



Highlands School Newsletter

3rd July 2026



Dear parents and carers,

This week we held our summer DARE Days. I visited the Victoria and Albert Museum for the first time, with students in year 8; it was a great trip and a good example of our commitment to build cultural capital and enrich the curriculum experience of our students. Thanks to the art department for arranging this trip, to all the staff who arranged the other trips and to Ms Jaynes who oversees the whole DARE Day programme.

Today the inter-house competition ended, with only the points from Sports Day next week to be added. Incredibly, there are fewer than 1,500 points between the houses in first and second place which means, for the second year running, sports day will decide the winner of the competition overall.

Please make sure you know about arrangements for the end of the term, particularly the early finish for our 25 year celebration event next Wednesday and Monday 20th July being a home learning day. Details are below. We will share arrangements for the first week of the next academic year with you all next week.

Have a great weekend.

Mr McNerney, Headteacher

- Tuesday 7th July: sports day
- Wednesday 8th July: Highlands 25 year celebration
- Wednesday 15th July: Thorpe Park trip for winning house and activity day for other students
- Friday 17th July: final day students are in school (normal finish time 3:15pm)
- Monday 20th July: home learning day, work set on Google Classroom



25 years of Highlands event

We are delighted to invite you to join us as we celebrate 25 years of Highlands School. In 2000 Highlands was opened as the first PFI secondary school in England. This year we turn 25 and we will be celebrating on **Wednesday 8th July from 3.45pm**.

This special anniversary event will bring together current students, parents and carers, alumni, former parents, former staff and members of the local community who have been part of the Highlands journey over the past 25 years.

Guests can enjoy a mini festival atmosphere with refreshments, games and entertainment before coming together for the presentation of our 25th anniversary time capsule at 5.30pm.

If you would like to attend, please register your interest via the following [link](#) or by scanning the QR code from the invite.

Please note that tickets are limited and current students must be accompanied by a parent or carer.





DARE Days - July 2026

This week has been an exciting one at Highlands as we celebrated our final DARE Days of the academic year. Students across years 7-10 took part in a range of enriching experiences designed to develop new skills, build confidence and create lasting memories. It has been a fantastic way to round off another successful school year.

Year 7 enjoyed a vibrant dance workshop on site and also visited London Zoo, where they explored a wide variety of animals and learned more about wildlife and conservation.





Year 8 visited the V&A Museum, where they explored its fascinating collections. Onsite, students took part in an exciting STEM challenge. Working in teams, they used their science, technology, engineering and maths skills to design and build catapults from a selection of materials before testing how far they could launch a ball. Students also created charity-based hats and took part in a colourful hat parade, showcasing their creativity while raising awareness and support for their chosen charities.





Year 9 embraced a range of practical design and technology activities on site. Students baked delicious focaccia bread and bread rolls in food technology, designed and made food and vegetable-themed felt creations in textiles, and created their own sweet dispensers in resistant materials, showcasing their creativity and practical skills. They also visited the battlefields for an engaging and thought-provoking experience, deepening their understanding of the events, sacrifices and significance of the First World War through visits to key historical sites.





Year 10 enjoyed an action-packed day at Go Ape, where they challenged themselves on the high ropes, developed their teamwork skills and pushed themselves beyond their comfort zones. They also took part in an engaging employability workshop on site, building their confidence and learning how to identify, develop and effectively showcase their skills to support their future education and career pathways.

What a fantastic way to end the school year, with students embracing new experiences, developing valuable life skills and making memories that will last long after the summer holidays. View our [DARE Days reel on our Instagram page](#).





A Bletchley Park legacy

One of the many highlights of our year 9 DARE Day programme is the visit to Bletchley Park, where students discover the remarkable stories of the codebreakers whose work helped shape history. Following the visit, Highlands parent **Mrs Crutchley** was inspired to investigate her own family's wartime history and made an extraordinary discovery. She learned that her grandmother, Lilian Olive Angell, served at Bletchley Park during the Second World War after joining the Women's Royal Naval Service (WRNS) in 1943.

Historians at Bletchley Park believe Lilian was likely a bombe operator, playing a vital role in the codebreaking operation before later serving at HMS Wildfire. Mrs Crutchley has since donated a photograph of her grandmother in her WRNS uniform to Bletchley Park, where Lilian has now been added to the official Roll of Honour. Mrs Crutchley shared a wartime photograph of her grandmother in uniform along with her [service record](#), and thanked Highlands for organising such an inspiring educational visit, which prompted her family to uncover this remarkable piece of their history.

It is a wonderful reminder of how learning beyond the classroom can create meaningful connections with the past and inspire families to discover stories that may otherwise have remained untold.





