



Highlands School Newsletter

25th September 2026



Dear parents and carers,

I would like to encourage you all to consider joining the Highlands Parents and Friends Association (HPFA). The HPFA has a proud and strong track record of supporting school events and raising money for school causes. The current members of the HPFA would like to invite all parents, carers and community members to their Annual General Meeting on Thursday 1st October. As a small but committed team, they work hard to support our school through various fundraising initiatives and are proactively seeking more active volunteers to help them continue and expand their efforts. More details can be found on the next page.

Over the next few weeks, we have several days when students may be arriving at or leaving school at unusual times due to open evening and our DARE Days. Please make sure you have these dates noted in your diaries.

Have a great weekend.

Mr McInerney,
Headteacher

Key dates for this half term:

- Thursday 1st October: HPFA Annual General Meeting (AGM)
- Thursday 8th October: DARE Day 1
- Friday 9th October: DARE Day 2
- Monday 12th October: open evening (students dismissed at 12:40pm)
- Tuesday 13th October: late start following open evening (students arrive at 11:20am)
- Friday 16th October: end of first half term (start of two week break)
- Monday 2nd November: start of second half term



Highlands Parents & Friends Association - Annual General Meeting (AGM)

Thursday, 1st October 2026, 6:30pm, at Highlands School - main hall

As Mr McInerney wrote above, we would like to invite you to join the HPFA.

We are particularly seeking a new vice-chair and co-secretary to join our committee. Whether you have experience or are simply willing to learn, we'd love to hear from you. Come along to find out more about what we do and how you can get involved in making a real difference for our students.

This is your opportunity to:

- learn about our achievements over the past year and how your support has made a difference
- hear our plans for upcoming fundraising initiatives and school support programmes
- have your say in the direction of the HPFA or the coming year's activities
- get involved as an active participant in making a positive impact on your child's school experience



What's on the agenda?

- review of 2025-26 activities and financial report
- election of the executive committee for 2026-27
- discussion of proposed fundraising events and initiatives
- open forum for new ideas and suggestions
- teas, coffees and networking

Why attend?

The HPFA plays a vital role in enhancing our students' educational experience through fundraising for resources, organising community events, and fostering strong school-community connections. Whether you're a long-time member or considering getting involved for the first time, your voice matters!

Get involved

We're always looking for fresh ideas and active volunteers to support us at our events over the next 12 months. Involvement can be helping hands or providing resources, such as raffle prizes or donations. No prior experience necessary - just enthusiasm for supporting our school community!



If you would like to confirm your attendance, indicate interest in the vice-chair and co-secretary position or offer support in any way, then contact us via: hpfaeventtickets@gmail.com. You can still turn up for the AGM if you haven't given prior notice of attendance.

Can't make it?

We understand schedules are busy. Meeting minutes will be available on the school website, and you can always contact us with questions or suggestions.

We look forward to seeing you there and working together to make this another successful year of fundraising for Highlands Secondary School.

Year 11 GCSE drama trip

On Thursday 17th September, our year 11 GCSE drama students visited London's County Hall to see *Witness for the Prosecution*. The production was fantastic, packed with the signature plot twists for which Agatha Christie is famous. It was staged on a thrust stage inside a historic council chamber converted into a courtroom.

Our year 11s represented the school very well and will now use the experience to write a live theatre review for their GCSE drama exam.

Ms Vincent-Hall





Royal Institution Youth Summit 2026

Students from Highlands Sixth Form attended the annual Royal Institution Youth Summit. The summit featured a mixture of exciting talks on the topic of time and quantum physics including:

- What is “now”? By Jo Marchant which explored the nature of the present moment. It explored how we all perceive time differently and that our brains experience reality by making predictions about what is happening now based on previous experiences.
- Quantum tunneling and quantum entanglement, a talk by winners of this year’s Quantum on the Clock competition in which sixth form students had to produce a three minute video explaining a key quantum mechanical concept.
- On time and latitude, by the curator of time at the Royal Museums Greenwich, Emily Akkermans, which explained the history behind the search for a way to measure a ship’s latitude accurately.
- Can quantum physics solve time travel paradoxes? By Maria Violaris of Oxford University, in which she explained the Grandfather and Knowledge paradoxes and their quantum mechanical solutions using the multiverse theory. She also explored the uses of quantum computers.

