Highlands School Newsletter

20th November 2026



Photo: High Achievers' Evening 2026

Dear parents and carers,

Yesterday evening we were delighted to host the Enfield High Achievers' Evening for the third year running. 170 of the highest performing GCSE students and families from 17 secondary schools in Enfield came to Highlands for a formal event celebrating their achievements. Congratulations to all the students and thank you to the staff who supported it, you can read more on the next page.

The inter house competition is really gathering momentum as we move towards Christmas. This week we announce the winners of all of the inter house football competitions; photos of the winning teams and results are below. Next week on Friday, the inter house quizzes begin and will run into the week after that. By Christmas we should be able to see which houses, if any, will be challenging Rowan, the defending champions.

Have a great weekend,

Mr McInerney,
Headteacher

Key dates for this half term:

- Thursday 3rd December: Black History Month spoken word event after school (see pg 17)
- Monday 7th December: winter music concert
- Wednesday 9th December: year 9 parents' evening
- Thursday 10th December: Christmas jumper and Christmas dinner day
- Friday 18th December: end of term, half day, students dismissed at midday

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High Achievers' Evening 2026

Highlands School was delighted to host the annual High Achievers' Evening on Thursday 20th November, organised by Enfield Council, celebrating students who achieved exceptional GCSE results.

The evening was attended by students, families, school staff and representatives from across the education sector. The Mayor of Enfield, Councillor Emma Supple, presented certificates to the high-achieving students, alongside special STEM awards presented by Dr Simon Foster from Imperial College London.

We were delighted to welcome Highlands alumna Syenna Ferreira, currently studying Medicine and Surgical Sciences at University College London (UCL). Syenna shared her inspiring journey, highlighting her involvement in surgical research, clinical experience and medical education, as well as her ambition to pursue a career in plastic and reconstructive surgery.

Our head students, Naa Shidaa Quartey and Harrison Sykes, expertly compered the evening, while the second part of the event featured a higher education panel chaired by Mr McInerney. Representatives from Oxford, Cambridge, Imperial College London, the Royal Veterinary College and the University of Hertfordshire shared their advice and insights into university life and progression.

The evening concluded with a Careers and Progression Market, giving students and families the opportunity to speak with university and employer representatives and explore future education and career pathways.

A huge thank you to Theresa Watts and Enfield Council for organising the event, Chartwells for the catering, our site team, university ambassadors and all the employers and representatives who contributed to making the evening such a success.

We would also like to thank Sophia from Waterhouse Photography, another Highlands alumna, for capturing the evening.

High Achievers' Evening remains a highlight of the school calendar, bringing together students from 17 schools across the borough of Enfield to recognise their hard work and outstanding achievements, while inspiring the next generation to aim high and embrace the opportunities ahead.

This event was supported by: Schools and Early Years Improvement Service, St Peter's College Oxford, Newnham College Cambridge, Imperial College London and Highlands School.

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Winter Raffle - buy your tickets now!

Our winter raffle is one of the HPFA's most important fundraisers, and every ticket helps to provide valuable resources for our children's learning and school life. We already have some fabulous prizes to be won. Buy your tickets now and help raise money for our school.

For any questions, please contact us at the HPFA via email: hpfaeventtickets@gmail.com



Inter house football

Last week, we held our exciting inter-house football competitions, with fantastic participation and fierce competition across all year groups!

From nail-biting penalty shootouts to dramatic VAR checks, there was plenty of excitement as students battled it out to earn valuable points for their houses.

A huge well done to all who took part, and congratulations to all of our winners!

Year 7



Boys: 1st: Oak, 2nd: Willow, 3rd: Rowan and 4th: Beech

Oak beat Willow 5-4 in penalties in the final.



Girls: 1st: Willow, 2nd: Rowan, 3rd: Beech and 4th: Oak

Willow beat Rowan 1-0 on penalties in the final.

Year 8



Boys: 1st: Oak, 2nd: Rowan, 3rd: Willow and 4th: Beech

Oak beat Rowan 1-0 in the final.



Girls: 1st: Rowan, 2nd: Beech, 3rd: Willow and 4th: Oak

Rowan beat Beech 2-1 in the final.

Year 9



Boys: 1st: Beech, 2nd: Oak, 3rd: Willow and 4th: Rowan

Beech beat Oak 3-2 on penalties in the final.



Girls: 1st: Oak, 2nd: Rowan, 3rd: Willow and 4th: Beech

Oak beat Rowan 2-0 in the final.

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Year 10



Boys: 1st: Beech, 2nd: Rowan, 3rd: Oak and 4th: Willow

Beech beat Rowan 1-0 in the final.



Girls: 1st: Oak, 2nd: Rowan, 3rd: Beech and 4th: Willow

Oak beat Rowan 3-0 in the final.

Year 11



Boys: 1st: Willow, 2nd: Oak, joint 3rd: Rowan and Beech

Willow beat Oak on penalties in the final.



Girls: 1st: Rowan, 2nd: Oak, 3rd: Willow

Rowan won in a round-robin competition.