Year 11 prom

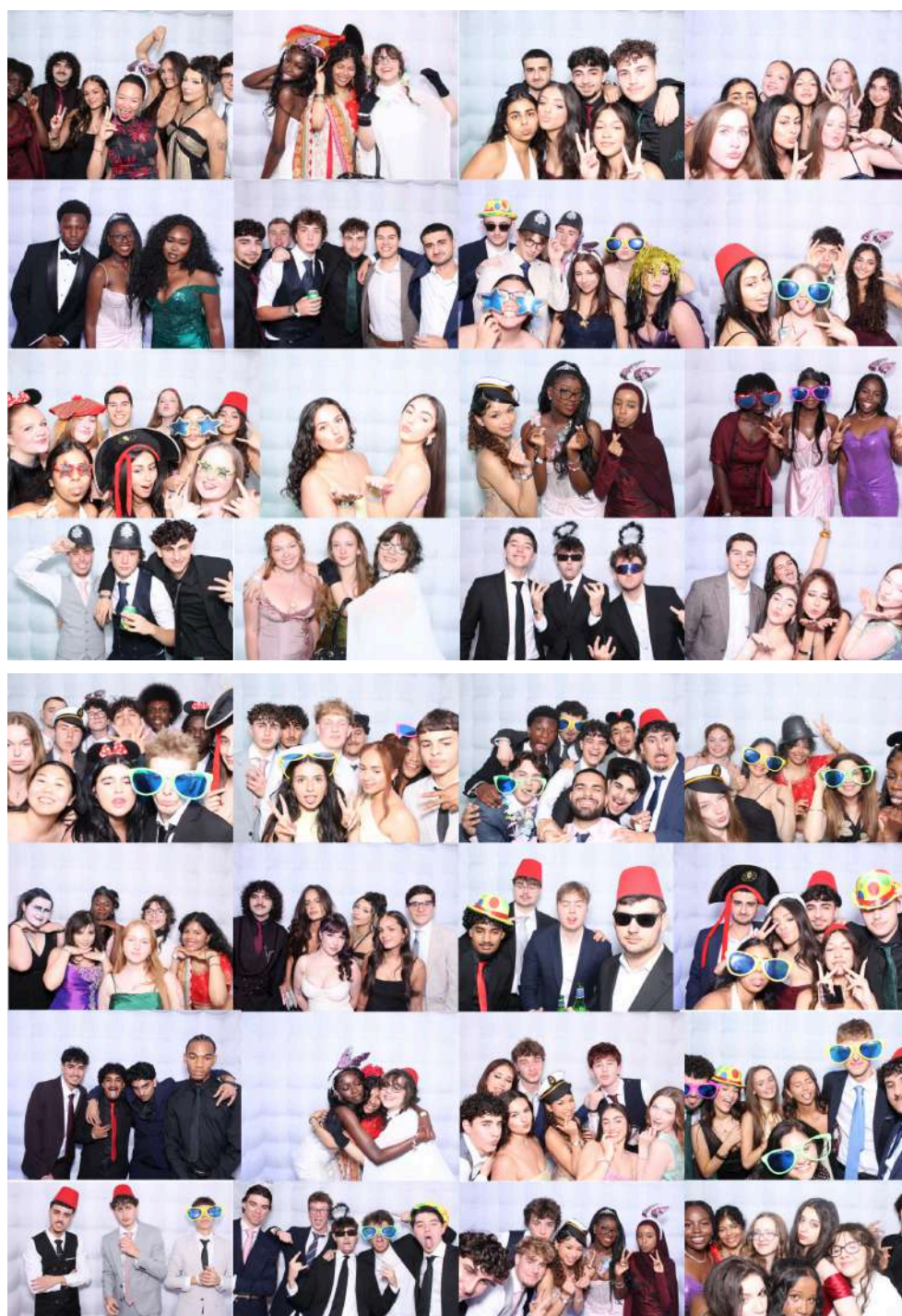
The year 11 prom took place on Monday and was a wonderful way to celebrate the end of what has been a fantastic school journey for our students. They arrived looking incredibly smart and elegant, making it a truly memorable evening filled with celebration, laughter and friendship. We look forward to welcoming everyone back on Thursday 20th August for GCSE & BTEC level 1 and 2 results day, and are excited to see many of our students continue their Highlands journey by joining our Sixth Form in September 2026. To those moving on to new opportunities, we wish you every success and happiness in your future endeavours.





Year 13 prom

The year 13 prom took place this week and was a wonderful celebration, marking the end of what has been a seven-year journey at Highlands for many of our students. Everyone looked fantastic and enjoyed a memorable evening with friends and staff, celebrating all they have achieved. We would like to thank the Class of 2026 for being outstanding students and exceptional role models throughout their time at Highlands. We wish each and every one of them every success and happiness in their future endeavours, and hope they will return to visit us as valued Highlands alumni. We look forward to welcoming students back to collect their A level and BTEC level 3 results on Thursday 13th August 2026.