Our students were then treated to some of the Royal Institution's famous historic experiments such as the blindingly bright carbon arc lamp and the Davy lamp used to protect miners from flammable gases.

After lunch, students discussed topics for the upcoming Christmas lectures at the Royal Institution and provided feedback on points of particular interest which the Royal Institution will use to shape the script of the lecture series.

Mr M Tuton





U13 girls Middlesex Cup

On Tuesday, the nearly formed year 7 and 8 girls' football team played Wren Academy Enfield in the first round of the U13 Middlesex Cup. There was a cagey start to the game before Nicole latched onto a deflected ball and scored past the keeper's near post. This encouraged the team, and we pressed on, with Nicole scoring a second, following a well-worked team goal just before half time.

From here, the girls dominated the second half with Persie scoring a goal and Nicole getting two more to contribute to a 5-0 win. A special well done to Isabella Wood, Vania Staneva, Nell Taheny, Robin McCarthy and Isabel Corrick in year 7, who made their debuts for the school and made us proud.

The player of the match, chosen by the opposition was Nicole Panayi. Well done girls, what a great start to the season.

Girls' football club continues every Tuesday after school, all are welcome.

Mrs Walters





Year 8 boys football

On Tuesday 22nd September, the Highlands year 8 boys played their first league match of the season against Oasis Hadley. An early goal from Aaron and some brilliant defending saw the team to a 1-0 victory.

Player of the match: Kaya Rodgers for his excellent defending.



Aaron and Kaya

Mr Avann



Year 7 boys football

The year 7 boys' football season began on Wednesday this week. Following a successful trial with a great turnout, the team faced AIM in their first game representing Highlands! The team quickly settled into a new formation, playing with their new teammates for the first time.

The team was fantastic early on in the game, quickly going 3-0 up. The game finished 8-1, which is a brilliant start to what is hopefully a memorable year.

Player of the match: Aston (7WNL).



Player of the match: Aston

Mr Edwards



Brilliant Club Scholars 2026/27

Congratulations to the following year 10 students who successfully gained a spot on the competitive Scholars Programme run by the Brilliant Club.

Asia Enver, Christine Mawutor, Daniel Forechi, Ciara Moore-McGowan, Kimmi Hall, Jayden Muhelele, Yashar Ismailoglu, Israel Nortey, Klea Kambo, Noam Powell, Aaliyah Lascelles, Elma Stena, Carmel Asoegwu and Hasti Zare



The programme will be run by Dr Morgan who is a Biomedical Researcher and their project is 'Future Vaccines.' They will begin their exciting 7 week scholars journey in October.

Dr Len





Year 7 promotional video

A big thank you and well done to the following students who were chosen to represent Highlands in our annual year 7 promotional video. They were exemplary throughout the filming and were a true credit to the school. Well done to you all!

Gabriel Osinowo, Elisabeta Peposhi, Zachary Photi, Zerya Yildirim, Sophia Mene, Arya Tasar, Angus Taylor, Nathan Davis, Tselmuun Batybayar, Suleyman Karakurt, Sophia Antoniadis, Tilly-Love Julian, Seb Pose-Gil and Phillip Ogwu.



Online safety assemblies

This week, students have taken part in online safety assemblies, focusing on how to stay safe and protect themselves online. Students were given practical advice on protecting their online accounts and personal information, as well as guidance around the risks and serious consequences of sharing inappropriate images.

The assemblies encouraged students to think carefully about their online choices and to seek help if they ever feel worried or unsafe online.





Annie school production

We are pleased to let you know that recordings of our school production of *Annie* are now available to purchase via ParentPay, priced at **£7 each**.

You can choose to purchase a recording of the performance from either **Wednesday 24th June** or **Thursday 25th June**. The deadline for all purchases is **1st October 2026**.

We hope you enjoy watching and celebrating the fantastic performances of our talented students!



