Parents of:	Date	Time
Cultivating Courage	Anxiety	Primary and Secondary School children	28/08/25	1pm
Calm and connected	Managing Stress	Secondary School Children	04/08/25	12:30p m
Feelings in Focus	Emotional Wellbeing	Primary School children	19/08/25	10am
The Building Blocks of Behaviour	Child Behaviour	Primary School children	12/08/25	10am
Regulating Responses	Sensory Differences	Primary and Secondary Children	29/07/25	2pm



Help us fund raise for our school

Did you know when you sign up to easyfundraising.org.uk and purchase goods from shops on the website or app, Highlands School will earn a commission from the sale?

All you have to do is search for **Highlands School Enfield** and select us as your chosen charity and shop as usual.



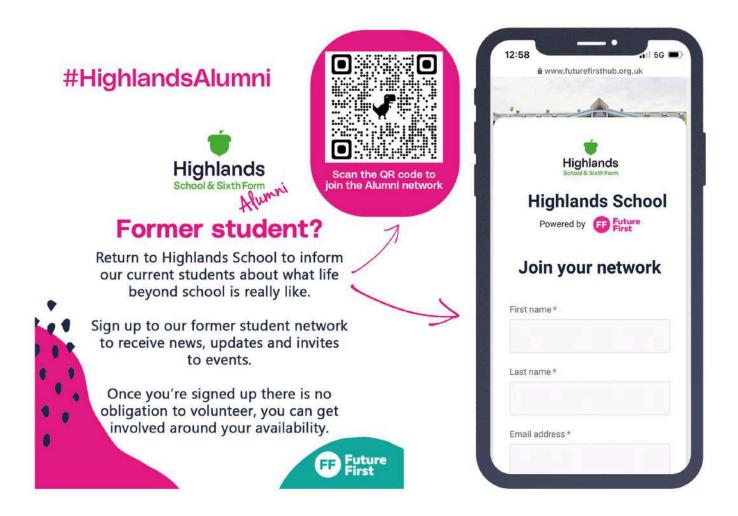


Highlands School Afunni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information, than former students!

We are working with education charity Future First to set this up, and all you need to do to get involved is sign up here: Highlands School Alumni or alternatively scan the QR code below.

More information is on our website and if you have any questions please contact our Alumni Programme Manager at Future First: Faithia Garffus – faithia.garffus@futurefirst.org.uk





Student medical needs

If your child needs to take regular medication in school, please fill out the following Medicines Consent Form to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.





Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and all the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999 **LGBT switchboard**: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Sign Health: https://signhealth.org.uk/contact/

Deaf young people: https://signhealth.org.uk/with-deaf-people/supporting-young-people/

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

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