

WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Traditional Cottage Pie ❤️ Served with Vegetables and Gravy	Vegetarian Sausages ♻️ Served with Mashed Potato, Vegetables and Gravy
TUE	Turkey Con Chilli ❤️ 🌿 Served with Rice and Peas	Feta and Beetroot Burger ♻️ Served with Chipotle Wedges and Side Salad
WED	Honey Roasted Ham and Mash Served with Vegetables and Gravy	Vegetarian Cottage Pie ♻️ ❤️ Served with Vegetables and Gravy
THUR	Smokey Chicken Pasta Bake Served with Salad	Sweet Potato and Bean Enchilada ♻️ Served with American Slaw
FRI	The Sausage Dog Served with Chips, Peas and Baked Beans	Mac & Cheese Pot ♻️ Served with Chips and Peas

WEEKLY SPECIAL

● **Roasted Indian Chickpea Salad** ♻️ ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad ♻️ 🌿 ❤️

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich ♻️
Ham Baguette
Cheese & Tomato Baguette ♻️

WRAPS:

Tuna Crunch Wrap 🌿
Pepper and Houmous Wrap ♻️ 🌿

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Chicken Shawarma Flatbread Served with Salad	Vegetarian Mexican Tortilla Pie 🌱 🍷 Served with Wholegrain Rice and Vegetables
TUE	Southern Fried Chicken Katsu 🌱 Served with Wholegrain Rice and Vegetables	Yellow Vegetable Curry 🌱 🍷 🌱 Served with Wholegrain Rice and Vegetables
WED	Sloppy Joe Burger Served with Baked Garlic and Herb Wedges and Salad	Louisiana Soul Bowl 🌱 🍷 Served with Mexican Yellow Rice and American Slaw
THUR	Chicken and Vegetable Tikka Masala 🌱 🍷 Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma 🌱 🌱 🍷 Served with Wholegrain Rice and Sweetcorn
FRI	Fish and Chips Served with Peas and Baked Beans	The Veggie Dog 🌱 Served with Chips, Peas and Baked Beans

WEEKLY SPECIAL

• Moroccan Chicken Salad 🍷 •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌱 🌱 🍷

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌱
Pepper and Houmous Wrap 🌱 🌱

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	BBQ Pork Meatballs 🌱 Served with Wholewheat Pasta, Pizza Pinwheel and Green Beans	Cauliflower Mac'n'Cheese 🌱 🌱 🌱 Served with Pizza Pinwheel and Salad
TUE	Teriyaki Chicken Soul Bowl 🌱 🌱 Served with Pineapple Rice, Crunchy Slaw and Peas	Vegan Chilli 🌱 🌱 🌱 Served with Wholegrain Rice and Peas
WED	Roast Turkey Served with Roast Potatoes, Vegetables and Gravy	Blackeye Bean Burger 🌱 Served with Baked Garlic and Herb Wedges and American Slaw
THUR	Sticky Chicken and Vegetable Noodles 🌱 	Sweet and Sour Vegetables 🌱 🌱 🌱 Served with Wholegrain Rice
FRI	Southern Fried Chicken Goujons Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
 Pesto Pasta Salad 🌱 🌱 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
 Chicken, Lettuce & Mayo Sandwich
 Cheese Sandwich 🌱
 Ham Baguette
 Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌱
 Pepper and Houmous Wrap 🌱 🌱

HOT DISHES:

Paninis
 Pasta & Sauces
 Freshly Baked Pizza
 Love Joe's Mexican Burrito