Year 12 transition day

Our year 12 Transition Day took place this week, and it was fantastic to welcome so many current Highlands students alongside a large number of external students who will be joining our sixth form in September 2026. Students enjoyed an inspiring welcome from Mr Tuton, our new director of sixth form, and Ms Butler, the senior leadership team lead for sixth form. The day also included doughnuts, an informative subject fair and a range of subject taster sessions, giving students an exciting insight into life in the sixth form and helping them prepare for the next stage of their educational journey.



Year 7 Taster Day

This week, we were delighted to welcome our new year 7 students who will be joining Highlands in September 2026 for their Taster Day. It was wonderful to see so many excited faces as students experienced a snapshot of life at Highlands, took part in team-building activities, met their form tutors and teachers, and began making new friendships.

We look forward to officially welcoming them to the Highlands community in September and are excited to see them begin the next chapter of their educational journey.



House quizzes

The second round of house quizzes took place over the last two weeks, with competition reaching new heights as every house battled for valuable points. With the house standings so close at the top, every point mattered, making for some fiercely contested quizzes across all year groups.

Congratulations to all of our winning teams, and a special well done to the year 10 Willow team, who remain undefeated after another outstanding performance.

The race for the house championship is well and truly on!

	Beech	Oak	Rowan	Willow
Total house points for all quizzes	13,000	12,500	20,000	14,500

Year 7



	Beech	Oak	Rowan	Willow
Year 7 house quiz	3,000	4,000	1,000	2,000



Year 8



	Beech	Oak	Rowan	Willow
Year 8 house quiz	1,000	2,000	4,000	3,000

Year 9



	Beech	Oak	Rowan	Willow
Year 9 house quiz	1,000	3,000	4,000	2,000



Year 10



	Beech	Oak	Rowan	Willow
Year 10 house quiz	2,000	1,000	3,000	4,000

Staff



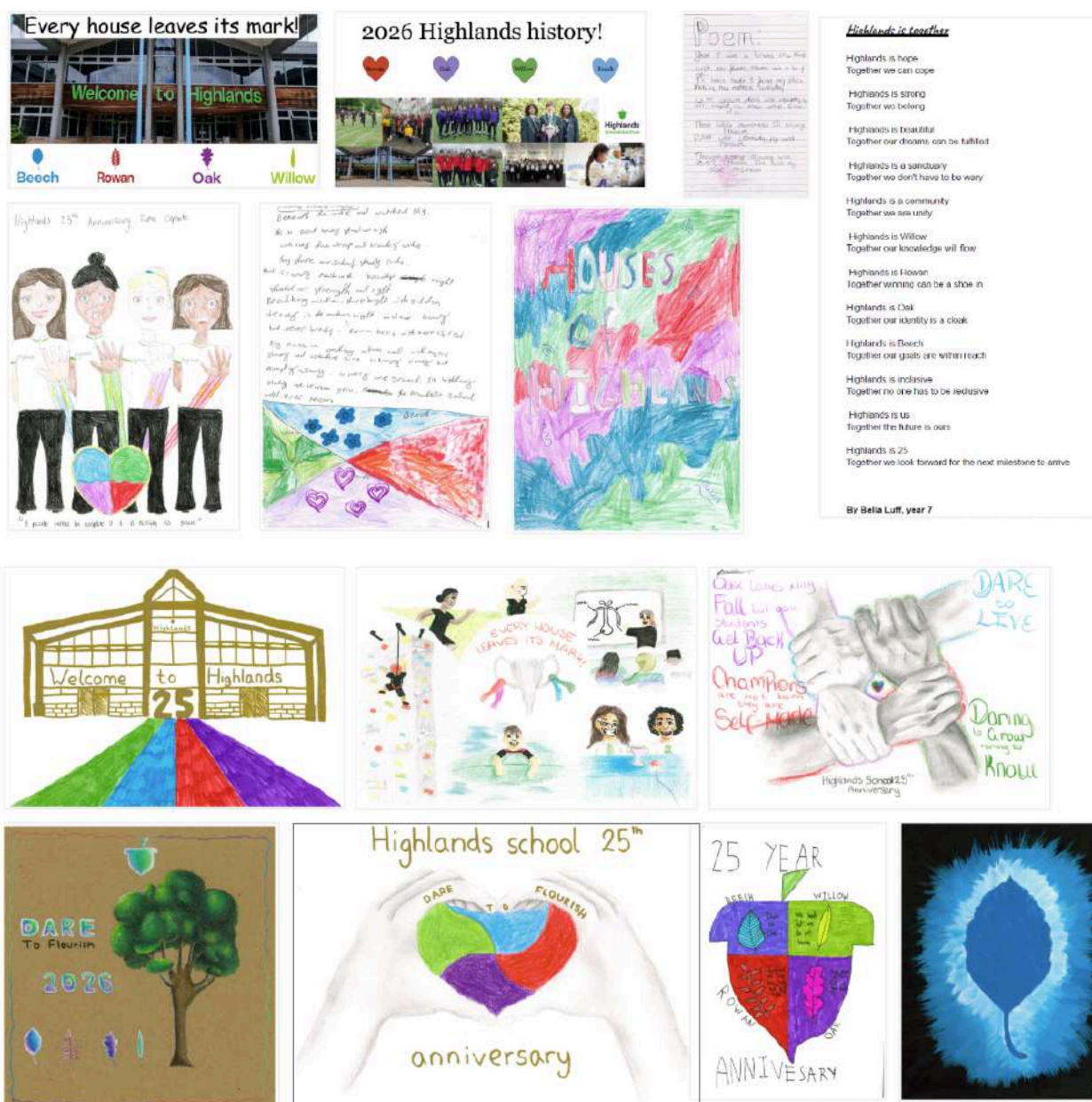
	Beech	Oak	Rowan	Willow
Staff house quiz	3,000	1,000	4,000	2,000