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Sixth form



Boys: 1st: Oak, 2nd: Rowan, 3rd: Willow and 4th: Beech

Oak beat Rowan 3-0 in the final.



Girls: 1st: Rowan, 2nd: Oak, 3rd: Willow

Rowan won in a round-robin competition.

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Here are the results from the inter house competitions!

A huge well done to all the students who took part and proudly represented their houses.

	Beech	Oak	Rowan	Willow
Year 7 boys	1,000	4,000	2,000	3,000
Year 7 girls	2,000	1,000	3,000	4,000
Year 8 boys	1,000	4,000	3,000	2,000
Year 8 girls	3,000	1,000	4,000	2,000
Year 9 boys	4,000	3,000	1,000	2,000
Year 9 girls	1,000	4,000	3,000	2,000
Year 10 boys	4,000	2,000	3,000	1,000
Year 10 girls	2,000	4,000	3,000	1,000
Year 11 boys	1,500	3,000	1,500	4,000
Year 11 girls	-	3,000	4,000	2,000
Sixth form boys	1,000	4,000	3,000	2,000
Sixth form girls	-	3,000	4,000	2,000
Total	**20,500**	**36,000**	**34,500**	**27,000**

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Rowan bake sale - Tuesday 24th November

Rowan house will be hosting a delicious bake sale on **Tuesday 24th November**, students in Rowan House will have the exciting opportunity to host a charity fundraising bake sale during break time.

This is a fantastic way for Rowan house to come together as a community, showcase their baking skills, and raise vital funds and awareness for their chosen charity. Every student who contributes will receive **A5 achievement points**, and additional house points will be awarded based on the total money raised.

We would be grateful for your encouragement and support in helping your child take part. Students are invited to bring in baked goods, sweet treats or savoury items such as cakes, biscuits, and cookies. These can be homemade or shop-bought, and we also warmly welcome gluten-free and vegan/plant-based contributions.

Important guidelines and allergen information:

- **Nut-free and allergens:** All items must be completely **free from nuts**, and any other potential allergens (such as sesame or gelatine) must be clearly labelled.
- **Student labels:** Please clearly label all items with what they are, along with your **child's full name and tutor group**, so we can award their house points.
- **Action required:** Please complete the online form along with the attached bake sale allergen and ingredient sign-off sheet to confirm your contribution and that you have read and understood our allergen guidelines.

Drop-off and container collection:

- All donations should be brought to the drop-off point in **reception by 8:30am on Tuesday 24th November**.
- If you would like your containers returned, please ensure they are **clearly labelled** with your child's name and tutor group, and remind your child to collect them from Reception at the end of the school day. *(Please note: owing to limited storage space, any uncollected items will be held for 48 hours before disposal.)*

Thank you so much for your continued generosity and support. We look forward to seeing all the wonderful bakes and working together to raise money and awareness for a great cause!

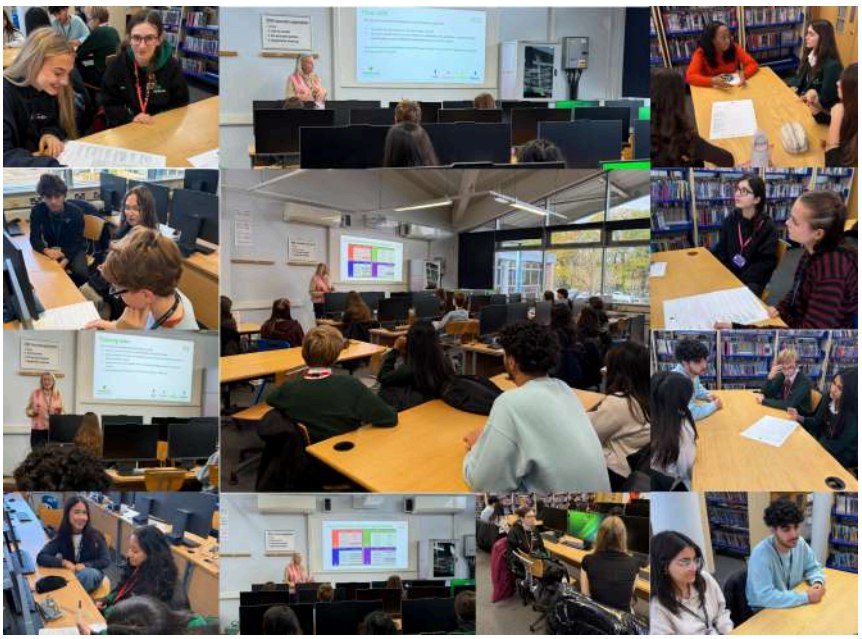


House strand training session

This week, our house strand captains and vice captains took part in a student leadership training session designed to help them develop the skills and confidence needed to succeed in their roles.

