

# Highlands School Newsletter

17 June 2022

This was the penultimate week of GCSE and A level exams for students at Highlands. Ms Bell, our exams officer, told me that this year's year 11 students were the best behaved year groups she has ever put through GCSEs - well done to those students. The year 11s will be back in school in their own clothes for the end of year BBQ next Thursday, 23rd June and we look forward to seeing them then.

I hope you all take the time to read through today's newsletter because it is full of some of the wonderful achievements of our students in areas such as art, sports and STEM (science, technology, engineering and maths).

We have made some changes to pastoral leadership at Highlands in order to release Ms Murdock to start working with the year 6 students who will be joining us next year. Students have had assemblies informing them of the changes and introducing them to their new heads of year.

The year groups with new heads of year are years 7 and 10, all other year groups still have the same head of year. Any further changes for September will be communicated before the end of term.

## Year 7

- Ms Berrill is the new head of year 7.
- Ms Murdock will now be focussing on supporting the transition of the new year 6 students.
- Ms Forshaw will continue as the behaviour mentor for year 7.

## Year 10

- Ms Hutchinson is the new head of year 10.
- Mr O'Doherty will continue as the behaviour mentor for year 10

Ms Murdock, Ms Berrill and Ms Hutchinson will be writing to year 7 and year 10 parents to share some further information and contact details.

Finally, I would like to update you about toilets. Unfortunately there have been incidents of poor behaviour in our toilets. They are the only area of the school that we cannot supervise and so, sometimes, groups of students congregate there and misbehave. I want to assure parents, carers and students that we will make sure that behaviour in toilets is good. I have issued serious sanctions to students who misbehave in the toilets. We are also working with architects to explore how we can update the layout and design of the toilets to bring them in line with designs more similar to toilet blocks built in new schools, which lead to far fewer behaviour problems.

Enjoy the sunshine and have a great weekend,

Mr McInerney  
Headteacher

## **Design and technology**

A huge, massive well done to all our Year 10 GCSE Design and technology students who have completed their two year course, they have completed their NEA worth 50% and this wednesday they sat the written paper.

A special mention to the following students who have excelled themselves, they have worked so hard to achieve the best they can and in some cases gone above and beyond! Their commitment and attitude to learning has been commendable, they have demonstrated a real flair for this subject and will no doubt go on to do great things in the future and be very successful.

Zhysha Prendergast

Demi Charalambous

Theo David

Beirhan Guven

Baran Cambaz

We wish you all lots of luck for the future.

## **Year 11 end of year celebrations**

Next week the year 11s will finish their GCSE exams. We will be celebrating after their final exam on Thursday 23rd June, with a celebratory BBQ. All students will have their final exam in the morning and will be dismissed to go home and get changed out of their school uniform. The dress code for the celebration will be smart casual. The students are required to arrive back at school for 2:15pm and the event will finish at 4:30pm.

## **Year 11 prom**

We are pleased to inform you that we have secured a booking at Forty Hall for the year 11 prom. We hope that this will be a joyous occasion for our year 11 students to celebrate the end of their assessments and their time at Highlands school.

- The year 11 prom will take place on 4th July 2022
- The prom will take place at Forty Hall and will begin at 19:00 and finish at 22:30.
- The cost of the prom is £40 which includes a snack buffet, photo booth, sweet stall and soft drinks.
- Please confirm your booking via Parentpay in order to reserve a space

The deadline for tickets will be Sunday 19th June.

## **Year 11 yearbook and hoodies**

We are working with Fizz-Yearbooks, the UK's premier supplier of yearbooks, to produce our year 11 yearbook and hoodies. They are sure to be a wonderful keepsake for the students to treasure throughout the rest of their lives. The cost of a yearbook is £20 and the hoodies are £22.50. This should be purchased directly from the fizz website (details below).

<https://shop.fizz-group.co.uk/>

Our School Unique ID is: 25718YR11

I have been able to extend the deadline to 26th June. So there is still time to purchase your merchandise. All orders will be delivered directly to school for you to collect, and we will be arranging for collection to take place on results day.

We would like to ensure that all students have the chance to participate in our end of year events but understand that for some families funding an event of this kind can be difficult. Please contact Mrs Hutchinson [hutchinsons@highlearn.uk](mailto:hutchinsons@highlearn.uk) to discuss financial support towards the prom or the purchase of the other items listed above should you require it.

Please also contact Mrs Hutchinson if you wish for your child's name/photograph to be excluded from the hoodie/yearbook, or if you have any other questions.

Many thanks,  
Mrs Hutchinson  
Head of year 11

### Duke of Edinburgh

We are delighted to share with you this certificate celebrating our DofE group's volunteering and its impact. Participants from Highlands school dedicated 468 hours to volunteering between April 21 and March 22, with a social value of £2,152.16. This is an incredible achievement, and we are proud of every student who has taken part.



### Table tennis success

Well done to James Wang who had been invited by Table Tennis England to play Mark Bates national championship U13 boys singles on 11th June in Wolverhampton.