House time capsule competition

We received some fantastic entries for our house time capsule competition, based on the brief: *"Every house leaves its mark - what will represent Highlands in 2026?"* A huge well done to every student who created something for the time capsule. In recognition of their creativity and effort, all entrants will be awarded 100 house points for their house. Their wonderful contributions will be placed inside the time capsule during our special ceremony on **Wednesday 8 July at 5.30pm**. Our school community is warmly invited to join us for our 25th anniversary celebration from **3.45pm**, before gathering to watch the time capsule being buried. It will remain sealed until it is opened again in 25 years' time, providing a fascinating snapshot of Highlands in 2026 for future generations.

Well done to Bella Luff (**Willow**), Isabel Kerly (**Rowan**), Arthur Coneywood (**Beech**), Aoibhèann Higgins (**Beech**), Isabella Hilmi (**Beech**), Dilda Payiz Simsek (**Beech**), Abi Hobley (**Beech**), Zoe Matthews (**Beech**), Orinthia Goonan (**Rowan**), Maya Muller (**Beech**), Krishiv Pithia (**Oak**), Arthur Butcher (**Beech**) and Mia Greenwood (**Beech**).





Highlands chess tournament 2026

Over the past few months, students in all years have been competing in the school's annual chess tournament. The tournament culminated in a dramatic best-of-three finale between last year's champion from year 8, Fedor Nikolaitsev (Willow), and a new challenger from year 12, Charlie Pishiris (Oak). Charlie won 2-1 after three intense matches showcasing a range of advanced openings.

Highlands school chess club runs every Wednesday at break time in M1 where you can come to play or learn. All are welcome.

The chess tournament will return next year.

Mr Tuton



	Beech	Oak	Rowan	Willow
Summer term chess tournament	2,000	4,000	1,000	3,000

Year 9 current affairs citizenship house competition

The year 9 current affairs competition took place this week in citizenship, with students demonstrating an impressive knowledge of current events. It was a closely contested final between Orla Dimery from Oak and Honey Beacham from Rowan, with neither competitor able to be separated. The competition ended in a tie, meaning they shared the 1,000 house points between their houses.

Congratulations to both Orla and Honey on an outstanding performance!

Joint 1st place: **Oak** (500 points) and **Rowan** (500 points)

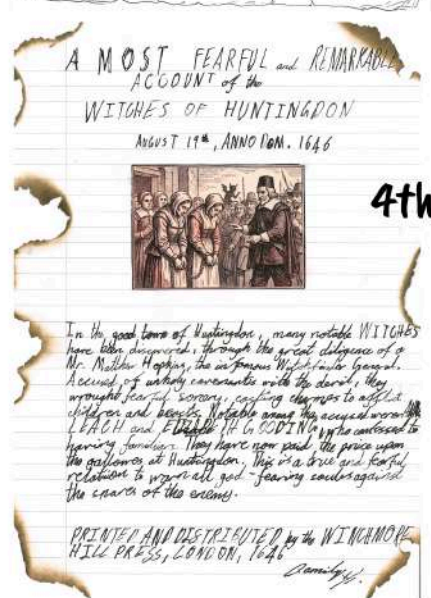
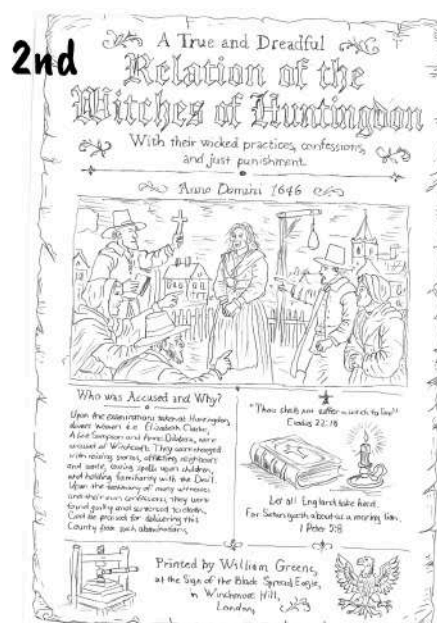
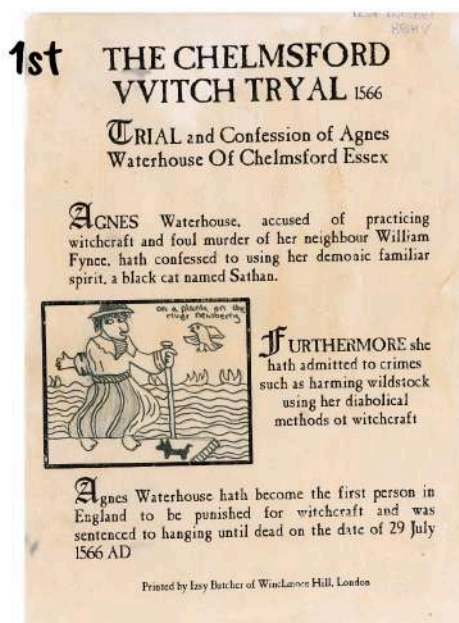