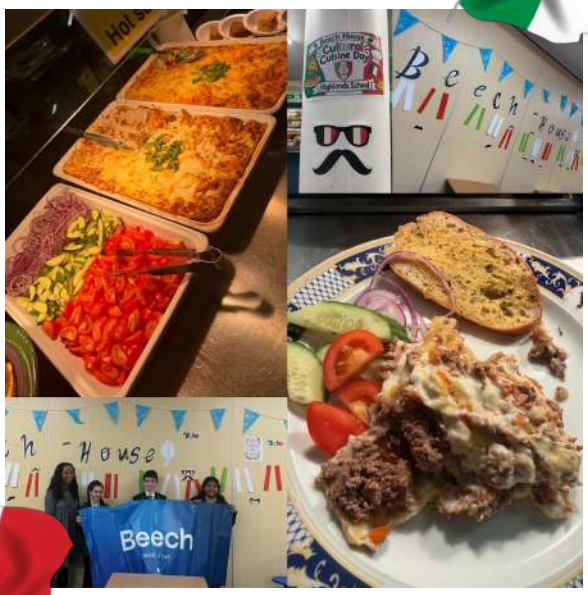
During the session, students explored their responsibilities, considered the key qualities of an effective leader and discussed what is involved in planning and delivering successful whole-school projects. They also began putting their ideas into action by creating plans for their first initiatives.

It was a fantastic opportunity for our student leaders to develop their leadership skills and prepare to make a positive impact on our school community.



Italian Cuisine Day

This week, Beech house hosted a fantastic Italian Cuisine Day, celebrating the wonderful cultural diversity within our school community! Throughout the year, each house organises a special cuisine day, with students voting for the cuisine they would like to celebrate. Our wonderful catering team then prepares a delicious menu inspired by the chosen culture, while students from the hosting house get creative by decorating the school with posters and transforming the dining hall to reflect the theme.



House assemblies

This week, we held our house assemblies, proudly presented by our newly appointed house captains.

During the assemblies, students were introduced to the new house strand leads and received an exciting update on how the house competition is progressing so far. Our house captains also shared details of the many upcoming activities and events, including cultural cuisine days, bake sales, a variety of exciting departmental competitions and, of course, our much-anticipated annual Christmas house quiz!

There is plenty to look forward to, with lots of opportunities for students to get involved, earn points for their houses and show their house spirit. Let the competition continue!



Upcoming house events

- **Rowan bake sale:** *Tuesday 24th November.*
- **Inter house quizzes: Years 11, 12 and 13:** *Friday 27th November.*
- **Inter house quizzes: Years 7 - 10:** *week commencing 30th November.*
- **Staff quiz:** *Thursday 3rd December.*
- **Year 13 academic excellence awards:** *Friday 27th November.*
- **Beech bake sale:** *Tuesday 1st December.*
- **Christmas Jumper Day and Christmas dinner:** *Thursday 10th December.*

Strand leads 2026-27

We are delighted to introduce our newly appointed house strand leads for 2026–27! These students will play an important role in supporting their houses, organising exciting initiatives and encouraging fellow students to get involved in school life. We look forward to seeing their leadership, creativity and enthusiasm shine throughout the year.

Congratulations to all our new strand leads, we wish you every success in your roles!

ROWAN HOUSE	
Rowan house captain	**Keira Cheek**
Rowan vice captain	**Emily Newton**
Sports captain	**Austin Kavanagh**
Sports vice captain	*Hannah Cullen*
Social action captain	**Ruby Sythes**
Social action vice captain	*Olivia Pashku*
Performance captain	**Ioanna Bello**
Performance vice captain	*Sophia Klovak*
Environment captain	**April Clydesdale**
Environment vice captain	*Lexie Cullen*
Wellbeing captain	**Chloe-Sophia Antoniades**
Equalities captain	**Emily Sexty**
Equalities vice captain	*Kayla-Faith Muhelele*

WILLOW HOUSE	
Willow house captain	**Francesca Georgiou**
Willow vice captain	**SIndi Shaban**
Sports captain	**Harry Stylianou**
Sports vice captain	*Tish Patel*
Social action captain	**Marianna Pallikaros**
Social action vice captain	*Ardil Kalayci*
Performance captain	**Sena Oguz**
Performance vice captain	*Micah Codrington*
Environment captain	**Syerah Islam**
Environment vice captain	*Henry Plume*
Wellbeing captain	**Meliz Hassan**
Wellbeing vice captain	*Hasti Karimaghaei*
Equalities captain	**Nurullah Ozdemir**
Equalities vice captain	*Zara Kazim*

OAK HOUSE	
Oak house captain	**Ermioni Tsantikou**
Oak vice captain	**Alexandra Drikou**
Sports captain	**James Butcher**
Social action captain	**Beatrice Afhim**
Social action vice captain	*Warren Kelly*
Performance captain	**Tyanna Ferreira**
Performance vice captain	*Betsy Coneywood*
Environment captain	**Diana Tangestani**
Environment vice captain	*Arda Ryan Sumerz*
Wellbeing captain	**Olivia Rae Asante**
Wellbeing vice captain	*Hannah Balluck*
Equalities captain	**Parla Ghanipour**

BEECH HOUSE	
Beech house captain	**Yalda Farhadi**
Beech vice captain	**George Baker**
Sports captain	**Cristina Bornea**
Sports vice captain	*Rosie Baxter*
Social action captain	**Laura Alla**
Performance captain	**Bibiana Edwards**
Environment captain	**Angus Walmsley**
Wellbeing captain	**Yuxi Chen**
Equalities captain	**Isabel Antoniou**

Women in STEM - house competition

Our equalities club *Speak to Lead* is promoting Women in STEM and highlighting the hidden figure of Hedy Lamar through a display in the library.

