

Dear Parents/ Carers,

**Sports Day: Thursday 11th July 2024**

We have assessed the weather forecast and inspected the school field and I am pleased to inform you that, tomorrow, Thursday 11th July, we will be holding our re-arranged Sports Day for years 7 – 10 and year 12 at Highlands School.

All students should arrive at 8.20am for registration at 8.30am. Years 7, 8 ,9 and 10 will register at their usual registration lines. Students must attend sports day in their Highlands School PE kit only and trainers. If students have any existing issues with their PE kit then they should make their year group behaviour mentor aware before the day.

We are due to finish at approximately 1pm. It is compulsory that every student attends the day and it is expected that everyone will actively participate.

Please note that there will be no school based activities on this day. Students attending the sixth form will be given a role and expected to help assist with the day.

Students must only wear their Highlands PE kit for the day.

It is essential that students do not bring any unnecessary valuables to school with them, as there will be nowhere to lock them away. Students should bring in **healthy snacks (no nuts) and a large bottle of water to rehydrate for the day**. Students who have an asthma pump/medical device must also bring this with them. Students should apply and bring sun cream with them as it is set to be a hot day.

Students who receive free school meals will be provided with the opportunity to collect their free school meal from the canteen during the changeover period between sessions from 10:30am to 10:40am.

Unfortunately we are unable to have guests for the day, however I would like to thank you in advance for your support in getting your child prepared.

Yours sincerely

G. Avann

**Head of Physical Education**