Year 8 history house competition

The history house competition took place this week, challenging year 8 students to create the front page of a historically accurate pamphlet based on the Witches of Huntingdon or another English witch trial from the 16th or 17th centuries. Students produced some incredibly creative and well-researched entries, capturing the fear, suspicion and accusations that defined the period. Congratulations to Izzy Butcher from Beech house, whose outstanding entry secured first place and earned 4,000 house points.

Well done to everyone who took part!

- **1st place:** Izzy Butcher - **Beech** (4,000 points)
- **2nd place:** Beth Rognaldsen - **Rowan** (3,000 points)
- **3rd place:** Helin Kekec - **Willow** (2,000 points)
- **4th place:** Qamil Neza - **Oak** (1,000 points)





SEND Coffee Morning

Our SEND Coffee Morning took place last Friday, and it was wonderful to see so many parents and carers in attendance. The event provided a valuable opportunity to meet members of our SEN team and an educational psychologist while exploring ways to support your child's transition into the next academic year. The session included practical strategies for managing anxiety, building independence and supporting organisation at home.

Thank you to everyone who attended and contributed to such a positive and informative morning.



Dance and musical theatre evening - Thursday 9th July, 6.30pm

Join us for our dance and musical theatre evening on **Thursday 9th July at 6.30pm**. Enjoy an hour of outstanding dance and musical theatre performances from the cast of *Annie*, alongside our talented GCSE and A level dance students in DD3.

Tickets are available on the door for just **£3** - we look forward to seeing you there!

Miss Brown



Headteacher award

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award, an award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the headteacher's award is proudly presented to the following students:

- **Isaac Mooney 12ODS, Sahara Cakir 12BJT, Aston Lyle 9RGA, Sofia Kolovos 8OSB:** Awarded for their excellent participation in new staff induction.
- **Josh Samarasekera 7WTH, Javaeh July-Clarke 7RHG, Deren Hussein 7OPH, Jazzy Mustafa 7RNC, Nicolas Marfici 7RHG, Alexander Mitsis 7BJC, Iris Dobinson 7RHG, Dane Buhaescu 7RNC, Xion Esdaille 7RNC, Alara Yilmaz 7RNC, Kaya Rodgers 7OPH, Dilara Mehmet 7WTH, Archie Avery 7OPH, Kendyl Fordjour 7RNC, Umut Kabala 7OPH, Tansel Kilic 7WDD, Tess Rowsell 7RNC, Jessica Griffin 7OPH, Jada Osei 7BJC, Jasper Gavaz 7RNC, Moriko Tziova 7WDD, Billy Eldred 7RHG, Saavan Shah 7WDD, Yasemin Suleyman 7OPH, Athina Bogkntani 7RNC, Ayla Dawson-Powell 7WDD, Rhomero Maragh 7WTH, Skyler Weafer 7RHG, Dylan Ebberson 7RNC, Zerya Unek 7OPH, Max Di Tano 7WDD, Grace Eldred 7RNC, Thanishka Sathiyaseelan 7RHG, Jaiden Camacho-Merchan 7BJC, Leyla Besler 7BJC, Amelia Francis 7OPH, Mariam Valiji 7BNI, Emir Bolat 7WTH, Tino Pinalev 7RHG, Baris Oguz 7OPH, Cayan Vural 7OPH, Anastasia Chrysanthou 7RNC, Sapphire Savva-Palmer 7RNC, Elijah Haile 7WDD, Adaeze Obiaso 7RHG, Louis Shehu 7OPH, Yaseen Khan 7WDD, Alex Hon 7RNC, Antonia Hunt 7BJC, Oliver Barry 7RNC, William Charalambous-Scrivens 7BJC, Cristiano Keliris 7RNC, Rafi Cimen 7WDD, Ahoora Hashemi 7WTH, Sefa Tekneci 7WTH, Ruben Woolley 7RNC, Angela Totev 7RHG, Eliz Yilmaz 7OPH, Dylan Beyzade 7RHG, Frankie Furmaniak 7WTH, Elnathan Haile 7BNI, Rose Bishop 7WTH, Sanai Edgehill 7BNI, Khloey Ferreira 7OPH, Rhea Charalambous 7OPH, Hakki Sari 7RHG, Luca Innaurato 7RHG, Kye Wynter-Hudson 7OPH, Molly Goss 7BNI, Aziizah Bayram 7BJC, Matthew Morawski 7RNC, Harrison Liu 7WTH, Meryem Karakuzu 7RNC:** Awarded for achieving over 1,000 achievement points this year.
- **Aaliyah Lascelles 9WSW, Akeesa Gurubebila 9BEF, Giulia Dumitrescu 9BEF, Afifa Hakime 8BHV, Naz Kutlubay 7WDD, Harrison Sykes 12RCW:** Awarded for their participation in the Ofsted Local Authority interview panel.
- **Charlie Pishiris 12ODS:** Awarded for making a dramatic improvement over the course of year 12 in A level sociology.
- **Sebastian Osinowo 8WEL:** Awarded for consistently providing outstanding technical support in every lesson, setting up Google Meet sessions, solving computing issues, and being an invaluable right-hand person whose reliability and willingness to help are greatly appreciated.