We are launching an inter house art competition where students are encouraged to create an art piece to do with women in STEM. Students that want to submit an entry, email lena@highlearn.uk or bring a physical copy to Dr Len at the main science office by the **4th December**. The winning pieces will receive vouchers and house points, and will be displayed in the library.

We would like to thank Freya Duce Y7, Alice Duce Y7, Dora Bilge Y8, Stella Christodoulou Y8, Megan Kabeja Y9, Emily Newton Y11 and Baran Byndor Y13 for being part of *Speak to Lead*.





SPEAK to Lead

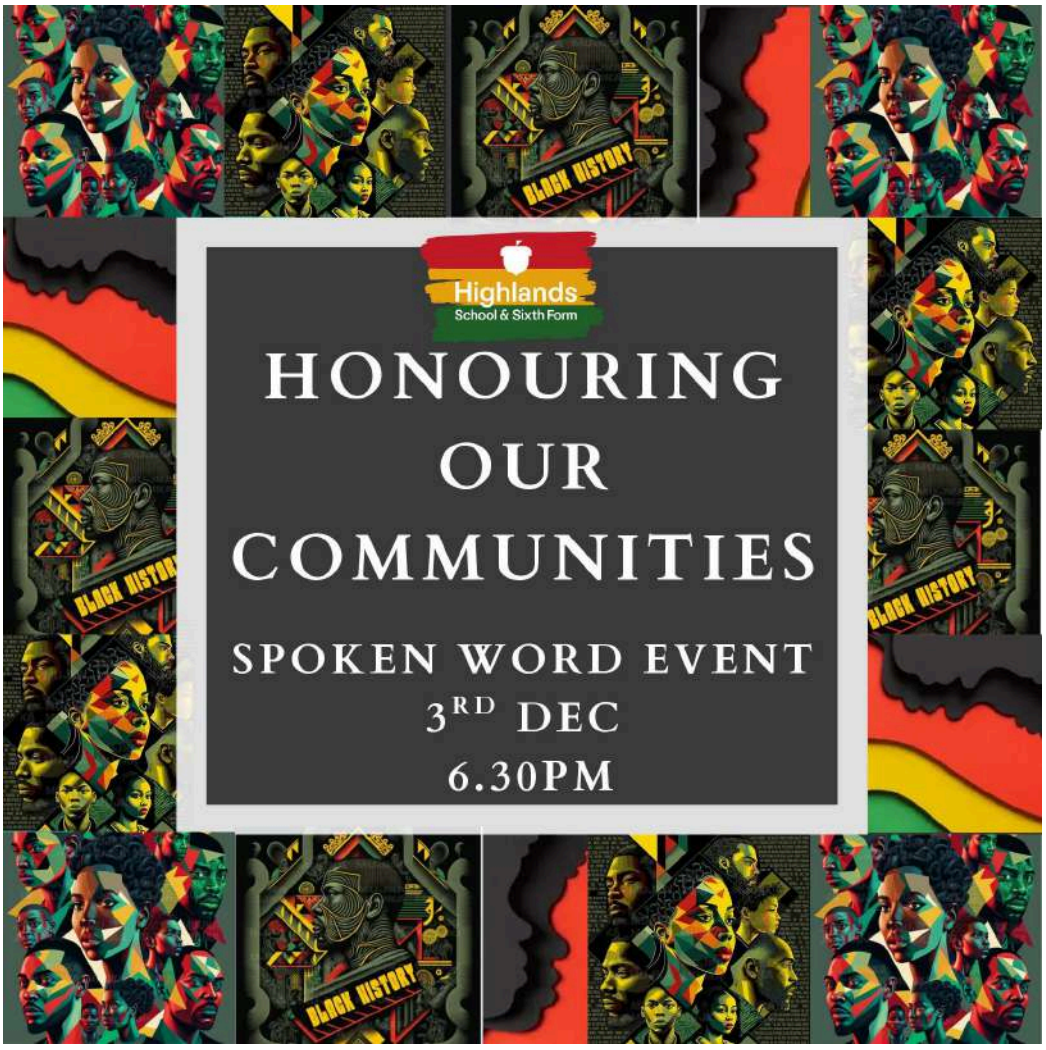
Honouring Our Communities - BHM spoken word event

You are warmly invited to join us for a special spoken word event celebrating Black History Month and this year's theme, *Honouring Our Communities.*

While Black History Month is celebrated every October, the spirit of honouring the creativity, resilience and leadership of Black communities is something we carry forward year-round. This event will shine a spotlight on the local heroes, organisers and everyday champions who shape our shared cultural fabric - anchored in the core values of Representation, Accuracy and Balance.