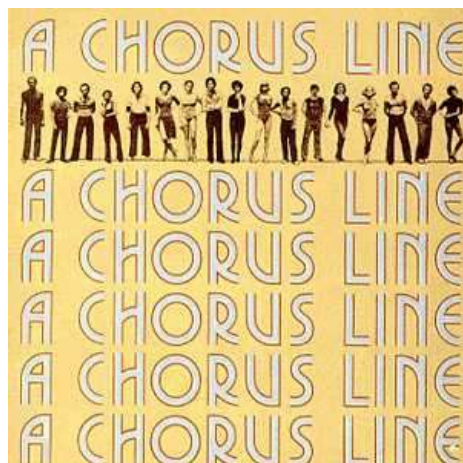
Annie school production photos

Our wonderful Annie school production photos will be available to purchase from Monday 28th September. Click [here](#) to view the photo gallery

A Chorus Line - Highlands School production for 2027

We are pleased to announce that our school production for 2027 is 'A Chorus Line'.

Our performing arts department had a wonderful time announcing the production to all our staff and students this morning with their promotional video. [Take a look!](#)





School announcements

Flu vaccinations

This nursing team will be visiting Highlands school on **Friday 2nd October 2026** to deliver the annual flu vaccination programme for students in years 7-11.

Children will be offered either the nasal spray vaccine or gelatine-free injectable vaccine. The [consent form](#) must be completed, whether you wish your child to receive the vaccine or not.

If you have any questions about the programme, please contact the nursing team directly on **020 8150 7505**.

Lost property

Please click [here](#) for a list of lost property received since the start of term. If your child has lost anything listed, or any other item, please ask them to check with the school office, as things arrive daily. All items being claimed will need to be identified by the student. Please can we also remind parents/carers to label all uniform and belongings so we can get items back to students as quickly as possible.

If your child is missing any items, please ask them to come to the school office next week to check if we have them.

Notifying the school of student appointments

If your child has an appointment scheduled during school hours, please ensure you notify us promptly by emailing postbox@highlearn.uk for years 7-11 and sixthform@highlearn.uk for years 12-13 or by phoning us on the day of the appointment.

Your notification must include the date of the appointment and the exact time the student needs to leave school. Where possible, please also attach or provide proof of the appointment to the email.

To ensure your child is released smoothly from their lesson, please write a clear note on the appropriate day of your child's student planner, indicating the time they need to leave class. Students must show this planner note to their teacher to be excused from the lesson. They will then proceed to the school reception to officially sign out before being released to meet you at your pre-arranged location. Many thanks for your cooperation with this.



Uniform donations

Our clothing recycling bins are no longer available. If you have any unwanted uniform this will need to be taken to Smiths schoolwear shops in Cockfosters or Enfield from October 2026 onwards. They are busy in September and are unable to take donations during this time. Please see below which explains the process and their pre-loved rewards system.

Do you know about our Pre-Loved Scheme?



"We are so pleased that our Pre-Loved scheme has been such a success. Unfortunately, because of this, there may be times where we need to pause donations to allow our team to run down remaining Pre-Loved stock."

Smiths
schoolwear

- 1 They Outgrow**
If you have unwanted uniform laying around, don't let it go to landfill. Our Pre-Loved process rewards donating and buying customers.
- 2 You Give Back**
Customers can donate outgrown uniform in any of our stores, receiving £0.50 account credit per donated item.
- 3 We Resell**
As long as items are in a re-sellable condition, we list Pre-Loved items in our online shop ready for buying customers. Our Pre-Loved products are priced from only £0.50.
- 4 We Deliver**
However you want to collect - via delivery, click and collect in store, or from the school office - we'll get it sorted.
- 5 They Succeed**
Thank you for being part of the change. You've prevented thousands of items of clothing from going to landfill.

www.smithsschoolwear.co.uk

School lettings

School Hire and Functions Ltd manage all our bookings for hiring of the astro, sports hall, field, main hall, dance and drama rooms and general classroom hire. We have had new floodlights installed on the astro meaning we can now take bookings in the evenings during the winter months.

For all booking enquiries, please contact **Jo Bukin, Director**, at **07855 042027** or email: school.hire@yahoo.co.uk. You can also find more details at www.school-hire.com

Highlands School

148 Worlds End Lane, London, N21 1QQ

Modern and spacious facilities to hire for community events, sports groups, dance and drama classes, language school, tutoring services...and more!