During the play, James fought hard to his opponents and didn't give up when facing a top-rated player (ranked No7 in the U13s category). Although he lost the game, he managed to win one set when playing against the top player. He won two games and lost two. The final scores were 3-1, 3-1, 1-3 and 2-3. Due to his consistency, perseverance and enthusiasm to the sport, he went through the group stage as he had one more score when counting to the one he lost 2-3. He lost the quarter-finals 1-3.

Though he didn't qualify, he thoroughly enjoyed the games and learned a lot from the experience. He will represent schools in Enfield county next Sunday 19th June in Redbridge sports centre. Well done James and good luck for your next game!

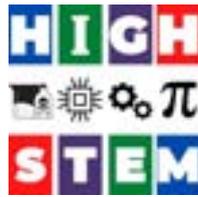


### Art department

Below are some of the gargoyle drawings that year 7 recently completed.



## Dr Len's STEM announcements



**CONGRATULATIONS** to our following STEM aspiring students on their successful applications to the following programmes that Highlands School proudly supports;

### **TARGET Medicine: Become (UCL)**

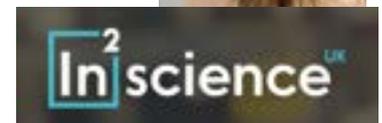
We are pleased to announce Deron-Jayden Nyarko-Duodu's (year 10) application to UCL's Target Medicine Become event that will be held on Friday 24th June was successful. Congratulations on securing your place DJ, we are looking forward to reading your report on the event!



### **In2ScienceUK (UK universities)**

Each year In2scienceUK receives over 2,000 student applications and gives nearly 500 students the opportunity to take part in life-changing STEM placement opportunities, working alongside researchers and industry professionals to get hands-on STEM experience over the summer. To date, 75% of participants progress onto STEM degrees. This is something In2ScienceUK are proud of, as they are not a gifted and talented programme and aim to take students of all levels studying STEM subjects.

Congratulations to Zunara Kaisar (year 12) on successfully winning a competitive position on this prestigious programme, which will be run during Summer 2022. We are looking forward to hearing all about it after Summer.



### **Nuffield Research Placement (Nuffield Foundation)**

Nuffield Research Placements are funded by the Nuffield Foundation and delivered by STEM Learning. They are engaging, hands-on research projects, where students have the opportunity to make a meaningful contribution towards the work of a host organisation. They are a fantastic opportunity for students to apply skills and knowledge learned at school and work alongside researchers and industry professionals.

Congratulations to Maryam Mohamed (year 12) on successfully selected for a competitive position on this prestigious programme, which will be run during Summer 2022. We look forward to hearing about your experiences after the programme.



### **Eco School council team participating in the Restoring Enfield's Rivers Event – Prince Of Wales Open Space, River Action Day 31.05.2022**

Several of our Eco council members volunteered at the Prince Of Wales Open Space, River Action Day, near King George's Reservoir, in the East of Enfield. Not only were they involved with helping to conserve and restore one of Enfield's many open spaces, it also gave them an opportunity to be outdoors, make new friends, and learn new skills. This event is the fourth 'Balsam Bashing' of the season, along Turkey Brook.

A full write-up of the event can be found in last week's newsletter [here](#) . We have received some more photos of the day that highlight what our eco council members Benjamin James (year 10) and Alan Petritaj (Year 12) worked on to help restore King George's Reservoir. Well done to the both of them for taking the initiative to conserve our environment.

If you are interested in helping to conserve and restore Enfield's Open Spaces, as well as, other areas around London you can [click here](#) to sign up to the next event.



### **Clinical Research Opportunity reminder**

The Research Engagement Conference offers students the rare and exciting opportunity to get involved with clinical research - before they even get into University! That's a fantastic addition to their UCAS application and CV.

**Sunday 26th June 10am - 6pm**

Students can register using the link below. I would greatly appreciate it if you shared this with them:

<https://airtable.com/shr5cezxGuJuSQv3X>

### **Get into Medicine reminder**

The end of the academic year is fast approaching and students are running out of time to apply for Medicine. The next available Get into Medicine Conference dates are:

**Sunday 26th June**

These conferences cover everything students need to know about the UCAS application and give them a chance to speak to Doctors and Medical School Students. They can register here: <https://airtable.com/shr66li3bgG3ZpkPM>

## Happy STEMing!

Dr Len

## Mental health

We are continuously working hard to improve our understanding as a community of mental health to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please contact one of these numbers to seek support. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child. Please see details below on all the support available.

# Urgent mental health support - 24/7 crisis lines



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



### **Safeguarding contacts**

If there is a concern about a Highlands School student, please contact the school on 020 8370 1100 or email the DSL at [staysafe@highlearn.uk](mailto:staysafe@highlearn.uk).

If the school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555.

If a student is in immediate danger, call the police on 999 straight away.

### **Helpful numbers and websites**

**Childline:** 0800 1111

**NSPCC help line:** 0808 800 5000

**The police:** (if you are in danger): 999

**LGBT switchboard:** 0300 330 0630

**Kooth:** ([www.kooth.com](http://www.kooth.com)) support service for students wellbeing

**Multi Agency Safeguarding Hub:** 0300 500 80 90

**Barnardos:** 0800 008 7005

Talk to someone:

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel sad, anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you