Date: Thursday, 3rd December
Location: Main hall
Admission: Free
Start time: 6.30pm

We look forward to coming together for an evening of meaningful dialogue, storytelling and community reflection. Please click the link to reserve your place.



Headteacher Award

It is with immense pride and joy that we celebrate the exceptional achievements of our students as we honour the recipients of this week's prestigious headteacher award, an award that is presented to nominated students who exemplify dedication, hard work and excellence.

This week, the headteacher's award is proudly presented to the following students:

- **Hollie Chambers 9RAC** and **Sophie Donovan Langdon 9WGK:** Awarded in recognition of their excellent practical work, particularly their attention to detail, presentation and technical skills in food and nutrition.
- **Zachary Photi 7RCM** and **Destina Atas 7RCM:** Awarded for their excellent speeches in English.
- **Cayan Vural 8OPH:** Awarded for showing outstanding initiative by voluntarily helping to set up the Sixth Form Open Evening, offering invaluable support with a positive attitude and a smile throughout.
- **Lucy Kyriacou 12RCG** and **Raina Rrodhe 12WSN:** Awarded for their outstanding delivery of the Remembrance Day assembly.
- **Sibora Myftari 10WSW:** Awarded for her fantastic achievement in winning a gymnastics competition outside of school and having the opportunity to meet an Olympic champion.
- **Latif Defreitas 10ORD:** Awarded for his outstanding achievement in being selected to represent the Elite British Selects Programme at the prestigious CCM World Invite ice hockey tournament in Chicago, USA.
- **Roni Ruparelia 7RSQ:** Awarded for settling into school so well and assisting teachers.
- **Alara Ali 8OFD:** Awarded for showing outstanding initiative and thoughtfulness by setting up a successful after-school bedazzling club, ensuring all students had the opportunity to participate, feel included and enjoy a creative activity together.
- **Stacey Demo 8WDD** and **Bella Luff 8WDD:** Awarded for their outstanding speeches in English.



Scholastic Book Fair: 27th November - 2nd December



The book fair will be at Highlands School on 27th November, it will run during break time, lunch time and after school until 4pm.

There are two ways to purchase Scholastic books from the *wish list:*

To pay for *wish list* books online

- Click on the TEEN section books online. Also take a look at:(Teachers guide)
- Fill in this form making sure you write the name of the book clearly, the age group of the book and the price.
- Pay via the online form. *Type in N21 1QQ and this will find Highlands Secondary School.*
- Once payment is made return the paid wish list form to the librarian for order completion and final collections. *(You must list the names of the books you have purchased so that the librarian knows which books you have paid for)*

In-house ordering

- On a sealed envelope place your child's name and form (e.g. Sarah Michaels 7RTS), ensure the exact cash amounts for the books being purchased in house is correct, as change will not be given.
- Click on the TEEN section books online, referencing book titles and pricing - write the name of the book clearly and the age group of the book. Forms can also be collected from the Library and brought home. All forms must be submitted to the Librarian no later than **2nd December**, by 11.15am.
- Cash and forms for book purchases must be submitted together to ensure that items from the Wish List arrive in a timely manner, if they are needing to be ordered.

Collection information

Books for the Scholastic Book Fair will be displayed on the trollies for students to take home, alternatively it will be ordered if items are sold out. If that is the case, students and parents will be notified of any possible delays, and informed when items arrive.