SH & F
SCHOOL HIRE & FUNCTIONS LTD
FROM 21 SEPTEMBER 2020

CONTACT TODAY
07855042027

- ✓ 4G Astro pitch
- ✓ Drama studios
- ✓ Sports hall
- ✓ Mirrored dance studio
- ✓ Classrooms
- ✓ Outside spaces



Nut allergies

It has come to our attention that some students may on occasion be bringing in snacks which could contain nuts. As we have several people in school with nut allergies, we ask that parents check their child's packed lunch contents and speak to their child about not buying snacks on the way to school that may contain nuts. The school has an allergen/anaphylaxis policy, a copy of which is on the school website.

Lunch accounts

Please can parents make sure they regularly check their child's lunch account to ensure there is enough credit for their weekly lunches. Please set your parentpay accounts to "**auto top-up**" meaning whenever the balance is low it will automatically top up.

If you are informed your child's lunch account has no money on it, and therefore you owe the canteen money for their lunch, please ensure you top up their Parentpay account enough to clear that debt and then enough for them to continue being able to buy lunch.

News from the library

Explore *The Day* – A trusted digital news resource

The library subscribes to an online newspaper called *The Day*. This is a daily news service specifically designed for use in schools and colleges.

The Day aims to provide students with “different opinions rather than taking strong positions on topics” and encourages them to “distinguish between fact and fiction.”

The Day can be accessed through the [Highlands School website](#) by going to:

[Learning → Library → The Day](#)

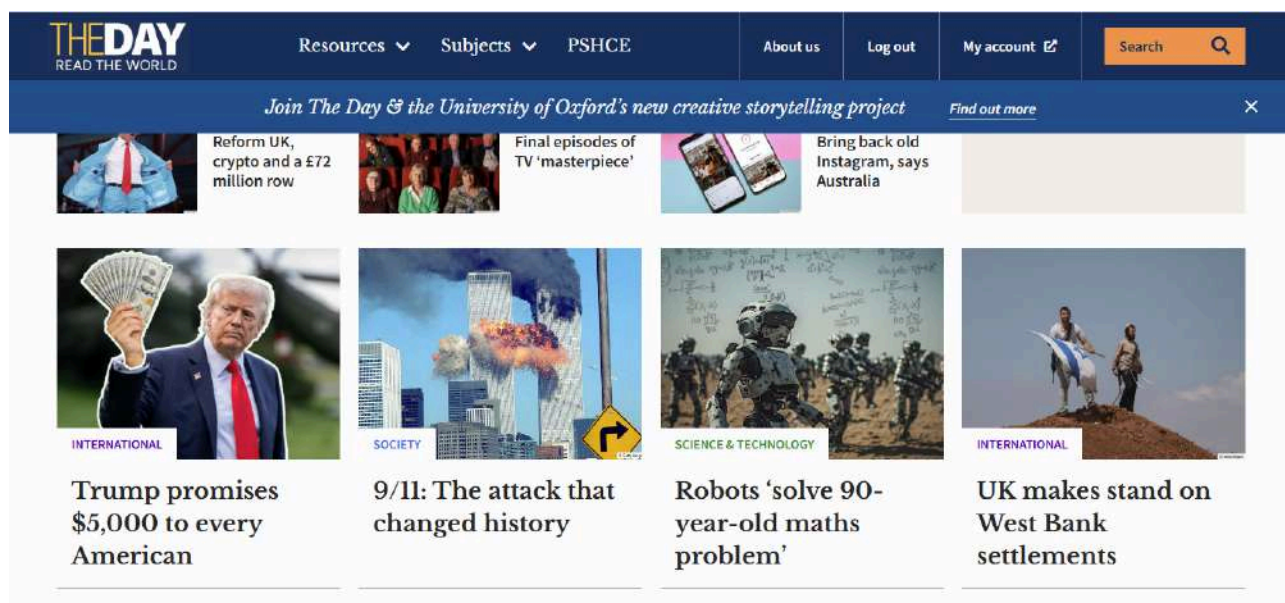
Please encourage your child to use *The Day* when researching contemporary and current affairs topics. The service provides age-appropriate articles alongside multimedia activities, videos and engaging images.

You can feel confident that your child is exploring age-appropriate, safe and reliable content from a trusted and balanced news source.