Sports Day - Tuesday 7th July 2026

Sports day will be taking place for **years 7-10 and year 12 on Tuesday 7th July 2026** at Highlands School.

All students should arrive at **8.20am** for registration at **8.30am**. Years 7, 8, 9 and 10 will register at their usual registration lines. Students must attend sports day in their Highlands School PE kit only and trainers. If students have any existing issues with their PE kit then they should make their year group behaviour mentor aware before the day.

We are due to finish at approximately **1:30pm**, however, with all large events the finish time may be slightly later. It is compulsory that every student attends the day and it is expected that everyone will actively participate. Your child should be aware of the events they are taking part in as they would have confirmed these with their PE teacher in their recent PE lessons. Please note that there will be no school-based activities on this day. Students attending the sixth form will be given a role and expected to help assist with the day.

It is essential that students do not bring any unnecessary valuables to school with them, as there will be nowhere to lock them away. Students should bring in healthy snacks (no nuts), a cap and a large bottle of water to rehydrate for the day. Students who have an asthma pump/medical device must also bring this with them. Students should apply and bring sun cream with them as it is set to be a hot day.

Students who receive free school meals will be provided with the opportunity to collect their free school meal from the canteen between 10:30am and 10:40am.

Unfortunately we are unable to have guests for the day, however we would like to thank you in advance for your support in getting your child prepared.

Mr Avann



Summer HAF Programme

A program offering a variety of engaging activities and workshops for young people aged 8 to 16 years old

Activities Include

- Boxing & Sporting Activities
- Arts & Crafts
- Jewellery Making
- VR & Gaming
- Shoe Design
- Hair

Additional Information

This program is available to school children who receive free school meals and either reside in Enfield or attend an Enfield-based school. **Lunch will be provided.** Individuals who do not meet this requirement are still welcome to attend; however, kindly ensure that lunch is provided for them.

Contact Us

079 8445 0644
077 9261 0474
020 4568 5312

cynthia.cobourne@northsideyouth.co.uk
northside_youth@live.co.uk

Dates

Week One	Week Two
Tuesday 28 th July	Tuesday 4 th August
Wednesday 29 th July	Wednesday 5 th August
Thursday 30 th July	Thursday 6 th August
Friday 31 st July	Friday 7 th August

Week Three	Week Four
Tuesday 11 th August	Tuesday 18 th August
Wednesday 12 th August	Wednesday 19 th August
Thursday 13 th August	Thursday 20 th August
Friday 14 th August	Friday 21 st August

Time : 10 AM - 2 PM



Find Us

39 St James Chambers,
Edmonton, N9 0UD
(Next door to Saray Banqueting Suite)

 northsideyouth.co.uk

 @nycc_london

 NYCC Edmonton

 @nycc_london





School announcements

Nut allergies

It has come to our attention that some students may on occasion be bringing in snacks which could contain nuts. As we have several people in school with nut allergies, we ask that parents check their child's packed lunch contents and speak to their child about not buying snacks on the way to school that may contain nuts. The school has an allergen/anaphylaxis policy, a copy of which is on the school website.

Lost property

Please click [here](#) for a list of lost property received since the start of term. If your child has lost anything listed, or any other item, please ask them to check with the school office, as things arrive daily. All items being claimed will need to be identified by the student. Please can we also remind parents/carers to label all uniform and belongings so we can get items back to students as quickly as possible.

If your child is missing any items, please ask them to come to the school office next week to check if we have them.

Notifying the school of student appointments

If your child has an appointment scheduled during school hours, please ensure you notify us promptly by emailing postbox@highlearn.uk for years 7-11 and sixthform@highlearn.uk for years 12-13 or by phoning us on the day of the appointment.