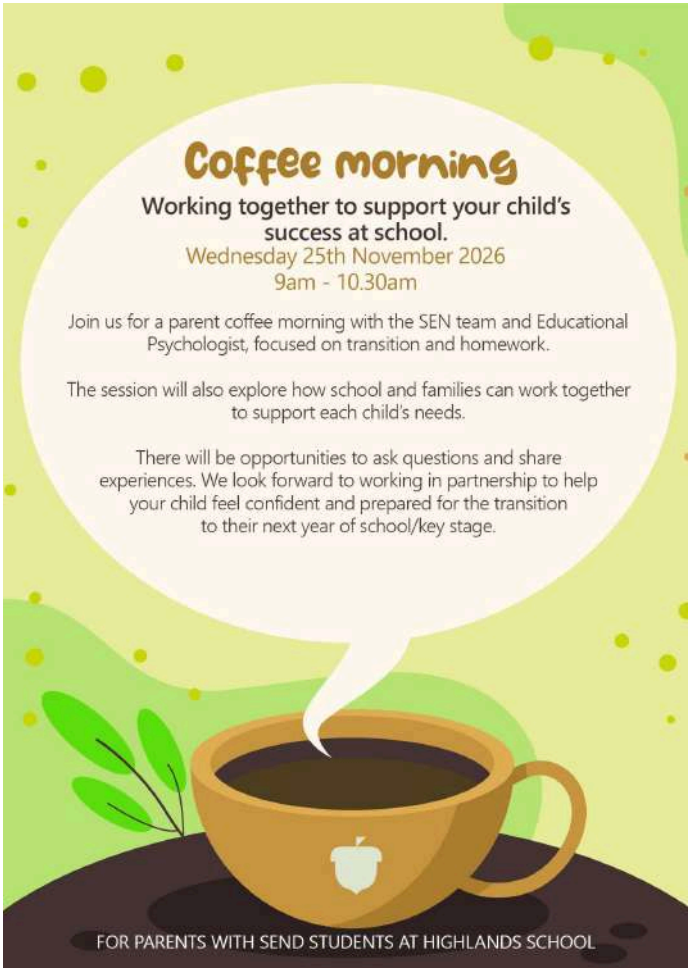
Highlands Christmas dinner

We are delighted to announce that our annual Christmas dinner will take place on **Thursday 10th December**! Students can look forward to enjoying a delicious festive meal with their friends as we celebrate the Christmas season together.

The cost of Christmas Dinner is **£2.95 per student**. We look forward to spreading some festive cheer across the school!



SEN Coffee Morning - Wednesday 25th November



School announcements

Annie school production orders - ready to collect

A huge thank you to all the families who have purchased a recording of our wonderful production of *Annie*! Orders can be collected from the admin office.

Sixth form applications for 2027-2028

Applications for **internal students** will take place during pathways meetings in the week commencing **25th January 2027**.

New applicants (external students) can apply using the following link: **Apply here.**

Nut allergies

May we remind parents that we do not allow nuts of any kind on site, as we have several people on site with a nut allergy. This includes peanut butter, chocolate or cereal snack bars with peanuts in, sushi with sesame seeds, or ground almonds for cooking purposes. Please also remind your child not to buy snacks with nuts in. The school has an allergen/anaphylaxis policy, a copy of which is on the school website.

Parking around Highlands School

We would ask that parents park considerately, well away from the school site and NOT on the roundabout area between Grange Park and Highlands schools, or on the zig zag lines and zebra crossing on Worlds End Lane. This is to ensure the safety of all our students as well as the local residents. Enfield traffic parking enforcement teams regularly patrol those areas, taking photos and issuing tickets to offending cars.

Lunch accounts

Please can parents make sure they regularly check their child's lunch account to ensure there is enough credit for their weekly lunches. Please set your parentpay accounts to "**auto top-up**" meaning whenever the balance is low it will automatically top up.

If you are informed your child's lunch account has no money on it, and therefore you owe the canteen money for their lunch, please ensure you top up their Parentpay account enough to clear that debt and then enough for them to continue being able to buy lunch.

Lost property

Please click here for a list of lost property received since the start of term. If your child has lost anything listed, or any other item, please ask them to check with the school office, as things arrive daily. All items being claimed will need to be identified by the student. Please can we also remind parents/carers to label all uniform and belongings so we can get items back to students as quickly as possible. If your child is missing any items, please ask them to come to the school office next week to check if we have them.

Uniform 4 Kids - Black Friday offer!

Our Black Friday promotion will be available **for one day only**, **online**, on **Friday 27th November 2026**.

- A **20% discount** will apply to all products, including schoolwear, sportswear, footwear and accessories.
- This offer is exclusively available **online** at **www.uniform4kids.com**.
- Please enter the discount code **BLACKFRIDAY20** at checkout.
- A discount cannot be applied retrospectively to an order already placed.
- Exchanges are not available for Black Friday purchases, however, items can be refunded within our standard 60 day returns period.
- **Click & Collect** and **Delivery to School** services **will be unavailable** during this event. All orders will be sent via courier.
- Please allow up to **one week** for processing.



School lettings

School Hire and Functions Ltd manage all our bookings for hiring of the astro, sports hall, field, main hall, dance and drama rooms and general classroom hire. We have had new floodlights installed on the astro meaning we can now take bookings in the evenings during the winter months.

For all booking enquiries, please contact **Jo Bukin, Director**, at **07855 042027** or email: school.hire@yahoo.co.uk. You can also find more details at www.school-hire.com



Notifying the school of student appointments

If your child has an appointment scheduled during school hours, please ensure you notify us promptly by emailing postbox@highlearn.uk for years 7-11 and sixthform@highlearn.uk for years 12-13 or by phoning us on the day of the appointment.

Your notification must include the date of the appointment and the exact time the student needs to leave school. Where possible, please also attach or provide proof of the appointment to the email.

To ensure your child is released smoothly from their lesson, please write a clear note on the appropriate day of your child's student planner, indicating the time they need to leave class. Students must show this planner note to their teacher to be excused from the lesson. They will then proceed to the school reception to officially sign out before being released to meet you at your pre-arranged location. Many thanks for your cooperation with this.

House weekly winners

This week's winner is the house with the highest achievement points minus concern points, plus the points from the inter house competitions. Congratulations **Oak**!