How to log in



Students can log in using Single Sign-On (SSO) with their school Google account.



Explore *Britannica* – a valuable digital learning resource

Highlands School provides access to the award-winning digital resource *Britannica*. This easy-to-use platform encourages research, curiosity and independent learning. *Britannica* offers a wide range of age-appropriate multimedia resources, including articles, journals, magazines, videos and images. It can be accessed through the [Highlands School website](#) by going to:

[Learning](#) → [Library](#) → [Britannica](#)

All content is carefully selected to provide students with safe, reliable and accurate information. Users can also favourite articles, use the read-aloud feature, print content, cite sources and adjust font sizes to make reading more accessible.

How to log in

Students can log in using Single Sign-On (SSO) with their school Google account.



ePlatform – An extra bonus for our readers

Our school library has a fantastic selection of books available for students to borrow, with plenty of choices for all interests and reading levels. But did you know that students can also access *ePlatform*?

ePlatform is an extra bonus that gives students access to a wide range of eBooks that they can enjoy digitally, wherever they are. It's a great option for students who enjoy reading on a tablet, computer or other device, or simply want to discover something different.

To access *ePlatform*, simply visit the [Highlands School website](#) and go to:

[Learning → Library → Wheelers](#)

How to Log In

Students can log in using Single Sign-On (SSO) with their school Google account.

From there, students can explore the available eBooks and find their next great read. So, whether you prefer choosing a physical book from our school library or reading digitally through *ePlatform*, there are plenty of opportunities to enjoy a great book! Why not explore both and find your next favourite read?





House weekly winners

This week's winner is the house with the highest achievement points minus concern points.
Congratulations **Willow**!

	Beech	Oak	Rowan	Willow
Positive points	7,998	8,812	8,965	9,448
Negative points	-612	-430	-348	-460
Points overall	7,386	8,382	8,617	8,988

Top students in year 7

Forename	Surname	Form	House	Points
Aila	Ashpary	7WNL	W	58
Hareece	Rowe	7WNL	W	58
Alexi	Georgiou	7WNL	W	57
Inaya	Mayers	7WNL	W	54
Laura	Da Silva	7WNL	W	54
Tamia	Williams	7WNL	W	53
Elsie	Howlett	7BER	B	52
Toprak	Kasikci	7OSM	O	51
Kreanda	Cena	7OSM	O	50
Rukaiyah	Chaudhry	7OSM	O	48
James	Karanikis	7OSM	O	48
Teegan	Crew	7OSM	O	48
Florence	Howlett	7RSQ	R	48
Freya	Hall	7WNL	W	48

Top students in year 8:

Forename	Surname	Form	House	Points
Ryan	Godfrey	8OFD	O	52
Inara	Bhuiyan	8OFD	O	52
Estera	Misheva	8WDD	W	52
Ricky	Sadler	8OFD	O	50
Aaron	Ferreira De Assis	8OFD	O	50
Sienna	Cox	8OFD	O	50
Adem	Kazim	8OFD	O	48
Stella	Christodoulou	8OFD	O	48
Anastasia	Chrysanthou	8RNC	R	48
Akshayan	Kanagarajah	8WDD	W	48



Top students in year 9:

Forename	Surname	Form	House	Points
Nieve	Pratt	9WGK	W	64
Isadora	Da Silva	9WEL	W	62
Maisy	Hannay	9BAS	B	59
Lewis	Price	9RAC	R	57
Ruby	Newton	9RKM	R	56
Alessia	Koci	9WGK	W	54
Zunairah	Hassan	9WGK	W	54
Pascal	Kyprianides	9RAC	R	52
Andrew	Stavrinos	9WGK	W	51
Mila	Fisher	9WGK	W	50

Top students in year 10:

Forename	Surname	Form	House	Points
Aaliyah	Lascelles	10WSW	W	57
Betsy	Coneywood	10ORD	O	54
Aynara	Gomez Rosales	10RGA	R	52
Evie	Howlett	10WSW	W	49
Hannah	Gibbons	10WSW	W	49
Aston	Lyle	10RGA	R	48
Zara	Yaman	10ORD	O	46
Sophia	Andreou	10RGA	R	46
Haktan	Ekici	10ORD	O	45
Kaya	Demir	10WSW	W	45

Top students in year 11:

Forename	Surname	Form	House	Points
Tishaan	Patel	11WMP	W	54
Annika	Trivedi	11WNK	W	49
Micah	Codrington	11WMP	W	45
Marcus	Marfici	11WMP	W	45
Amalia	LaMarca	11WMP	W	44
Abel	Kalaj	11WMP	W	44
Nnaemeka	Onukaogu	11WNK	W	44
Hayrullah	Ozdemir	11WMP	W	43
Meliz	Hassan	11WMP	W	41
Sindi	Shaban	11WNK	W	41

**Top students in year 12:**

Forename	Surname	Form	House	Points
Mia	O'Sullivan	12RCG	R	24
Sophia	Panayi	12WSN	W	24
Amelie	Roche	12RCG	R	22
Faith	Popoola	12WHK	W	22
Keira	Cheek	12RCG	R	21
Kerem	Albayrak	12BAS	B	20

Top students in year 13:

Forename	Surname	Form	House	Points
Samah	Miah	13OMA	O	14
Anastasia	Katz	13OMA	O	14
Lucy	Lord	13RSL	R	13
Taylan	Canyilmaz	13OMA	O	12
Emma	Holmes	13OMA	O	12
Nellie	Eaves Baker	13OMA	O	12
Georgie	Georgiou	13OMA	O	12
Max	Gilzean	13OMA	O	12
Evie	Lockwood	13WTA	W	12



TEAM ENFIELD TRAILS



ENFIELD
Council



London Youth Games 26/7 **CROSS COUNTRY**

Scan the QR code and submit your best park run time by **Tuesday 20th October.**



Date
SAT 7TH NOV 26



Who?
**GIRLS AND BOYS
U12,U14,U16,U18**

(DOB: oldest 01/09/2009 -
youngest 31/08/2017)



Location
PARLIAMENT HILL

REQUIREMENTS

- You must live in Enfield or attend a school in the Borough of Enfield.

SCAN TO JOIN



www.activeenfield.uk



sport@enfield.gov.uk





Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information than former students!

We are working with education charity Future First to set this up and all you need to do to get involved is sign up here: [Highlands School Alumni](https://www.futurefirsthub.org.uk) or alternatively scan the QR code below.

More information is on our [website](https://www.futurefirsthub.org.uk) and if you have any questions please contact our Alumni Programme Manager at Future First: Faithia Garffus – faithia.garffus@futurefirst.org.uk

#HighlandsAlumni



Former student?

Return to Highlands School to inform our current students about what life beyond school is really like.

Sign up to our former student network to receive news, updates and invites to events.

Once you're signed up there is no obligation to volunteer, you can get involved around your availability.



Scan the QR code to join the Alumni network

12:58 5G

www.futurefirsthub.org.uk


Highlands School
Powered by  Future First

Join your network

First name *

Last name *

Email address *





Student medical needs

If your child needs to take regular medication in school, please fill out the following [Medicines Consent Form](#) to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
South West London	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

shout
85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required.
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support.
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources.
[Sign up for free resources here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person.
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

Urgent and other support available

childline
UNLASH THE POWER OF ANYTIME

Childline confidential telephone counselling service for any child with a problem.
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX

The Mix provides free, confidential support for young people under 25.
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder.
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and call the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111

NSPCC helpline: 0808 800 5000

The police: (if you are in danger): 999

LGBT switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for students wellbeing

Multi Agency Safeguarding Hub: 0300 500 80 90

Barnardos: 0800 008 7005

Sign Health: <https://signhealth.org.uk/contact/>

Deaf young people: <https://signhealth.org.uk/with-deaf-people/supporting-young-people/>

Talk to someone....

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

Follow Highlands School on:

 [X@Highlands_sch](https://twitter.com/X@Highlands_sch)

 Instagram [@highlandssch](https://www.instagram.com/highlandssch)

 YouTube [Highlands School Enfield](https://www.youtube.com/Highlands School Enfield)

 Threads [@Highlandssch](https://www.threads.net/@Highlandssch)

 Facebook [Highlands School](https://www.facebook.com/Highlands School)