Your notification must include the date of the appointment and the exact time the student needs to leave school. Where possible, please also attach or provide proof of the appointment to the email.

To ensure your child is released smoothly from their lesson, please write a clear note on the appropriate day of your child's student planner, indicating the time they need to leave class. Students must show this planner note to their teacher to be excused from the lesson. They will then proceed to the school reception to officially sign out before being released to meet you at your pre-arranged location. Many thanks for your cooperation with this.



Lunch money

The school is getting an increasing number of students whose lunch accounts are not topped up regularly and they end up owing Chartwells, our canteen food provider, money for food they have taken. Please can parents ensure that their child's lunch account is checked daily if they want them to buy food in the canteen. We will be contacting home for any students who owe money to Chartwells.

School lettings

School Hire and Functions Ltd manage all our bookings for hiring of the astro, sports hall, field, main hall, dance and drama rooms and general classroom hire. We have had new floodlights installed on the astro meaning we can now take bookings in the evenings during the winter months.

For all booking enquiries, please contact **Jo Bukin, Director**, at **07855 042027** or email: school.hire@yahoo.co.uk. You can also find more details at www.school-hire.com



The poster features a background image of the school building with a large green apple logo at the top center. The text 'Highlands School' is prominently displayed in a large, bold, dark blue font. Below it, the address '148 Worlds End Lane, London, N21 1QQ' is written in a smaller, bold, black font. A line of text describes the facilities: 'Modern and spacious facilities to hire for community events, sports groups, dance and drama classes, language school, tutoring services...and more!'. Three circular images are arranged horizontally: the first shows a brick building, the second shows a green sports field, and the third shows an indoor sports hall with green chairs. At the bottom, there is a green banner with white text. On the left, it says 'JOINING SCHOOL HIRE & FUNCTIONS LTD FROM 1st SEPTEMBER 2025' next to a logo. In the center, a white box contains a phone icon and the text 'CONTACT TODAY 07855042027'. On the right, there are two columns of text, each preceded by a green checkmark: '4G Astro pitch', 'Drama studios', 'Sports hall' in the first column, and 'Mirrored dance studio', 'Classrooms', 'Outside spaces' in the second column.

Highlands School
148 Worlds End Lane, London, N21 1QQ

Modern and spacious facilities to hire for community events, sports groups, dance and drama classes, language school, tutoring services...and more!

JOINING SCHOOL HIRE & FUNCTIONS LTD FROM 1st SEPTEMBER 2025

CONTACT TODAY
07855042027

- ✓ 4G Astro pitch
- ✓ Drama studios
- ✓ Sports hall
- ✓ Mirrored dance studio
- ✓ Classrooms
- ✓ Outside spaces



Uniform donation

Our clothing recycling bins are no longer available. If you have any unwanted uniform this can now be taken to Smiths schoolwear shops in Cockfosters or Enfield. Please see the attached document which explains the process and their pre-loved rewards system.

Do you know about our Pre-Loved Scheme?



**We are so pleased that our Pre-Loved scheme has been such a success. Unfortunately, because of this, there may be times where we need to pause donations to allow our team to run down remaining Pre-Loved stock.*

Smiths
schoolwear

- 1 They Outgrow**
If you have unwanted uniform laying around, don't let it go to landfill. Our Pre-Loved process rewards donating and buying customers.
- 2 You Give Back**
Customers can donate outgrown uniform in any of our stores, receiving £0.50 account credit per donated item.
- 3 We Resell**
As long as items are in a re-sellable condition, we list Pre-Loved items in our online shop ready for buying customers. Our Pre-Loved products are priced from only £0.50.
- 4 We Deliver**
However you want to collect - via delivery, click and collect in store, or from the school office - we'll get it sorted.
- 5 They Succeed**
Thank you for being part of the change. You've prevented thousands of items of clothing from going to landfill.

www.smithsschoolwear.co.uk

Information to parents

[Water safety](#) and [advice](#)

[OP moth leaflet](#)

[Sun safety](#)



House weekly winners

The winner is the house with the most positive points, minus negative points, plus the points from the quizzes and department competitions. Well done **Rowan**!

	Beech	Oak	Rowan	Willow
Positive points	3,039	3,261	5,454	5,377
Negative points	-312	-243	-223	-305
Points overall	2,727	3,018	5,231	5,072
House quizzes	13,000	12,500	20,000	14,500
Chess tournament	2,000	4,000	1,000	3,000
Y9 current affairs citizenship	-	500	500	-
Y8 History pamphlet competition	4,000	1,000	3,000	2,000
Y9 history essay competition	2,000	4,000	3,000	1,000
Time capsule entries	900	100	200	100
Total points	24,627	25,118	32,931	25,672