	Beech	Oak	Rowan	Willow
Positive points	4,311	6,234	7,128	5,919
Negative points	-453	-441	-384	-411
Points overall	**3,858**	**5,793**	**6,744**	**5,508**
Y7 MFL quiz	20,500	36,000	34,500	27,000
Total points	**24,358**	**41,793**	**41,244**	**32,508**

Top students in year 7

Forename	Surname	Form	House	Points
Albion	Mersini	7BER	B	54
Aliyah	Ketwaroo	7BER	B	50
Isabelle	Gosling	7BER	B	50
Arya	Tasar	7BER	B	49
Inara	Mcnamara	7BER	B	49
Sophia	Mene	7RCM	R	48
Sarah	Afriyie Berko	7BER	B	47
Elsie	Howlett	7BER	B	46
Atakan	Terzi	7BER	B	45
Georgia	Themistocleous	7BER	B	44
Riaan	Oliver	7BER	B	44

Top students in year 8:

Forename	Surname	Form	House	Points
Romayne	Palmer	8WDD	W	60
Matteo	Kutlu	8OFD	O	58
Franciszek	Furmaniak	8WTH	W	57
Ryan	Godfrey	8OFD	O	56
Inara	Bhuiyan	8OFD	O	56
Rafael	Cimen	8WDD	W	55
Violet	Debenham-Burton	8WDD	W	55
Jamaine	Abagre	8OFD	O	54
Alara	Ali	8OFD	O	54
Ayse	Yelmer	8OFD	O	54
Neha	Sidhu	8OFD	O	54
James	Bell	8RTM	R	54

Nicolas	Marfici	8RTM	R	54
Alexa	Smith	8WDD	W	54
Bella	Luff	8WDD	W	54

Top students in year 9:

Forename	Surname	Form	House	Points
Vitaliia	Zakharchuk	9RAC	R	41
Oscar	Abrahams	9OMK	O	38
Hollie	Chambers	9RAC	R	34
Dylan	Julful	9RAC	R	33
Zoe	Lindsey	9OSB	O	31
Daiana	Aybar Ortega	9RAC	R	31
Ediz	Kara	9RAC	R	31
Abdullah	Collins	9RKM	R	31
Selin	Erdogan	9RAC	R	30
Andreas	Papayiannis	9RKM	R	30

Top students in year 10:

Forename	Surname	Form	House	Points
Alexandra	Koneva	10RGA	R	28
Selim	Ozturk	10ORD	O	26
Aaliyah	Lascelles	10WSW	W	26
Syerah	Islam	10WSW	W	26
Hannah	Bauluck	10ORD	O	25
Andrew	Spitaliotis	10ORD	O	24
Haktan	Ekici	10ORD	O	24
Sophie	Fryer	10ORD	O	24
Sumeyra	Kiymaz	10RGA	R	24
Raha	Hashemi	10BEF	B	23

Top students in year 11:

Forename	Surname	Form	House	Points
Aiden	Yamak	11RAB	R	20
Ethan	Martindale	11RAB	R	20
Zulaikha	Chaudhry	11RAB	R	18
Kayla-Faith	Muhelele	11RAB	R	18
Hannah	Cullen	11RAB	R	18
Emily	Newton	11RAB	R	16
Kaylem	O'Dea	11RAB	R	16

Lara	Ergul	11RAB	R	16
Noah	Rothberg	11RAB	R	15

Top students in year 12:

Forename	Surname	Form	House	Points
Leyla	Varnava	12WHK	W	20
Tarai	Edgehill	12WSN	W	20
Francesca	Georgiou	12WSN	W	16
Yeliz	Mustafa	12RAA	R	12
Christina	Hajilambi	12WSN	W	11
Darcy	Smethurst	12BTD	B	10
Louie	Lynch	12RAA	R	10
Avril	Brown	12RAA	R	9

Top students in year 13:

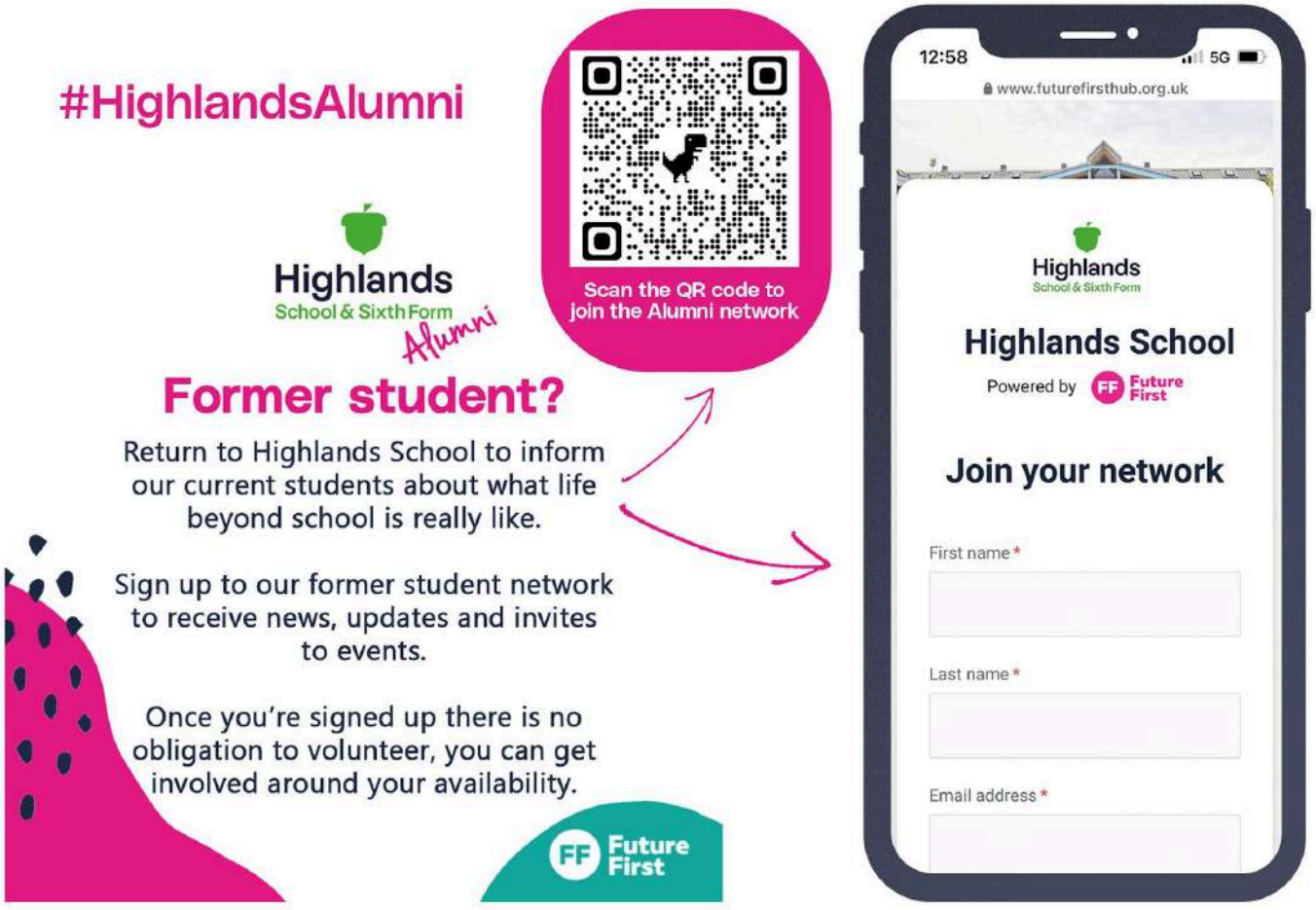
Forename	Surname	Form	House	Points
Harrison	Sykes	13RCW	R	22
Naa Shidaa	Quartey	13WTA	W	14
Grace	Linnane	13BJT	B	9
Isla	Kirkland	13RSL	R	9
Anastasia	Katz	13OMA	O	6
Angel Leah	Appiah-Gyebi	13RCW	R	6
Emilia	Loizou	13RCW	R	6
Lucy	Lord	13RSL	R	6
Ella	Kissos Boast	13RSL	R	6
Skye	Creary	13WBS	W	6

Highlands School Alumni

As a school, we want to reconnect with our former students so that we can keep in touch and let them know about volunteering opportunities that will benefit our current students. We want to show them the variety of pathways available to them after leaving Highlands School, and who better to showcase this information than former students!

We are working with education charity Future First to set this up and all you need to do to get involved is sign up here: Highlands School Alumni or alternatively scan the QR code below.

More information is on our website and if you have any questions please contact our Alumni Programme Manager at Future First: Faithia Garffus – faithia.garffus@futurefirst.org.uk



Student medical needs

If your child needs to take regular medication in school, please fill out the following Medicines Consent Form to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Mental health

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health please inform the school. You can also contact one of these numbers to seek support from a specialist. The crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.



Safeguarding contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at Highlands School, please contact the school on 020 8370 1100 or email the DSL at staysafe@highlearn.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Enfield Children's Multi-Agency Safeguarding Hub (MASH) on 020 8379 5555, and call the police on 999 straight away.

Helpful numbers and websites

Childline: 0800 1111
NSPCC helpline: 0808 800 5000
The police: (if you are in danger): 999
LGBT switchboard: 0300 330 0630
Kooth: www.kooth.com - support service for students wellbeing
Multi Agency Safeguarding Hub: 0300 500 80 90
Barnardos: 0800 008 7005
Sign Health: https://signhealth.org.uk/contact/
Deaf young people: https://signhealth.org.uk/with-deaf-people/supporting-young-people/

Talk to someone….

- if you feel upset or worried about anything at all (even if you think it is not important)
- if you feel anxious or unable to cope
- if someone has hurt you physically, emotionally or mentally
- if you feel worried about someone at home
- if you are being threatened or forced to do things
- if someone has done something to you without your consent
- if you feel unsafe in school, at home or on the streets
- about anything else worrying you

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