

WEEK 1 MENU

CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON

Bangers and Mash
with Peas and Gravy

Plant Based Sausages ♻️
with Mash, Peas and Gravy

TUE

Chicken Masala Naan
with Crispy Spiced Potatoes
and Mint Yoghurt Dressing

Roasted Rainbow Vegetables ♻️❤️
with Flatbread Fingers, Carrot and
Coriander salad and Houmous

WED

BBQ Mandarin Pork ❤️🌿
with Vegetable Egg Fried Rice

Sweet Chilli Noodles ♻️

THUR

Sriracha Glazed Chicken Burger
with Chipotle Wedges and Sweetcorn

Plant Ball Marinara Melt ♻️
with Chipotle Wedges
and Sweetcorn

FRI

Fish and Chips
with Baked Beans and Peas

Vegan Sausage Roll ♻️
with Chips, Baked Beans and Peas

WEEKLY SPECIAL

• **Indian Chickpea Salad** ♻️ •

SALADS:

Tuna Sweetcorn Pasta Salad
Pesto Pasta Salad 🌿❤️

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich
Ham Baguette
Cheese & Tomato Baguette

WRAPS:

Tuna Crunch Wrap 🌿
Pepper & Houmous Wrap 🌿🌿

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON

Sloppy Joe Burger
with Baked Garlic and Herb Wedges
and Sweetcorn

Vegetarian Cottage Pie ♡
with Sweetcorn, Peas and Gravy

TUE

Chicken Katsu 🍗
with Wholegrain Rice and Peas

**Roasted Butternut Squash, Chickpea
and Broccoli Buddha Bowl** ♡ 🍗 🌱

WED

Honey Roasted Ham and Mash
with Peas and Gravy

Macaroni Cheese ♡ 🌱
with Pizza Pinwheel and Vegetables

THUR

Chicken Tikka Masala 🍗 ♡
with Wholegrain Rice, Mini Naan
and Sweetcorn

**Roasted Cauliflower and
Chickpea Korma** ♡ 🍗 🌱
with Wholegrain Rice, Mini Naan
and Sweetcorn

FRI

Crispy Chicken Burger
with Chips, Baked Beans and Peas

Vegetarian Burrito ♡ ♡ 🌱
with Chips, Baked Beans and Peas

WEEKLY SPECIAL

• Moroccan Chicken Salad •

SALADS:

Tuna Sweetcorn Pasta Salad
Pesto Pasta Salad 🍗 ♡

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich
Ham Baguette
Cheese & Tomato Baguette

WRAPS:

Tuna Crunch Wrap 🍗
Pepper & Houmous Wrap ♡ 🍗

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON

BBQ Beef Meatballs 🌱❤️
with Wholemeal Pasta, Pizza Pinwheel
and Peas

Cauliflower Mac 'n' Cheese ♻️❤️🌱
with Pizza Pinwheel and Peas

TUE

Crispy Katsu Fish 🌱
with Wholegrain Rice and Peas

Vegetarian Chill ♻️❤️🌱
with Wholegrain Rice and Peas

WED

Roast Chicken and Mash ❤️
with Peas and Gravy

Beetroot and Feta Burger ♻️
with Garlic and Herb Wedges
and Apple Slaw

THUR

Chicken Shawarma 🌱
with Mexican Yellow Rice and Peas

Chinese Vegetable Noodles ♻️❤️
with Peas

FRI

The Sausage Dog
with Chips, Baked Beans and Peas

The Veggie Dog ♻️
with Chips, Baked Beans and Peas

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna Sweetcorn Pasta Salad
Pesto Pasta Salad 🌱❤️

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich
Ham Baguette
Cheese & Tomato Baguette

WRAPS:

Tuna Crunch Wrap 🌱
Pepper & Houmous Wrap ♻️🌱

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings