



Highlands School Newsletter

24th April 2026



Dear parents and carers,

Once again we can start one of our weekly newsletters with congratulations to our sports teams. Last week our year 7 and 8 girls' football team (pictured above) beat Latymer to become champions of Enfield. This is a great achievement and we are confident the girls will go on to have many more successes in the years to come at Highlands. Well done!

This week at school we held our house assemblies. These assemblies give student house leaders the chance to present to their houses, building their leadership skills and confidence. The assemblies are also where we give feedback to students on the ways we are changing our school in response to our house leaders, who lead our student voice programme. This term some of the changes we have made include installing toilet door hooks and urinal dividers for boys' toilets, allowing students to dress up for World Book Day, permitting white hijabs to be worn in the summer, adding a trolley collector to the sixth form area, and reminding staff to award students achievement points.

We look forward to further improving our school in response to student feedback!

Have a great weekend

Mr McInerney
Headteacher

Key dates for this half term:

- Monday 4th May: bank holiday: school closed
- Tuesday 5th May: summer polo shirts can be worn from this date
- Friday 22nd May: end of half term



House assemblies

This week, our house assemblies took place, led brilliantly by our house captains and strand leads. Students were updated on upcoming news and events, including exciting cuisine days and house competitions.

With so much to look forward to, there's not long to go now!



Year 7 steel pan house competition

The year 7 students were busy taking part in the steel pan house competition, performing songs such as *Hot Hot Hot*, *In the Jungle (The Lion Sleeps Tonight)*, *Running Up That Hill (Stranger Things)* and *Jurassic Park*. A huge well done to all involved - the performances were exceptional.

Congratulations to Beech, who won the competition and secured 4,000 points for their house. Go Beech!

- **1st: Beech** (4,000 points)
- **2nd: Willow** (3,000 points)
- **3rd: Oak** (2,000 points)
- **4th: Rowan** (1,000 points)





Year 7 and 8 girls football league final

Last Thursday the year 7 and 8 girls' football team faced Latymer in the final of the Enfield League. The game began fairly evenly until Nicole scored on the rebound from Natalie's well taken free kick and soon after Poppy scored a second. A lack of concentration led to Latymer scoring straight from the kick off, they then scored a second to make the game delicately poised at 2-2 at half time.

In the second half the team pressed on and some excellent combination play between Poppy and Natalie led to two more Highlands goals and a 4-2 win! Natalie was selected by Latymer as their player of the match. Abi was selected as Mrs Walter's player of the match.

Well done girls, your commitment to the team, determination and skill levels have led to you being Enfield champions for the 2025/26 season. We look forward to seeing what you can achieve next year.

Mrs Walters & Mrs Hutchinson



Dancers of the week

The dancers of the week are Percy, Xhoel, Neha and Anna in 7OFD for their great choreography this week.

Miss Brown



Year 12 academic excellence

As part of our commitment to celebrating excellence in the house competition, we introduced the academic excellence awards based on student feedback. After each year group's mid-year assessments and mock exams, we honour the top achiever in each subject with an academic excellence trophy for their house, 1,000 house points, and a certificate.

Congratulations to all of the winners.

Position	Student	Form	House	subject
1	Grace Gakhar	12RCW	Rowan	Art
1	Warzan Sadiq	12WTA	Willow	Biology
1	Nicole Zeka	12BJT	Beech	
1	Lukman Ganiu	12BCR	Beech	Business BTEC - single
1	Alexia Allen-Zavrou	12ODS	Oak	Business BTEC - triple
1	Parla Ghanipour	12OMA	Oak	Chemistry
1	Daniel Derakhshan	12RCW	Rowan	Computer science
1	Daniel Malaj	12BCR	Beech	
1	Christian Joannou	12RSL	Rowan	Design technology
1	Christian Joannou	12RSL	Rowan	Economics
1	Royce Lin	12RCW	Rowan	
1	Danny Kruja	12BJT	Beech	English literature
1	Henry Hanlon	12WBS	Willow	
1	Royce Lin	12RCW	Rowan	Further maths
1	Serrannah Young	12RSL	Rowan	Geography
1	Ozgenaz Ozsoy	12ODS	Oak	
1	Madison Lloyd	12BCR	Beech	History
1	Ethan Samson	12BJT	Beech	Maths
1	Hetanshu Lad	12RCW	Rowan	
1	Melisa Isufaj	12WTA	Willow	PE
1	Evie Charalambous	12WTA	Willow	Photography
1	Benjamin Gerrish	12RSL	Rowan	Physics
1	Danny Kruja	12BJT	Beech	Politics
1	Isaac Mooney	12ODS	Oak	Psychology
1	Eva Chrysostomou	12BJT	Beech	Religious studies
1	Evie Lockwood	12WTA	Willow	Sociology
1	Antonia Anastasi	12RSL	Rowan	
1	Enoc Rodriguez-Lopez	12BCR	Beech	Spanish



DARE Award winners - Year 12

There are many students who turn up every day, who always bring equipment, complete work to the best of their ability and generally embody the values of our school: determination, aspiration, respect and equality. The DARE rewards are a way of celebrating these students.

DARE scores are entered by a range of teachers and reflect what students do day-in, day-out so the students who are being recognised and rewarded are those who are consistently doing the right thing.

The average DARE application score for each student has allowed us to rank the students in the year group from those with the best average DARE application score to the lowest.

Congratulations to the following students, who were ranked the top students in **year 12**. Their names are listed below. The top 100 achieving students will be receiving a letter home in recognition of their achievements in the DARE values.

Year 12:

- **Joint 1st** : Madison Lloyd (**Beech**) and Polina Zaiat (**Beech**) **£50 voucher**

Headteacher award

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award, an award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the Headteacher's Award is proudly presented to the following students.

- **Laina Constantinou 12RCW, Lily Theodorou 11BLM, Darcy Smethurst 11BSQ, Jorja Hodge 11RJC, Evie Ferguson 12WTA, Anastasia Katz 12OMA and Jessica Smyth 12WTA:** Awarded for their amazing contribution to the 'Move It' trip.
- **Andrew Spitaliotis 9ORD:** Awarded for delivering a fantastic maths presentation in class.
- **Arthur Butcher 7BJC, Isabella Constantinou 7OPH, Elis Cristovao 11WCM, Adithya Krishna Das 11WCM, Maximos Drikos 7WDD, Alexandra Drikou 12ODS, Tarai Edgehill 11WCM, Bibiana Edwards 10BBK, Khloey Ferreira 7OPH, Tyanna Ferreira 10OAC, Jorja Hodge 11RJC, Gwilym Jenkins-Green 8BHV, Sita Maitland-Walker 9BLR, Samuel Malaj 10ORF, Dilara Mehmet 7WTH, Kosta Nicolaou 8RKM, Naa Shidaa Quartey 12WTA, George Robinson 11WCM, Iyla Shah 8WEL, Darcy Smethurst 11BSQ, Lily Theodorou 11BLM and Daniella Ursache 11ODC:** Awarded for their outstanding performance at the Enfield Music Service Secondary Schools Showcase 2026.
- **Floyd Smith 7BJC, Raphael Ismail Mohammad 7BNI, Sienna Cox 7OFD, Margot Holdcroft 7OPH, Cassie Norman 7RHG, Jasper Gavaz 7RNC, Frankie Furmaniak 7WTH and Imogen Carlisle 7WDD:** Awarded for achieving the highest score in their class for the year 7 computer science inter house competition.
- **Elize Savva-Faruk 11WCM, Naomi Clark 11WJQ, Faye Etuazim 10WNK, Anaiya Dhaliwal 10WNK, Hannah Cullen 10RAB, Zainab Balaghi 11WJQ, Elis Cristovao 11WCM, Amelie Hon 11RJC, Millie**



Huetson-Varnava 11BSQ, Niamh Higgins 11WJQ, Lily Howard 11RJC and Izzy Cruden 11OSM: Awarded for winning the U16s Middlesex Cup final.

- **Casper Floyer 7BNI, Abigail Young 7BNI, Almira Aydemir 7BNI, Michaela Tsiamas 7BNI, Nya Akhtar 7BNI, Lara Tunc O 7BNI, Mia Greenwood 7BNI, Skyler Weafer 7RHG, Javaeh July-Clarke 7RHG, Adaeze Obiaso 7RHG, Luca Innaurato 7RHG, Thanishka Sathiyaseelan 7RHG, Cassie Norman 7RHG, Tino Pinalev 7RHG, Arthur Miguel Beda 7RHG and James Bell 7RHG:** Awarded for their outstanding International Women's Day English work.
- **Fedor Nikolaitsev 8WEL:** Awarded for always showing exceptional kindness towards his fellow students and his teachers, as well as consistently showing exceptional attitudes to learning.
- **Hannah Millar 7WTH and Nieve Pratt 8WEF:** Awarded for receiving 1,000 achievement points since starting Highlands in year 7. This is an amazing achievement! Keep this up!
- **Chiara-Mia Poyiadzis 9RGA and Zara Yaman 9ORD:** Awarded for presenting an excellent maths presentation to their peers.
- **Lucy Lord 12RSL and Tailizandra Blana 12RCW:** Awarded for successfully completing work experience, demonstrating exceptional commitment, professionalism and a strong work ethic.
- **Aaliyah Lascelles 9WSW, Omyur Karadzova 11BLM, Liya Ali 11BLM and Ayse Carmanbar 11BLM:** Awarded for their participation in the Deaf Awareness assembly.
- **Sidar Bozdog 9ODM, Elektra Taylor 9RGA, Eva Pieretti 9ODM and Eray Ali Gencer 9RGA:** Awarded for their excellent student presentation on the government budget.
- **Evie Howlett 9WSW and Ciara Moore-McGowan 9WSW:** Awarded for arriving at school bright and cheery EVERY day and each morning teaching Ms Vaughan-Long a new BSL sign. Their attitude is so positive and refreshing.





School announcements

Nut allergies

It has come to our attention that some students may on occasion be bringing in snacks which could contain nuts. As we have several people in school with nut allergies, we ask that parents check their child's packed lunch contents and speak to their child about not buying snacks on the way to school that may contain nuts. The school has an allergen/anaphylaxis policy, a copy of which is on the school website.

Lost property

Please click [here](#) for a list of lost property received since the start of term. If your child has lost anything listed, or any other item, please ask them to check with the school office, as things arrive daily. All items being claimed will need to be identified by the student. Please can we also remind parents/carers to label all uniform and belongings so we can get items back to students as quickly as possible.

Notifying the school of student appointments

If your child has an appointment scheduled during school hours, please ensure you notify us promptly by emailing postbox@highlearn.uk for years 7-11 and sixthform@highlearn.uk for years 12-13 or by phoning us on the day of the appointment.

Your notification must include the date of the appointment and the exact time the student needs to leave school. Where possible, please also attach or provide proof of the appointment to the email.

To ensure your child is released smoothly from their lesson, please write a clear note on the appropriate day of your child's student planner, indicating the time they need to leave class. Students must show this planner note to their teacher to be excused from the lesson. They will then proceed to the school reception to officially sign out before being released to meet you at your pre-arranged location. Many thanks for your cooperation with this.

Lunch money

The school is getting an increasing number of students whose lunch accounts are not topped up regularly and they end up owing Chartwells, our canteen food provider, money for food they have taken. Please can parents ensure that their child's lunch account is checked daily if they want them to buy food in the canteen. We will be contacting home for any students who owe money to Chartwells.



RSE and PSHE curriculum consultation

In July 2025, the Department for Education (DfE) published revised statutory guidance for relationships education, relationships and sex education (RSE) and health Education. This updated guidance comes into full effect from 1 September 2026.

At Highlands school we believe that our high-quality relationships and sex education (RSE) and a broader personal, social, health and economic education (PSHE) will stay with our students for life.

Our DARE values are at the heart of everything we do and our RSE and PSHE curriculum embodies these core values. We will begin delivering our new RSE and PSHE curriculum from September 2026.

As part of the new DfE guidance, schools are expected to consult with stakeholders including parents, carers and governors on the revised RSE and PSHE policy.