Top students in year 7

Forename	Surname	Form	House	Points
Esra	Ekiz	7WDD	W	67
Akshayan	Kanagarajah	7WDD	W	66
Imogen	Carlisle	7WDD	W	65
Violet	Debenham-Burton	7WDD	W	62
Emilia	Celiz	7WDD	W	61
Daniel	Epueke	7WDD	W	60
Noah	Sonubi	7WDD	W	59
Romayne	Palmer	7WDD	W	56
Moriko	Tziova	7WDD	W	55
Naiya	Shah	7WDD	W	55
Dervis	Duzgun	7WDD	W	55



Top students in year 8:

Forename	Surname	Form	House	Points
Francesca	McNeil	8RKM	R	43
Joseph	McHale	8RAC	R	40
Beth	Rognaldsen	8RAC	R	39
Eren	Mistiki	8RAC	R	37
Jack	Mallyon	8RKM	R	37
Daiana	Aybar Ortega	8RAC	R	36
Dylan	Julful	8RAC	R	35
Isabel	Kerly	8RKM	R	34
Eliz	Sekmen	8WEL	W	34
Isabella	Kasamias	8RAC	R	33
Sewal	Gulem	8RAC	R	33
Skye	Hawkins	8RAC	R	33
Andreas	Papayiannis	8RKM	R	33
Chloe	Desimine	8WEF	W	33
Sophie	Donovan Langdon	8WEF	W	33

Top students in year 9:

Forename	Surname	Form	House	Points
Ioannis	Stavrinoudis	9RGA	R	56
Alara	Kilic	9RGA	R	56
Jack	Moules	9RJG	R	52
Alexa	Nicolau	9RGA	R	48
Maya	Paterson-Mckenzie	9RGA	R	46
Tiah	Patel	9RJG	R	45
Ruby	Tebb	9RJG	R	44
Lucy	Pishiris	9ORD	O	42
Diana	Hristeva	9RJG	R	42
Yana	Ahmed	9RGA	R	40
Ben	Clitherow	9RJG	R	40



Top students in year 10:

Forename	Surname	Form	House	Points
Natalia	Deda	10OAC	O	25
Xhorxhia	Kuvertaris	10RCX	R	24
Phoenix-Lei	Chambers	10ORF	O	23
Abiola	Babalola	10OAC	O	21
Ardil	Kalayci	10WMP	W	21
Lamprini	Sotiri	10ORF	O	20
Liam	Redmond	10RCX	R	20
Aiden	Adeoye	10WMP	W	20
Ethan	Are	10BBK	B	18
Yuxi	Chen	10BBK	B	18
Molly	McGrath	10RCX	R	18
Harry	Stylianou	10WNK	W	18



Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information than former students!

We are working with education charity Future First to set this up and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](https://www.futurefirsthub.org.uk) and if you have any questions please contact our Alumni Programme Manager at Future First: Faithia Garffus – faithia.garffus@futurefirst.org.uk

#HighlandsAlumni



Former student?

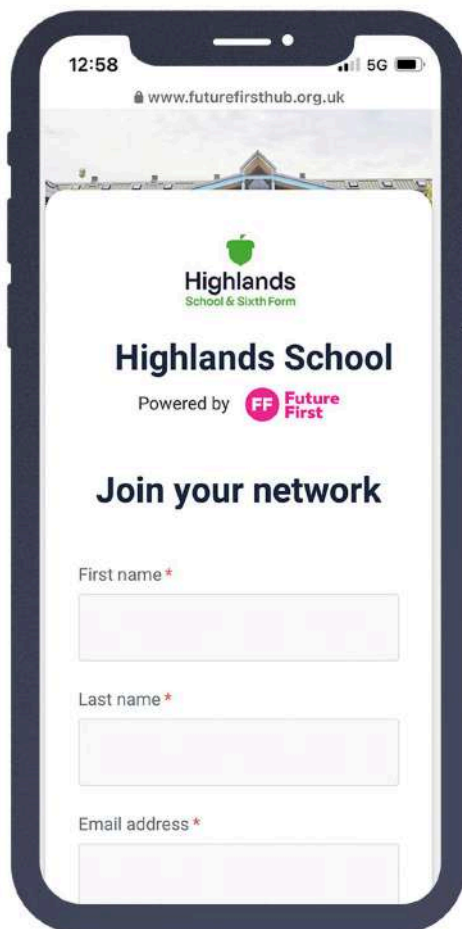
Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.



Scan the QR code to join the Alumni network



12:58 5G

www.futurefirsthub.org.uk


Highlands School
Powered by  Future First

Join your network

First name *

Last name *

Email address *





Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required.
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support.
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources.
[Sign up for free resources here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person.
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

Urgent and other support available

childline
UNLASH THE POWER, ANYTIME

Childline confidential telephone counselling service for any child with a problem.
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX

The Mix provides free, confidential support for young people under 25.
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder.
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and call the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Sign Health: <https://signhealth.org.uk/contact/>

Deaf young people: <https://signhealth.org.uk/with-deaf-people/supporting-young-people/>

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

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