



MMB – BREAKFAST **BACON BAGUETTE** QUORN PATTIE, CHEESE AND EGG ENGLISH MUFFIN 🔮 MUST BE AVAILABLE EVERY DAY

THIS WEEK'S







FOOD UNION



Toasted Crumpet V Toasted Bagel V Toasted Teacake V



Toasted Multi Grain Bagel 😻 📀



TOAST MUST BE AVAILABLE EVERY DAY

MMB - BREAKFAST – TOAST STATION







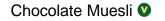


MMB - BREAKFAST – MUESLI AND PORRIDGE

Strawberry Muesli

Apricot Topped Porridge 🔮

Chocolate and Orange Muesli



Porridge 🔮

Sultana Topped Porridge 🔮

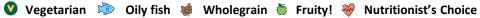
Banana Topped Porridge 🔮





FOOD UNION

🔮 Vegetarian 🔌 Oily fish 🗰 Wholegrain 🎽 Fruity! 😻 Nutritionist's Choice



Internal

Hawaiian Pizza

Vegan Margherita Pizza 🔮 Cajun Chicken Sizzler Pizza

The Veggie Hot One Pizza 🔮











MMB – SANDWICHES CHEESE AND HAM SANDWICH MUST BE AVAILABLE EVERY DAY ALL SANDWICHES AVAILABLE ON WHITE OR BROWN BREAD #

THIS WEEK'S

Cheese and Tomato Chicken Mayo Sandwich Cheese Ploughman's Egg Mayo Sandwich Sandwich Sandwich Sandwich Egg Mayo Sandwich Cheese and Ham Sandwich Vegan Cheese Sandwich Cheese Salad Sandwich Cheese and Pickle Sandwich

Tuna and Sweetcorn Sandwich

Tuna Mayo Sandwich

Ham Salad Sandwich



FOOD UNION



MMB – SALADS

Chicken and Bacon Pasta Salad

Tuna and Sweetcorn Pasta Salad

Cheese Shaker Salad



FOOD UNION

Jerk Chicken and Noodle Shaker Salad

Roasted Butternut Squash, Chickpea and Broccoli Bowl 💓 👔





MMB – PANINIS AND TOASTIES CHEESE PANINI

CHEESE AND TOMATO SAUCE PANINI © MUST BE AVAILABLE EVERY DAY

Tuna Melt Panini

Cheese and Bean Toastie 🔮

Vegan Cheese and Bean Toastie

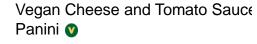
Ham and Cheese Toastie









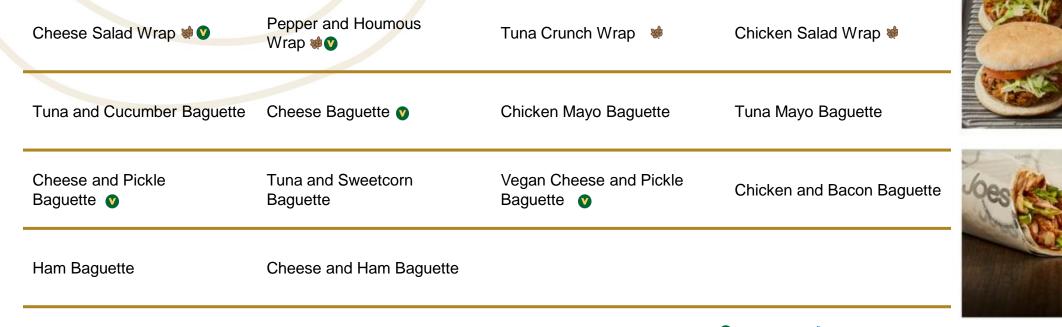


😢 Vegetarian 🔌 Oily fish 😻 Wholegrain 🎽 Fruity! 😻 Nutritionist's Choice

Internal



ALL BAGUETTES AVAILABLE ON WHITE OR BROWN 🐲





MMB – BAGUETTES AND WRAPS



FOOD UNION

MMB – HEALTHY SNACK PINEAPPLE POT * O FRUIT AND STRAWBERRY YOGHURT * O MUST BE AVAILABLE EVERY DAY

Carrot Sticks with Houmous 🤎 🔮

Cucumber Sticks with Houmous 🤎 🔇

Tomatoes with Houmous 😵

Cucumber, Carrot and Cherry

Fruit and Cherry Yoghurt Pot 🤎 🔮

Fruit Salad Pots 🛛 😻 💟