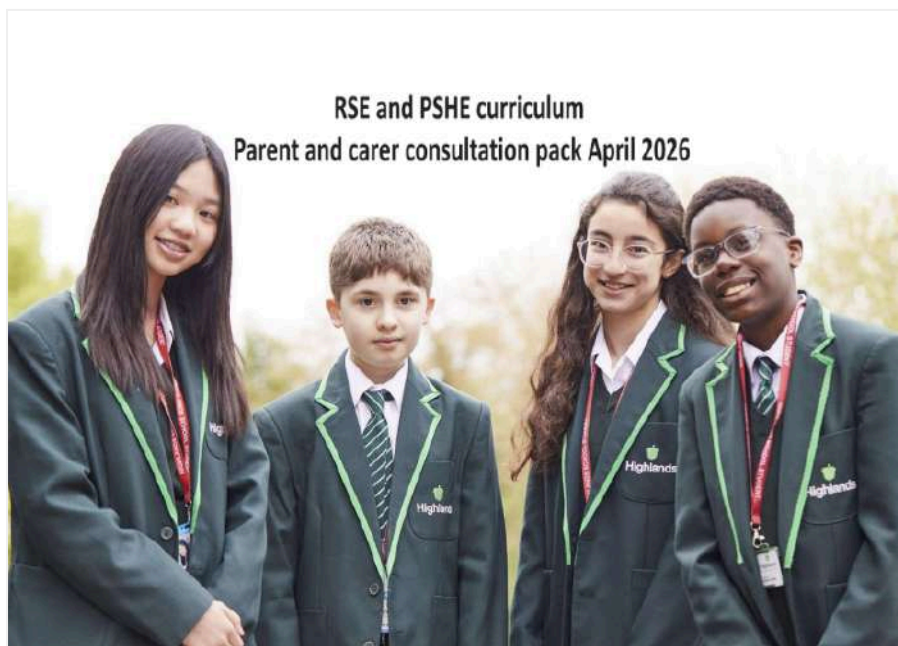
In our [‘parent and carer consultation pack’](#) you will find the following documentation.

- A draft copy of our new RSE and PSHE policy
- A copy of our proposed RSE and PSHE curriculum map for teaching from September 2026
- A series of FAQs and responses related to RSE and PSHE at Highlands
- A link to a google form for parents and carers to complete as a response to our consultation process.

We are asking parents and carers to read the consultation pack and complete their feedback form **by Friday 8th May**.

Thank you for taking the time to review this consultation pack.

Ms Touli





House weekly winners

The winner is the house with the most positive points, minus negative points, plus the points from year 12 academic excellence and year 7 steel pan competition. Well done **Beech**!

	Beech	Oak	Rowan	Willow
Positive points	6,558	8,325	8,380	8,796
Negative points	-558	-501	-312	-504
Points overall	6,000	7,824	8,068	8,292
Year 12 academic excellence	7,000	3,500	7,000	3,500
Year 7 steel pan competition	4,000	2,000	1,000	3,000
Total	17,000	13,324	16,068	14,792

Top students in year 7

Forename	Surname	Form	House	Points
Younis	Hassan	7OPH	O	79
Cayan	Vural	7OPH	O	77
Jaiden	Daley	7OPH	O	77
Violet	Debenham-Burton	7WDD	W	77
Lianna	Demetriou	7OPH	O	75
Lena	Urbanowicz	7OPH	O	72
Krishiv	Pithia	7OPH	O	72
Margot	Holdcroft	7OPH	O	72
Maximos	Drikos	7WDD	W	72
Grace	Mcgrath	7OPH	O	70

Top students in year 8:

Forename	Surname	Form	House	Points
Jemimah	Miah	8OMK	O	72
Orhan	Ekiz	8WEL	W	65
Keira	Kataria	8OMK	O	64
Jack	Mallyon	8RKM	R	64
Sashvika	Sathiyaseelan	8OMK	O	59
Eren	Mistiki	8RAC	R	59
Andreas	Papayiannis	8RKM	R	59
Nieve	Pratt	8WEF	W	58
Selin	Ozturk	8WEL	W	57
Iyla	Shah	8WEL	W	57



Top students in year 9:

Forename	Surname	Form	House	Points
Aaliyah	Lascelles	9WSW	W	58
Hannah	Gibbons	9WSW	W	48
Aynara	Gomez Rosales	9RGA	R	46
Maisie	Allan	9RJG	R	45
Evie	Howlett	9WSW	W	45
Levi	Howard	9RJG	R	42
Katrina	Awatar	9WSW	W	41
Liliana	Jonczyk	9ORD	O	40
Ciara	Moore-McGowan	9WSW	W	40
Aistis	Mankevicius	9ODM	O	39
Alexandra	Koneva	9RGA	R	39

Top students in year 10:

Forename	Surname	Form	House	Points
Alex	Jarchlou	10OAC	O	46
Nathan	Lemonious	10RCX	R	46
Xhorxhia	Kuvertaris	10RCX	R	45
Sophie	Rooke	10WNK	W	44
Azra	Demirci	10RAB	R	43
Liam	Redmond	10RCX	R	43
Anaiya	Dhaliwal	10WNK	W	42
Natalia	Deda	10OAC	O	39
Krystal	Wright	10RCX	R	39
Sena	Oguz	10WNK	W	39

Top students in year 11:

Forename	Surname	Form	House	Points
Ayse	Carmanbar	11BLM	B	36
Omyur	Karadzhova	11BLM	B	32
Liya	Ali	11BLM	B	28
Elliz	Arkin	11RJC	R	22
Zehra	Besler	11WJQ	W	22
Beatrice	Afhim	11OSM	O	20
Nicole	Kozinos	11RJC	R	19



Top students in year 12:

Forename	Surname	Form	House	Points
Alexandra	Drikou	12ODS	O	11
Anastasia	Katz	12OMA	O	11
Joshlyn	Robinson	12RCW	R	10
Ethan	Baxter	12BCR	B	8
Jessica	Smyth	12WTA	W	8
Laina	Constantinou	12RCW	R	7
Ella	Kissos Boast	12RSL	R	7

Top students in year 13:

Forename	Surname	Form	House	Points
Giulio	Pappalardo	13OAL	O	10
Alesha	Okoye	13WAD	W	10
Tiana	Martindale	13BTD	B	6
Charlie	Skipp	13RHK	R	6
Sophie	Gerrish	13RJB	R	6
Nida	Demirkaya	13RJB	R	6
Sia	Loomis	13OES	O	5
Florence	Charlton	13OAL	O	4
Floriana	MacArthur	13OES	O	4
Maria	Salamanca	13WAD	W	4





School lettings

School Hire and Functions Ltd manage all our bookings for hiring of the astro, sports hall, field, main hall, dance and drama rooms and general classroom hire. We have had new floodlights installed on the astro meaning we can now take bookings in the evenings during the winter months.

For all booking enquiries, please contact **Jo Bukin, Director**, at **07855 042027** or email: school.hire@yahoo.co.uk. You can also find more details at www.school-hire.com

Highlands School
148 Worlds End Lane, London, N21 1QQ

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SPECIAL GUARDIAN & KINSHIP EDUCATION COFFEE MORNING

Wed 13th May
9:30 - 11:00am
at: West Lea School, Haselbury Road, Edmonton N9 9TT

Come and meet other kinship carers and Special Guardians.
Please email jane.manning@enfield.gov.uk to confirm you are coming.

ENFIELD
Council



Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information than former students!

We are working with education charity Future First to set this up and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](#) and if you have any questions please contact our Alumni Programme Manager at Future First: Faithia Garffus – faithia.garffus@futurefirst.org.uk

#HighlandsAlumni



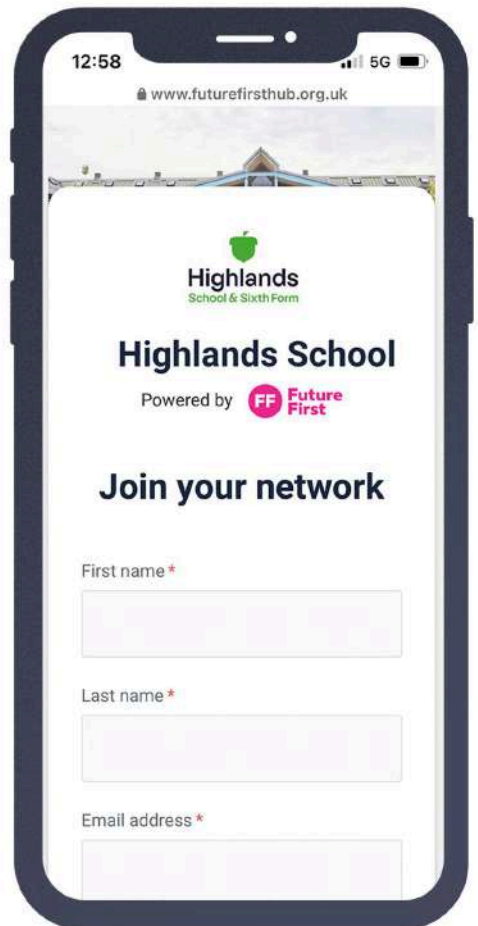
Scan the QR code to join the Alumni network

Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.





Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Urgent and other support available

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline
SOMEONE ON THE PHONE, ANYTIME

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and call the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Sign Health: <https://signhealth.org.uk/contact/>


Deaf young people: <https://signhealth.org.uk/with-deaf-people/supporting-young-people/>

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

 [X@Highlands_sch](https://twitter.com/Highlands_sch)

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 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands School Enfield)

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